M.R.O. 14—10,000—21-4-22

MADRAS RECORD OFFICE.

Government of Madras.

Revenue **DEPARTMENT.**

G.O. No. 277-278 — ~~Press~~ / Mis.

Dated August 1869.

Not to be folded or roughly handled

Bracket of Revenue
1
1851

Regd

Dyspepsia

Mr William Beaumont

Assistant Superintendent

Revenue Survey Tpchinopoly District

Etat 27 years

Resident in India 4½ years

Habits Temperate

Temperament Nervous

Summary

Severe Dyspeptic Symptoms

with decided tendency to disease

of the Heart of nearly 12 months

standing — Leave to Europe

recommended

30th April 1860. Reported sick complaining of great prostration of strength, oppressed breathing, occasional fits of faintness followed by a sensation of deadness in the feet and hands, pains of a lancinating character frequently felt in the Epigastrium and right lobe of the Liver, stretching to the back and shifting sometimes to the left Hypochondrium & Umbilical region, — no tenderness on pressure & there is no apparent enlargement of the Liver, pulse weak — action of the heart extremely feeble, but nothing abnormal can be detected in its sounds, Tongue pretty clean & moist, bowels rather loose — appetite bad — Liver torpid. —

This gentleman has been to my knowledge long in an ailing state — Six or seven months

ago he complained from time to time of Cardiac Symptoms,— pain in the region of the heart, palpitation, oppressed breathing, with fits of faintness; these symptoms were partially relieved by Colchicum & counter-irritants; he then got removed to the Wynaad District in the hope that change of air to a cooler climate would benefit his health— but it has not done so— he returned a few days ago.—

℞ to take three times daily.

Citrat Ferri et Quinæ grs v

and night and morning for two days.

— Pil. Hydrargyri — and

Extr. Gentianæ aa. gr ijs.

Sinapisms first, and then a blister to be applied to Epigastrium & right side.—

May 6th Seemed for a few days to improve, but distressing exhaustion and fluttering of the Heart recurred again last night with pain in the Epigastric & Umbilical regions.—

Having obtained two months privilege leave, I have advised him to try a change to Madras, should that not prove beneficial, I would strongly recommend his return to Europe.

Faithfully yours
7th May 1860

W. J. Dowsett
Garrison Surgeon

Dyspepsia

Mr. William Beaumont's Case in Continuation.

May 12th Was sent for by the above gentleman to visit him at St. Thomè—

I found him in rather a nervous state he complained of uneasy sensations in his throat and chest, no cough, the pulse small & weak. Tongue clean Bs irregular, appetite indifferent, a nervous feeling of choking suddenly coming on, he is obliged to move from room to room.— The heart appears healthy as also the lungs— I attribute the above symptoms chiefly to nervous depression from fatigue & over exposure to the sun— I am unable to detect any organic lesion.

℞ Extract Taraxici ʒs

Acid Nitric Dil ʒiij

Tinct Hyoscyami ʒij

Aquæ ʒx ij ft Mist

A tablespoonful to be taken 3 times a day.

℞ Pil. Hydrargyri

Pil. Rhei Comp

Extr. Hyoscyami aa. gr iij

ft pil ij— To be taken at night.—

Diet simple and nutritious—

fish, Eggs &c. and Iced water and Brandy.

16th Much as last report. Still complains of his throat. On examination I found the Uvula much elongated and Edematous when half an inch of it was removed with the knife.

Cont Med

19th Was to day called by the patient who told me he intended changing his residence to the Club, where he comes under the care of the Garrison Surgeon.

(Signed) C Murray Duff M.D.
Act'g Surgeon 4th District

25th June 1860. Mr Beaumont consulted me to day, complaining of feelings apparently of a nervous character, choking sensations about throat & chest, pain and heaviness of head, prostration of strength, & irregularity of bowels which every morning act two or three times suddenly & unexpectedly.

On careful Examination I cannot ascertain that he suffers from any Organic disease; the heart sounds are normal, the chest resonant on percussion &c. I fancy there is increased resonance of the Vice, anteriorly over lower lobe of right lung, and that there is slight Enlargement of the liver, but on neither of these points can I be certain.

With the view of improving the condition of the Alimentary Canal and also on account of its general tonic action, I have ordered Mr Beaumont a small dose of Strychnia (gr 1/30) to be taken 3 times daily, but as he is here on privilege leave I have thought it best not to put him on the sick list.

4th July. Mr Beaumont leaves to day for Trichinopoly. I have not remarked any improvement in his general health, though I am still of opinion that there is nothing that can properly be called "Organic" in his ailment. The symptoms continue of the character described in his previous cases by Drs Boward & Duff.

Urine is of normal reaction
Sp: gr: 1025 and is unaffected by heat or Acid

Bangalore
4th July 1860.

(Signed) J. Houston M.D.
Assistant Garrison Surgeon

9th July 1860. Mr Beaumont returned to Trichinopoly, via Bangalore, — general health slightly improved, but he is still unable from weakness to resume his duties, the slightest exertion, even the act of bathing causing faintness, oppressed breathing and palpitation. — Complains also of pains of a Rheumatic character in the head, lower jaws, wrists and ancles & occasionally in the region of the heart — Pulse stronger than formerly — Bowels generally loose in the morning — Epigastric uneasiness is always present, and the functions of the Liver are torpid.

To take fifteen minims of Vin: Colchici in two ounces of Infusi: Gentianæ three times daily

The pained parts to be rubbed with the following Liniment,

℞ Liqr Ammonia ℥ß

Liniment Saponis ℥ij ℳ

Pil: Hydrargyri gr v

at bed time.

20th Rheumatic pains better — fits

Reginal 4

I James Howard Garrison Surgeon of Trichinopoly, do hereby certify that W. Beaumont Esqr, Assistant Superintendent, Revenue Survey Trichinopoly District, is in a bad state of health, and Solemnly & sincerely declare that according to the best of my judgment a change of air is Essentially necessary to his Recovery, & do therefore Recommend that he may be permitted to proceed to Madras, preparatory to applying for Leave to Europe on Sick Certificate.

Trichinopoly
21st July 1860

J. Howard
Garrison Surgeon

I do hereby certify that according to the best of my professional judgment, after careful personal examination of his Case, I consider the state of health of W. Beaumont Esqr to be such as to render leave of absence for a period of twelve months absolutely necessary for his Recovery.

Office of the Insp. Genl. of Hosps. S. D.
Trichinopoly
24th July 1860

W. G. Davidson
Deputy Inspector General of Hosps. S. D.

of faintness & oppressed breathing
continue to recur frequently and
excite fears of sudden death — no
organic disease of the heart can be