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THE HOMOEOPATHY

Managing Editor: Dr. V. R. MURTY

JULY

1961

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The HOMOEOPATHY

VOL. X

JULY 1961

Book 7

THE EFFECT OF MIND ON PERSONALITY

Personality is the quality or characteristic of a person externalised. There are no two personalities alike; the elements or faculties are alike but the combinations vary. What is the power which differentiates one person from another? That the mind has a wonderful power on bodily functions is well known, but it is not so often realised that the mind has also a wonderful effect in determining destiny. The intricacy of the mind, and the power of thought are not sufficiently realised. The desires, the advantages, and the aspirations of a person all combine to make personality. If the higher or spiritual mind dominates, the personality will be of a higher type. Let your thoughts be good; try to live in harmony with your environment; be thoughtful for the comfort of others; cultivate a spirit of fellowship and an attitude of self-reliance; develop the latent qualities of the mind, and the gifts of the spirit; let the divine power within you be encircled by the infinitude of the Divine Source, which will give you wisdom, power and love; let the angels draw near to teach you; and open your mind to the influx from the spirit-world. The hidden or inner force become externalised; the power within is made visible in the physical body. The secret thoughts cannot be hid, because as a person thinketh, so he is, and sooner or later the thought-force will become evident. To control thought is to control destiny, because circumstances will operate upon you according to your mental outlook. A noble character and a desire to be of service to humanity cannot fail to produce a pleasing personality, which is a great asset in life. A person of a weak and vacillating disposition, cannot accomplish much, but strength of will, deter-

mination to succeed, and faith to secure that which is desired, conduce to a strong personality. In a great soul, the mind is the determining factor, deciding what things shall take pre-eminence—the physical desires or those of a higher order. The angels will help you, but the necessary conditions must first be set up by the thoughts or desires of the individual. You must be true to yourself, loyal to the promptings of your spiritual mind, and thus regulate and bring into subjection the desires which are harmful. Let your soul be anchored firmly in the harbour of Divine Love which brings peace and satisfaction; then at the change of condition called "Death"—in reality an entrance into a new life you will march forward to still higher progression.

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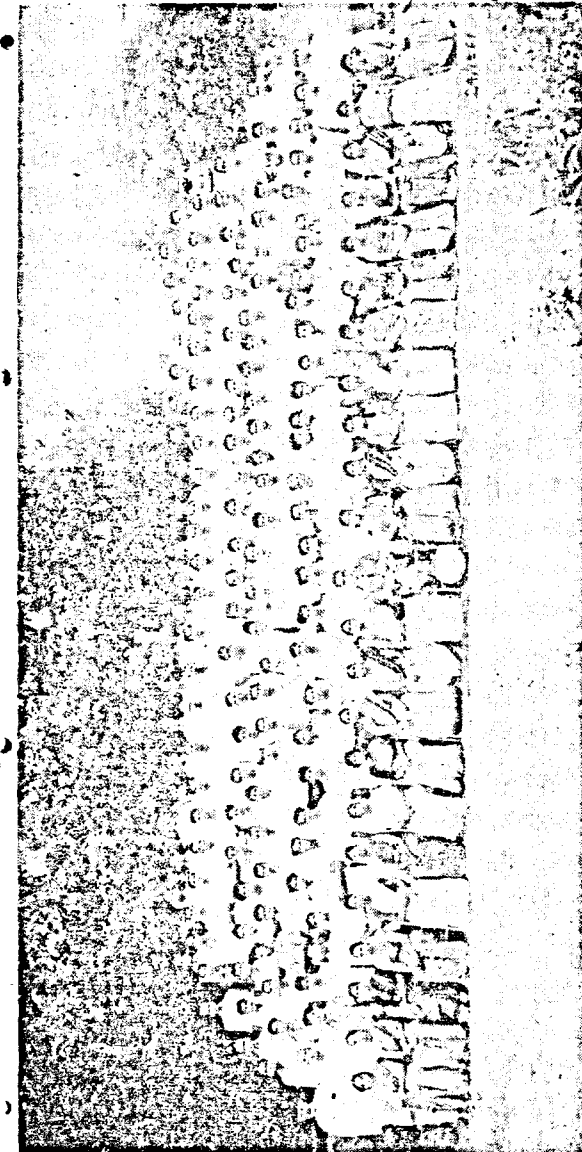
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Group photo of the students, with our Governing Director, who participated in our 24th personal class held at Homeo House, Kumbakonam in May, 1961.

NEWS AND NOTES

Dr. V. R. Murty, Governing Director, Indian Institute of Homoeopaths, Kumbakonam, inaugurated the Poraiyar Homoeopaths Association, Poraiyar on 25th June '61. Sri G. Veerappa Pillai, Proprietor, Sri Sakthi Vilas Bus Service, Poraiyar presided over the function. Dr. M. Kothandapani Chettiar welcomed the gathering.

Dr. Murty dwelt at length on the efficacy of Homoeopathic Medicines and on the practice of Homoeopathy. Further he

requested Sri G. Veerappa Pillai to construct and donate a Homoeopathic Hospital at Poraiyar, and to be a life patron.

Dr. S. Srinivasan of Tiruvarur unveiled the portrait of Dr. Hahnemann, the founder of the Homoeopathic Science. Sri V. Parthasarathy, General Manager, Sri Sakthi Vilas Bus Service, Poraiyar, Dr. M. A. Swaminathan and Dr. Moses also addressed the gathering. The function came to a close with a vote of thanks by Dr. A. M. Ahmed.

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TONICS AND HOMOEOPATHY

Dr. T. K. VARMA, Kottagiri.

[Paper read at a recent meeting of the Nilgiri District Regd. Homoeopathic Medical Practitioners' Association]

A "TONIC" has been described as an agent producing and restoring normal tone. This term is applied to medicinal preparations believed to have the power of restoring normal tone to the tissues or an organ or part.

The present craze for tonic is so great that most of the people go in for proprietary tonics, thanks to the radio propaganda, newspaper advertisements, doctors' prescriptions and friends' advice. The question naturally arises, Why is a tonic necessary? From the foregoing definition of a tonic, it is clear that a tonic is necessary only when a condition of bodily or mental exhaustion is present and a sub-normal condition of the vital force exists in a person.

According to Dr. Clarke, a tonic is useless for a person in good health and it is ridiculous to prescribe tonics for such a person. Moreover, it is inadvisable to prescribe or take a tonic when the symptoms of a still active disease are present—the first point is to deal with the disease and the underlying cause.

The need for a tonic is produced by various factors including acute or chronic illness. The best tonic in such cases would be the indicated remedy prescribed according to the "Law of Similars", which is a very powerful weapon in the

armamentarium of the homoeopathic physician. It must be understood that wholesome food, fats, starch, vitamins and other food substances will be required in cases of malnutrition.

In this brief paper I will deal with a few of the homoeopathic remedies found to be very useful "tonics" giving only brief indications. Most of them will be found amongst the constituents of the body like the calcareas, kalis, natrums, phosphorus, iodine, zinc and Gold etc.

Ambragrisea: A valuable tonic for the aged or prematurely old. Hypersensitiveness, feebleness, trembling are its main indications.

Ars. Iodide: A grand heart tonic, useful in cases of senile heart, myocarditis, fatty degeneration. Also a good remedy for tubercular cases with great prostration and emaciation.

Aurum Met: Pure gold both literally and therapeutically. Despondence-suicidal impulses. Thorough disgust for life. Blood, glands, bones all are affected by this metal. Also useful for high blood-pressure.

Carbo Veg: The most useful post-influenzal tonic. The patient is completely exhausted, easy perspiration, a persistent tracheo-bronchial cough and husky voice are other indications. The famous "Corpse Reviver".

China: Indicated in debility from exhausting discharges, from loss of vital fluids, together with a nervous erethism. Very useful in headaches, anaemia, post-operative gas pains. A post-influenzal tonic.

Chin. Ars.: A general tonic for easy weariness and prostration. Hands and feet cold, the system is depleted. Useful also in weakness after an attack of 'flu'.

Cal Phos: A great tonic for anemic children, pregnant ladies and worn out constitutions. This remedy seems to affect the calcium-phosphorus metabolism and is useful for the assimilation of iron. Given alternately with Ferrum Phos, it is an excellent "tonic" in dentition.

Echinacea: A great and well authenticated blood tonic. In blood poisoning and sepsis, with emaciation and great debility.

Kali Phos: For use in illnesses which result in a state of oversensitivity, lassitude, depression and want of nerve-power. Weak and tired feeling, lethargy, not inclined to do any work, brain-fag, loss of memory, neuralgic pains, weakness of all bodily senses are main indications. An unequalled "Nervine Tonic".

Nat Sulph: It is especially indicated in the so-called hydro-genoid constitutions and hence a very good "rheumatic tonic". The patient feels every change from dry to wet, weak ankles, stiffness of knees, pain in hip-joints. Also activates the liver.

Natrum Mur: A grand remedy indicated in emaciation-

especially of the neck—great weakness and weariness, depression due to chronic ailments, ill-effects of silent grief, anger, fright. Very useful in anemia, chlorosis and leucocytosis.

Nat. Phos: Loss of Vitality. Acid condition of the system is the main indication. Other indications include lifeless skin, urticaria, chafing, eczema, digestive disturbances and worm affections in children. Also marasmus with distended abdomen.

Phosphorus: A great tonic for the lean, tall and lanky, delicate and sensitive adolescent. The skin is pale and transparent. Useful remedy in cases of tuberculosis. Peculiar PHOS. Fears also guide to the choice of this remedy.

Phos Acid: Is similar to PHOS in many respects. Very useful in young adolescents who are overgrown and tall for their age. A painless diarrhoea is a key-note. Also useful in many chronic cases and in debility or nervous breakdown due to grief, sexual over-indulgence.

Picric Acid: All gone, tired feeling—played out as they call it. Backache in the mornings. Cannot concentrate on study. Mental and physical weakness combined. Nervous prostration, wants to sleep all the time.

Pulsatilla: Adapted to women or womanish temperament. The famous "weepy blondes". A very useful and handy tonic after abuse of iron or quinine. A remedy par excellence for chlorotic girls—especially during puberty.

Staphisagria: Useful in cases of nervousness due to teeth extraction. A constitutional tonic for youth, for the bad effects of masturbation. The patient broods over actual or imaginary insults. Hypersensitive. Wants to sleep at midday. Staphisagria child is cross, peevish and throws away things when offered.

Scutellaria: A very good tranquilizer in cases of neuro-circulatory asthenia after influenza.

Selenium: A very good post-typoid tonic. Its virtues in sexual weakness cannot be over-emphasized.

Secale Cor: In many cases of heart disease with peculiar SECALE symptoms of cold body but feels better in the cold and by cold applications. Suited to many ailments of thin, scrawny women. Debility, anxiety and emaciation are other indications.

Strychnine Phos: Very valuable in cases of general debility with low blood pressure. Also in cases of nervous impotence.

□

Vanadium: Acts on blood, liver and kidneys. Increases R. B. C. Important adjunct in cases of tuberculosis to increase weight and general well-being.

Zincum: An ideal tonic to old people who are weak, prostrated and hypersensitive. Useful in epilepsy after the abuse of bromides, in softening of the brain and paralysis following cerebral thrombosis.

Of course there are certain physiological tonics like ALF-ALFA, Aswagandha, Avena Sativa, Aletris, Hensel's tonicum etc., etc which are very good and need not be neglected.

In conclusion, one must not forget that the scope of homoeopathic remedies is so great that any remedy may serve as a tonic and we need not, necessarily, prescribe the much advertised and abused vitamins which should be considered as diet supplements only, while the natural way in such a case will be the regulation of the diet of the patient wherever it is possible.

THE HOMOEOPATHY

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Relationship of the Behavior of Children to Homoeopathic Prescribing.

JULIA M. GREEN, M. D.

Children are entirely honest and frank. Their natural behavior does not admit of subterfuge, flattery or exaggeration. They are true to what they observe, what they see, hear, touch, etc. Granted they are mimics and through this means of development learn much that would be better unlearned. Some uneducated adults too approach the innocence and frankness of children. A small boy of four sat at the table gazing at his very fleshy square-shouldered aunt across the table from him. During a pause in general conversation—"Auntie Belle's head almost goes down into her clothes!" A boy of six came to my office the other day to be vaccinated. His mother and grandmother told me he had dreaded the experience. The little patient sat quiet, looking at me. Then suddenly, "I thought I was going to have some young person and look what I got!" A colored man came to my clinic long years ago to report about his "rheumatiz." I asked him where the pain was. "Right here, Miss, right chere, right in da use ob it." He was holding his hand over his hip joint. Another dapper "Gemma" with a cane and a rich vocabulary of his own, came for help for some bladder trouble. I inquired if it

bothered much in the night. "Oh! yes, Miss, ah has de desire frequent, but ah dosen't adhere to it!" Lack of the effects of civilization is not always a disadvantage. Neither is the lack of speech in babies and animals for, with good powers of observation the doctor can learn much more than from the patients who report nothing but pathology, surgery, etc., and are loquacious until the end of an interview.

The importance of treatment of children for chronic ills cannot be over-estimated for these are not to be the adults of the future, ready to transmit their overall state of health (or lack of it) to future generations.

Prescription should take into account *inheritance*, on both sides of the family, extending, more or less, into side lines; *environment*, including family characteristics as well as those of the neighborhood; *nervous* and *emotional* make-up of the small patient in comparison with that of elders in the family and of brothers and sisters. In importance all this comes before abser-vation of the actual symptoms of the patient in emotional, mental and physical spheres.

After the first prescription comes a long watching period in which symptoms must be evaluated for reactions of aggravation,

of progress or back-sliding, of complications to the detriment of the patient, of pointers to the next remedy, etc., etc. The relationship of remedies plays an important part here. When acute attacks lay the patient low, the doctor must decide whether the chronic remedy will suffice without interruption, whether this remedy has an acute one which covers the need, or whether an acute remedy with no relationship to the chronic must be sought. If the last named, then a pause should be made after acute symptoms are gone to judge whether the chronic remedy is still active curatively or another potency or another remedy is needed.

If all these considerations can be handled successfully and environment is not too interfering, progress to freedom and health of the child concerned will be reached. The length of time required for this depends on depth of chronic ills, cooperation of parents, wisdom of the doctor and several minor factors. Far be it from the mind of any homoeopathic physician to feel that he is wholly equal to the task. When failures come, he must analyze them and endeavor to do better next time; he should not be discouraged for the goal is ever beyond him and its value to the patient and the patient's descendants is so great as to be incomprehensible to any one thinker.

This is the way your humble seeker after truth visualizes the problem of the chronic child

after fifty years in the practice of homoeopathic medicine.

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GERMS CAUSE EPIDEMICS?

By OBSERVER

The age old theory that germs cause diseases and spread them in the form of epidemics, has been blasted by latest analysis by experts. It is not that the germs have nothing entirely to do with the diseases of mankind, but a new theory which explains that most diseases are borne of quite a different agency, and not of germs 'as is usually assumed, has been expounded.

It is an easy and convenient way for most of us to conclude that if a hundred people have the like disease in the same village or community, the same kind of germs must have attacked the whole hundred. This is what we readily think in terms of diseases and we explain their spread in the community by the germs theory. But have we given a serious thought to this commonly assumed knowledge?

Germs are always with us, in us and all about us. They are, in short, omnipresent. They do not appear to us all at once from one window and disappear through the other after some time. They live with us and around us and also they thrive along with us in life. They live in our own systems as separate entities. It can be seen that Tuberculosis germs are present in the mouth and throat of almost every one of us, Streptococci can be found in the throats of a majority of most of us. Many a healthy man on examination has been found to

be having Diphtheria germs in the mouth and throat. It is a rational question why are not epidemics of all so-called infectious diseases always present, if germs are supposed to cause epidemics. The usual answer put forward by the medical men is that germs are more virulent at one time and are not at another. Are we to conclude that the germs lose their virulence at one time and become virulent at another time?

If we are to go ahead keeping this supposition in view we will confront a more difficult problem to solve. The problem is how to explain the increase and decrease of the virulence of the germs. Before we try to explain this it has to be supposed that there must be an outside agency that causes the increased or decreased virulence of the germs, and this agency outside of the germs must naturally be the cause of the presence of the epidemics. There is yet another equally weighty question that demands an equally rational answer. We find that we have pneumonia epidemics at one time, Diphtheria epidemic at another time and Measles epidemics at still another time. Is it that each type of germs needs a different factor to increase its virulence?

In the wake of the first spell of cold, hundreds of people in the same town are found to be developing cold. These colds are developed almost -simulta-

neously and not due to contacts with each other and, it is inferable that the infections did not spread from a common agency. Following the germ theory we have to assume that the germs must have invaded hundreds of people at the same time. But a very salient point has to be taken notice of, before we go further with our germ theory. If the germs have invaded on a mass scale why is it that they have spread the bodies of those who have not developed a cold? It is also a common sight with which we are familiar. Often, only one person in a family has a cold and at other times all except one person in the same family suffer from cold.

The above phenomenon is usually explained by the seemingly reasonable theory of individual resistance. If the individual resistance is strong it is argued that the disease-producing germs will not get the better of the individual. In this case we have to accept the natural corollary that if the resistance is weak in an individual, the disease will get the better of the individual. If the resistance is in the decrease it is not only one disease that should appear, but almost all the so called germs diseases should appear in an individual. If the resistance is weak, the invaders do not exercise any discretion as to the particular disease, that they should cause.

When an epidemic develops in a community, it should be assumed that like causes are at work simultaneously in all those

who have the epidemic disease. We can safely suppose that the same conducive factor that promotes the disease is prevalent in all other human beings at the same time, instead of assuming that there is a cause that floats in the air and goes round from place to place carrying the malady from one person to another.

It is high time that we seek a rational explanation to the phenomenon of an epidemic in a particular place. During an epidemic, we see that some people had pneumonia, many had influenza, many had measles and mumps. Others had colds, others still some other form of diseases. Some had severe attacks. Some had mild ones, several succumbed and many survived and others just passed them over.

We cannot assume that some were invaded by less virulent germs, nor can we presume that the germs would have lost their virulence as the epidemics. Nor is it a plausible supposition that the measles germs, invaded only some people and the Diphtheria germs buzzed off and leased their victims to the measles germs to feast on them.

If we make a rational approach to the problem, we can see that it is safe to suppose that there are several determining factors in the epidemic as there one in the growth and development of diseases.

Our body, if we go deeper, is unable to rid itself of all its waste products in the modern-

ised ways of our living. Over work, strain, worry and over indulgence, in our modern ways of life do tell upon the sum total of the stock-energy of the individual. When there is impaired elimination of the waste in our system accumulation of these wastes begins and this in turn is the beginning of Toxaemia. Toxaemia persists and gets established if not removed in time. It does the worst deterioration in the organism viz., reducing the resistance in the individual. Toxaemia is in fact self-poisoning. It is poisoning by auto-generated toxins. This represents the detained bodily wastes within, which any healthy body eliminates every minute, of its wastes. This is caused by impaired or checked elimination. The elimination is checked or impaired by any habit or influence that reduces the nerve force.

If enervation is the cause of Toxaemia, why is not enervation the cause of all diseases? Weakness is not sickness in fact. It is only the debilitated condition of the body which is susceptible to any outside influence. "Toxaemia is essential to the evolution of any so-called disease. Whatever other contributing and individual factors may enter into the cause of any particular disease, Toxaemia is primary. It is basic; it is the universal basic cause of all diseases."

"To have an epidemic we must have an enervated and toxæmic population, then we must have a universally 'acting'

influence that further prostrates the population. Fear is an epidemic influence of great potency, hence when physicians, health boards, and newspapers start trumpeting to the people the news of an "epidemic" and create in them fear, frenzy, panic, hysteria, they help to create and maintain the epidemic. Courage, confidence, peace of mind are great allies of health. For this reason, true enlightenment is a great protector of the people. Fear is a child of ignorance. Because enlightenment banishes fear it becomes one of the greatest conservators of nerve energy.

What causes an epidemic of pneumonia at one time, of small-pox at another of diphtheria at another etc.? Beyond saying that this is determined by a variety of correlated factors, I must say that I do not know. During the middle ages, when small pox was prevalent, it was worse during winter when the people stayed indoors in unventilated homes; it almost died out during the summer when they were out of doors more.

This is known: really healthy people pass through the worst epidemics of any so-called disease without developing the disease. So long as good health is maintained by first-class habits, epidemic influences do not prostrate us. All prostrating influences are epidemic influences, but they are never great enough nor prolonged enough to prostrate the person who has good health backed up by good habits."

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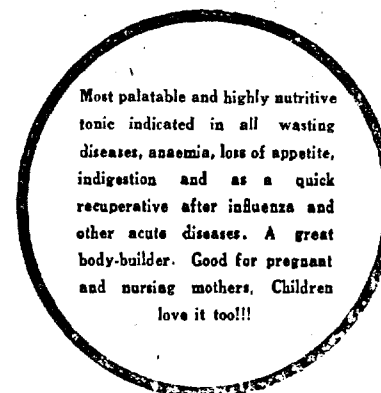
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QUESTION BOX

(The Editor answers to readers' Questions)

1. S. M., Mysore

1. Root cause of Leucoderma?

"Syphillis, Graves' disease, various organic nerve diseases involving the nerve roots etc."

2. How many kinds are there in cancer?

"There are a few named so far."

3. An answer to my friend (allopath) who says "Your Homoeopathy can be practised by a Quack, I say."

"Ask your friend to understand correctly the meaning of the word Quack."

2. T. S., Gujerat.

1. Parasites adhering to any stem of any tree suck the vital fluids of them and cause damage to the one on which they feed. Allopaths who resort to Homoeopathy and use the medicines decry this system. By what name would you call them? Hypocrites?

"Please yourself."

2. Trade and commerce do not look for profession. Bahola Pharmaceuticals, on request, despatched Homoeopathic medicines to Allopaths?

"Why are you worried? When more allopaths begin to use Homoeopathic medicines, Homoeopathy will have a bright future and our

people will be more benefited."

3. J. P., Madras-21.

1. What Homoeo remedies would you prescribe for Leucoderma, Toadskin, and syphilitic ulcers?

"The indicated ones according to the law of similars in each case."

2. There are tranquilisers in Modern Medicine. Similarly to stimulate the system, overcome fear, anxiety etc. What remedies are available in Homoeo & Bio systems?

Questions pertaining to the Science and Art of Homoeopathy, Hygiene, etc., will be answered by the Editor in the journal in the order of importance. One person can send three questions at a time.

Questions must be legibly written, or preferably typewritten only on post-cards and instead of writing the address, the coupon below must be cut and pasted on the address portion of the post-card. Questions sent without the coupon and those sent in envelopes would not be considered or replied.

The Editor reserves the right to reject or not to answer any question without assigning any reasons therefor.

Questions eliciting short answers only will be entertained.

The full name and address of the person sending the question must be given.

Cut Coupon below

The Homoeopathy — Question Box

HOMEO HOUSE,
KUMBAKONAM
S. India

July, '61

July '61

"Every one of the various Homoeo remedies is the tranquiliser for the given case if correctly prescribed."

"Why not? But there are a number of small booklets in plenty."

4. M. V., Trincomalee (Ceylon).

1. I much appreciate the standard of the questions raised in the 'Question Box' of the English Edition of the "Homoeopathy" unlike the questions raised in the Tamil Edition. What has the editor of "Homoeopathy" to say in the matter?

"It is a question of standard!"

2. During the war days in Malaya, people used to catch the centipede alive and put it into a bottle of kerosene and cork it up and allow it to putrefy for a considerable period. This oil was rubbed on to give relief in the case of centipede bite and other insect bite. On what scientific theory is this based?

"Isopathy."

5. B. M., Agra Cantt.

1. It is found that some youths who have otherwise good health and have no serious complaints have circle of black lining around their eyes. Why so?

"Probably they are indulging in too much of youthful indiscretion. They must not be allowed to be alone!"

2. Will you please point out a few medicines for general diseases like pimples, common cold, bodily pain due to hard work etc.

6. K. S. N., Lokikere.

1. What Physiological action will change in the normal cycle when Suba is administered?

"Ovulation may be delayed."

2. Young couples after two or three children, though they do not use any contraceptives, are not begetting further children even though the menstrual cycle is normal.

"Lucky people!"

7. P. K., Bangalore.

1. Since Madras is the model State, why not you approach the Government of Madras to introduce model clauses in the proposed legislation recognising Homoeopathy in the State instead of copying the other States' laws?

"Who told you that Madras is going to copy any other States' laws? Our C. M. is an original thinker and he will definitely plan to be original."

2. In a family here, almost all are afflicted with leprosy. Can this so-called leprosy be cured by Homoeopathy? If so the method and particular medicines to be given?

"As some great author said in respect of Tuberculosis, we must start treating the Grand-parents'."

8. K. A. G., Palai.

1. What are the symptoms of 'Keloid'?

"Keloid" is a fibrous growth usually at the site of a scar.

2. Which is the best medicine to treat 'post partum haemorrhage'?

"The indicated one."

3. Please send me your magazine every month.

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SNEEZING IS GOOD FOR YOU

By HARVEY DAY

Recently, a portly, dignified 'City Gent'—a man of obvious importance—stood in South Ken-sinton Station reading *The Times* as he waited for his train.

Suddenly he was seized with a paroxysm and sneezed with immense violence. Out flew his upper denture and skimmed across the platform like a pink bird, the other passengers moving politely so as not to obstruct it. The dignified gentleman moved with stately tread, bent down, picked up his denture in the folds of his handkerchief, popped it into a pocket and continued his perusal of the stock markets. It was a typically English scene with never a "God Bless You!" to shatter the silence.

There exists in this cold, dank country a superstition that sneezing is a danger signal and a prelude to a spell in bed. Nothing could be farther from the truth. Sneezing is one of the most natural functions of the body. You sneeze when the membranes of the nose are irritated and violent sneezing is *good for you*.

Sneezing, according to so eminent an authority as Dr. Bernard Aschner, opens the Eustachian tube and ventilates the middle ear, an operation sometimes performed on the deaf by specialists with the aid of the nasal air douche. Nature does it all far more simply and effectively by means of a sneeze.

Atchoo! Atchoo! You bury your nose in your handkerchief as a spasm shakes your frame.

"God bless you!" murmurs a pious relative. "I hope you're not in for a cold." Why should you be?

Sneezing is no more than a convulsive shock which flashes through the nervous system to the brain and down the spinal cord to the extreme nerve endings, and a bout of sneezing always clears the head. Violent sneezing, such as one suffers during attacks of hay fever, actually has a therapeutic effect, though you may not appreciate it at the time.

Some regard snuff-taking, which helps one to sneeze, as a dirty offensive habit, but all the snuff-takers I know, swear that they are immune from colds!

Since the birth of the human race, sneezing has been an occasion for congratulation. The Arabs consider that sickness is a condition in which the body harbours the Devil and a sneeze is one way of ejecting him.

It is curious that almost every race regards a sneeze as an occasion for blessing the sneezer. In the middle East and North Africa, Moslems say, "Al Hamdu Lillah" which means "Praise Be to God." In Portugal they cry "Viva" (pronounced Veeva), meaning *live* or *May you live*; and in Irish-speaking Eire a person hearing another sneeze, says "Dia Linn," meaning "God bless us!"

The ancient regarded the nose and ear as the gateways through

which health giving air (*pneuma*) entered the body; thus the sneeze was always associated with benefit. In the translation of Homer's 'Odyssey,' we read, "And Telemachus sneezed loudly, and around the roof rang wonderously. And Penelope laughed and straightway spake to Eumaeus winged words: 'Go call me the stranger, even so, into my presence. Does thou not mark how my son has sneezed a blessing on all my words?'"

Throughout South America, too, sneezing is associated with health. In Brazil a sneeze provokes the remark "saude", (health) and in Peru, "Saludy pesetas," (health and wealth).

We are told by Plato in his 'Symposium' that when Aristophanes had the hiccups he visited Eryximachus, a physician, who made him sneeze and cured his complaint. This sudden internal explosion sometimes achieves what medicaments cannot accomplish. George Formby, the famous music hall, radio and TV comedian, was born blind. When for three months after birth he did not open his eyes, his parents grew alarmed. Then, one day while being carried on the Mersey ferry to New Brighton, he sneezed violently—and lo, his eye opened! Nature did the trick in her own way.

Sneezing was so closely associated with health in the Middle Ages and earlier, that after the plague which swept over and decimated Rome in A. D. 589 Pope Gregory VII decreed that

the words "God bless you!" should be pronounced by every true Christian whenever they heard a sneeze, and to this day the Swedes piously add "God's hjelp!" (May God help you!) after every sneeze.

History also records that when the Prophet Elijah restored the widow's son to life, the child sneezed seven times and was instantly well again, and from that moment all who sneezed were endowed with blessings by their neighbours.

Wherever one travels even as far as distant Fiji, sneezing and health seem to go hand in hand. Even among man-eating cannibals who have no contact with civilisation, a sneeze is invariably greeted with the shout, "Mbulla!" (health). These people have had no contact with Spain, where for instance, the sneezer is greeted with the words "¡Jesus," or France, where they say, "A vous souhaits!" (May your wishes come true).

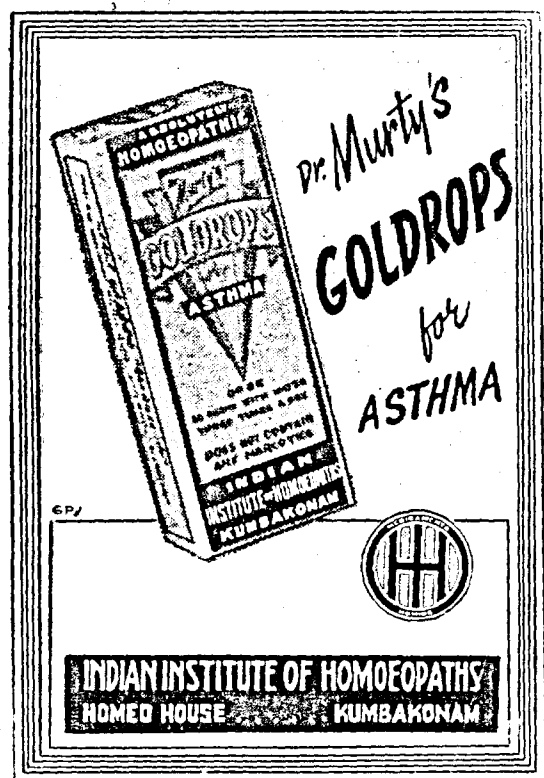
There is little doubt that when your nostrils tickle and you are on the verge of a sneeze your body hankers after relief; then you sneeze and the spasm ejects the noxious influence within you and you feel much, much better.

The idea that "Coughs and sneezes bring diseases." may be true as far as coughs are concerned, but certainly not for sneezes. Rarely a day passes but I sneeze, not once but many times, and feel all the better for it. Nor are my sneezes prelude to colds, for it is years since I suffered from one.

Many old-time sayings contain more than a germ of truth. Peoples the world over who believe that the sneeze is an occasion for rejoicing can't all be wrong. Perhaps on investigation into sneezing, its mechanics and the precise benefits

accruing from the spasm would benefit mankind. Who knows? Anyway it is a subject worth-tackling for someone who's writing a Ph. D. thesis. Less worthy subjects have devoured reams of paper.

By Courtesy—"The Hindu"



SYNONYMS AND DISEASE

By NOEL PUDDAPHATT

A chap I know is never so happy when his doctor produces, like a rabbit out of a hat, a new synonym for some pain, ache or discomfort from which he may suffer. It is quite astonishing, the number of people who have this idiosyncrasy.

He has suffered for a great number of years from what his doctor was pleased to call rheumatism. I happen to know, incidentally, his family history; his ancestors being riddled with T. B. I never volunteered to try and help him, because he is a red-hot Allopath. However, to proceed.

A day or two ago, I was in our local Post Office, and who should be there but this gentleman, who informed me, on the last occasion we met, that his doctor had changed his diagnosis from rheumatism to fibrositis. On this occasion, however, he rushed across to me, for he appeared to be dying to get something off his chest.

"Hello!" said I, "How goes it?"

"Oh, not too bad," he replied, "but, actually I have not been very well."

"Sorry to hear that," I rejoined. "Why, what's wrong?"

"Yo know I like to see my doctor at least twice a month for a check-up, and when I saw him a few days ago, he made a thorough examination and said the fibrositis had gone, but I now had scapulitis, which he

would attend to. What's scapulitis?"

"Where exactly do you suffer pain?" I asked.

"My right shoulder—it gives me socks. It is so bad sometimes, I could cry with the pain."

"Your doctor is a clever man, for you are indeed suffering from scapulitis."

"Really?" said he.

"Undoubtedly," I replied.

"Thanks awfully—you have relieved my mind."

"Not at all"

"Sorry, I must push off—see you again soon," with which he disappeared out of the Post Office.

I felt like saying to this poor fellow: I bet in a month or two, your doctor, being unable to do anything for you but kill pain, and dreading you further visits, will say, "Your scapulitis is cured, but you now have cervicitis," and numbling under his breath. "You are cervicitic to me."

Glossary—

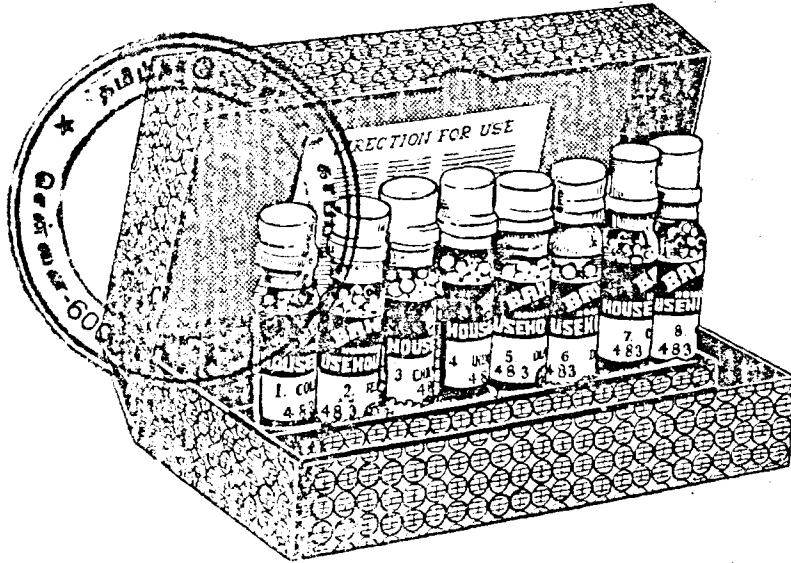
Fibrositis. Another name for muscular rheumatism. (see Rheumatism)

—Black's Medical Dictionary.

Scapulitis. From the Latin "scapula," meaning shoulder blade. Pain in the shoulder.

Cervicitis. From the Latin word "cervix," meaning the neck. Pain in the neck.

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THE HOMOEOPATHY²³³

Managing Editor: Dr. V. R. MURTY

AUGUST

1961

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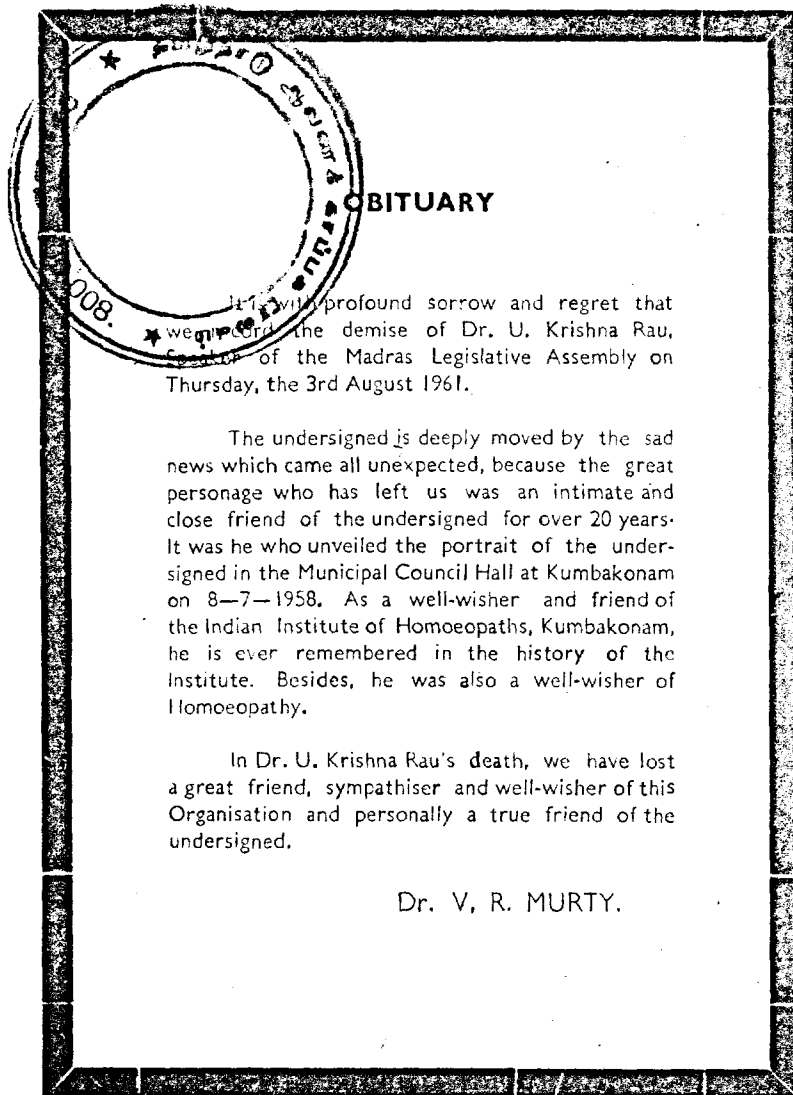
Book 8

THE MADRAS STATE FEDERATION

MORE than two years ago some Homœopathic Associations of Madras State formed themselves into a Federation for the laudable objects of serving Homœopathy and the Homœopaths. On going through the activities of the Federation one would find that the one notable achievement of the Federation was the successful organising of a Convention at Madras in December 1959. This Convention was presided over by Shri Babu Rao Patel of Bombay and no less a person than Mr. Kamaraj, the Chief Minister of Madras inaugurated the same. Great purpose was served by this Convention and it was this success that probably made the Madras Government to take steps to investigate into this great system of Medicine, with a view to recognising it.

STRANGELY enough, after the Convention, the activities of the Federation appear to have come to a perfect stand-still and various reasons are put forward for this state of affairs in various quarters. But the main reason seems to be the lack of co-operation among the office-bearers and the mediocre knowledge and experience of a few self-seekers who have somehow got into the Executive Committee of the Federation.

IT is needless to emphasize at this stage that the solidarity of the Federation depends mainly on the unity among the various office-bearers. Such unity can exist only if they are able to have broad outlook or at least able to share and appreciate the views of others. Only men of high calibre with broad outlook and vision, catholicity of character and understanding are in fact, competent to be the office-bearers, who can successfully guide the destiny of the Federation. The present set-up of the Federation warrants an urgent weeding out of the undesirable and totally inefficient incumbents who have somehow



OBITUARY

It is with profound sorrow and regret that we record the demise of Dr. U. Krishna Rau, Member of the Madras Legislative Assembly on Thursday, the 3rd August 1961.

The undersigned is deeply moved by the sad news which came all unexpected, because the great personage who has left us was an intimate and close friend of the undersigned for over 20 years. It was he who unveiled the portrait of the undersigned in the Municipal Council Hall at Kumbakonam on 8-7-1958. As a well-wisher and friend of the Indian Institute of Homoeopaths, Kumbakonam, he is ever remembered in the history of the Institute. Besides, he was also a well-wisher of Homoeopathy.

In Dr. U. Krishna Rau's death, we have lost a great friend, sympathiser and well-wisher of this Organisation and personally a true friend of the undersigned.

Dr. V. R. MURTY.

stumbled down into it and who are, in truth, a great impediment at every stage to further the cause of Homœopathy and Homœopaths. They are thus not only not able to achieve the objects of the Federation but are also hampering its progress to a great extent. It is high time that an entirely new set-up composed of really capable office-bearers, who will be able to take up matters concerning the Federation and Homœopathy with Government has to be brought into being at least at the General Body Meeting on 13th of this month.



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TREATMENT OF CHRONIC DISEASE:

Compiled by
Dr. Gabriel P. Tambisami M. D. (H. & B.)

Hahnemann says that all chronic diseases are traceable to one of the three causes:- Viz. Psora, Sycosis and Syphilis. According to him PSORA is the fundamental cause of innumerable diseases. Its infection externally appears in the form sometimes of a skin eruption, while that of SYPHILIS takes the form of the venereal chancre and that of sycosis appears as condylomata or Cauliflower like growth or warts.

The influence of the constitutional diathesis of the patients and the existence of any miasms in their system is apt to retard the action of the ordinary indicated remedies. For this anti-miasmatic remedies must be selected.

In order to succeed in the treatment of Chronic cases, it is not enough if the remedy selected is similar in symptoms only. Besides the similarity in symptoms there must be a similarity of miasms also.

Medicines have also been divided into their classes according to their power, to check each one of the three chronic miasms referred to above. The following remedies are used in the treatment of chronic cases. They are all deep acting.

Remedies marked dd are more deep acting than a single d

Remedies marked ddd are still more deep acting.

Deep Acting Remedies	anti Psoric	anti Sycotic	anti Syphilitic
Ars. Alb.	ddd	ddd	d
Calc. Ars.	dd	dd	dd
Fluor Ac.	dd	d	d
Kali Bich.	d	dd	dd
Kali Carb.	dd	d	dd
Mag. Mur.	d	d	—
Meze.	d	ddd	—
Mur Ac.	d	d	—
Nat. Ars.	dd	dd	—
Nat. Carb.	dd	dd	—
Kali Iod.	dd	dd	dd
Lyc.	dd	dd	dd
Nit. Ac.	dd	dd	dd
Sarsap	d	dd	d
Tubercul	ddd	ddd	ddd
Arg. Met.	d	d	—
Arg. Nit.	d	d	—
Benz. Ac.	d	d	—
Berber.	d	d	—
Clematis	d	d	—
Dulc.	d	d	—
Iodine	ddd	ddd	—
Mag. Carb.	d	d	—
Cham	—	dd	—
Caust	—	d	—
Mag. Phos.	—	d	—
Phos.	d	dd	—
Thuja	—	ddd	—
Merc. Cor.	—	—	dd
Phytola	—	—	d
Syphil	—	—	dd
Abort.	d	—	—
Acetic A.	d	—	—
Agari	d	—	—

Deep Acting Remedies	anti Psoric	anti Sycotic	anti Syphilitic
Aloe	d	—	—
Alumina	dd	—	—
Ambra G.	d	—	—
Amm. C.	d	—	—
Anac.	d	—	—
Ant C.	d	—	—
Apis.	dd	—	—
Baryt C.	dd	—	—
Nat. Mur.	ddd	dd	—
Nat. Sul.	dd	dd	—
Phos. Ac.	d	d	—
Psorin	ddd	ddd	—
Pyrog.	dd	ddd	—
Sepia	ddd	ddd	—
Silicea	ddd	ddd	—
Ars. Iod.	ddd	—	d
Aur. Met.	dd	—	dd
Aur. Mer.	dd	—	dd
Heper Sul.	ddd	—	ddd
Lach.	dd	—	ddd
Calc. Phos.	dd	—	—
Car. A.	dd	—	—
Car. Veg.	dd	—	—
Capsi.	dd	—	—
Cist. came.	d	—	—
Coc. Cacti.	d	—	—
Conium	dd	—	—
Crotal	dd	—	—
Groton T.	dd	—	—
Cup. M.	d	—	—
Diget.	d	—	—
Fer. Met.	d	—	—
Fer. Phos.	d	—	—
Graph.	dd	—	—
Kali Phos.	dd	—	—
Kali Sulph.	d	—	—
Lac. Can.	dd	—	—
Ladum	dd	—	—
Mangan	d	—	—
Petroleum	d	—	—
Platin	d	—	—
Bellad	d	—	—
Borax	d	—	—
Bufo.	dd	—	—
Calc. C.	dd	—	—

Plumbum	d	—	—
Secale	d	—	—
Selin	dd	—	—
Stann	d	—	—
Sulph.	ddd	—	—
Sulph Ac.	d	—	—
Tarentula	dd	—	—
Theridion	d	—	—
Zincum	dd	—	—

Psora alone can exist in a particular system independently by itself without the other two being there. But Sycosis and Syphilis can never exist in any system without Psora being there. Psora, Sycosis and Syphilis are 'parents' of all our ills, mental and physical.

Psora is the outcome of evil thought, Sycosis and Syphilis are the outcome of evil action.

Medicines in low potencies have shown immediate action on the body and fail to act on the mind. While the drug in higher potencies have proved their immediate action on the minds and the action gradually appearing on the body. The three miasms are very subtle and they attack the mind at once. So, it is evident that high potencies must be used for chronic cases. But hasty repetitions must be avoided and repetitions depend on circumstances. A constitution cannot be radically changed for the better in a week or a month and it is seldom accomplished in a year.

CHARACTERISTIC SYMPTOMS OF PSORA

It is most widespread and there is no man without Psora.

The best time for taking Anti-psoric remedy is in the mornings before breakfast.

1. Mind, overactive and Intelligent.
2. Mental disquietude for no apparent cause—moroseness fearfulness; want of energy.
3. Timidity or fearfulness is a peculiar feature of Psora; want of courage.
4. Tendency to itches and similar skin affections always itching.
5. Most of the joints esp. legs often crack, whenever he moves.
6. Tendency to catch sudden cold with or without cause or not to catch any after exposures.
7. Tendency to get easily tired or attacked with a disease which he cannot easily overthrow.
8. Sweet most preferred among all objects of taste.
9. The warm symptoms of children causing itching in the arms, irritability of temper and tearfulness.
10. Unnaturalness of appetite either a complete want of appetite or canine hunger.
11. Pallor of face, want of usual lustre of eyes.
12. Epistaxis in children or youths; tendency for frequent epistaxis.
13. All kinds of unnaturalness of sweats; e. g., excessive sweat, in particular parts only like forehead, hands and feet, face and rectum; or complete want of sweat; or fetid sweat; etc. etc.
14. Stuffy nose, compelling respiration by the mouth.
15. Crusts in the nose, and a tendency to dislodge them with the finger.
16. Exhaustion out of proportion to exertion. Tendency to suffer long from slight illness. Long lasting pain in the muscle, bone and nerve on the slightest injury.
17. One sided headache (Hemicrania) Tendency for such headache on the slightest cause. Various kinds of pains and sensations in the head.
18. Toothache from slight or no cause. Bleeding from gum.
19. Falling of hair and premature grayness of hair. Itches and ringworm on the head, beneath the hair. Dandruff.
20. Tendency for erysipelas or slight injuries. Any slight injury on any part of the body causes bleeding and this is gradually followed by fever and putrifaction etc. of the injured part. A tendency for hyperaemia, excessive bleeding or congestion of a part of body; in any part of the body.
21. Sensation as if all the blood of the system was rushing up towards the head with simultaneous sensation of suffocation. Causing both physical and mental restlessness. This however passes off with a partial sweating of the face and forehead.

22. All menstrual disorders of the female; e. g., scanty or excessive discharge. Abnormality in the colour and smell of the discharge. All pains and sufferings in connection with menstruation.
 23. Unnaturalness of sleep; want of sleep; startling during sleep; sleep full of dreams; dreams of fear; sweating sleep; evacuations during sleep; crying, grinding of teeth during sleep; various kinds of sounds in the mouth during sleep; sense of suffocation during sleep, snoring during sleep; salivation during sleep.
 24. Excessive sleepiness is also a Psoric symptom.
 25. Various kinds of coatings in the tongue; fetid smell, dirty gums; salivation out of proportion.
 26. Vomiting; tendency for vomiting in the morning; water brash; dryness of the tongue, varieties of tastes in the tongue; e. g. sour, bitter, salty etc
 27. Craving for or aversion to particular things.
 28. Unnatural constipation and diarrhoea alternately; diarrhoea from the slightest irregularity of diet.
 29. Various kinds of pain and sensation in the rectum; bloody or other kinds of discharge with stool; haemorrhoidal growths.
 30. Various kinds of pain in the stomach; which are aggravated and ameliorated by particular kinds of food or at particular hours.
 31. Ulceration in the feet and between the fingers in particular seasons.
 32. Corns in the toes; pains in the corns.
 33. Various kinds of sounds like gliding of bones during eating, walking, while standing up from a sitting posture or while sitting down; such sounds, particularly in the bones of the feet while walking.
 34. Aggravation and amelioration of all kinds of pain in particular seasons, during walking or sitting or lying down, day time aggravation.
 35. Tendency for boils and abscesses in various parts of the body. Itches ringworm or rhagades in particular seasons.
 36. Harsh, irritable temper; want of affection for anybody, tendency to do evil to others, Anger.
 37. Excessive sexual appetite.
 38. Has good flow of thoughts; Writes and speaks quickly
 39. In delirium talks of a hundred and one things; no want of subject or language.
 40. Amelioration by sweat, urine, stool etc.
 41. Aggravation begins with the sun in the morning, increases along with the course of the sun and decreases as the sun sets. Psoric patients will usually have lingering death after some illness.
- SPECIFIC INDICATIONS:**
- | | |
|--------------------|----------|
| Disorders of Brain | Asthma |
| and Nerves | Deafness |
| Bone defects | Cataract |
| Jaundice | Urinary |
| Haemorrhage | calculus |

Dropsy
Amenorrhoea

Paralysis
Pains of Many
kinds Itching
eruptions etc.

CHARACTERISTIC SYMPTOMS OF SYCOSIS

It is the most insidious and dangerous miasm. If there is Sycosis there must be Psora also.

1. Mind Mal - active: Is slow. The mentality is suspicious, mischievous, mean, selfish and forgetful. Mental irritability (Extreme)

2. Thieves, Robbers and murderers are the products of Sycosis.

3. Tendency to brood over things.

4. Condylonatis growths; all kinds of tumours; Piles. Cauliflower like growths or Warts.

5. Unable to collect thoughts, hence the slowness in speaking and writing.

6. In delirium; continually harps on the same language or thought.

7. Desire to move about during rain or storm, as if one cannot keep still.

8. Urinary calls on the approach of rain or storm. "Living Barometre".

9. Sycotic people tends to die suddenly.

Specific indications which can never be there unless there is Sycosis. These furnish for unerring diagnosis:

Orchitis (Inflammation of Testes)
Rheumatism
Emaciation in any Part

Hydrocele
Anaemia
Sour diarrhoea

Infantile cholera Sweating
 of the head

Teething troubles of children.

Cold and Catarrh in any part of the body; e. g. nose, throat, lungs, stomach, intestine, uterus, etc. All urinary troubles; Diabetes; haematuria etc. All uterine and ovarian troubles.

CHIEF CHARACTERISTICS OF SYPHILIS

1. Mind. Under - active
Imbecility or idiocy; slow and gradual.

2. Thinks life a burden

3. Irresistible, Impulse for committing suicide.

4. Wanting in attention and comprehension.

5. The Night is the worst time: Aggravation of all physical suffering at night in bed.

6. Aggravation by sweat, urine, stool, at least never ameliorated by these.

7. Headache worse at night; disappear in the morning Aggravation from rest, heat, lying down or sleeping.

8. Aggravation begins in the evenings.

9. amelioration by cold; in the open air and before sleep.

10. Eyes, ears and nose ulceration.

11. Aversion for meat.

12. Offensiveness runs through this miasm in and out (all discharges)

13. Having all sorts of discharges.

14. All varieties of eruptions are usually copper coloured painless and NOT ITCHING.

15. Prefers cold food and drink; but the extremes of both. Heat and cold are usually repugnant.

16. Bone pains are a special feature.

17. Frequent formation of pus.

18. An easy prey to all sorts of pernicious eruptions.

19 Tendency for Baldness.

SPECIFIC INDICATIONS:

Malignant abscesses and boils Buboes
Fetid Sweat Sweat aggravation

Thick flabby tongue Taste fetid
Skin trouble absolutely non-itching Internal organs abnormal

SKIN TROUBLE

ABSOLUTELY NON-ITCHING.

INTERNAL ORGANS ABNORMAL.

The chronic miasms act in a direction *from without inward*. This is evident in Sycosis and Syphilis and in the initial skin affections of Psora. In order to cure it is necessary to find remedies whose action is *from*

within outward. Some indication of a real cure of this miasmatic infection is the reappearance of the primary eruptions and a gradual disappearance of the some old eruption.

Homœopathy Serves the Poor—Free Service Camp at Kalluppatti

A free Homœopathic Medical Service Camp is being organized at Kalluppatti near Madurai for three days from August 6th, 1961 by the Indian Institute of Homœopaths, Kumbakonam. A team of experienced Homœopathic Doctors under the leadership of Dr. V. R. Murty will be at the service of the patients. The camp is organized by Dr. R. Jyotirmayam.

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Photo taken at a reception given to Dr. V. R. Murty at Tenkasi (Tin. Dist.) on 16-7-1961 by the Tenkasi Regd. Homoeopathic Medical Practitioners Association.

We take this opportunity to thank our numerous friends, well-wishers, and students for their letters of enquiry expressing concern and anxiety over our safety and welfare during the recent floods in Kumbakonam. We hasten to inform them that ourselves and the Institute have not been affected by the floods, that the floods in Kumbakonam have now subsided and that the normal rail/road communications have been restored.

DIRECTOR
INDIAN INSTITUTE OF HOMOEOPATHS
KUMBAKONAM

QUESTION BOX

(The Editor answers to readers' Questions)

1. Syfuddin, Karjat.

1. What is your frank opinion about the effects of B.C.G. Vaccination?

"I have given my opinion on this on page 81 of March 1961 issue of 'HOMOEOPATHY'. My frank opinion is also the same!"

2. What does N. A. D. indicate with reference to laboratory tests of urine?

"Probably, NO ABNORMALITIES DETECTED"

2. P. M. S., Ceylon.

1. Please say as to where the Homoeopathic Correspondence College is situated in England.

"There is none"

3. K. V. D., Madras-17

1. Who invented the processing of Homeo medicines on decimal scale? Was it by Hahnemann himself?

"I think it is Dr. Schussler"

2. Please mention some frequently indicated remedies for Myopia?

"Physostigma, Pilocarpus, Nitric Acid, Aurum Mur"

4. D. E., Lakshminarayanapuram.

1. In the words of Dr. E. B. Nash, IGNATIA is an unusual remedy in Tonsillitis with opposite symptoms of aggravation and relief of pain by swallowing.

In such a case how to select it as the proper remedy? How is it a quick snapshot prescription?

"It is quite clear. Ignatia has this peculiarity that it has symptoms quite opposite to what can be reasonably expected for the pathology."

2. "SILICEA" is the chronic of PULSATILLA—Dr. E. B. Nash. Elucidation requested.

When Pulsatilla works only for a short while in a chronic case, SILICEA will act as the permanent curative for the case."

3. (1) "CELLULITIS" (2) "FUNGUS HAEMATODES" (3) Reflex symptoms (4) Quinine Cachexia-Elucidation requested.

(1) Inflammation of the cells;

(2) A bleeding and ulcerated vascular tumour;

(3) Symptoms caused by an involuntary action from nerve-stimulus;

(4) A depraved condition due to taking too much quinine.

5. M. N. M., Melcote.

What is the curative medicine for severe pimples on the face in Homoeopathy when all the allopathic mode of treatment failed. Proper Medicine for external and internal may kindly be furnished.

"You may try BERBERIS ACQUIFOLIUM Q 8 drops per dose 3 times a day."

6. S. A., Singanallur.

1. Some young girls married and unmarried have Dysmenorrhoea. They complain of cutting and tearing pain in the loins and lower Abdomen, although BELLADONNA 30x and CALOCYNT 30x was given. Could you suggest any other Medicine or injection to stop this immediately?

"Try MAG. PHOS., CIMICIFUGA etc. If these also fail to give relief, try to work out the constitutional remedy for the case."

2. What is the injection or medicine for Scrofula?

"There may be many according to the symptoms of the individual case."

3. What is the treatment for enlarged Breasts? The person is also very bulky.

"Male or a Female!!"

7. M. D., Mathurai.

1. I do not find the treatment for 'EOSINOPHILIA' in any of the Homoeopathic Materia Medica or other books by standard authors. Can you let me know the treatment for this with Authority, if possible?

"Because 'EOSINOPHILIA' is only a pathological symptom of a diseased condition."

2. Can you furnish me with the addresses of a few good foreign English Homoeopathic Journals and whether there are any Indian Agencies who accept subscriptions to these?

"You may write to Messrs. Banarjis Homoeopathic Pharmacy, 248, Princess Street, Bombay."

3. Can you arrange to give your passed students practical training under some senior experienced Homoeopathic Medical Practitioners here?

"This is a matter to be considered in all its aspects."

8. A. M. K. S., Ambasamudram.

1. What are possible causes of Quinsy?

"Constitutional factors, unhygienic conditions, specific infections, Traumatism, etc."

2. Is there any effective remedy for the bites of mad dogs and snakes in Homoeopathy?

"Hydrophobinum may be useful for bites of mad dog. For bites by deadly poisonous snakes like Cobras, we have none at present."

3. Is there any Homoeopathy Examination (Govt. Recog.) in India for private candidates?

"None, so far as we know."

9 V. S. V., Madras-1.

1. What is the specific Homoeopathic medicine that can be fully relied upon in Cardiac Failure, equal to Coramine on the Allopathic side?

"Every homoeopathic remedy is a specific for conditions according to the law of similars."

2. There is a controversy over the use of Vitamins, Hormone preparations and Enzymes

by the Homoeopathic Physicians. In my opinion, dengue diseases ought to be cured by the above if their lack causes diseases, and this is advocated by eminent Physicians both at home and abroad. Your opinion is requested, if possible with quotations from eminent Doctors and Textbooks.

"So long as you have an opinion it is for you to substantiate it by quotations etc."

3. Doctors in Germany, Russia and England are of the opinion that Antibiotic and Chemotherapeutic agents *must be employed in overwhelming acute infections*, instead of relying upon Baptisia, Pyrogen and Gelsemium etc. Dr. Wilmar Schwabe also favours the same. There is controversy here also. Will you please clarify?

"I do not agree with them."

4. I understand that some Homoeopathic pharmacies prepare Biochemic medicines in the form of dilutions and injectibles. How far these are to be relied upon?

"Biochemic medicines in the form of dilutions are only homoeopathic medicines."

5. In the Homotubes prepared in your laboratory, the quantity of Homoeopathic medicine contained in the ampoule is mentioned as: 1 ml. to 100 ml. of Normal Saline of a particular medicine in potency. Does it mean that 1 ml. of a particular medicine in potency is mixed with 100 ml Normal saline and 1 ml. put into a single ampoule? Those who are against in-

jections say that the quantity contained in the ampoules will be higher than when given in dilution form. Please clarify.

"Those who are against injections say so many other things also."

10. K. M. L., Devasamudra.

1. My father is suffering from Right side paralysis. He has got sensation of touch and blood circulation. But he cannot move his leg and arm according to his will; his mind is clear. I have administered Kali Phos 6x, Mag. Phos. 3x, Calc. Phos. 3x of 2 ozs. each, but found out relief. But would you prescribe for this to be cured early without failure?

"Try CAUSTICUM 200, once a week 4 doses only."

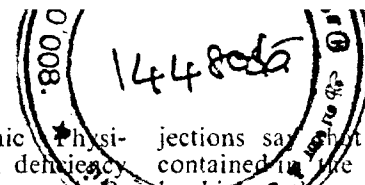
2. Why do you use your own advertisements in your journal much although you have made a separate Physicians' Guide to advertise it. Why do not you use the space for the best articles in Homoeopathy. Avoid advertising the same in every journal at least to fill them about Homoeopathy.

"Because you always have a short memory and I have my own family and the families of 150 employees to maintain!"

11 M. T. A., Bareilly.

1. I learn that there is no remedy for headache in Homoeopathy. Is there any remedy in the Biochemic system of medicine?

"You have been very wrongly informed".



2. Is it a fact that some mother tinctures are more effective in curing diseases than its potentied preparation?

"Here again you are not right."

3. Is it wise to use these mother tinctures for chronic diseases?

"Not quite."

12. K. T., Arasampatti.

1. Please name three important books (English Editions) that a Homœopath should possess or at least go through for a successful practice.

"(i) Kent's Philosophy;

(ii) Nash's Leaders in Therapeutics;

(iii) Boericke's Materia Medica."

2. Please name two or three living authors (foreign and Indian) who have written best books on Homœopathy worth to mention.

"You are placing me in an embarrassing position."

3. Please Name the Book in English on Homœopathy which has met the largest number of editions.

"Homœopathic Materia Medica by William Boericke M. D., as far as I know."

13. D. E., Panruti.

1. Does Homœopathy concur with the allopathic theory that 'Malaria' is caused by the mosquitoes? Then, what about the causation by marshy miasm and atmosphere?

"Does not." They are quite different.

2. Is pulse rate governed by respiration? In pyrogen pulse rate is slow when temperature is high. Why?

"Pulse rate is not governed by the temperature, but in health there is a pulse-respiration ratio, which may be disturbed in certain diseases."

3. Inconvincible application of law of "Similia" in "Lachesis"—Potentised remedy from snake venom is not found a cure in any snake bite—Then, are not the symptoms such as fainting, vertigo, cerebral anaemia and exhaustion, sleeping into aggravation, decomposed and unclotted blood, bluish swelling, shortness of breath of Lachesis, the similar symptoms of snake bite?

"They are similar and Homœopathy is the law of Similars."

14. T. S., Sanyad.

1. "Spices like, dry ginger, cinnamon, cardamom, pepper are antidotes to homœopathic medicine." This was the case of controversy between two homœopaths, they are never satisfied with any answer but of yours. Clarify their minds, please.

"They are said to be."

2. "The same controversial characters opine, that homœopathic medicines administered in hot water antidote their drug effect." Please enlighten them.

"I do not think so."

3. What do you consider of the working of the following so called institutions:

1. "Hind Homœopathic College, Sonapat, Punjab."

2. "Premier Homœopathic Medical College, Jullundur Punjab."

3. "Royal Homœopathic College, Amritsar—Punjab."

"The same as you think."

15. K. M., Rampur.

1. How do you maintain the expenses regarding your Rural Service, because you treat free of cost? Is the Madras Govt. helping you financially?

"The Govt. does not help. I earn by treating rich people and treat the poor free—Socialism in practice."

2. Our Educational Minister of Central Govt has said that postal tuitions are very necessary. If so, will Homœopathic postal tuitions be recognised by all State Governments?

"They must, if they wish to help the poor in the rural areas."

3. What are the Homœopathic medicines that can be given to a pregnant lady for maintaining good health and to promote a safe delivery?

"Kali Phos., and all others according to symptoms when indicated."

4. While our beloved Mahatma Gandhi and Dr. Rajendra Prasad have expressed good words on Homœopathy, why is the Govt. not encouraging Homœopathy?

"In a democracy, the opinion of only two persons, however eminent they may be is not sufficient."

5. Please name a good Medical Dictionary and a Materia Medica.

"Gould's Medical Dictionary; Boericke's Materia Medica."

6 Are you conducting practical training classes in English? If so, what do you charge?

"Yes. Ask for prospectus from the Institute enclosing Postal order for 0-50 nP."

16. K. M., Rampur.

1. Do you provide us Lodging facilities in your Institute if we come over there for practical training classes?

"Yes."

Questions pertaining to the Science and Art of Homœopathy, Hygiene, etc., will be answered by the Editor in the journal in the order of importance. One person can send three questions at a time.

Questions must be legibly written, or preferably typewritten only on post-cards and instead of writing the address, the coupon below must be cut and pasted on the address portion of the post-card. Questions sent without the coupon and those sent in envelopes would not be considered or replied.

The Editor reserves the right to reject or not to answer any question without assigning any reasons therefor.

Questions eliciting short answers only will be entertained.

The full name and address of the person sending the question must be given.

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The Homœopathy — Question Box

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Aug. '61

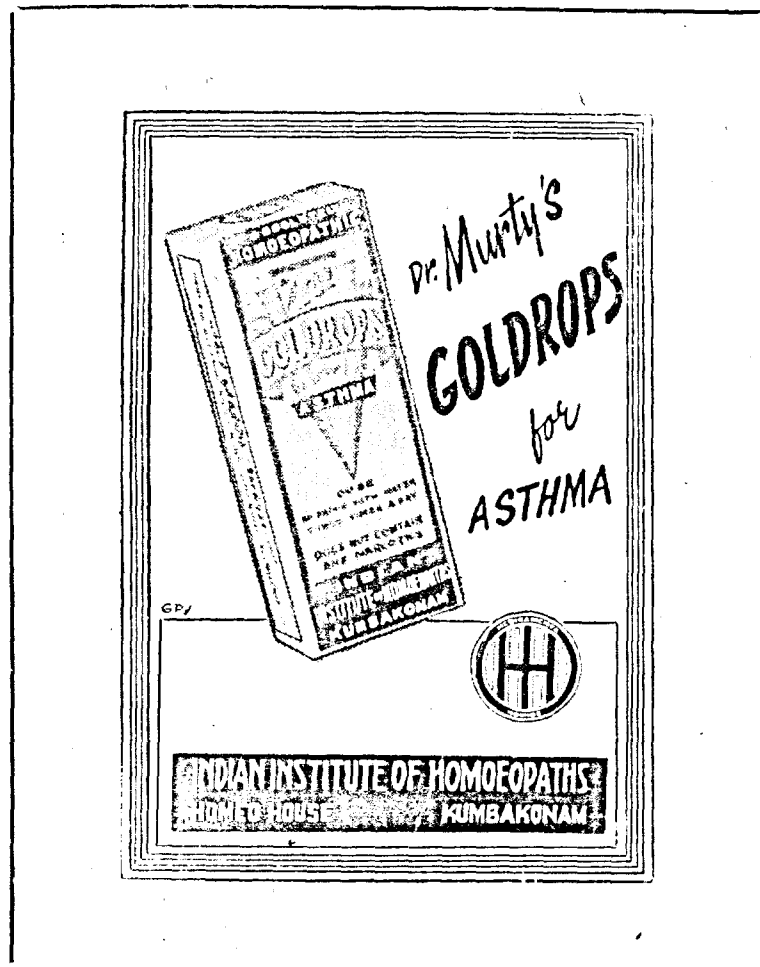
2. Allopaths hate Homoeopathy too much. Why is the Govt. so blind about our Homoeopathy? Why should it not encourage the cheapest system of medicine so as to help the poor sufferers?

"We must educate our representatives in the Govern-

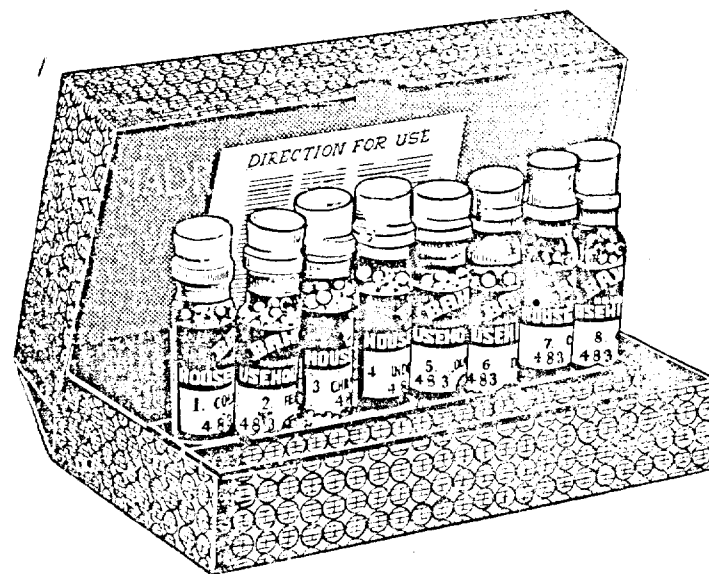
ment on the merits of Homoeopathy."

3. I heard that Cauvery floods have rushed into your Town. I pray God to save you and your Institute from floods.

"Thank you. Our Institute is situated in that part of the town where flood waters did not reach."



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THE PRINCE

(Dr. A. V. Subramanian, Salem)

If Sulphur can be called the KING among Homœopathic remedies, I am of opinion that NUX VOMICA can justifiably be styled as the PRINCE among our remedies. By a very close study of these twin drugs, any homœopath can work wonders and baffle our brethren in other fields of medicine. These two drugs are our trump cards as it were, and they come to our rescue very often at critical times. I should like to narrate a few instances where our PRINCE thus came to my help.

A baby about an year and a half old was suffering from spasmodic fits of convulsions ever since its birth. His father told me that his wife was quite hale and healthy and had given birth to two children previously, all the three deliveries being quite normal. The baby under reference was quite alright until the 10th day after delivery. On the 11th day, after his bath and baptism, there was a sudden rise in his temperature when the convulsions commenced. The lady doctor who attended his delivery gave some medicine, but the convulsions went on, though intermittently, for about a month. During the fits the eye-balls would go up, the fits clenched and the head thrown back to one side. No foam from the mouth was noticed, and it occurred about 12 to 15 times daily, in small shocks. Injections were given and mixtures administered strictly according

to the advice of the attending physician. Though there was some improvement, the disease was not completely eradicated even after one year of continuous treatment. Then some Ayurvedic physicians were called in who gave in addition to some pills for internal use, some medicated oil for massage to the whole body on alternate days. Six months went on but no improvement was noticed. Finally Homœopathy was suggested and I was consulted.

The mother told me after some close cross examination that she had some sort of itching eczema in her feet and neck for the past 3 years. It was of a sporadic variety and she used to apply some external ointments whenever it gave her trouble. Suspecting some suppressed PSORA, I gave her a dose of Sulphur 200 and another dose to the child. As the baby was a typical Cale Carb patient being fat fair and flabby with much sweat on the forehead especially during sleep, I gave him a dose of this medicine also the next day in 200th potency and repeated it after one week with placebo thrice daily. Though there was some improvement as far as the perspiration was concerned, the convulsions did not abate. The boy used to bite his hand and clothings quite often and makes some violent shrieking noises during convulsions: hence Belladonna and Cicuta Virosa

were tried but without any appreciable benefit. As it was now about three months since the baby came under my treatment, myself as well as the parents of the child became rather pessimistic about its cure and I suggested a trip to Madras for consultation with a better brain than mine. But as the father had some engagements at Salem for about a week, we decided to take it later. In the meanwhile, just as a change in the treatment, I gave a dose of NUX VOMICA 200 and placebo for a week. The father did not turn up for about a month and I was wondering what had happened to him and his baby. Imagine my surprise when he leisurely came to me one day and informed me that his child was 99% alright, that the fits which used to come about a dozen times previously stopped gradually within about a week after giving NUX and that at present there was only a symptom of some sort of fit occasionally say once in a day or two. I gave a dose of NUX VOMICA 1000 and the baby is quite alright now without any medicine for the past six months.

Another case is about a pair, a husband and wife of middle age. They came to me in 1956 and reported that they both had a sensation of something cold creeping up from their feet to the head and when it reached there, they used to lie down unconscious for about half an hour or so. It always started as a pricking pain as if with icy cold needles in both feet and

went up. This sensation commenced first to the wife and then to the husband about three years ago when their only daughter who was married to a close relative of theirs quarrelled with her husband and eloped with another man. The daughter was their pet and this act of betrayal on her part gave them such a serious mental shock, that they remained confined to their home for about a month because, as they told me, they dared not come out and encounter critics about their daughter's behaviour. This suppressed grief gave vent to many diseases first as dysentery, then shivering and fever and then the creeping sensation that I mentioned above. Suspecting this to be the act of some evil spirit invoked upon them by their enemies, some rituals were carried out to drive the spirit away. Some allopathic and Ayurvedic medicines were also given but all of them proved to be completely ineffective.

When I was consulted, I gave them Ignatia, NATRUM MUR, AGARICUS MUSCARIUS, KALI PHOS etc. Finding no permanent improvement even after two month's treatment, in utter desperation I gave them each a dose of Nux Vomica 1000 one day and 10 and the effect was really wonderful! Within about 2 or 3 days, all their maladies disappeared, they regained their original spirit and told me bravely that they did not care about their unfaithful daughter any more "Let her go and live with any person she likes. If

she is well and good that is alright," they said. It is now nearly four years since they took treatment under me. They have since then given birth to another daughter and all of them are getting on quite hale and healthy thanks to our PRINCE.

Having dealt with a baby and a middle aged pair, I will now give the account of an old man of about 60 years of age who came to me in September 1959. His bowel was usually confined for the past many years and he used to take some purgatives off and on, sometimes some household medicines and at other times mag. sulph., purgolax, brooklax, etc., etc., In this process, when he took a purgative in July 1959, there was no satisfactory response and he took another purgative. Not being satisfied with the movements of the bowel yet, he took some household medicines. After this the bowels were loosened so much that it passed on to diarrhoea and then to dysentery successively in the course of about a week, number of

motions per day ranging from 30 to 40. Every time, he would pass much mucus and blood with great straining, preceded by cutting colic in the abdomen. Finding no relief even after a month of clinical treatment at the local Government hospital, he came to Salem where the chief surgeon diagnosed it as cancer in rectum which could be cured, if at all a cure could be effected, only by immediate surgical operation. Not willing for this, I was consulted, and as he clearly revealed symptoms of NUX VOMICA, I gave him 6 powders of 200th potency to be administered every 3 hours. The very first dose calmed the patient's fretfulness considerably and within 24 hours his bleeding stopped and he passed but 3 motions, the last one consisting of ordinary faecal matter tinted with blood. 3 further doses of NUX VOM 1000 completely cured the patient. The Cancer in rectum vanished, he became his own normal self again. He thanked me for his cure and I thanked Hahnemann and our PRINCE N. V. in turn for it.

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HOMŒOPATHY IN HEART DISEASES

By HARVEY FARRINGTON, M. D.

Heart disease is still the number one killer. There are several reasons for this, some of which are known only to the homœopath. Like the majority of diseases, those affecting the heart are either functional (those uncomplicated by changes in the structure of the organ) or organic with local conditions leading to the formation of gross pathology, which assumes various forms according to the nature of the case. Space forbids but little more than the enumeration of those most often met with: for at this time, we merely wish to show you what homœopathy can do for them.

Functional heart affections are due chiefly to fright, anger, grief and other emotional upsets are over exertion, and usually pass off spontaneously if the cause is not too overwhelming or too often repeated. They are not serious, but always cause much inconvenience and anxiety on the part of the patient, especially as they are marked by fluttering of the heart, irregular heart beat, and at times some pain and alarming faintness. They may be merely a reflex irritation from some abnormal condition in another part of the body. Then they disappear under the action of a systemic remedy, which removes the source of the trouble.

Infectious diseases of various kinds, such as influenza, streptococcic sore throat, or so-called rheumatic fever, feared by physicians in ordinary medicine because it so frequently damages the heart in small children, are generally recognized as responsible for most organic diseases of the heart. The increased incidence of coronary occlusion is attributed to the nervous tension, anxiety and over-work of the modern business man.

This is no doubt true; but it cannot account for the very evident increase in the number of all the so-called degenerative diseases—diabetes, Bright's disease, cancer, hardening of the arteries and hypertension and the various forms of insanity. Only the homœopath knows the answers.

Research Inconclusive

Millions of dollars and thousands of hours have been wasted by research workers in ordinary medicine in the vain attempt to find a "cure" for each disease, more effective than the last one which has fallen for short of their expectations; and when after numerous tests on animals, a drug comes through that seems more promising, they are at a loss to explain why it relieves only a certain percentage of the patients to whom it is administered, while the others are un-

affected or suffer only the toxic effects.

If these wise-acres would only condescend to read a few pages of Hahnemann's *Organon* or his *Chronic Diseases*, they would find all their questions answered therein. They would learn why a remedy will not cure every case of the same disease. Although they recognize inherited or acquired tendencies to certain diseases, they are ignorant of the fact that these dyscrasias are the results of the suppressions of diseases in former years. They talk learnedly about allergies and immunizations, but do not know their true significance.

Avoiding Chronic Disease

This does not imply that medicine has made little or no progress in the past several decades; quite the contrary, but it is chiefly in the fields of hygiene, immunization and surgery, notably in surgery of the nerves, arteries and heart, in other words, in every branch of the healing art, except the most important. Verily, ordinary medicine does not do as much curing as it would have us think it does. Ask any member of the dominant school to explain why it is that the diseases most to be feared are on the increase, and he will answer that is due to the added years of life expectancy "Look" he will exclaim, "at what we have done for children and young people. Diphtheria, scarlet fever, smallpox and typhoid fever have been practically eliminated. Polio has been reduced by one half in

the past year. More babies are saved, more young people grow up to maturity." If you say that this no great accomplishment in the long run, he will reply: "It is no fault of ours that more of them reach the age when, as everyone knows, they are more apt to develop the degenerative diseases than in early life. We are bending every effort towards finding the cures for them." Here lies the crux of the whole matter. If he knows how to "make genuine cures, to weed out latent tendencies or dyscrasias, the result of countless suppressions preceding generations or in the patient himself, and if he makes use of that knowledge, there would be little chronic disease of any sort.

Homœopathy Can Help

The informed homœopath knows all these things, and acts accordingly. This accounts for his marvellous success in the treatment of heart disease.

Allow me to adduce a few illustrative cases, taken more or less at random from my files.

1. Helen W., aet. 12. Called in a hurry, I found the patient shrieking with sharp, stabbing pains in the region of the heart. They had begun 3 hours before and seemed to be getting worse. A few doses of *SPIGELIA* stopped the pains entirely in twenty minutes. There was a slight grating sound over the heart but no signs of other heart abnormalities. Pulse irregular, 160 per minute and a temperature of 102 degrees Fahrenheit. She received

her first dose at 4 p. m. In the evening she was able to take light nourishment, and next day showed no signs of illness though she was somewhat weak. Diagnosis: acute pericarditis, (inflammation of the double membrane covering the heart, holding a small amount of lubricating fluid, so that the heart could beat without friction.)

2. Carrie E. M., an unmarried woman, aged 38, the only daughter of a pioneer lumber magnate in northern Michigan. She said that she had been given everything that a girl could wish for, and had "never used her muscles." Her father had died and left her several hundred acres of worthless cut-over timber-land on the Northern Peninsula, but also valuable property in Michigan and Chicago. She came to me from an eminent homœopath who told her she had a leaking valve in her heart, but did not help her. The prescription was easy and illustrates how a "strange, unusual and peculiar symptom" may lead to the *Simillimum*: it was a feeling of coldness in the heart; a key-note of NATRUM MURIATICUM. Improvement began with the first dose of this remedy. Symptoms referable to the heart disappeared in a few days, and her general senses of well being improved. But numerous other chronic symptoms indicated that months of treatment would be necessary, before she was entirely cured. A careful examination revealed an "inorganic heart murmur." but no real heart disease. Her

feeling of lethargy and weakness gradually disappeared, and now, at the age of about 70, she manages her rather large estate unaided, and even makes out her own income tax return, (which, in itself is quite an accomplishment!)

This case not only illustrates the searching action of the homœopathic remedy, but emphasizes the necessity of an accurate diagnosis, often overlooked by some of our master prescribers.

A Case of Chronic Myocarditis

4. John K., aet 28. X-ray and cardiograph taken April 1940, had shown a chronic myocarditis (Inflammation of the heart muscle), and considerable enlargement of the heart. He complained of pain in the region of the heart, with violent palpitation, numbness of the left arm, marked shortness of breath, faintness and irritability and restlessness while sitting. All symptoms were worse in cold, wet weather and relieved by warmth and walking about. He was given RHUS TOX. in a high potency. In the next day or so he was markedly better; the pain in the chest had almost disappeared, and respiration was much easier. During the following summer, he continued to improve. Electrocardiographs taken, at intervals of two to three months, indicated that the heart was regaining its normal size and was, otherwise, in better condition. On May 10th 1951, Mr. K. reported that he was practically cured. Fortu-

nately the heart valves were not affected by the scar tissue so often thrown out by nature in a futile effort to correct the inflammatory condition of the cardiac muscles, and the enlargement was not a giving way of the walls of the heart, as happens in many of these cases, but an increase in thickness. Scar tissue always contracts, and thus distorts the valves or narrows the openings between the chambers of the heart. Thus the valves cannot close properly and more powerful contractions are necessary to take up the back-lash. The same is true when it is obliged to force the blood through an opening that is too small. These changes in structure are known as gross pathology. If not too extensive they may at times be corrected, especially in young people. Here is a case which illustrates this:

4. Homer B., a boy of eight years of age. He is apparently in good health but has suffered from an occasional attack of extreme shortness of breath, palpitation of the heart and dark red or purplish face, ever since he was born. In other words he was a "blue baby," which as a rule lives only a few hours after it starts to breathe. The circulation of the infant before birth, does not pass through the lungs. It is carried through an artery cord, to the after-birth, where it is purified and charged from the blood of the mother with all the nourishing substances that the child requires. Instead of passing through the artery from the upper right chamber of the heart

and into the lungs, it is diverted through the *foramen ovale*, (temporary opening from the right to the left upper cardiac chambers), and thence to the child's general circulation. Normally this opening closes at the time of delivery. In the blue baby it has failed to do so; the blood is not aerated and symptoms of strangulation result therefrom. I was visiting the boy's family in Waterloo, Ontario, and, unfortunately, made no record of the case. I am therefore not quite sure as to what remedy was given, but believe it was LACHESIS. The boy had only one or two light attacks after taking it, and grew into a strong, healthy man. He died at the age of sixty-five from some ailment which was not due to the fact that he was a blue baby. I have saved several blue babies shortly after they were born, but this is the only case in my experience, which survived for eight years, and then was cured, by the only possible means, a homœopathic remedy.

A Remarkable Case

5. Have you ever seen a corpse come to life? This is what apparently took place when I was called to see H. B., a man of about sixty-five. He lay motionless on his back. He did not breathe and I could find no pulse. Surely, I thought, this was a case for the undertaker. Then I imagined that I saw a slight motion of the chest. His body was cold, and his nose was like a piece of ice. Clearly no remedy but CARBO VEG. could save him. I placed a dose of a high potency on his tongue

and followed it with a teaspoonful of water. He made no effort to swallow it. I watched him expectantly, with my finger on his wrist. In about sixty seconds, I felt a slight quiver; then a flickering, weak pulse, soon becoming regular but very rapid. He began to breathe, opened his eyes, and asked: "Where in the heck am I?" He was so bloated with dropsy that he looked like a barrel. KALI CARB. took actually gallons of water out of

him in amazingly short time. He grew stronger, and in two weeks, took short walks in a neighbouring park.

In over fifty-nine years of practice, I have seen many cases of coronary occlusion but lost only one-and that was because the man disobeyed my orders and went digging in his garden. But space forbids my telling about them.

Homœopathy, London.

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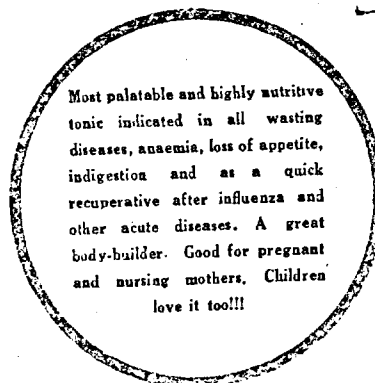
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