

MADRAS RECORD OFFICE.

Government of Madras.

Revenue. DEPARTMENT.

G.O. No.	2398	Press ~~Mis.~~
<u>337-340</u>		
Dated	23 rd August	1869.

Not to be folded or roughly handled

*Proceedings of the Madras Government, Revenue Department,
23rd August 1869.*

No. 339. Read the following Proceedings of the Board of Revenue, dated 30th July 1869, No. 5,585 :—

Read the following letter from the Acting Collector of South Canara, to the Acting Secretary to the Board of Revenue, dated Mangalore, 10th June 1869, No. 655.

With reference to the Notification of the Government of India in the Home Department, dated the 16th September 1867, No. 4,589, defining the boundary between this district and North Canara,

G. O., 9th October 1867, No. 2,369, and 5th November 1867, No. 2,617, Revenue Department.

Board's Proceedings, 8th November 1867, No. 7,345. on the subject, I have the honour to report that the erection of the permanent

boundary marks on the northern frontier of this district, that is, between the talooks of Honoro in North Canara of the Bombay Presidency, and Kundapur in South Canara of the Madras Presidency, has been completed at an outlay of Rupees 569-8-0, or Rupees 130-8-0 less than the amount of the estimate sanctioned by Government in their Proceedings, dated the 29th April 1868, No. 1,158.

2. Agreeably to the instructions of Government I deputed my Acting Head-Assistant, Mr. Sturrock, to the frontier to superintend the laying down of the boundary marks in conjunction with Mr. Candy, the Assistant-Collector, deputed by the Collector of North Canara. Both these officers rode over the whole line from the sea-coast up to the Mysore frontier, and pointed out the places in which the stones were to be set up, and subsequently rode back over the whole line to satisfy themselves that the stones had in the interim been correctly erected.

3. Besides the several points at which boundary stones are mentioned in the Notification of the Government of India, as having been set up to denote the boundary line, intermediate stones were placed between these points to mark the boundary line more clearly, commencing from the sea-shore on the west and terminating at the foot of the ghaut known as "Allettur" on the Mysore frontier. The last stone was put up at the southern side of the small fort called "Korar kote," alluded to in the Notification, and situated on a high hill due west of the "Allettur" peak, where the boundary terminates.

4. It was arranged by me, in communication with the Collector of North Canara, that a stone should be placed on the top of the "Allettur" peak, which forms the common boundary of North Canara, South Canara, and Mysore. This was, however, found impracticable, as Mr. Sturrock reports that the "Allettur" peak is not accessible from the Canara side.

5. Mr. Sturrock suggests, that if it should be considered necessary to put up a boundary mark on the above peak, a pillar of stones available on the spot may be built; but as the "Allettur" peak is a well-known landmark, I think it sufficient to have it placed on record that the boundary line terminates there, and as the wording of the Notification is slightly ambiguous on this point, I would suggest that the last part of it, commencing with the words "the line then passes between two mounds, etc.," be amended as follows :—

"The line then passes between two mounds called 'Jodu Kotte,' and leads up along the south side of a small ruined fort called 'Korar kote' situated on a hill

*Proceedings of the Madras Government, Revenue Department,
23rd August 1869.*

"just below the ghaut, and terminates on a high peak called 'Allettur' situated due east of the above hill on the Mysore frontier."

6. The boundary stones set up were hewn out of granite, and have been set flatwise, with the letters "N. C.* and S. C.†" cut on each side of them to ensure their future identification. The stones stand five feet high, and are three feet in the ground.

* North Canara.
† South Canara.

7. I beg to enclose a statement of the expenditure incurred, amounting to Rupees 569-8-0, which I request may be passed for Rupees 284-12-0, being the moiety chargeable to this district, the remainder being debitable to the Collector of North Canara.

ENCLOSURE No. 1.—Statement.

SUBMITTED to Government with reference to Government order, dated 29th April 1868, No. 1,153.

2. Government will perceive that Mr. Sturrock, the Acting Head-Assistant in South Canara, and Mr. Candy, the Assistant-Collector in North Canara, have completed the demarcation of the boundary between the two districts in accordance with the Notification of the Government of India in the Home Department, dated 16th September 1867, No. 4,589.

3. Substantial granite pillars, five feet above and three feet under ground, have been set up, and the initial letters of the districts cut on their respective sides.

4. The Board have compared the amendment suggested in paragraph 5 with the wording of the Notification, and are of opinion that it is unnecessary to address the Supreme Government on the subject, as the features alluded to are evidently sufficiently prominent and well known to obviate any error arising.

5. The total expenditure incurred is Rupees 569-8-0, which is less by Rupees 130-8-0 than the amount of the estimate sanctioned in the Government order referred to in paragraph 1 above; and a moiety of this expenditure, or Rupees 284-12-0, should be passed as a charge against this Government, and the other moiety debited to the Bombay Government.

No. 310.

ORDER THEREON, 23rd August 1869, No. 2,398.

Miscellaneous.

SANCTIONED, Rupees 284-12-0.

(True Extract.)

(Signed) R. A. DALYELL,

Acting Secretary to Government.

To the Board of Revenue,
the Accountant-General.

Edw. F. R. Pattleman.

Abstract—The purpose of this study was to determine the effect of a 10-week training program on the cardiovascular fitness of sedentary, middle-aged men. The subjects were divided into two groups: a control group and an exercise group. The exercise group performed a 10-week training program consisting of three sessions per week of aerobic exercise. The control group did not exercise. The subjects were tested at the beginning and end of the 10-week period. The exercise group showed significant improvements in cardiovascular fitness, while the control group did not. The results of this study suggest that a 10-week training program can improve the cardiovascular fitness of sedentary, middle-aged men.

Revenue Department

No. 2398.

PROCEEDINGS of the MADRAS GOVERNMENT.

Under date the 23^d August 1867.

Read the following Pro-
ceedings of the Board of Revenue.

Submitting letter from
Collector of South Canara
reporting completion of
boundary between North
and South Canara, &c.

1 H. C. 30th July 1867. N. 5585.

W. H.

Sanctioned / Rupees

284. 12. 0. / W. H.

C. H.

11. F. H. H. P. R. D. 11 26
6 - - - - -