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TAMIL NADU ARCHIVES

GOVERNMENT OF TAMIL NADU

JUDICIAL DEPARTMENT

G.O. No.	441	Press.
B.P. No.		Mis.
Dated	13.3.1868	-197

Not to be folded or roughly handled

N. J. m

141/1

*Proceedings of the Madras Government, Judicial Department,
13th March 1868.*

No. 142. Read the following letter from the Inspector General, Indian Medical Department, to the Chief Secretary to Government, Fort Saint George; dated Fort Saint George, 24th February 1868, No. 87.

I have the honor to forward, for the purpose of being printed, a set of Rules for the management of Lunatic Asylums, corrected agreeably to instructions contained in Proceedings of Government, No. 2042, of 11th December 1867.

No. 143. ORDER THEREON, 13th March 1868, No. 441.

Ordered that the Rules for the management of Lunatic Asylums, as corrected by the Inspector General, Medical Department, be printed for circulation, and published in the *Fort Saint George Gazette*.

(True Extract).

Secretary to Government.

To the Inspector General, Medical Department, with 50 copies of the Rules.
,, Inspector General of Jails, with 10 do.

Ed. J. Tulloch

Latard
Long-riced by weight computed to hold in 20 ounces by weight,
or carries, to be inclusive of bones.

Diet table for Native Sick

Full Diet

Reduced Diet

Spiced Diet

Adults. One pint of thick Congee, & one ounce of atchar. & half an ounce of atchar.
 Youths. Twelve ounces of thick Congee, & six drachms of atchar. Congee, & half an ounce of atchar.
 Children. Eight ounces of thick Congee, & four drachms of atchar. Congee, & one ounce of atchar.

Adults. Boiled rice 2 1/2 pints, curry half a pint.
 Youths. Boiled rice 1 1/2 pints, curry six ounces.
 Children. Boiled rice 1 1/2 pints, curry four ounces.

Adults. Boiled rice 1 1/2 pints, pepper water one pint.
 Youths. Boiled rice 1 1/2 pints, pepper water 12 ounces.
 Children. Boiled rice 1 1/2 pints, pepper water six ounces.

Explanations

The quantities of raw rice allowed under the different denominations of diet, are as follows:-

	Full Diet				Reduced Diet				Spiced Diet			
	Breakfast	Quinner	Supper	Total	Breakfast	Quinner	Supper	Total	Breakfast	Supper	Total	
Adults	4	12	8	24	4	8	6	18	4	6	10	
Youths	3	8	6	17	3	6	5 1/2	14 1/2	3	5 1/2	8 1/2	
Children	2	6	5 1/2	13 1/2	2	5 1/2	4 1/2	12 1/2	2	4 1/2	6 1/2	

Adults 15 years and upwards
 Youths from 8 to 15 years
 Children under 8 years.

Computation
 16 ounces to the pint
 8 ounces to the pound
 8 drachms to the ounce avoirdupois

Rotation of Diet
 Sunday } Meat Curry
 Tuesday }
 Friday }
 Monday } Vegetable Curry
 Wednesday }
 Saturday }

8 ounces of raw rice by weight computed to boil into 20 ounces dry by weight, and 28 ounces by measure, to be inclusive of bones.

Meal	Full Diet	Half Diet	Low Diet	Spoon or Spoon Diet	Milk Diet
Breakfast	Tea $\frac{1}{2}$ oz Bread 1 lb Butter 1 oz Sugar $\frac{1}{2}$ oz	Tea $\frac{1}{2}$ oz Bread 1 lb Butter $\frac{1}{2}$ oz Sugar $\frac{1}{2}$ oz	Tea $\frac{1}{2}$ oz Bread 8 oz Sugar $\frac{1}{2}$ oz	Tea $\frac{1}{2}$ oz Sugar $\frac{1}{2}$ oz	Tea $\frac{1}{2}$ oz Bread 1 lb Butter $\frac{1}{2}$ oz Sugar $\frac{1}{2}$ oz
Dinner	A pint of broth with barley, greens & onions, & 1 lb of meat, either mutton or beef.	A pint of broth with rice, barley, greens or onions, & 8 oz of mutton of good edible quality, or a pint of chicken soup, with vegetables as above, or a chicken or half a fowl, weighing when ready for being dressed, not less than 8 oz.	A pint of mutton or chicken or 4 oz of eggs, with $\frac{1}{2}$ of broth.	Bread 3 lb, to be made to panada or pudding, or a pint of rice and of sugar.	A pint of milk (new), or a pint of rice and milk with $\frac{1}{2}$ oz of sugar.
Supper	A pint of rice gruel, with $\frac{1}{2}$ oz of sugar, seasoned with ginger or nutmeg, and glassful of wine should, unless allowed him.	Ditto ditto	Ditto ditto	The same as at Breakfast	The same as at Dinner

N.B. In both these cases the meat from which the broth is prepared is given to the patient.

In specifying the quantity of each item of meat for the several kinds of diet, it is to be distinctly understood, that meat in a raw state is intended and not meat which has already been broiled. Articles composing the different kinds of Diet for a day. Avordupois Weight.

Full	Half	Low	Spoon	Milk	Note
Meat 1 lb, either Beef or Mutton Bread 1 lb Butter 1 ounce Milk 2 measures Sugar 1 1/2 ounces Rice 4 ounces for Gruel and Congee water. Salt 1/2 an ounce Onions 1 ounce Pepper 8 drachms Ginger 1/2 a drachm Nutmeg 1/2 a drachm Barley 1/2 an ounce Flour 1/2 an ounce Firewood 2 seers	Mutton 8 ounces of good and edible quality, or a fowl, or a chicken. Bread 1 lb Butter 1/2 an ounce Milk 2 measures Sugar 1 1/2 ounces Tea 1/2 an ounce Rice 4 ounces for Gruel & Congee water Salt 1/2 an ounce Onions 1 ounce Pepper 8 drachms Ginger 1/2 a drachm Nutmeg 1/2 a drachm Barley 1/2 an ounce Flour 1/2 an ounce Firewood 2 seers	Mutton 8 ounces for preparing broth, or a chicken for broth. Bread 8 ounces Milk 2 measures Sugar 1 ounce Tea 1/2 an ounce Rice 4 ounces for Gruel or Congee water. Salt 1/2 an ounce Onions 1 ounce Pepper 8 drachms Ginger 1/2 a drachm Nutmeg 1/2 a drachm Barley 1/2 an ounce Flour 1/2 an ounce Firewood 2 seers	Bread 8 ounces or panada, Sago. Sugar 12 ounces for Tea, Sago and panada. Tea 1/2 an ounce Milk 2 measures, for Tea and panada. Salt 1/2 an ounce Nutmeg 1/2 a drachm Rice 2 ounces for congee water. Firewood 2 seers.	Bread 1 lb Milk 2 pints and 2 measures for Tea Butter 1/2 an ounce Sugar 1 1/2 ounces Tea 1/2 an ounce Rice 6 ounces for Tea Milk & Congee water Salt 1/2 an ounce Firewood 2 seers.	The half of a fowl or chicken of the "half diet" is to weigh 8 ounces, exclusive of bones.

N^o 87

Office of Inspector General Ind^o Med^o Depart^o
Fort St. George 24th February 1869

From The Inspector General Ind^o Med^o Depart^o
Fort Saint George.

To The Chief Secretary to Government
Judicial Department

Sir,

I have the honor to forward, for
the purpose of being printed, a set of
rules for the management of Lunatic Asylums,
corrected agreeably to instructions contained
in Proceedings of Government N^o 2042
of 11th December 1868.

I have the honor to be
Sir

Your most Obedient Servant

W. MacKenzie

Inspector General

Ind^o Med^o Depart^o

E. P. H. M. W.

13 March 1868 P. 144.

Ordered that the Rules for the management
of Sumatra Asylums, as corrected
by the Inspector General Medical
Department, be printed for circulation,
and published in the Fort St. George
Gazette. P.O.

list of 24th March

list of 24th March

from

The Inspector General

Medical Department

The Fort St. George

list of 24th March

list of 24th March

list of 24th March

for the purpose of being printed

list of 24th March