Case and Certificate
of the Honorable
L. Arbuthnott
Madras Civil
Service.

N. J. Paul
Surgeon.

No. 4035/68.

amination of the Case
I consider the state of
health of the Honorable
David Atchison to be
such as to render leave
of absence for a period
of two years absolutely
necessary for his recovery.

W. Mackenzie M.D.
Insp.r Genl
Medical Dep.t

=lector, as [illegible] Providence has
the befitting discretion of
bring in Shadrach for a
home reinducing [illegible]
he looks pale and has lo
flesh considerable I ha
therefore recommended
his going to England
and have given him the
following certificate-

I John Liston Paul
Surgeon General Hospital
do hereby certify on hon
that the Honorable David
Arbuthnott U. S. Collector
of Madura is in a low
state of health and I sin
cerely declare that accord
to the best of my judgm
a change of air is absolut
necessary to his recovery
and do therefore recomm
that he may be permitted
to proceed to Englan
for a period of

J. S. Paul
Mad

I do
accor
my ju
after ca

air, but his
and unfit

Spirit Lake Mr
Arbuthnot found him
very weak but free from
fever very much fatigued
by his Journey and un-
able to get up but still
able to take a fair amount
of nourishment, tongue
clean, pulse about 90- I
could detect no incre-
asing or mental depression
which might not be account-
ed for by his recent illness
In fact he was Convales-
cent from some low form
of fever advised nourish-
ing food but no Medicine
He improved rapidly in
strength and appearance
and was soon able to take
out short distances but on
the 22 instant he imprudent-
ly drove into Madras and
was delayed for some
hours at the Clubs On
his return to the Adyar
he had an attack of fever
short in duration and
not severe; but it obliged him
to remain in bed all
the next day and the
greater part of the follow-
ing on account of the
prostration it induced
Ferri Phosphatis 3j
a day
Mr Arbuthnot
again, but he is
and unfit

at present to fulfil the
duties of a Col-

ing which time his
appetite greatly improved
and his cough diminished
but his strength did not
return. By my advice
he left the Hills and
came to Madura on the
6th instant. I found him
much in body and mind
depressed in spirits. His
pulse of good volume
tongue clean. Bowels
regular, appetite by no
means bad. He has a
slight cough which how-
ever gives him little tro-
uble and does not interfere
with his rest at night.
He does not suffer the
slightest pain of any
kind, and is extremely list-
less and apathetic. All
along he has been getting
the most nutritious food
procurable, along with a
very liberal allowance of
good Claret which is the
form of stimulant he
most prefers. He has had
various tonics including
mine and the mineral
At the present mo-
ment is nothing the
with him except
s and great men-
sion. I believe
Arbuthnot has
large part

Senna trials which has
caused him much care
and anxiety of mind.
These I fully believe are the
main causes of the unac-
countably protracted weak-
ness and depression.
By perpetually brooding over
these sources of anxiety
to which I have alluded,
his mind has become very
much unhinged, and he
informs me that his "double"
constantly appear before
him. Under these circumst-
ces I thought that no time
should be lost in trying
the effect of total change
of air and scene and have
therefore advised him to pro-
ceed to Madras at once.
During the greater part of
his illness Mr. Arbuthnot
has been under the charge
of a Native Medical Subord-
inate, and that personally
I have not been able to ob-
serve his symptoms for
any length of time, but
the history I have given may
be relied upon as substan-
tially correct.

/Signed/ John Murray
Civil Surgeon
Madura

Madura
9th December
1868

No 4035/68

Rev. Rec'd Jany 16
No 1.

Fabris Continued

The Honorable David Arbuthnot
Collector of Madura
Age 48.
Temperament Sanguine
Habits - Temperate
Residence in India 25½ Years

Mr Arbuthnott Came to
Madras a few days before
the Xmas holiday Commen-
ced for the benefit of a
Change as he had been
much out of health for
some time.
Though not on sick certi-
ficate the Civil Surgeon
of Madras forwarded
the following statement
of his illness.
Early in November last
Mr D. Arbuthnott while
out in his district got a
thorough drenching from
the rain. The result was
that he caught cold attend-
ed with pretty high fever
which continued for 5 or 6
days.
As soon as the fever sub-
sided he came up to the
Palney Hills in rather a
weak state and suffering
from a troublesome cough
He remained on the Hills
three mo-

57

Adyar 9th Jany

My dear Mr Dalyell

I have the pleasure to forward you my Medical Certificate with the view of its being notified in the gazette that the leave already granted me is on Medical Certificate will you kindly have this done for me.

Yours Sincerely

D. A. Cruikshank

Referred to the Acct General for report.

R. Dalyell
Actg Secy to Govt.
29/12/68

F. Lushington

...d Arbuthnot
Madras

29th December
1868

From
Hon.ble D Carbutthnott
Collector of Guadaloupe

To
The Secretary to Government

Sir

I have the honor to request that you will lay before Government my application to be allowed two years furlough as the present state of my health makes it necessary that I should return to Europe as soon as possible

I have the honor to be
Sir
your most obedient Servant
D Carbutthnott