PROCEEDINGS OF THE PLAGUE COMMISSIONER.

(1899)

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[Despatch Abstract.]

Scales of Diet for Plague Patients

Communicating to the officers concerne
for information and guidance the
——— drawn up by the Surgeon-Gener

BACK PAPERS.

No.	Date.	No.	Date.

FURTHER PAPERS.

No.	Date.	No.	Date.

Proceedings of the Plague Commissioner,

MADRAS—1899.

Recd. } 1899. *Enclosures*
Regd. } *Spare copies*

Proceedings, No. $\frac{981}{53}$, 14th April 1899.

APRIL.

Scales of Diet for Plague Patients.

Communicating to the officers concerned for information and guidance the — drawn up by the Surgeon-General.

PROCEEDINGS OF THE PLAGUE COMMISSIONER.

Read—again the following papers :—

Ref. on C. No. 2692, dated 29th December 1898.

Abstract.—Requesting the Collectors of Bellary, Anantapur and Salem to report the cost of dieting at plague detention camps.

From the Collector of Bellary, dated 8th January 1899, Dis. No. 61.
" " of Anantapur, dated 23rd January 1899, Ref. on C. No. 67-P.
" " of Salem, dated 24th January 1899, No. 194-P.
" " " " 17th February 1899, Ref. No. 26-P.C.
" " " " 27th February 1899, No. 452-P.

Abstract.—Replies to the above reference.

From L. E. BUCKLEY, Esq., Plague Commissioner, Madras, to the Surgeon-General, dated 1st March 1899, Ref. on C. No. 2541.

I have the honour to forward the enclosed correspondence (to be returned) with the request that you will kindly prescribe a minimum scale of diet that should be allowed to—

(1) European and Eurasian plague patients.
(2) Native plague patients.
(3) Europeans and Eurasians detained on suspicion at inspection stations.
(4) Natives detained on suspicion at inspection stations.
(5) Attendants on (1) and (2).

Where food is not supplied, I would not allow more than As. 2 a day for healthy natives.

Read—also the following paper :—

From Surgeon-General C. SIBTHORPE, C.B., F.R.C.P.I., Surgeon-General with the Government of Madras, to the Plague Commissioner, Madras, dated Camp, Ootacamund, 18th March 1899, No. T.-8—20.

With reference to your Ref. on C. No. 2541, dated 1st March 1899, I have the honour to return all the enclosures sent therewith and to attach minimum scales of diet as required by you.

2. I have also attached a list of extras and a form for diet sheets.

Enclosures.

(1) Minimum Diet Scale for European and Eurasian Plague Patients.

Spoon.	Milk.	Half.	Mixed.	Full.
Arrowroot .. oz. 1 Sugar .. " 1 Tea, or .. " ½ Coffee .. " 1 Milk .. " 4	Bread .. oz. 12 Hoppers .. No. 2 Milk .. pts. 2 Butter .. oz. 1 Tea, or .. " ½ Coffee .. " 1 Sugar .. " 1 Milk .. " 4	Mutton or chicken oz. 10 Bread .. " 16 Hoppers .. No. 2 Butter .. oz. 1 Potatoes .. " 8 Salt .. " ¾ Ghee .. " 1 Tea, or .. " ½ Coffee .. " 1 Sugar .. " 1 Milk .. " 4 If "half boiled". Onions .. " 1 Barley .. " ½ Flour .. " ½ and omit ghee. If "Stewed". Pepper .. grs. 30 Onions .. oz. 1 Flour .. " ½ Mint and parsley grs. 30	Mutton .. oz. 8 Bread .. " 12 Rice .. " 8 Hoppers .. No. 6 Butter .. oz. 1 Country vegetable .. " 6 Curry-powder " ½ Tamarind .. " ½ Salt .. " ¾ Ghee .. " 1 Tea, or .. " ½ Coffee .. " 1 Sugar .. " 1 Milk .. " 4	Mutton .. oz. 12 Bread .. lb. 1 Hoppers .. No. 2 Butter .. oz. 1 Potatoes .. " 8 Country vegetable .. " 8 Salt .. " ¾ Ghee .. " 1 Tea, or .. " ½ Coffee .. " 1 Sugar .. " 1 Milk .. " 4 If "full boiled". Onions .. " 1 Barley .. " ½ Flour .. " ½ and omit ghee.

Notes.—1. The meat in the "half diet" may be chops, cutlets, grilled, stewed, minced, or boiled; in "full," roasted, grilled, or boiled only.

2. Extras may be ordered on all diets except "full" and "mixed." But stimulants and eggs may be given with any diet.

3. The meat in the various diets should weigh in its raw state, exclusive of bone, the amount specified in the diets. If meat is issued with bone, 4 oz. per lb. should be allowed.

4. Each hopper should weigh 2 oz.

5. Medical officers may, in exceptional cases, diet patients on extras alone.

Time-table of Diets for European Patients.

Spoon.	Milk.	Half.	Mixed.	Full.
Early morning breakfast, 6 or 6-30 a.m.				
Tea or coffee pt. 1	Hoppers .. No. 2 Tea or coffee .. pt. 1	Hoppers .. No. 2 Tea or coffee .. pt. 1	Hoppers .. No. 2 Tea or coffee .. pt. 1	Hoppers .. No. 2 Tea or coffee .. pt. 1
Breakfast, 9-30 or 10 a.m.				
Arrowroot conjee, pt. 1	Milk .. .. pt. 1 Bread .. .. oz. 8 Butter .. .. " 1	Bread .. oz. 12 Butter .. " 1 Mutton or chicken .. " 5 Potatoes .. " 4	Hoppers .. No. 4 Bread .. oz. 8 Butter .. " 1 Mutton chops " 4	Bread .. .. oz. 12 Mutton .. " 6 Potatoes .. " 4 Vegetable .. " 4
Dinner, 2 p.m.				
Arrowroot conjee, pt. 1	Milk .. .. pt. 1	Mutton or chicken .. oz. 5 Potatoes .. " 4	Rice .. .. oz. 8 Mutton .. .. " 4 Vegetable .. " 6	Mutton .. .. oz. 6 Potatoes .. .. " 4 Vegetable .. " 4
Supper, 5-30 or 6 p.m.				
Tea or coffee .. pt. 1	Bread .. .. oz. 4 Tea or coffee .. pt. 1	Bread .. .. oz. 4 Tea or coffee .. pt. 1	Bread .. .. oz. 4 Tea or coffee .. pt. 1	Bread .. .. oz. 4 Tea or coffee .. pt. 1

(2) MINIMUM Diet Scale for Native Plague Patients.

Spoon.		Milk.		Coffee.		Half.		Full.	
Rice ..	6 oz.	Bread or rice	oz. 12	Bread ..	.. oz. 12	Rice ..	.. oz. 12	Rice ..	.. oz. 20
Salt ..	180 grs.	Milk ..	pt. 1½	Coffee ..	.. pt. 1	Mutton	.. ,, 4	Buttermilk	.. pt. ½
		Sugar ..	oz. 2	Sugar ..	.. oz. 1	Ghee ..	.. ,, ¼	Pepper water .	,, ½
		For conjee—		Milk ..	.. ,, 4	Curry powder.	,, ¼	Mutton	.. oz. 6
		Rice ..	oz. 2	Hoppers	.. No. 2	Tamarind	.. ,, ⅛	or Fish	.. ,, 4
		Salt ..	grs. 60	Sugar	.. oz. 2	Vegetable	.. ,, 2	Dhall ..	.. ,, 1
				For conjee—		Salt ..	.. ,, ¼	Vegetable	.. ,, 4
				Rice	.. oz. 2	Coffee ..	.. pt. ½	Curry powder .	,, ½
				Salt	.. grs. 60	Sugar ..	.. oz. ½	Tamarind	.. ,, ½
						Milk ..	.. ,, 2	Gingelly-oil .	,, 1
						Hoppers	.. No. 2	Salt ..	.. ,, ¾
						Buttermilk	.. pt. ½	Hoppers	.. No. 2
						Pepper water .	,, ½	Coffee	.. pt. ½
								Sugar	.. oz. ½
								Milk	.. oz. 2

NOTES.—1. On half-diet mutton is given every day; on full diet it is given one day, vegetables, dhall and fish the next day.
2. Extras may be ordered on all diets except full. But stimulants and eggs may be given with any diet.
3. Arrack is the only stimulant allowed for natives, except under special circumstances" (G.O., No. 1, dated 1st January 1889).
4. The meat in the various diets should weigh in the raw state, exclusive of bone, the weights specified in the table. If meat is issued with bone, an additional 4 oz. per pound should be allowed.
5. Each hopper should weigh 2 oz.
6. Medical officers may, in exceptional cases, diet patients on extras alone.
7. Rice conjee is prepared by natives; if any other kind is required it can be ordered as an extra.

TIME-TABLE for Native Patients.

Spoon.	Milk.	Coffee.	Half.	Full.
Early breakfast 6 or 6-30 a.m.				
Rice conjee pt. 1	....	....	....	....
First meal, 10-30 or 11 a.m.				
Rice conjee pt. 1	Milk .. .. pt. 1 Bread or rice .. oz. 6 Sugar .. .. ,, 2	Bread .. .. oz. 6 Sugar .. .. ,, 2 Rice conjee .. pt. 1	Rice .. .. oz. 6 Mutton .. ,, 2 Vegetable .. ,, 1 Butter milk .. pt. ½	Rice .. oz. 10 Mutton or .. ,, 3 Vegetable and ,, 4 Dhall .. ,, 1 Butter milk .. pt. ½
Night meal, 5-30 or 6 p.m.				
Rice conjee pt. 1	Milk .. .. pt. ½ Rice or bread .. oz. 6	Coffee .. .. pt. 1 Bread .. .. oz. 6	Rice .. .. oz. 6 Mutton .. .. 2 Vegetable .. ,, 1 Pepper-water .. pt. ½	Rice .. oz. 10 Mutton .. ,, 3 Fish or .. ,, 4 Pepper-water .. pt. ½

Note.—The water used for boiling rice should have a little salt added to it from the diet and be served out in half pints to those patients getting rice.

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(3) For Europeans and Eurasians detained on suspicion, the "Half," "Mixed" or "Full" diets from scale (1).

(4) Natives detained on suspicion and (5) attendants on (1) and (2):—

Full.

Mutton for curry	oz. 8
Rice*	,, 8
Curry-powder	,, ½
Country vegetables	,, 4
Hoppers†	no. 6
Bread	oz. 8
Butter or ghee	,, 1
Salt	,, 1

* Or rice 1 lb. omitting the bread.
† Hoppers to weigh 2 oz. when cooked.

Time-table.

FULL.

Early morning meal.

Hoppers	no. 6
Butter or ghee	oz. ¼

Mid-day meal.

Mutton for curry	oz. 8
Vegetables	,, 4
Rice	,, 8

Evening meal.

Bread	oz. 8
Butter or ghee	,, ½

Composition of Curry-powder.

	Native.	European.
Chillies	lb. 3	lb. 1
Black pepper	oz. 10	,, ½
Coriander	lb. 6	,, 8
Turmeric	oz. 10	,, 2
Cummin seed	,, 10	,, 1
Mustard	,, 10	,, ½
Vendium	,, 10	,, ¾
Garlic	,, 3	..
Dry ginger		lb. ½
Poppy seeds		,, ½

Ingredients for Pepper-water, 1 pint.

Chillies	oz. ¼
Pepper	,, ¼
Garlic	drs. 20
Tamarind	oz. ½
Salt	drs. ½

LIST OF EXTRAS.

Almonds.*
Apples.*
Appums.
Arrowroot blanc mange.
Do. conjee.
Do. jelly.
Barley.
Barley-water.
Beef juice.
Beef tea.
Beef jugged.
Biscuits.*
Blanc mange.
Bran-biscuits.
Bread.
Bread-pudding.
Butter.
Buttermilk.
Chicken boiled.*
Do. broth.
Do. curry.
Do. cutlets.*
Do. fricassee.*
Do. grilled.*
Do. jelly.*
Do. kusee.
Do. pepper-water.
Do. stew.*
Cocoa.*
Coffee with milk.
Cornflour blanc mange.*
Do. conjee.
Do. pudding.*
Curry-powder.
Custard.*
Dhall.
Eggs.
Eggs, fried.*
Do. omelette.*
Do. poached.
Essence of beef, Brand's.
Extract of beef, Liebeg's.
Fish.
Do. boiled.
Do. fried.
Do. moli.
Fruit, stewed.*
Ghee.
Ginger tea.
Grapes.*
Ice.
Lemonade.
Lime-juice.
Lime-pudding.*
Limes.
Linseed tea.
Mangoes.
Milk.
Mutton broth.
Do. chops.
Do. do. boiled.
Do. curry.
Do. cutlets.
Do. fat.
Do. fried.
Do. minced.

Note.—The extras with asterisks are only for Europeans and Eurasians.

LIST OF EXTRAS—*cont.*

Mutton pepper-water.
Do. stew.
Oatmeal porridge.*
Oranges.
Peas.*
Pepper.
Pepper-water.,
Pigeon roast.*
Do. stew.*
Plantains.
Plums.*
Pomegranate.
Potatoes.
Potatoe cutlets.*
Rabbit.
Rice.
Rice conjee-water.
Do. pudding.
Sago conjee.
Do. jelly.
Sago pudding.
Scotch broth, beef.
Sheep-trotter jelly.
Do. stew.
Soda-water.
Soojee conjee.
Do. jelly.
Do. pudding.
Spice powder.
Sugar.
Tapioca conjee.
Do. pudding.*
Tea with milk.
Teal roast.*
Tyre.
Vegetable, country.
Do. curry, Europe.
Do. Europe.*
Vermicelli pudding.
Wheat cakes.

Wines and Stimulants.

Arrack.
Beer.*
Brandy.
Burgandy.*
Claret.*
Constantia.*
Frontignæ.*
Gin (old tom).
Porter.*
Portwine.
Sherry.*
Whiskey.*
Champagne.

Hospital.

DIET SHEET of

Month of 189 .

Occupation Religion

Admitted

Age Years

Disease

Discharged

189 .

Date.	Diet.	Extras.							Initials of Surgeon.
1									
2									
3									
4									
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26									
27									
28									
29									
30									
31									

Note.—The extras with asterisks are only for Europeans and Eurasians.

PROCEEDINGS—No. $\frac{981}{53}$, dated 14th April 1899.

The scales of diet for plague patients and others will be printed and communicated to all Collectors and District Medical and Sanitary Officers for information and guidance.

M E Mascarenhas
18/4/99
Personal Assistant,
for *Plague Commissioner*.

To all Collectors (A, F, G, H).
,, the Surgeon-General.
,, the Sanitary Commissioner.
,, the President, Municipal Commission, Madras.

Exd. P. Seetharam.

25 Legis
150 Rev

Pass
29/3

Proceedings of the Plague Commissioner,

MADRAS—1899.

Proof for P.C.'s approval

H.L.
5.4.99

Please correct
strike off
14/4

Recd.	1899.	*Enclosures*
Regd.		*Spare copies*

Proceedings, No. 98/53 14th April ~~March~~ 1899.

MARCH.

Scales of Diet for Plague Patients.

Communicating to the officers concerned for information and guidance the — drawn up by the Surgeon-General.

PROCEEDINGS OF THE PLAGUE COMMISSIONER.

READ—again the following papers :—

Ref. on C. No. 2692, dated 29th December 1898.

ABSTRACT.—Requesting the Collectors of Bellary, Anantapur and Salem to report the cost of dieting at plague detention camps.

From the Collector of Bellary, dated 8th January 1899, Dis. No. 61.
" " of Anantapur, dated 23rd January 1899, Ref. on C. No. 67-P.
" " of Salem, dated 24th January 1899, No. 194-P.

ABTTRACT.—Replies to the above reference. 17.2.99 Ref. No. 26
27.2.99 No. 452/P

From L. E. BUCKLEY, Esq., Plague Commissioner, Madras, to the Surgeon-General, dated 1st March 1899, Ref. on C. No. 2541.

I have the honour to forward the enclosed correspondence (to be returned) with the request that you will kindly prescribe a minimum scale of diet that should be allowed to—

(1) European and Eurasian plague patients.
(2) Native plague patients.
(3) Europeans and Eurasians detained on suspicion at inspection stations.
(4) Natives detained on suspicion at inspection stations.
(5) Attendants on (1) and (2).

Where food is not supplied, I would not allow more than As. 2 a day for healthy natives.

ENCLOSURE.

STATEMENT showing the cost of dieting charges at the Road Frontier Inspection Stations and Plague Camps, Hosúr, Salem Division.

Serial number.	Name of station.	Average cost of dieting of plague patients.	Average cost of dieting persons under detention.	Remarks.
		A. P.	A. P.	
1	Komoranapalli	4 0	4 0	None detained at Government expense. No plague patients fed.
2	Gummalapuram	..	..	
3	Kegganur	..	..	
4	Kurubasapalli	..	8 9	
5	Bagalur	..	1 7	
6	Berikai	..	1 11	
7	Kothakondapalli	2 10½	..	
8	Luzuvadi	4 7	2 2	
9	Royakota	..	..	
10	Hosúr	4 11	..	
11	Mathigiri	3 0	2 0	
12	Shulagiri	1 3	2 1	

N.B.—There is no uniformity in the scale of diet allowed to plague patients and persons under observation as shown above. The rate varies in each station and this is evidently due to the difference in the market value of articles of food provisions purchased. At present there is no fixed scale of diet for patients and persons kept under observation. To secure uniformity throughout, it is requested that some standard scale may be fixed in consultation with the District Medical and Sanitary Officer (1) for diet of patients and (2) for feeding charges for segregated people, and communicated to the medical subordinate in charge of inspection stations and plague camps for information and future guidance.

~~Endt. No. 452-P.~~

Submitted to the Plague Commissioner in continuation of this office letter, No. 26 P.C., dated 17th instant. The same scale as may be decided upon for the Jalarpet camp may be introduced at other plague camps and inspection stations in this district.

(Signed) R. B. CLEGG,
Acting Collector.

27th February 1899.

READ—also the following paper :—

From Surgeon-General C. SIBTHORPE, C.B., F.R.C.P.I., Surgeon-General with the Government of Madras, to the Plague Commissioner, Madras, dated Camp, Ootacamund, 18th March 1899, No. T.-8—20.

With reference to your Ref. on C. No. 2541, dated 1st March 1899, I have the honour to return all the enclosures sent therewith and to attach minimum scales of diet as required by you.

2. I have also attached a list of extras and a form for diet sheets.

ENCLOSURES.

From E. A ELWIN, Esq., Acting Collector of Bellary, dated 8th January 1899, Dis. No. 61.

I have the honour to reply to your letter, R.C. No. 2692, dated 29th December 1898, as follows :—

Hospet Inspection Station.—Native passengers are allowed As. 2 a day each as a rule. If travelling in gangs, the allowance is As. 1–6 per head. European and Eurasian passengers are allowed from As. 4 to As. 8 a day each. The dieting of the sick is in accordance with requirements.

Tungabhadra Inspection Station.—Native passengers are allowed As. 3 a day each, and no distinction is made whether they are travelling in gangs or not : this is the rate adopted by the medical officer without reference to me, and though it is perhaps a little high, I have not interfered with it as the passengers who pass through the station are mostly well-to-do and but few of those detained are fed at the public expense. Europeans and Eurasians are allowed about As. 8 a day each. The dieting of the sick is in accordance with requirements.

Road Frontier Inspection Stations.—Passengers in ordinary health are allowed As. 1–6 a day each, those in poor or bad health up to As. 3 a day each. As these stations are in charge of subordinates, no deviation from these rates is allowed.

Children.—The rate everywhere is half that of an adult.

(1) MINIMUM Diet Scale for European and Eurasian Plague Patients.

Spoon.	Milk.	Half.	Mixed.	Full.
Arrowroot .. oz. 1 Sugar .. „ 1 Tea, or .. „ ½ Coffee .. „ 1 ~~Sugar .. „ 1~~ Milk .. „ 4	Bread .. oz. 12 Hoppers .. No. 2 Milk .. pts. 2 Butter .. oz. 1 Tea, or .. „ ½ Coffee .. „ 1 Sugar .. „ 1 Milk .. „ 4	Mutton or chicken oz. 10 Bread .. „ 16 Hoppers .. No. 2 Butter .. oz. 1 Potatoes .. „ 8 Salt .. „ ¾ Ghee .. „ 1 Tea, or .. „ ¼ Coffee .. „ 1 Sugar .. „ 1 Milk .. „ 4 If "half boiled". Onions .. „ 1 Barley .. „ ½ Flour .. „ ½ and omit ghee. If "Stewed". Pepper .. grs. 30 Onions .. oz. 1 Flour .. „ ½ Mint and parsley grs. 30	Mutton .. oz. 8 Bread .. „ 12 Rice .. „ 8 Hoppers .. No. 6 Butter .. oz. 1 Country vegetable .. „ 6 Curry powder „ ½ Tamarind .. „ ½ Salt .. „ ¾ Ghee .. „ 1 Tea, or .. „ ½ Coffee .. „ 1 Sugar .. „ 1 Milk .. „ 4	Mutton .. oz. 12 Bread .. lb. 1 Hoppers .. No. 2 Butter .. oz. 1 Potatoes .. „ 8 Country vegetable .. „ 8 Salt .. „ ¾ Ghee .. „ 1 Tea, or .. „ ½ Coffee .. „ 1 Sugar .. „ 1 Milk .. „ 4 If "full boiled". Onions .. „ 1 Barley .. „ ½ Flour .. „ ½ and omit ghee.

NOTES.—1. The meat in the "half diet" may be chops, cutlets, grilled, stewed, minced, or boiled ; in "full," roasted, grilled, or boiled only.
2. Extras may be ordered on all diets except "full" and "mixed" But stimulants and eggs may be given with any diet.
3. The meat in the various diets should weigh in its raw state, exclusive of bone, the amount specified in the diets. If meat is issued with bone, 4 oz. per lb. should be allowed.
4. Each hopper should weigh 2 oz.
5. Medical officers may, in exceptional cases, diet patients on extras alone.

TIME-TABLE of Diets for European Patients.

Spoon.	Milk.	Half.	Mixed.	Full.
Early morning breakfast, 6 or 6-30 a.m.				
Tea or coffee pt. 1	Hoppers .. No. 2 Tea or coffee .. pt. 1	Hoppers .. No. 2 Tea or coffee .. pt. 1	Hoppers .. No. 2 Tea or coffee .. pt. 1	Hoppers .. No. 2 Tea or coffee .. pt. 1
Breakfast, 9-30 or 10 a.m.				
Arrowroot conjee, pt. 1	Milk .. .. pt. 1 Bread .. .. oz. 8 Butter .. .. ,, 1	Bread .. oz. 12 Butter .. ,, 1 Mutton or chicken .. ,, 5 Potatoes .. ,, 4	Hoppers .. No. 4 Bread .. oz. 8 Butter .. ,, 1 Mutton chops ,, 4	Bread .. .. oz. 12 Mutton .. ,, 6 Potatoes .. ,, 4 Vegetable .. ,, 4
Dinner, 2 p.m.				
Arrowroot conjee, pt. 1	Milk .. .. pt. 1	Mutton or chicken .. oz. 5 Potatoes .. ,, 4	Rice .. .. oz. 8 Mutton .. .. ,, 4 Vegetable .. ,, 6	Mutton .. .. oz. 6 Potatoes.. .. ,, 4 Vegetable .. ,, 4
Supper, 5-30 or 6 p.m.				
Tea or coffee .. pt. 1	Bread .. .. oz. 4 Tea or coffee .. pt. 1	Bread .. .. oz. 4 Tea or coffee .. pt. 1	Bread .. .. oz. 4 Tea or coffee .. pt. 1	Bread .. .. oz. 4 Tea or coffee .. pt. 1

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(2) MINIMUM Diet Scale for Native Plague Patients.

Spoon.	Milk.	Coffee.	Half.	Full.
Rice .. 6 oz. Salt .. 180 grs.	Bread or rice oz. 12 Milk .. pt. 1½ Sugar .. oz. 2 For conjee— Rice .. oz. 2 Salt .. grs. 60	Bread .. .. oz. 12 Coffee .. .. pt. 1 Sugar .. .. oz. 1 Milk .. .. ,, 4 Hoppers .. No. 2 Sugar .. oz. 2 For conjee— Rice .. oz. 2 Salt .. grs. 60	Rice .. .. oz. 12 Mutton .. ,, 4 Ghee .. .. ,, ½ Curry powder. ,, ¼ Tamarind .. ,, ½ Vegetable .. ,, 2 Salt .. .. ,, ½ Coffee.. .. pt. ½ Sugar.. .. oz ½ Milk .. .. ,, 2 Hoppers .. No. 2 Buttermilk .. pt. ½ Pepper water . ,, ½	Rice .. .. oz. 20 Buttermilk .. pt. ½ Pepper water . ,, ½ Mutton or .. oz. 6 Fish .. ,, 4 *1 Dhall .. .. ,, 4 Vegetable .. ,, ½ Curry powder . ,, ½ Tamarind .. ,, 1 Gingelly-oil . ,, ¼ Salt .. .. ,, ¾ Hoppers .. No. 3 Coffee .. pt. ½ Sugar .. oz. ½ Milk .. oz. 2

NOTES.—1. On half-diet mutton is given every day; on full diet it is given one day, vegetables, dhall and fish the next day.
2. Extras may be ordered on all diets except full, But stimulants and eggs may be given with any diet.
3. Arrack is the only stimulant allowed for natives, except under special circumstances (G.O., No. 1, dated 1st January 1889).
4. The meat in the various diets should weigh in the raw state, exclusive of bone, the weights specified in the table. If meat is issued with bone, an additional 4 oz. per pound should be allowed.
5. Each hopper should weigh 2 oz.
6. Medical officers may, in exceptional cases, diet patients on extras alone.
7. Rice conjee is prepared by natives; if any other kind is required it can be ordered as an extra.

TIME-TABLE for Native Patients.

Spoon.	Milk.	Coffee.	Half.	Full.
Early breakfast 6 or 6-30 a.m.				
Rice conjee pt. 1	....	....	....	....
First meal, 10-30 or 11 a.m.				
Rice conjee pt. 1	Milk .. .. pt. 1 Bread or rice .. oz. 6 Sugar .. .. ,, 2	Bread .. .. oz. 6 Sugar .. .. ,, 2 Rice conjee .. pt. 1	Rice .. .. oz. 6 Mutton .. ,, 2 Vegetable .. ,, 1 Butter milk .. pt. ½	Rice .. oz. 10 Mutton or .. ,, 3 Vegetable and ,, 4 Dhall .. ,, 1 Butter milk .. pt. ½

(a) Time Table for native patiens—*cont.*

Night meal, 5-30 or 6 P.M.

Spoon.	Milk.	Coffee.	Half.	Full.
Rice conjee pt. 1	Milk .. .. pt. ½ Rice or bread .. oz. 6	Coffee .. .. pt. 1 Bread .. .. oz. 6	Rice .. .. oz. 6 Mutton .. ,, 2 Vegetable .. ,, 1 Pepper-water.. pt. ½	Rice .. oz. 10 Mutton .. ,, 3 Fish or .. ,, 4 Pepper-water .. pt. ½

Note.—The water used for boiling rice should have a little salt added to it from the diet and be served out in half pints to those patients getting rice.

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(3) For Europeans and Eurasians detained on suspicion, the "Half," "Mixed" or "Full" diets from scale (1).

(4) Natives detained on suspicion and (5) attendants on (1) and (2):—

Full.

Mutton for curry	oz. 8
Rice *	,, 8
Curry-powder	,, ½
Country vegetables	,, 4
Hoppers †	no. 6
Bread	oz. 8
Butter or ghee	,, 1
Salt	,, 1

* Or rice 1 lb. omitting the bread.
† Hoppers to weigh 2 oz. when cooked.

TIME-TABLE/

*Put type as at (a) above/

1-/

FULL.

Early morning meal.

Hoppers ..	no. 6
Butter or ghee ..	oz. ½

Midday meal.

Mutton for curry	oz. 8
Vegetables	,, 4
Rice	,, 8

Evening meal.

Bread	oz. 8
Butter or ghee	,, ½

Composition of Curry-powder./

Put type as at (a) above/

	Native.	European.
Chillies	lb. 3	lb. 1
Black pepper	oz. 10	,, ½
Coriander	lb. 6	,, 8
Turmeric	oz. 10	,, 2
Cummin seed	,, 10	,, 1
Mustard	,, 10	,, ½
Vendium	,, 10	,, ¾
Garlic	,, 3	..
Dry ginger	..	lb. ½
Poppy seeds	..	,, ½

Ingredients for Pepper-water, 1 pint./

D°

Chillies	oz. ¼
Pepper	,, ¼
Garlic	drs. 20
Tamarind	oz. ½
Salt	drs. ½

LIST OF EXTRAS.

Almonds.*
Apples.*
Appums.
Arrowroot blanc mange.
  Do. conjee.
  Do. jelly.
Barley.
Barley-water.
Beef juice.
Beef tea.
Beef jugged.
Biscuits.*
Blanc mange.
Bran-biscuits.
Bread.
Bread-pudding.
Butter.
Buttermilk.
Chicken boiled.*
  Do. broth.
  Do. curry.
  Do. cutlets.*
  Do. fricassee.*
  Do. grilled.*
  Do. jelly.*
  Do. Kusu. ? kusee
  Do. pepper-water.
  Do. stew.*
Cocoa.*
Coffee with milk.
Cornflour blanc mange.*
  Do. conjee.
  Do. pudding.*
Curry-powder.
Custard.*
Dhall.
Eggs.
Eggs, fried.*
  Do. omelette.*
  Do. poached.
Essence of beef, Brand's.
Extract of beef, Liebeg's.
Fish.
  Do. boiled.
  Do. fried.
  Do. moli.
Fruit, stewed.*
Ghee.
Ginger tea.
Grapes.*
Ice.
Lemonade.
Lime-juice.
Lime-pudding.*
Limes.
Linseed tea.
Mangoes.
Milk.
Mutton broth.
  Do. chops.
  Do. do. boiled.
  Do. curry.
  Do. cutlets.
  Do. fat.
  Do. fried.
  Do. minced.
  Do. pepper-water.
  Do. stew.
Oatmeal porridge.*
Oranges.
Peas.*
Pepper.
Pepper-water.
Pigeon roast.*
  Do. stew.*
Plantains.
Plums.*
Pomegranate.
Potatoes.
Potatoe cutlets.* oe/ /oe/
Rabbit.
Rice.
Rice conjee-water.
  Do. pudding.
Sago conjee.
  Do. jelly.
  Do. pudding.
Scotch broth, beef.
Sheep-trotter jelly.
  Do. stew.
Soda-water.
Soojee conjee.
  Do. jelly.
  Do. pudding.
Spice powder.
Sugar.
Tapioca conjee.
  Do. pudding.*
Tea with milk.
Teal roast.*
Tyre.
Vegetable, country.
  Do. curry, Europe.
  Do. Europe.*
Vermicelli pudding.
Wheat cakes.

Wines and Stimulants.

Arrack.
Beer.*
Brandy.
Burgandy.*
Claret.*
Constantia.*
Frontignæ.*
Gin (old tom).
Porter.*
Portwine.
Sherry.*
Whiskey.*
Champagne.

Note.—The extras with asterisks are only for Europeans and Eurasians.

DIET SHEET of *Hospital.*
Month of 189 .

Occupation	Religion	Disease	
Admitted		Discharged	189 .
Age	Years		

Date.	Diet.	Extras.							Initials of Surgeon.
1									
2									
3									
4									
5									
6									
7									
8									
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10									
11									
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21									
22									
23									
24									
25									
26									
27									
28									
29									
30									
81									

PROCEEDINGS—No. , dated March 1899.

The scales of diet for plague patients and others will be printed and communicated to all Collectors and District Medical and Sanitary Officers for information and guidance.

Personal Assistant,
for Plague Commissioner.

To all Collectors (A, F, G. H.).
" the Surgeon-General.
" the Sanitary Commissioner.
" the President, Municipal Commission, Madras.

Exd. P. Seetharam.

Plague

PLAGUE COMMISSIONER'S OFFICE.

(1899)

CURRENT No. 3427

Progs. 981/53 & 4 884 – 85 [illegible]
~~Letter~~
Ref.

Press instructions are given on the docket sheet. AHS

The scales of diet for plague patients and others will be printed and communicated to all Collectors and District medical and Sanitary Officers for information & guidance.

Ling 21/3

24/3

X) Show in print before sending out 24/3

From

Surgeon Genl. C. Sibthorpe, C.B., F.R.C.P.I., Surgeon General with the Govt. of Madras.

No. 18/20

Dated 18th March

P.C.
21 MAR 1899

Received

Registered

Enclosures 8 7. C. No 408, 1037, 1100, 2214 & 2541 retd

Spare copies

SUBJECT.

Returning all the enclosures sent with Ref. on C. No. 2541 dated 1st March 1899 and attaching minimum scale of diet as required—

Despd 18/4/99

To

All Collectors (A. 7. G. H)

The Surgeon-General

Sanitary Commissioner

President, Munl. Commn., Madras.

BACK PAPERS.

No.	Date.

FURTHER PAPERS.

No.	Date.

Plague

C No 3429

[No. 4]

No. 18/20

OFFICE OF SURGEON-GENERAL
WITH THE GOVERNMENT OF MADRAS,
Camp, Ootacamund ~~Madras~~, the 18th March 1899.

10P

Sec 10½

From

C.B.,
SURGEON-~~MAJOR~~-GENERAL C. SIBTHORPE, F.R.C.P.I.
SURGEON-GENERAL WITH THE
GOVERNMENT OF MADRAS,

To

THE Plague Commissioner,
Madras.

SIR,

With reference to your Reference on Current No. 2541 dated 1st March 1899, I have the honor to return all the enclosures sent therewith and to attach minimum scales of diet as required by you.

2. I have also attached a list of extras and a form for diet sheets.

I have the honor to be,
Sir,
Your most obedient servant,

C. Sibthorpe

Surgeon-General,
Surgeon-General with the Government
of Madras.

(1) Minimum diet Scale for European and Eurasian Plague patients.

Enclosure No. 2 to Letter No. 8/2d 18/3/99

Spoon		Milk		Half		Mixed		Full	
Arrow root	1 oz.	Bread	12 oz	Mutton or Chicken	10 oz.	Mutton	8 oz.	Mutton	12 oz.
Sugar	1 "	Hoppers	2 No.	Bread	16 oz.	Bread	12 oz.	Bread	1 lb.
Tea	½ "	Milk	2 pts.	Hoppers	2 No.	Rice	8 oz.	Hoppers	2 No.
or		Butter	1 oz.	Butter	1 oz	Hoppers	6 No.	Butter	1 oz.
Coffee	1 "	Tea or	½ "	Potatoes	8 "	Butter	1 oz	Potatoes	8 "
Sugar	1 "	Coffee	1 "	Salt	¾ "	Country vegetable	6 "	Country vegetable	8 "
Milk	4 "	Sugar	1 "	Ghee	1 "	Curry-powder	½ "	Salt	¾ "
		Milk	4 "	Tea	½ "	Tamarind	½ "	Ghee	1 "
				or Coffee	1 "	Salt	¾ "	Tea	½ "
				Sugar	1 "	Ghee	1 "	or Coffee	1 "
				Milk	4 "	Tea	½ "	Sugar	1 "
				If "Half boiled"		or Coffee	1 "	Milk	4 "
				Onions	1 oz.	Sugar	1 "	If "Full boiled"	
				Barley	½ "	Milk	4 "	Onions	1 oz.
				Flour	½ "			Barley	½ "
				And omit ghee				Flour	½ "
				If Stewed				and omit ghee.	
				Pepper	30 grs				
				Onions	1 oz.				
				Flour	½ "				
				Mint and Parsley	30 grns				

10½

Notes

(1) Continued

Notes.- 1. The meat in the "Half" diet may be chops, cutlets, grilled, stewed, minced, or boiled; in "Full", roasted, grilled, or boiled only.

2. Extras may be ordered on all diets except "Full" and "mixed". But stimulants and eggs may be given with any diet.

3. The meat in the various diets should weigh in its raw state, exclusive of bone, the amount specified in the diets. If meat is issued with bone, 4 oz per lb should be allowed.

4. Each Hopper should weigh 2 oz.

5. Medical Officers may, in exceptional cases, diet patients on extras alone.

2/3427

(1) (Contd). Time table of diets for European patients.

Spoon		Milk		Half		Mixed		Full	
Early morning breakfast, 6 or 6-30 a. m.									
Tea or Coffee	1 pt.	Hoppers Tea or Coffee	2 No. 1 pt.	Hoppers Tea or Coffee	2 No. 1 pt.	Hoppers Tea or Coffee	2 No. 1 pt.	Hoppers Tea or Coffee	2 No. 1 pt.
Breakfast, 9-30 or 10 a. m.									
Arrow root Conjee	1 pt.	Milk Bread Butter	1 pt. 8 oz. 1 "	Bread Butter Mutton or Chicken Potatoes	12 oz. 1 oz. 5 " 4 "	Hoppers Bread Butter Mutton Chops	4 No. 8 oz. 1 oz. 4 oz.	Bread Mutton Potatoes Vegetable	12 oz. 6 " 4 " 4 "
Dinner 2 P. M.									
Arrow root Conjee	1 pt.	Milk	1 pt.	Mutton or Chicken Potatoes	5 oz. 4 oz.	Rice Mutton Vegetable	8 oz. 4 " 6 "	Mutton Potatoes Vegetable	6 oz. 4 " 4 "
Supper, 5-30 or 6 P. M.									
Tea or Coffee	1 pt.	Bread Tea or Coffee	4 oz. 1 pt.	Bread Tea or Coffee	4 oz. 1 pt.	Bread Tea or Coffee	4 oz. 1 pt.	Bread Tea or Coffee	4 oz. 1 pt.

2

(2) Minimum diet scale for Native plague patients.

Enclosure No. 3 to Letter No. 18/20 18/3/99

Spoon		Milk		Coffee		Half		Full	
Rice	6 oz.	Bread or rice	12 oz.	Bread	12 oz.	Rice	12 oz.	Rice	20 oz.
Salt	180 grs.	Milk	1/2 pt.	Coffee	1 pt.	Mutton	4 oz.	Buttermilk	1/2 pt.
		Sugar	2 oz.	Sugar	1 oz.	Ghee	1/2 oz.	Pepper-water	1/2 "
				Milk	4 "	Curry-powder	1/4 "	Mutton or	6 oz.
		For congee		Hoppers	2 No.	Tamarind	3/8 "	Fish	4 oz.
		Rice	2 oz.	Sugar	2 oz.	Vegetable	2 "	Dhall	1 oz.
		Salt	60 grs.			Salt	1/2 "	Vegetable	4 oz.
				For congee		Coffee	1/2 pt.	Curry-powder	1/2 o
				Rice	2 oz.	Sugar	1/2 oz.	Tamarind	1/2 o
				Salt	60 grs.	Milk	2 "	Gingelly oil	1 oz
						Hoppers	2 No.	Salt	3/4 o
						Buttermilk	1/2 pt.	Hoppers	2 N
						Pepper-water	1/2 pt.	Coffee	1/2 p
								Sugar	1/2 o
								Milk	2 o

Notes.

(2) Continued.

Notes- 1. On half-diet mutton is given every day; on full diet it is given one day, vegetables, dhall and fish the next day.

2. Extras may be ordered on all diets except full. Both Stimulants and eggs may be given with any diet.

3. Arrack is the only stimulant allowed for natives, except under special circumstances (G.O. No. 1 dated 1st January 1889)

4. The meat in the various diets should weigh in the raw state, exclusive of bone, the weights specified in the table. If meat is issued with bone, an additional 4 oz. per pound should be allowed.

5. Each hopper should weigh 2 oz.

6. Medical Officers may in exceptional cases, diet patients on extras alone.

7. Rice Conjee is preferred by natives; if any other kind is required it can be ordered as an extra.

(2) Continued. Diet table for native patients

Spoon	Milk	Coffee	Half	Full
Early Breakfast, 6 or 6-30 a.m.				
Rice Congee 1 pt.				
First meal, 10-30 or 11 a.m.				
Rice Congee 1 pt.	Milk 1 pt. Bread or rice 6 oz Sugar 2 "	Bread 6 oz. Sugar 2 oz Rice Congee 1 pt.	Rice 6 oz. Mutton 2 " Vegetable 1 " Butter milk ½ pt.	Rice 10 oz. Mutton or 3 " Vegetable and 4 " Dhall 1 " Butter milk ½ pt.
Night meal, 5-30 or 6 p.m.				
Rice Congee 1 pt.	Milk ½ pt. Rice or bread 6 oz.	Coffee 1 pt. Bread 6 oz.	Rice 6 oz. Mutton 2 oz. Vegetable 1 oz. Pepper-water ½ pt.	Rice 10 oz. Mutton or 3 oz. Fish 4 " Pepper water ½ pt.

Note. The water used for boiling rice should have a little salt added to it from the diet and be served out in half pints to those patients getting rice

(3) For Europeans and Eurasians detained on suspicion, the "Half" "mixed" or "Full" diets from scale (1).

(4) Natives detained on suspicion and (5) attendants on (1) and (2).

Enclosure No. 6 to Letter No. 8/2d | 18/3/99

Full	
Mutton for curry	8 oz.
Rice*	8 "
Curry powder	½ "
Country vegetables	4 "
Hoppers†	6 No.
Bread	8 oz.
Butter or ghee	1 "
Salt	1 "

* Or Rice 1 lb omitting the bread

† Hoppers to weigh 2 oz. when cooked

Time table.

Full	
Early morning meal	
Hoppers	6 No.
Butter or ghee	½ oz.
Mid-day meal	
Mutton for curry	8 oz.
Vegetables	4 oz.
Rice	8 oz.
Evening meal	
Bread	8 oz.
Butter or ghee	½ oz.

Enclosure No. 5 to Letter No. 8/22d | 18/3/99

Composition of Curry-powder

	Native	European
Chillies	lb 3 —	lb 1
Black pepper	oz 10 —	" 1/2
Coriander	lb 6 —	" 8
Turmeric	oz 10 —	" 2
Cummin-seed	" 10 —	" 1
Mustard	" 10 —	" 1/2
Vendium	10 —	" 3/4
Garlic	3 —	
Dry ginger	—	lb 1/2
Poppy seeds	—	" 1/2

Ingredients for

Pepperwater 1 pint

Chillies	oz 1/4
Pepper	oz 1/4
Garlic	drs 20
Tamarind	oz 1/2
Salt	drs 1/2

6/7427

List of Extras.

Almonds *
Apples *
Appums
Arrowroot blanc mange
D° Conjee
D° Jelly
Barley
Barley-water
Beef juice
Beef tea
Beef jugged
Biscuits *
Blanc mange
Bran-biscuits
Bread
Bread-pudding
Butter
Butter-milk
Chicken boiled *
D° broth
D° curry
D° cutlets *
D° fricasee *
D° grilled *
D° jelly *
D° Kuea *
D° pepper-water
D° Stew *
Cocoa *
Coffee with milk
Cornflour blanc mange *
D° Conjee
D° pudding *
Curry powder
Custard *
Dhall
Eggs
Eggs fried *
D° omelette *
D° poached
Essence of beef Brand's

Extract of beef Liebegs
Fish
D° boiled
D° fried
D° moli
Fruit Stewed *
Ghee
Ginger tea
Grapes *
Ice
Lemonade
Lime-juice
Lime pudding *
Limes
Linseed tea
Mangoes
Milk
Mutton broth
D° Chops
D° D° boiled
D° Curry
D° cutlets
D° fat
D° fried
D° minced
D° pepper-water
D° Stew
Oatmeal porridge *
Oranges
P[illegible] *
Pepper
Pepper-water
Pigeon roast *
Pigeon Stew *
Plantains
Plums *
Pomegranate
Potatoes
Potatoe cutlets *
Rabbit

P.T.O.

List of Extras, continued

Enclosure No. 6 to Letter No. 18/20 | 18/3/99

Rice
Do. Conjee-water
Do. pudding
Sago conjee
Do. jelly
Do. pudding
Scotch broth, beef
Sheep-trotter jelly
Do. Stew
Soda-water
Soojee conjee
Do. jelly
Do. pudding
Spice powder
Sugar
Tapioca conjee
Do. pudding *
Tea with milk
Veal roast *
Tyre
Vegetable country
Do. curry, Europe

Vegetable Europe *
Vermicelli pudding
Wheat cakes

Wines and Stimulants

Arrack
Beer *
Brandy
Burgundy *
Claret *
Constantia *
Frontignac *
Gin (old tom)
Porter *
Portwine
Sherry *
Whiskey *
Champagne

Note - The extras with asterisks are only for Europeans and Eurasians.

Enclosure No. 7 to Letter No. 18/20d | 18/3/99

Hospital

Diet sheet of month of 189

Occupation Religion Disease

Admitted Discharged

Age years 189

Date	Diet	Extras							Initials of Surgeon
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									
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24									
25									
26									
27									
28									
29									
30									
31									

Plague Commissioner's Office,
FORT ST. GEORGE,
Dated 189 .

From
L. E. BUCKLEY, Esq., I.C.S.,
PLAGUE COMMISSIONER,

Ref on ccus 2692

To

D/ 30/12

(Abstract see docket sheet)

Fyl No P–

SIR,

I h. t. h. to request you to report the cost of dieting at the camps in your district.

29/12 LB

To Bellary ✓
Anantapur ✓
Salem ✓

Read-again the following papers:-
R O C No 2692 B 29-12-98
abstract - Requesting the collectors of Bellary, Anantapur & Salem to report the cost of dieting at plague detention camps

---

Recd 2/1/99 R O C No. 2692 B 29-12-98 - Reply to the above reference

Progs 1003.A
2772-98

C.N. 408

Plague

OFFICE OF SURGEON-GENERAL WITH GOVT. OF MADRAS
2- MAR. 1899

From

The Collector of Bellary

Enclosure No. 1 **to Letter No.** 8/Rd/19/3/99

(File)

P. C.
11 JAN. 1899

B. Leading

To

The Plague Commissioner
Madras

C.M. Dis No 61/8.1.99

Cost of dieting at the Camps

Reporting the —— in this district

Plague

Dis: No. 61

BELLARY COLLECTOR'S OFFICE.

Dated 8th January 1899.

FROM

E. A. Elwin Esquire

acting COLLECTOR OF
BELLARY.

P. C.
11 JAN 1899

P. C.
11 JAN 1899

To

THE Plague Commissioner
Madras.

SIR,

I have the honour to reply to your letter R. C. No 2692 / 29.12.98 as follows:—

S. P.

Hospet inspection station.

Native passengers are allowed 2 annas a day each, as a rule. If travelling in gangs, the allowance is 1 anna 6 pies per head. European and Eurasian passengers are allowed from 4 annas to 8 annas a day each. The dieting of the sick is in ac[illegible]ance with requirements.

Tungabhadra insp[illegible]

N[illegible] passengers are allowed 3 annas a day each, and no distinction is made whether they are travelling in gangs or not: This is the rate adopted by the medical officer without reference to me, and though it is perhaps a little high I have not interfered with it as the passengers who pass through the station are mostly well-to-do and but few of those detained are fed at the public expense. Europeans and Eurasians are allowed about 8 annas a day each. The dieting of the sick is in accordance with requirements.

Road Frontier Inspection Stations.

Passengers in ordinary health are allowed 1 anna 6 pies a day each, those in poor or bad health up to 3 annas a day each. As these stations are in charge of subordinates, no deviation from these rates is allowed.

Children. The rate everywhere is half that of an adult.

I have the honour to be
Sir
Your most obedient servant

Collector

(12)
7.1.99

2nd R on 21-1-99

Ref. our No 2692 d/ 29.12.98.
(Cost of dieting at plague camps)

Memorandum

The undersigned requests the favour of an early reply to the communication noted on the margin.

12/1/99
for P.C

To
The Collector of ~~Anantapur~~ Salem

D.H.S
12/1/99

Desp.d 12/1/99

PLAGUE COMMISSIONER'S OFFICE.

(1899)

P. C.
25 JAN. 1899

CURRENT No. 1037

Accounts

Progs.
Letter
Ref.

From The Collector of Anantapur

Report No. 67/P

Dated 23d January 1899

Received 25-1-1899

Registered 25-1-1899

Enclosures 8 2

Spare copies

SUBJECT.

Forwarding statemen of dieting charges in Hindupur & Guntak Govt. Camps.

BACK PAPERS.

No.	Date.

FURTHER PAPERS.

No.	Date.

C.A. 1037

Ref on C No. 67
P.

ANANTAPUR COLLECTOR'S OFFICE,
Dated 23rd January 1899.

FROM

Bannatyne Macleod Esq., M.A. Bar at Law
COLLECTOR OF
Anantapur,

TO

THE Plague Commissioner
Madras

SIR,

Enclosures.

With reference to your Ref on C No. 2692 dated 29th December 98 I have the honour to forward a statement showing the Cost of detaining at Hindupur & Guntakal Camps in this District

I have the honour to be
Sir
Your most obedt Servt
M Macleod
Collector

AB

REVENUE DEPARTMENT.

FROM

THE COLLECTOR OF

Anantapur,

TO

THE

Dated
Despatched } 189 .
Received

No.

ENCLOSURES.

SUBJECT.

Guntakal

Patients' Diet

Full diet

Rice	0·1·4
Curry Powder	0·0·2
Tamarind	0·0·1
Salt	0·0·1/2
Dhall	0·0·1
Vegetable	0-0-2
Mutton	0·0·9½
Gingelly oil	0·0·3
Onions	0-0·3/4
	0·3-0

If bread is given the diet costs 0-3-3

Military diet

Bread		Rice	
Bread	0-1-6	Rice	0-0-9
Milk	0·3-4	Milk	0-3-4
Sugar	0-0-6	Sugar	0-0-6
	0·5-4		0-4-7

Half diet

Rice	0-0-9
Mutton	0-0-6
Curry powder	0-0-1
Tamarind	0-0-1/2
Salt	0-0-1/4
Vegetable	0-0-1
Gingelly oil	0-0-1½
Onions	0-0-3/8
Dhall	0-0-1
	0-1-9

P.T.O

1/1037

Mutton Broth

Mutton with Bone:	0—1—6
Onions	0—0—3/16
Pepper	0—0—3/4
Salt	0—0—1 1/4
Water	0—0—1
Total	0—1—9

Attendants diet

Rice	0—1—4
Curry powder	0—0—2
Tamarind	0—0—1
Salt	0—0—1/2
Dhall	0—0—4
Vegetables	0—0—1
Gingelly oil	0—0—3
Onions	0—0—3/4
Total	0—2—4

If bread also is given the diet costs 0—2—7

Servants diet

Rice	0—2—2
Curry powder	0—0—4
Tamarind	0—0—1
Salt	0—0—1/2
Dhall	0—0—4
Gingelly oil	0—0—3
Mutton	0—0—2
	0—3—5

Hindupur

Each diet cost 3 annas. Particulars not received from the Senior Assist. Surgeon Hindupur

Macleod

Collector

PLAGUE COMMISSIONER'S OFFICE.

(1899)

CURRENT No. 1100

P. C.
26 JAN. 1899

6 [illegible]

Progs.
Letter
Ref. in Cur 1100/99

The Coll. of Salem is requested to expedite the further report promised in paras 4 & 5 of his letter No 194 Plague d/ 24-1-99

Lucy
for P.C.
6/2/99

1
~~Spl. Cotay~~ & other file
Lucy
6/2
Despatched 6/2/99
J.L.

From The Collector of Salem

No. 194.
Plague

Dated 24 Jany. 1899
Received 26-1-1899
Registered 26-1-1899
Enclosures
Spare copies

SUBJECT.

To
The Collector of Salem (P & Ref)

Reporting the cost of dieting in plague cases in the district

BACK PAPERS.

No.	Date.

FURTHER PAPERS.

No.	Date.

C N 1100

SALEM COLLECTOR'S OFFICE,
24th January 1899.
24-1-99

No. 194/Plague

FROM

Robert B. Clegg ESQ., I.C.S.
Acting COLLECTOR AND DISTRICT MAGISTRATE,
Salem,

TO

THE ~~SECRETARY TO THE~~ Plague COMMISSIONER,
Madras.

SIR,

In reply to your letter No 2692 dated 29th ultimo and reminders thereon I have the honor to state that the Medical officer Jalarpet reports that the cost of dieting per head per diem is about 2 annas excluding firewood, that the exact cost per head could not be fixed, as prices fluctuate and that it generally ranges between two and two and a half annas. He has not reported the scale ~~the scale reported~~ adopted for natives, Europeans etc,

2. For some time, persons detained in the camp were being supplied with ration by a contractor to the value of 1½ annas per meal or 3 annas a day for adult

and 9 pies per meal for children; and food was cooked and served by camp Servants in the case of those who were unable to do it themselves. Those who objected to utilize the Services of camp Servants, and were unable to cook, were paid money doles to the amount of 3 annas a day and victuals procured for them from a hotel close by. The System of supplies by the contractor was found to work unsatisfactorily for obvious reasons and discontinued.

3. At present the provisions are purchased in the market by the Camp Store Keeper and issued according to a fixed scale for adults and children for each meal and they are cooked and distributed under his supervision. Brahmin and Sudra Cooks are engaged for this purpose. The cost of dieting in this way is as above reported varies from 2 to 2½ annas. The system of payment by money doles is no longer in force. The patients in the hospital have special diet prescribed by the doctor.

4. The Medical officer has proposed a revised scale of dieting for persons detained in the suspect camp and it will be referred to you in due course.

5. The Sub. Collector has been asked to report the cost of dieting in the frontier stations and his reply is awaited.

I have the honor to be,
Sir,
Your most obedient Servant,

for acting Collector.

+DM

Cdy
Dspd

C. Nos 2692/98, 408, 10..
1100 999

Note for the P. B.

The following Statement has been compiled from the replies to Reference No 2692 d/ 29-12-98. on the Subject of dieting changes at inspection Stations.

	Inspection Station	Natives		Europeans & Eurasians		Remarks.
		Healthy	Sick	Healthy	Sick	
Bellary Dt	Hospet	2 as. a day. (1½ as in the case of wandering gangs)	According to requirements	4 to 8 as a day	According to requirements	Children half rate.
	Tungabhadra	3 as a day	do.	About 8 as a day	do.	do.
	Road frontier Inspn. Stns	1½ as.	3 as	-	-	do.
Anantapur Dt	Guntakal	2 as 4 ps to 3 as 6 ps	3 to 3¼ as.			(not very clear). The Coll: also gives what he calls military diet 0-5-4 or 0-4-7 & half diet - 0-1-9
	Hindupur	3 annas				
Salem Dt	Jalarpet	2 to 2½ as.				

In Hospet & Tungabhadra, the batta is paid to those detained. At ~~Guntakal~~ Jalarpet, provisions are purchased by the Govt. storekeeper & distributed according to a fixed scale. The Coll. of Salem promises a further* report regarding frontier Inspn. stations & states that the Medical Officer Jalarpet is revising the present scale.

* An incomplete report has since been received. vide C.No 2214. The papers may be sent to the S.G. for opinion as to the diet to be prescribed for
(1) patients
(2) people detained in camps
or the daily allowance to be given to them in lieu of rations.
22/2

Seen
6/2/99

Dr. Anything Secy?
2 as. a day for healthy
natives seems
excessive

4/2/99

PLAGUE COMMISSIONER'S OFFICE.

(1899)

CURRENT No. 2214.

Progs.
Letter
Ref.

From The Ag Collector
Salem

Ref No. 26/P.C

Dated 17th February 1899

Received

P. C.
19 FEB. 1899

Registered

Enclosures Two

Spare copies

SUBJECT.

Submitting report regarding the Scale of diet for use at the Jalarpet Camp, & stating that the scale in the Sub Dn will be submitted on receipt of report from the Sub Collr

BACK PAPERS.

No.	Date.

FURTHER PAPERS.

No.	Date.

Revised scale of diet.

Spoon	Milk	Low	Full.
Sago 4 oz Sugar 2 - Milk 6 - Rice for Congee water 20 oz Salt 1/8 oz	Rice 14 oz Milk 36 oz Sugar 2 oz Salt 1/8 oz	Rice 14 oz Mutton 4 oz Dholl 2 oz Ghee 1 oz onions 1 oz Salt 1/2 oz	Rice 12 oz Mutton 6 oz Dholl 2 oz Raggi 12 oz Hopper 8 oz Ghee 1 oz Vegetables 4 oz Curry powder 1 oz Salt 1/2 oz Tamarind 1/2 oz
	Breakfast.		
Sago 1 oz Sugar 1 "	Rice 4 oz Milk 10 " Sugar 1/2 "	Rice 4 oz Ghee 1/2 oz	Hoppers 8 oz. Ghee 1/2 oz
		Dinner	
Sago 2 oz Sugar 1 oz Milk 6 oz	Rice 8 oz Milk 16 oz Sugar 1 oz	Rice 6 oz Mutton 4 oz Salt 1/4 oz	Rice 12 oz Mutton 6 oz Vegetables 4 " Curry powder 1/2 " Salt 1/4 " Tamarind 1/4 "
	Supper		
Sago 1 oz Sugar 1/2 oz	Rice 2 oz Milk 10 oz	Rice 4 oz Ghee 1/2 oz Salt 1/4 oz	Ragi 12 oz Ghee 1/2 oz Curry powder 1/2 " Salt 1/4 " Tamarind 1/4 "

N.B. Spoon diet. When Sago Congee is not given Rice Congee can be used with Salt or Sugar.

Milk diet Salt can be substituted for Sugar

Low diet onions can also be given if necessary.

Low and Full diet. The mutton should be without bones and given three times a week on other days or when mutton is not procurable 2 oz of Dholl may be substituted.

For Collector

1/2214 of 1899

Jalarpet Plague inspection Station

Ref 438/J.P.C of 98. dated 1st January 1899.

From
Captain E. M. Illington I.M.S.
Medical officer in charge
of Plague Inspection Station
Jalarpet

To —
The Collector of Salem.

Sir.

In enclosing herein a copy of the Scale of diet adopted in the Hospitals and Dispensaries in this District, I have the honor to state that the milk diet has been adopted for plague cases in the Hospital Camp and request that some diet such as the Full diet can be adopted for the patients in the observation Camp.

2. I would recommend the omission of mutton and add 2 ounces of Dholl instead, thus giving 4 ozs of Dholl for the diet. I would also suggest giving

giving full diet to those over 12, half the full diet to those between 7 and 12, quarter the full diet for those under 7. Instead of curry-powder being given, Chillies, Coreander etc might be substituted. Ghee and Hopper are not being given at present to detained passengers. If the full diet is not approved of, Could you kindly ~~kindly~~ obtain from other similar Camps as the one here, the diet given to people under observation, as I think, it would be more satisfactory to have some fixed scale of diet. The passengers at present get two meals a day and I think this should be continued unaltered, as it would be inconvenient to cook for them thrice a day.

I have etc
(Signed) E. M. Illington
Captn I.M.S.
Chief Medical Officer

(True copy)

for Ag Collector

2/2214 of 1899

---

a No 2214

SALEM COLLECTOR'S OFFICE,
17th February 1899.

Ref No. 26/P.C

FROM
Robert B. Clegg Esq., I.C.S.
Ag COLLECTOR AND DISTRICT MAGISTRATE,
Salem,

TO
THE ~~SECRETARY TO THE~~ Plague COMMISSIONER ~~OF~~ Fort St George
Madras.

SIR,

In Continuation of para 4 of my letter No 194 dated 24th ultimo, I have the honor to forward herewith copy of letter from the Medical officer Jalarpet with its enclosure regarding the scale of diet for use at the Jalarpet Camp. He proposes the milk diet for plague patients and the full diet for persons detained at the Suspect Camp. I have consulted the District Medical and Sanitary Officer. The Medical officer's proposals may be adopted subject to the following modifications.

(1) Breakfast may be omitted for persons

persons detained at the Suspect Camp, two meals being allowed each day.

(2) Ghee, peppers and mutton may be omitted, the last being replaced by an additional 2 oz of Dholl.

(3) Discretion should be allowed to the medical officer to vary the diet for plague patients and in special cases that of persons detained for observation.

The scale as revised will be as follows and I recommend that its adoption may be sanctioned. The cost of two meals for an adult at the Suspect Camp is estimated at 2 annas but this is liable to fluctuation with reference to prices.

Milk diet for plague patients.	Full diet for persons detained for observation or disinfection	Remarks.
Breakfast	Dinner	Milk Diet
Rice 4 oz	Rice 12, oz	Salt can be substituted for Sugar
Milk 10, oz	Dholl 2, oz	~~Full diet~~ full diet for those over 12, half the full diet for those between 7 & 12 and quarter the full diet for those under 7 years of age.
Sugar ½ oz.	Vegetables 4, oz.	
Dinner	Chillies, Coriander etc ½ oz	
Rice 8, oz	Salt ¼ oz	
Milk 16, oz	Tamarind ¼ oz.	
Sugar 1, oz.	Supper	N.B. Only the most indigent persons should be fed at the expense of the State.
Supper	Ragi 12, oz	
Rice 2, oz	Dholl 2 oz	
Milk 10, oz.	Chillies, Coriander etc ½	
Sugar ½ oz.	Salt ¼ oz	
	Tamarind ¼ oz.	

The Sub-Collector's report as to the scale in force in the Sub Division has not yet been received; but as a reminder has been received from your office, I submit this partial reply before hearing from him.

I have the honor to be
Sir
Your most obedient Servant
for Ag Collector.

Copied by

Statement showing the cost of dieting

PLAGUE COMMISSIONER'S OFFICE.

(1899)

CURRENT No. 2541

Progs.
Letter
Ref.

From The Collector
Salem

No. $\frac{452}{P}$

Inclusive this letter

Dated 27-2-99.

Received P. C. 28 FEB 1899

Registered 28-2-99

Enclosures

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SUBJECT.

Regarding the scale of diet at the frontier inspection station and stating that the scale as may be decided upon for the Jalarpet camp may be introduced at other plague camps.

BACK PAPERS.

No.	Date.

FURTHER PAPERS.

No.	Date.

Statement shewing the cost of dieting charges at the Road Frontier Inspection Stations & Plague Camps Hosur Salem Dt.

Serial No.	Name of Station	Average cost of dieting of plague patients			Average cost of dieting persons under detention			Remarks
1	Kommanapalli	.	4	.	.	4	.	
2	Gummalapuram	.	.		.	.	.	None detained at government expense
3	Keppanur	.	.		.	.	.	
4	Kurubarapalli	.	.		.	3	9	No plague patients fed.
5	Bagalur	.	.		.	1	7	
6	Berikai	.	.	.	.	1	11	
7	Kothakondapalli	.	2	10½	.	.	.	
8	Zuzuwadi	.	4	7	.	2	2	
9	Royakota	.	.	.	.	.	.	
10	Hosur	.	4	11	.	.	.	
11	Mathigiri	.	3	.	.	2	.	
12	Shulagiri	.	1	3	.	2	1	

N. B. — There is no uniformity in the scale of diet allowed to plague patients and persons under observation as shewn above & the rate varies in each station and this is evidently due to the difference in the market value of articles of food provisions purchased. At present these is no fixed scale of diet for patients and persons kept under observation. To secure uniformity throughout it is requested that some standard scale may be fixed in consultation with the Dy. Medical & Sanitary Officer (1) for diet of patients & (2) for feeding charges for segregated people and communicated to the medical subordinates in charge of inspection stations and plague camps for information and future guidance.

(Sd) C. G. Spencer
4.2.99.

27-2-99 Ag Sub Collector

Endorsement No $\frac{452}{P}$ d/27.2.99

Submitted to the Plague Commissioner in continuation of this office letter No. $\frac{26}{P.C}$ dated 17th instant.

The same scale as may be decided upon for the Jalalpur camp may be introduced at other plague camps and inspection stations in this district.

R M Collins

Collector

2541 d/1.3.99

~~NOTE FOR THE~~

2 P

R/14/3/99.

Afon

Letter

To

The Surgeon-General

Sir,

I have the honour to forward the enclosed Correspondence (to be ~~kindly~~ returned) with the request that you will kindly prescribe ~~for favour~~ of the scale of diet that ~~your opinion as to the~~ should be followed to ~~diet to be prescribed~~ for ~~patients and other~~ people that may be detained at detention Camps or the daily allowance to be given to them in lieu of rations. It seems to me that anything exceeding 2as a day for healthy natives will be excessive.

I have &c

(1) European & Eurasian plague patients
(2) Native plague patients
(3) Europeans & Eurasians detained on suspicion at inspection Station
(4) Natives — do —
(5) attendants on ~~[illegible]~~ (1) & (2)
Where ~~diet~~ food is not supplied, I would not allow more than 2 annas a day for healthy natives.

L.
27/2/99

Corrected accordingly

1/3/99

Despd 1-3-99

ARS 27.2-99

PLAGUE COMMISSIONER'S OFFICE.

(1899)

CURRENT No. 3319

3 [illegible]

Progs.
Letter
Ref.

~~File~~ await reply

Lucy
20/3/99

Ans
20/3/99

From Surgeon General Carlthorp
C.B., F.R.C.P.S.
Surgeon-General
with the Govt. of Madras.

No. 242

Dated 17th March 99

Received 18-3-99

Registered 18-3-99

Enclosures

Spare copies

SUBJECT.

Stating that the Fair Copy regarding the scale of diets for patients &c has been sent to the Surgeon General for signature and will be sent as soon as received

BACK PAPERS.

No.	Date.

FURTHER PAPERS.

No.	Date.

E No 384

[No. 4]

Plague

OFFICE OF SURGEON-GENERAL
WITH THE GOVERNMENT OF MADRAS,

No. 242.

Madras, 17th March 1899.

From

SURGEON-~~MAJOR~~-GENERAL C. SIBTHORPE, C.B., F.R.C.P.I.,
SURGEON-GENERAL WITH THE
GOVERNMENT OF MADRAS,

To

THE Plague Commissioner
Madras.

(Reminder to Reference No 2541 dt 11-3-99)

SIR,

With reference to your reminder dated 15th Instant regarding the scale of diet for patients and others detained at inspection stations, I have the honor to state that the "fair" has been sent to the Surgeon General who is away on tour for signature.

2: It will be sent to you as soon as received.

I have the honor to be,
Sir,
Your most obedient Servant,

J. Donovan
Captain IMS
for Surgeon-General

irst copy sent to Press. 24. 3. 99

eturned for signature.

espatched in print.

Number of copies required. { Order complete. / Letter only. / Order complete with Letter.

[illegible] copies — 25
Spare do — 150

R.O.C
Read again No. 2692 dated 29. 12. 98 { P } — { Requesting the Collectors of Bellary, Anantapur and Salem to report the cost of ~~at~~ dieting at plague detention camps. }

14/4/99

do. Replies to the above reference. (Q)

do. R.O.C 2541 d/1. 3. 99. — A

ead also:
C. No 3427 — A

losures to C. No. 3427. 1 to 8 — A

Press.

Please send proof.
The paper will be numbered & dated after the receipt of proof.

H.S.
24.3.

t in full.
to be printed.
t abstract only.
t heading only.