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Edu and P.H. (1946.) Department.
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MS SERIES.

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G.O. No. 224

Dated

1. 2. 1946.

Order on p 5 CF

[Despatch Abstract.]

Back Papers.

G.O.	No.	Department.	Date.	G.O.	No.	Department.	Date.

Further Papers.

G.O.	No.	Department.	Date.	G.O.	No.	Department.	Date.

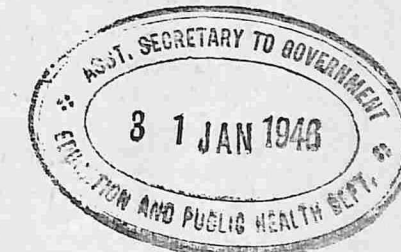
EDUCATION DEPARTMENT.

Received 19 Registered 19

Subject.

5983

PHYSICAL EDUCATION - Indian Association for Health, Physical Education and Recreation - Deputation of Dr. G.F.Andrews; Regional Physical Director (on leave).



ENCLOSURES.

No.

Spare copies

R.C. No.84 E/46.

Station.....M.a.d.r.a.s., Dated the 30th January, 1946.

From (Name).....Dr. S.R.U.Savor, M.A., D.Sc., I.E.S.,
(Designation).....Director of Public Instruction, Madras

To The Secretary to the Government of Madras,

Education & Public Health Department.
Fort St.George, Madras.

Sir,

In submitting herewith a copy of letter dated 17th January 1946 from Dr.G.F.Andrews, Regional Physical Director (on leave) at Madras - together with the enclosure mentioned in the penultimate para. of his letter - I have the honour to recommend that Government may be pleased to sanction the deputation of Mr.Andrews as a representative of the Madras Government to attend the initial meeting of the Indian Association for Health, Physical Education, and Recreation, to be held at Bangalore on 5-2-1946 and allowed the usual Travelling Allowance. The printed circular and the letter from Mr.Andrews are self explanatory.

2. As the meeting is to be held on 5-2-1946, I request that sanction of Government may kindly be communicated to me urgently.

I have the honour to be,
Sir,
Your most obedient servant,

R. Namaswami
for Director of Public Instruction.

TRB.30/1

: 2 :
COPY of letter dated 17-1-1946 from Dr.G.F.Andrews, M.A.,
Ph.D.(Col.), Regional Physical Director (on leave)
31 Potters Street, Saidapet to the Director of Public
Instruction, Madras.

"In consultation with and with the support of leaders
in Educational World like Sir Joseph Bore, Mr. John Sargeant
and Mr. C. Rajagopala Chari and others, Mr. C. C. Abraham of the
Y. M. C. A. College of Physical Education, Madras, is calling a
meeting of people all over India who are interested in Health,
Physical Education and Recreation to take steps to organise
an All India Association for Health, Physical Education and
Recreation. The initial meeting to appoint a Working Committee
is to be held at Bangalore on 5-2-1946.

Mr. Abraham informs me that he has addressed the Director
to send a representative to the meeting. Since the Madras
Government has been the lead in all matters concerning Health,
Physical Education and Recreation, it is fitting that Madras
is represented at the meeting. There are many advantages in
the attendance at the initial meeting even, the chief of
which is that it is possible to be acquainted at first hand
with all that the organisers have in their mind and this is
valuable for taking decisions regarding the Government's
participation then or at a later date with the activities
of the Association. I am now on leave and can attend the
meeting as a representative of the Madras Government if I am
ordered to do so by the Director. I request that the
Director may be pleased to address Government to depute me
to the meeting.

I enclose a copy of the circular letter sent by Mr.
Abraham.

Requesting early orders."

(True copy)

R. Narasimhan

for DIRECTOR OF PUBLIC INSTRUCTION.

INDIAN ASSOCIATION FOR HEALTH, PHYSICAL EDUCATION & RECREATION.

Dear Sir,

Health Education, Physical Education and Recreation are nation-
building activities. These are allied fields and have in common the important
objective of improving health through programmes of Health Education, Physical
Education and Recreation, planned for the nation. Health here does
not mean freedom from disease or sickness. It means the positive, constructive
health resulting from good nutrition, outdoor exercise, play, sports, games, etc.
The ideal of health envisaged is the realisation of the highest physical, mental
and spiritual possibilities of the individual.

India presents a tragic spectacle in many respects. The majority of
her population are poor, illiterate and unhealthy. We are a C3 nation. Raising
the standard of living of the masses is one of the immediate needs of the people
and the first responsibility of a national government, India is on the road to
self-government, and plans are already being made to meet these needs. But it
is not enough if we give the people of India better food, better homes and better
education. We must be able to build their health and also to enrich their lives
by activities which rouse the creative instinct which provide wholesome leisure-
time occupation, and thus remove the ill-effects of being at a loose-end. To fulfill
this task, there is need for a comprehensive national programme of Health,
Physical Education and Recreation. The objectives of this programme may
be briefly summarised as follows:—

- i. To create a national health consciousness in the masses which will enable
each individual to look upon health as an individual responsibility and
also to the State.
- ii. To create a community health consciousness which will help each
individual to do all that should be done to protect the health of the
community and to deter from doing things likely to endanger the health
of the community.
- iii. To educate the people to improve their health, applying all the scientific
facts available to build, protect and conserve health.
- iv. To educate people to take to regular outdoor recreation, exercise and play
and thereby keep physically fit.
- v. To rouse the creative instinct in the people through the higher forms of
recreation, namely art, music, drama, dances, pageants, etc.
- vi. To educate the people and the government to provide all the necessary
facilities.
- vii. To build up the future citizen.

P. T. O.

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To render this service to the nation, it is proposed to form an Association called THE INDIAN ASSOCIATION FOR HEALTH, PHYSICAL EDUCATION AND RECREATION. The initial meeting to form the Association will be held in Bangalore on the 5th February, 1946 at 2 p.m. at the Bangalore City Y. M. C. A. (Cinetaph Road, Bangalore City). The All India Olympic Games will be in progress during this week.

An Association for Health, Physical Education and Recreation will require the co-operation and support of the Educational, the Medical and the Physical Education professions, organisations promoting recreation and sports, the Government, the Municipalities and the industrial concerns. Already, some of our leading men from all parts of India, have written and promised their support for the proposed Association.

You are invited to attend the initial meeting at Bangalore and render all the help in forming this Association and achieve its objectives.

Cordially yours,

C. C. ABRAHAM, (Convener).

For further information write to C. C. Abraham, Esq., B.A., M.P.E., Y. M. C. A. College of Physical Education, Saidapet, Madras.

a working committee

C.No 5983 C/46.

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Defd
@ 1.2.46

To
The D.P.I
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EDU Dept
C.

Physical Education. Indian Association for Health, Physical Education and Recreation. Deputation of Dr G. F. Andrews, Regional Physical Director - Approved.

From the D.P.I R.C. No. 84. E/46 of 30.1.46.

Order 224 Edn of 1.2.46

The Govt approve the proposal of the D.P.I that Dr G. F. Andrews, Regional Physical Director (on leave) may be deputed as a representative of the Govt to attend the initial meeting of the Indian Association for Health, Physical Education and Recreation, to be held at Bangalore on 5.2.46. He will be paid his travelling and other allowances at the rates admissible to him under the rules.

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C. No. 5983 c/gg

Physical Education. Indian Association for Health,
Physical Education and Recreation. Deputation of
Dr. G. F. Andrews, Regional Physical Director.

From the D.P.1 R.C. no. 84 E/46 of 30.1.46.

The D.P.E. recommends that Dr. G. R. Andrews, Regional Physical Director (on leave) may be deputed as a representative of the Govt. to attend the initial meeting of the Indian Association for Health, Physical Education and Recreation to be held at Bangalore on 5.2.46. Dr. Andrews is the senior most Physical Director ~~in the~~

2. The Objects of the Association is set out in the printed Circular at pp 3 & 4 c.p. ~~The Council has not addressed itself clearly in the matter and it is not therefore clear whether the Govt can have Dr Andrews as their representative.~~ If the Association functions properly it may serve some useful purpose in the field of Physical Education. Attendance at the initial meeting will be advantageous as stated at 'A' on p 2 c.p. If Mr. Andrews is defunct he will have to be paid travelling ~~and~~ ^{and} ~~allowances~~ ^{allowances}. The total expenditure will however be negligible. For Cardin whether D.P.'s proposal will be accepted. The remuneration of Finance, may be invited.

May be
accepted
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1. ~~Reminders~~

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Fin Accepted. hs
1.2.46

DATA C.

A draft order is submitted for approval. For order to circulation.

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