

MADRAS RECORD OFFICE.

Government of Madras.

Police DEPARTMENT.

G.O. No.	83	Press
		~~Mis.~~
Dated	23-1-	18-7

Not to be folded or roughly handled

1 X

*Proceedings of the Madras Government, Public Department,
23rd January 1867.*

No. 169. Read the following letter from the Principal Inspector General, Medical Department, to the Chief Secretary to Government, Fort Saint George ; dated Fort Saint George, 13th October 1866, No. 378.

With reference to Proceedings of Government of 5th instant, No. 1018, I have the honor to forward, for the information of the Right Honorable the Governor in Council, a copy of the Circular,* now printing, for distribution to all Deputy

Inspectors General of Hospitals, and Medical Officers in charge of Civil Dispensaries.

From the Secretary Principal Inspector General, Medical Department, to the Deputy Inspector General of Hospitals,———Division ; dated Fort Saint George, 13th October 1866, Circular No. 4196.

In forwarding the accompanying Proceedings of Madras Government for your information and guidance, I am desired by the Principal Inspector General to make the following observations in regard to the provision of Hospital furniture, clothing, &c., for Civil Dispensaries, and to request that you will call the attention of all Medical Officers and Subordinates in charge of those Institutions to the following points :—

1. *Hospital Cots* should be uniform in size and shape. They are best constructed of iron. Periodical painting of the iron work with *coal tar*, and drying of the same in the sun, is the best mode of preserving these cots free of vermin.

For all ordinary cases amongst natives the iron cots should be boarded ; but it is advisable that for special cases a few cots should be provided with coir mattresses.

2. Hospital bedding and clothing should ordinarily consist of the articles laid down in paragraph 8, Section 11, Medical Code. The quantities to be kept in Store must vary with the average number of sick. Instead of cumblies or country blankets, the Principal Inspector General recommends the use of red blankets of European make, as being both more sightly in appearance, and more durable.

3. As a rule, patients' own clothing on admission should be taken from them, washed and ticketed before being placed in the Store-room, and finally returned to them on leaving hospital. With caste patients or persons who object to use hospital clothing, means should be adopted to ensure cleanliness and change of attire as often as may be needed.

4. The scale of diet which has recently been sanctioned for the use of Native and East Indian patients in the Madras General Hospital might be appropriately introduced in some of the Mofussil Civil Dispensaries, provided that the Committees of Management see no objection on the score of expense. The diet table is appended.

5. The rule laid down in paragraph 11, Section 11, Medical Code, would appear to have become in most instances a dead letter.

You will be so good as to ascertain and note in your Inspection Reports of Civil Dispensaries how far it is carried out. To enable you the better to do this, you will be so good as to direct the Medical Officer of each institution within your Circle to open a "Visitors Book,"* in which Government officials and other visitors may record their observations. You will note

"11. As it will conduce greatly to the regularity, order, and efficiency of these hospitals to be frequently visited by the chief local authorities, Judges and Collectors and Magistrates at Civil Stations, and Commanding Officers at Military Cantonments, are requested to make occasional inspections, and institute inquiries into the comfort and diet of the patients ; attending to any complaints that may be made ; and bringing to the notice of the Surgeon any irregularities or inattention which may be observed."

* To be forwarded to this office every three months for inspection.

the tenor of these remarks in your Annual Reports.

Proceedings of the Madras Government, Public Department,
23rd January 1867.

Table of Diets for Hospitals of Native Sick.
Articles comprising the different heads of Diets for a day—Avoirdupois weight.

Spoon.	Milk.	Low.	Full.
Sago..... 4 oz.	Bread..... 12 oz.	Mutton in broth. 6 oz.	Mutton for curry. 8 oz.
Sugar..... 2 „	or	Bread..... 12 „	Rice..... 8 „
Milk..... 6 „	Rice..... 12 „	Butter..... 1 „	Curry Powder... ½ „
Rice for conjee. 2 „	Milk..... 2 pts.	Onions..... 1 „	Country Vege-
Salt & water..... 2 drs.	Sugar..... 2 oz.	Barley..... ½ „	tables..... 4 „
	Rice for conjee 2 „	Flour..... ½ „	Hopper†..... No. 6.
	Salt & water... 2 drs.	Salt..... 1 „	Bread..... 8 oz.
			Butter..... 1 „
			Salt..... 1 „

Breakfast.

Spoon.	Milk.	Low.	Full.
Sago..... 1 oz.	Bread or Rice... 4 oz.	Bread..... 4 oz.	Hoppers..... No. 6.
Sugar..... ½ „	Sugar..... 1 „	Butter..... ½ „	Butter..... ½ oz.
	Milk..... ½ pt.		

Dinner.

Spoon.	Milk.	Low.	Full.
Sago..... 2 oz.	Bread or Rice... 8 oz.	Mutton in broth... 6 oz.	Mutton for curry. 8 oz.
Sugar..... 1 „	Milk..... 1 pt.	Bread..... 4 „	Vegetables..... 4 „
Milk..... 6 „	Sugar..... 1 oz.		Rice..... 8 „

Supper.

Spoon.	Milk.	Low.	Full.
Sago..... 1 oz.	Milk..... ½ pint.	Bread..... 4 oz.	Bread..... 8 oz.
Sugar..... ½ „		Butter..... ½ „	Butter..... ½ „

* Or Rice 1 lb. omitting the bread.

† Hoppers to weigh 2 oz. each when cooked.

The weight of Meat in the above diets to be exclusive of bones.

In cases in which the Medical Officer considers it necessary, Tea ½ ounce or Coffee 1 ½ oz. per diem may be ordered with any of the above diets; when given with Low or Full, Sugar 1 ½ ounce, and Milk 6 ounce, will also be allowed.

No. 170.

ORDER THEREON, 23rd January 1867, No. 83.

To be recorded.

(True Extract.)

A. J. ARBUTHNOT,

Chief Secretary.

Exd. T. Cartledge.

No. 4196.
Circular
OFFICE OF PRINCIPAL INSPECTOR GENERAL, MEDICAL DEPARTMENT,

Fort Saint George, 13th October 1866.

From

The Secretary Principal Inspector General, Medical Department,

Fort Saint George,

To

The Deputy Inspector General of Hospitals,

Division.

SIR,

In forwarding the accompanying Proceedings of Madras Government for your information and guidance, I am desired by the Principal Inspector General to make the following observations in regard to the provision of Hospital furniture, clothing &c for Civil Dispensaries, and to request that you will call the attention of all Medical Officers and Subordinates in charge of those Institutions to the following provisions:

1. Hospital cots should be uniform in size and shape. They are best constructed of iron. Periodical painting of the iron work with coal tar and drying of the same in the sun, is the best mode of preserving these cots free of vermin.

For all ordinary cases amongst natives the iron cots should be discarded, but it is advisable that for special cases a few cots should be provided with coin mattresses.

2. Hospital bedding and clothing should ordinarily consist of the articles laid down in para 8 Section XI Medical Code. The quantities to be kept in store must vary with

with the average number of sick. Instead of cumblers or country blankets, the Principal Inspector General recommends the use of red blankets of European make, as being, both more sightly in appearance, and more durable.

3. As a rule patients' own clothing on admission should be taken from them, washed and tickled before being placed in the store room, and finally returned to them on leaving hospital. With caste patients or persons who object to use hospital clothing, means should be adopted to ensure cleanliness and change of attire as often as may be needed.

4. The scale of diet which has recently been sanctioned for the use of native and East Indian patients in the Madras General Hospital might be appropriately introduced in some of the Mofussil Civil Dispensaries, provided that the Committees of management see no objection on the score of expense. The diet table is appended.

5. The rule "11. As it will conduce greatly to the regularity, order laid down in "and efficiency of these hospitals to be frequently visited by *hāra* *Madetion*" the chief local authorities, judges and collectors and *Medical* "magistrates at civil stations, and commanding officers at *Code* would "Military cantonments are requested to make occasional *in-* appear to "spections, and institute enquiries into the comfort and diet of have become the patients; attending to any complaints that may be made; in most in-"and bringing to the notice of the Surgeon any irregularities -stances or inattention which may be observed." dead letters.

You will be so good as to ascertain and

To be forwarded to
the office every
three months for
inspection.

and note in your Inspection Reports of Civil Dispensaries how far it is carried out. To enable you the better to do this, you will be so good as to direct the Medical Officer of each institution within your circle to open a "Visitors Book" in which Government Officials and other visitors may record their observations. You will note the tenor of these remarks in your Annual reports.

I have the honor to be
Sir

Your Most Obedt^d Servant

W. M. Foranick Surgeon
Secretary, Princ. Insp^r Genl.
Med. Department

Ld P206

Table of Diets for Hospitals of Native Sick.

Articles comprising the different heads of Diets for a day
Avoirdupois weight.

Spoon	Milk	Soup	Full
Sago 4 oz	Bread 12 oz	Mutton in broth 6 oz	Mutton for Curry 8 oz
Sugar 2 "	Rice or 12 "	Bread 12 "	Rice 8 oz
Milk 6 "	Milk 2 pints	Butter 1 "	Curry Powder 1/2 "
Rice } For Curry 2 "	Sugar 2 oz	Onions 1 "	Country Vegetables 4 "
Salt } water 2 drs	Rice } For Curry 2 "	Barley 1/2 "	Hoppers 1 lb
	Salt } water 2 drs	Flour 1/2 "	Bread 8 oz
		Salt 1 "	Butter 1 "
			Salt 1 "

Breakfast

Spoon	Milk	Soup	Full
Sago 1 1/2 oz	Bread or Rice 4 oz	Bread 4 oz	Hoppers 1 lb
Sugar 1/2 "	Sugar 1 "	Butter 1/2 "	Butter 1/2 oz
	Milk 1/2 pint		

Dinner

Spoon	Milk	Soup	Full
Sago 2 oz	Bread or Rice 8 oz	Mutton in broth 6 oz	Mutton for curry 8 oz
Sugar 1 "	Milk 1 pint	Bread 4 "	Vegetables 4 "
Milk 6 "	Sugar 1 oz		Rice 8 "

Supper

Spoon	Milk	Soup	Full
Sago 1 oz	Milk 1/2 pint	Bread 4 oz	Bread 8 oz
Sugar 1/2 "		Butter 1/2 "	Butter 1/2 "

* Rice 1 lb omitting the bread * Hoppers to weigh 20 oz each when cooked

The weight of meat in the above diets to be exclusive of bones.

In cases in which the Medical Officer considers it necessary, Tea 1/2 oz or Coffee 1/4 oz per diem may be ordered with any of the above diets; when given with Soup or Full, Sugar 1/2 oz and Milk 6 oz will also be allowed.

No. 378.

OFFICE OF PRINCIPAL INSPECTOR GENERAL, MEDICAL DEPARTMENT,

Fort Saint George, 13th October — 1866.

The Principal Inspector General, Medical Department,
Fort Saint George,

The Chief Secretary to Government, Public — Dept.,
Fort Saint George.

Public Department. With reference to Proceedings of Govern-
ment of 5th instant N^o. 1018, I have the
honor to forward for the information of the
Right Honorable the Governor in Council
a copy of the Circular, now printing, for dis-
tribution to all Deputy Inspectors General
of Hospitals and Medical Officers in char-
ges.

N^o. 4196.

I have the honor to be

Sir
Your most Obedient Servant

Wm Shaw
Principal Inspector General
Medical Department

C. d. P. 206 m. 2

on Public No 1316/66.

