

MADRAS RECORD OFFICE.

Government of Madras.

Public DEPARTMENT.

G.O. No.	<i>286</i>	Press ~~Mis.~~
Dated	<i>21-3-</i>	<i>1866</i>

Not to be folded or roughly handled

No. 92. Read the following letter from the Principal Inspector General, Medical Department, to the Chief Secretary to Government, Fort Saint George; dated 15th February 1866, No. 61.

A new scale of diets for Hospitals of Native sick was introduced on the 1st of November last.

2. In this scale *no extras, under any circumstances*, except Port Wine and Arrack, are permitted.

3. The scale is sufficiently liberal for ordinary illnesses, but many cases present themselves in which a more nutritious diet is absolutely required.

4. In the diet table (attached to this letter), the largest amount of animal food is eight ounces of mutton, exclusive of bones. This would only be sufficient to make one pint of soup.

5. The Surgeon of the General Hospital, in a case of cholera which came under his charge a short time ago, considered that the patient required more nourishment than is authorized in the diet table, and ordered extra food to be given.

6. The attention of Dr. Paul has been called to the issue of extra food by the Examiner of Medical Accounts, and that gentleman, fearing a retrenchment, explains "that it is simply impossible to treat all cases without extras." He continues, "I need only particularize cases of cholera, chronic dysentery, severe injuries and operation cases, where soup and nourishment may be largely required, which are not contained in the diets allowed for Natives."

7. Dr. Chipperfield, Officiating Physician of the General Hospital, says, "I have now three Native men in Hospital recovering (I hope) from cholera, and I regret to be obliged to add that I felt so convinced of the necessity of more nutriment than the diet scale affords, that I have contravened orders, and given what I considered necessary. As I could not refuse admission to these patients, I felt that there were but two courses open to me, viz., either to withhold what I considered necessary, or to accept the alternative of the cost of such food being retrenched from me by the Examiner of Medical Accounts; and I feel confident that the Principal Inspector General will not blame me for having pursued the more humane course."

8. I fully concur with Drs. Paul and Chipperfield in the necessity of Medical Officers being allowed the same discretionary power in exceptional cases to order extras for their Native sick, as is given to them for the European Civil sick, but under the same restrictions, viz., "on condition of full explanation being given, and on the responsibility of the prescribing officer, pending the approval of the controlling authority."

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TABLE OF DIETS FOR HOSPITALS OF NATIVE SICK.

Articles comprising the different heads of diets for a day.
Avoirdupois weight.

Spoon.	Milk.	Low.	Full.
Sago... ..4 oz.	Bread... ..12 oz.	Mutton in broth...6 oz.	Mutton for Curry.8 oz.
Sugar... ..2 „	or Rice... ..12 „	Bread... ..12 „	Rice*... ..8 „
Milk... ..6 „	Milk... ..2 pints	Butter... ..1 „	Curry Powder ... ½ „
Rice. { For Con- } 2 oz.	Sugar... ..2 oz.	Onions... ..1 „	Country Vegeta- bles... ..4 „
Salt. { jee Wa- } 2 drs.	Rice. { For Con- } 2 oz.	Barley... ..½ „	Hoppers†... ..No 6
	Salt. { jee Wa- } 2 drs.	Flour... ..½ „	Bread 8 oz.
		Salt... ..1 „	Butter... ..1 „
			Salt... ..1 „

BREAKFAST.

Spoon.	Milk.	Low.	Full.
Sago... ..1 oz.	Bread or Rice...4 oz.	Bread... ..4 oz.	Hoppers... ..No. 6.
Sugar... ..½ „	Sugar... ..1 „	Butter... ..½ „	Butter... ..½ oz.
	Milk... ..½ pint.		

DINNER.

Spoon.	Milk.	Low.	Full.
Sago... ..2 oz.	Bread or Rice...8 oz.	Mutton in broth...6 oz.	Mutton for Curry.8 oz.
Sugar... ..1 „	Milk... ..1 pint.	Bread... ..4 „	Vegetables... ..4 „
Milk... ..6 „	Sugar... ..1 oz.		Rice... ..8 „

SUPPER.

Spoon.	Milk.	Low.	Full.
Sago... ..1 oz.	Milk... ..½ pint.	Bread... ..4 oz.	Bread... ..8 oz.
Sugar... ..½ „		Butter... ..½ „	Butter... ..½ „

* Or Rice 1 lb., omitting the Bread.

† Hoppers to weigh 2 oz., each, when cooked.

The weight of Meat in the above diets to be exclusive of bones.

In cases in which the Medical Officer considers it necessary, Tea (½ oz.) or Coffee (1½ oz.) per diem, may be ordered with any of the above diets; when given with Low or Full, Sugar (1½ oz.) and Milk (6 oz.) will also be allowed.

No. 93. ORDER THEREON, 21st March 1866, No. 286.

Under the circumstances represented, the Governor in Council sanctions the issue, in exceptional cases, of such extras as Medical Officers in charge of Hospitals

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may deem essential for their Native patients. The prescribing Officer will, in each case, be held responsible for the necessity for the issue of extras, and will be required to submit full explanation to the controlling authority.

(True Extract).

Chief Secretary.

To the Principal Inspector General, Medical Department.

„ Examiner of Medical Accounts.

„ Accountant General.

Ed. J. H. Burns.

PROCEEDINGS of the MADRAS GOVERNMENT.

Read letter from the Principal Inspector
General, Medical Department

8/15 Feby 1866 No. 61.

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[Signature]
J. R. M.

[Signature]

[Signature]

The P. I. General Med. Dept.
- Examiner of Medical Accounts } despo 28/3
- Accountant General }

Public 1866. Department.

No. 286.

PROCEEDINGS OF GOVERNMENT.

Dated 21 March 18

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