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THE HOMOEOPATHY

Managing Editor: Dr. V. R. MURTY

AUGUST

1960

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The HOMOEOPATHY²⁴

VOL. IX

AUGUST 1960

Book 8

IMPORTANT ANNOUNCEMENT

We are glad to announce that our Governing Director Dr. V. R. Murty has scheduled to visit Ceylon during the first fortnight of September, 1960. He will also be visiting a few important places of interest there. He will be glad to contact all our students and customers in Ceylon.

Persons requiring fuller details, & those that desire to meet him may kindly contact our Agent:-

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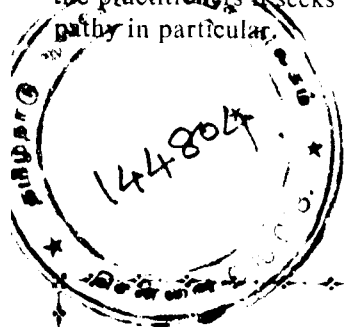
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OUR FEDERATION

On the 31st of July last, the Federation of the Registered Homœopathic Medical Practitioners' Associations of the Madras state celebrated its first anniversary in Trichy, its birth place a year ago. In the course of the one year the Federation has amply justified its existence. The one and the greatest service it has done is to endeavour to bring all the Homœopathic Practitioners in the state under one banner and in this it can be said that it has achieved good results. It has been the experience all over in our country to see various associations and societies for Homœopathy, each having its followings and policies, many times diametrically opposite to each other. This has indeed been the greatest stumbling block to the progress of Homœopathy. The one task of the Federation has been to bring under one banner, the various District and Taluk Associations in the State. Not only that; the Federation has been able to bring in the Institutes and Manufacturing Concerns also into its fold.

Although the Federation can legitimately take pride in its achievements in this regard, it has still before it various problems. There are yet some associations who have to be brought in. The indiscriminate growth of mushroom institutions of doubtful reputation will have to be checked. High standards will have to be prescribed for the practitioners in this State; and all said and done, it must be the endeavour of the Federation to raise the level and the dignity of the Homœopathic practitioners as a whole, so that in course of time it will be the Organization for Government to consult in all matters connected with Homœopathy in the State.

In appreciation of the good record of work of the Executive, the members have voted for the present office bearers to continue and to carry on the good work without break for another year. This is a very good sign of the solidarity of the members and we have no hesitation in saying that so long as this spirit continues the Federation can look forward for a bright future for itself and the practitioners it seeks to serve, and to the Science of Homœopathy in particular.



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NERVES

by G. E. LEONARD

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2/2
1/2
8

When a patient consults a doctor, it is because he needs help to overcome a weakness, or advice regarding a method by which he may be restored to health and well-being. He knows just how he feels and will attempt to describe his symptoms if he is given the opportunity. Too often patients are hurried through the consulting room by the physician who rapidly forms his conclusions and relies on the established drugs to do the rest. Such a consultation is disastrous to the man or woman who suffers from the distressing feeling of "being on edge", full of unknown fears and anxieties; or just frightened, with no self-confidence. "Nerves—you must pull yourself together—you can help yourself, you know a great deal, etc. etc." Well meaning advice but of little help or comfort to the sufferer who feels that he or she is not being understood or treated with the consideration his case merits. While it is true, that *nerves* can be made the excuse for laziness or escapist behaviour or the shirking of responsibilities the condition is nevertheless a reality to the sufferer. In Homœopathic practice the patient is encouraged to discuss the causes that have led him to the state in which he finds himself unable to cope with the daily problems of life; for in this discussion the individual characteristics will be revealed which may ultimately enable the Homœopathic physi-

cian to prescribe the correct remedy, should the case be suitable for Homœopathic treatment.

Nerves, by which is meant the over-strained, tensed or exhausted condition of mind and body cannot be solely treated by "tonics" or "sedatives", and the sufferer returned to normal well-being. The condition denotes a state of discord in the whole economy, and if the effects of tension are not immediately reflected in the body, the time will come when the vitiated vitality will make itself felt in some form, such as severe headaches, gastric disorders, diarrhœa or emaciation, deafness or hypersensitivity. The entire man must be carefully considered in every aspect, for the Homœopathic remedies when proved on healthy men and women reveal symptoms in every part of the nature; in the mind, in the emotions as well as in the organs, the bones and skin. Thus when the physician has collated his particulars of this patient with NERVES and eliminated organic disease, he is in a position to relate the picture with that of the proven remedy and know that he may expect improvement and ultimate cure, for the law will be fulfilled—*similia similibus curentur*.

I have recently seen a very interesting case of "Nerves" restored by the power of the Homœopathic remedies. The

patient was a man in the sixties of an extremely highly strung artistic type. He could hardly sit still while he talked, his sleep was full of terrifying dreams so that the night-time was a source of constant dread: he could not control his temper and raved at the slightest disturbance in his home; his hearing was so intensified that the slightest sound seemed magnified to a terrifying roar or scream. His history was of several nervous breakdowns throughout his life, some brought about by his own fault no doubt, and others by business worries, sorrow and fear. He was given antidotal treatment for vaccinations, which had been numerous, and modern drugs, which had only served to make him drowsy while their effect lasted and increased his fears and depression and excitability when discontinued. He had *Lycopodium* 6 night and morning for a month. At his second visit, he declared he was feeling a little calmer, and in the course of his conversation referred to wartime experiences of bomb blast shock. This had made a great impression at the time but he felt assured that all effect of it had now departed, but it seemed evident that, far from departing it was still deeply embedded in the inner recesses of his being. He was given *Arnica* 1m and *Nuxvomica* 12 night and morning for two weeks. He returned in five weeks a changed creature; the tempers had vanished, he no longer felt life too difficult to deal with or the people around him too irritating to live with. His

sleep was calm and untroubled, his appetite normal without the bouts of indigestion with windy pains that had tortured him for months. Noises were still a little loud in his ears, but in his new state of internal harmony he felt he could cope quite happily with this discomfort, which is probably the direct result of being blasted on four different occasions by the enemy's bombs. This man had been under those deemed competent to deal with Nerves for months and finally sent home to endure himself if he could with the help of calming drugs and endless sleeping tablets. Homoeopathy has restored him to happiness and health and vigour so that his creative ability may once more delight his fellow men.

Another case that has given me much food for thought was of a little girl of three. For apparently no reason, she changed from a sunny, happy baby to a distracted, weeping child. The medical man consulted by the distracted parent looked wise and said, "Nervous breakdown, I am afraid—I will give you medicine that will calm her—doubtless she will grow out of it." No questions as to the little one's diet, or possible causes of the distress; in fact no further interest at all. His decision was made and the prescription given. The mother was advised fortunately to seek the aid of Homoeopathy. The careful analysis of the little girl's nature pointed her to be a very clear *Pulsatilla* type, and this remedy was given in a unit dose.

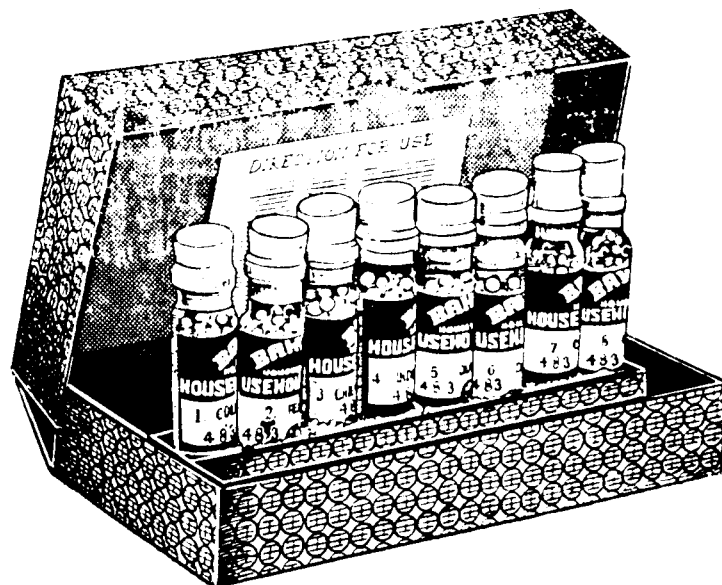
1m with some unmedicated pills for the baby to suck night and morning. She loved her little "sweets" and took them regularly. Her diet, which had been over weighted in proteins was adjusted to include plenty of fruit juices, instead of vast quantities of milk she had been forced to take previously—forced, because she always refused it if possible—salads of finely shredded lettuce, watercress, cabbage, carrots, apples; steamed or grilled fish once a week, a little minced chicken or lamb occasionally, and only two or three eggs a week, instead of the one a day as previously. Her last drink at night was Emprote made of half milk and water or Marmite as a change—and only a very small cup. Within two weeks the child was returned to laughter and joy and has continued happily ever since. The *Pulsatilla* was repeated three months later in the same potency (1m unit dose) and there has been no recurrence of "Nerves" for this little one. Some may argue that a baby could not have "Nerves", but that was the qualified medical diagnosis and for such treatment would have been given. Homoeopathy does not concern itself with the label, it is always the person that is of paramount importance. In this case there was discord in a *Pulsatilla* patient and *Pulsatilla* in potency restored the harmony.

Nerves are not confined to the human family, animals often exhibit signs of nervous fears that are most distressing. A bitch I had some time ago was

terrified of thunderstorms; at the first crack she would try and hide under the carpet, a mass of quivering flesh. *Phosphorus* 30 was given but with apparently little result. Sudden noise still appeared to distress her enormously and so I bethought me of *Aconitum*—that wonderful remedy for fear in so many forms. *Aconite* 30 was given on the next occasion of sudden noise—the breaking of the sound barrier—and with in a few minutes she calmed down and sat at my feet. The *Aconite* 30 was continued daily for a week, from which time the nervous condition has vanished. Another Homoeopathic miracle to impress me with the value and wonder of a medicine that so many ignore.

Before I give a few pictures of some of the many fear or nerve remedies that will, when correctly prescribed, unfailingly help all those who are troubled, I must say a little about diet. The nerves of our body are the most valuable servants we have. We cannot do without them for they make us the sentient living feeling creatures we are. If we expect our servants to work well for us we must in every way treat them with respect and feed them wisely. Treated well, they slave constantly for our happiness, ill treated they will tear and rend us—and no servant is more obstinate to subdue than a starved, maltreated nerve. At every turn we shall suffer pain and anguish in body and mind until we accede to the true and just demand for nourish-

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ment and rest. When we are forced to work long hours, in perhaps not very congenial surroundings, we feel the strain, and it then becomes of vital importance to us that we should be as wise as possible in our diet and the matter of adequate rest and relaxation. When we are wearied and nervously exhausted it is futile to expect our stomach to digest heavy, fatty foods. Our meals therefore should be light and appetizing, but contain those proteins and vitamin foods that will replace the worn out tissues. Fish grilled or steamed is preferable to fried, it can be made appetizing and of increased value with a tasty sauce of cheese and herbs with egg and paprika. Salads should not be limited to the dull meagre selection of lettuce, tomato and beetroot, but should include apple, orange and raisins or dates. Cream cheese will be found to be more easily digested than processed cheese. Bread should always be of whole-meal variety, the less quantity needed for satisfaction relieving the digestion of much unnecessary effort. Butter and cream can be taken as each individual is able to digest it. Obviously a variable amount, for, to some cream or olive oil is anathema, while to others they are of vital necessity. Emproté is one of the best foods to take on retiring, made with either milk or milk and water; on occasions I have found patients preferring it with water only. It is rich in easily digested protein, and in a very short while improves the whole nervous system. When

the body is tensed and wearied, a common result is constipation resulting obviously in auto-intoxication. It is of vital importance that the bowels should be kept clear of all effete matter, and if the olive oil salad dressing proves insufficient help or is nauseous to the sufferer, then Black Molasses taken in hot water on rising or immediately before retiring will prove effective and beneficial. Those who are conscious of their nervous exhaustion will do well to take a very small amount of Molasses in water regularly before meals. The natural potassium salts will feed the depleted tissues and supplement the devitalized, chemicalized food that is so often further ruined by cooking in aluminium pots. And of course the question of rest must be considered. To sleep in stuffy, illventilated bedrooms, or read late into the night, or dance or frequent overheated entertainment centres after a long day of nervous tension, is to encourage the body to collapse. Each and every sufferer will need individual advice and help, for when sleep is fugitive it is relaxation to read and when work is arduous, entertainment is a happy escape, but in all these, the way of moderation must be observed. The extremes denote so clearly to the Homœopath the inner discord of the patient, and it is the restoration of balance he will concentrate upon. When the mind and body is once more harmonized, the daily toil will be more easily accomplished and the desire for escape or stimula-

tion less urgent. Life becomes once more good to live when Homoeopathy directs the way.

And now for remedies. A few only can be referred to, for every patient needs to be considered for himself or herself, but those who perhaps read for the first time about this absorbing subject will be interested in the differences between the remedies and the facts that have been revealed from the provings on healthy men and women. Never continue for more than 10 days if no relief is obtained.

Anacardium. Neurasthenia, nervous dyspepsia relieved by food; loss of memory, depression and irritability, desires to curse and swear. Brain fag—lacks self confidence. Malicious and suspicious.

Dose *Anac.* 6, one pill three times a day, less often when improved.

Cimicifuga racemosa. Nervous rheumatic patients, muscular and crampy pains all over the body. Migraine. Pains like electric shocks here and there. Depression, feels impending evil. Talks incessantly. Visions of cats and mice. Result of mental worry and over-study. Brain feels too large. Pressing-outward pain in head.

Dose: *Cimic.* 3. One pill 4-hourly, less often as improvement sets in.

Gelsemium. Prostration, dizziness, drowsiness, dullness and

trembling. Slow pulse, very tired, mental apathy. Depression from heat of sun. Bad effects from fright, fear, exciting news. Stage fright. Bruised sensation of head—dull heavy ache. Pain in temple extending to ear and nose and chin. Face dusky and flushed. Trembling and weakness of all limbs.

Dose: *Gels.* 6. One pill 3-hourly less often when improved.

Ignatia. Hysterical subjects. Nervous, alert, apprehensive and rigid patients. Effect of grief and worry. Worse from coffee and tobacco. Introspective, silently broods. Twitching muscles of face and lips. Insomnia from grief; violent yawning and itching of arms. Sighs a lot. Much flatulence. Craves acid things. Averse ordinary diet. Tendency to choke.

Dose, *Ign.* 6. One pill 3-hourly. Less often when better.

Mag. phos. Cramping of muscles. For tired, languid, exhausted patients. Unable to think clearly. Indigestion prevents sleeping. Headache after mental effort, feels chilly; always better for warmth. Involuntary shaking of hands. Cramp in calves. Weakness in arms and hands. Worse right side, cold, touch, night.

Dose: *Mag. phos.* 6. One pill 2-hourly. Less often as improved.

—Health & you

THE HOMOEOPATHIC INTEREST IN COMMON SALT

Dr. THANAPPA PILLI L. M. P. (IND)

Interest in common salt! Every human tongue has interest in it. Every one wants it in certain proportion in his ordinary food preparations for taste. This salt affinity of man is born with him, because his body tissues need its presence for normal functioning. Medically also, this salt is in use in all most all systems of medicines. Scientifically it is a chemical combination of sodium, chlorine and Oxygen. Allopathy makes use of its mechanical or chemical actions. In material doses, in the stomach, this Salt helps to form sufficient amount of HCL, which plays a big role in digestion of proteins. During and after haemorrhages, after severe diarrhoea or after excessive loss of body fluids, the need of this salt is increased and usually this is administered as saline injection. In other cases for example, in pleurisy with effusion, swellings, kidney diseases, jaundice, its consumption is restricted in order to improve the discharge of urine, dry the tissues, and reduce inflammatory phenomena. This shows that this salt promotes retention of body fluids. Even as a household remedy some salt in rice water is often given to stop too much purging due to saline purgatives. These are only the mechanical or chemical action of the material doses of this drug.

During the investigation of medicinal possibilities of ordinary articles of diet, one intellectual giant, and great doctor, tested and proved the marvellous curative value of table salt. He was none other than Dr. Christian Fredrick Samuel Hahnemann of Germany, the founder of Homoeopathic system. In his work on "Chronic diseases, he says "Pure common salt (dynamized like any other, homoeopathic substance, is one of the most powerful medicines) is a heroic and mighty medicine". His worthy followers like, Dr. J. H. Clark, Dr. Gilbert Charette, and others also have corroborated, that table salt, if used homoeopathically is really a powerful and beneficial medicine. Bio-chemistry, as well said by Dr. Kent, as "a somewhat crude form of Homoeopathy", has included this salt, in the guise of its Latin name, *Natrum Muriaticum* as one among the famous 12 tissue remedies of Dr. Schuessler, the founder of that system.

Since we have to consider more about Homoeopathic interest in this common salt, we have to go into the fundamental principles of that great system, to understand how it is able to assure so much curative value. The basic principle of homoeopathy is "Similia Similibus Curentur" or "let likes be

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treated by likes". This means, only a drug which produces a disease can cure that disease, in other words, a particular disease can be cured only by a drug which is capable of producing that disease. The manifestation of this sort of two fold actions of a drug is achieved by attenuation of its material form. Master Hahnemann thought over this fact and he wanted to find out a new method of treatment. His life long aim was to perfect a pharmaceutical process which will ensure maximum development of pharmacodynamic properties of drugs with their minimum material quantities. In minimising the material quantity of the drugs, that great doctor found that medicinal aggravations could be averted making it possible to repeat the doses to expedite cure. In chronic cases it needs to maintain the maximum degree of unfoldment of latent dynamic properties of the drugs, for which he found out that higher and higher potencies are more effective. For this purpose he even used $\frac{1}{1000}$ of a drop of a back potency. Such dynamisation of the material part of the medicine no doubt increased the curative power. His followers Dr. Hering, Dr. Dunham, Dr. Kent, Dr. Nash and others advocated the practice of using higher potencies and claimed better therapeutic results in many cases which did not respond satisfactorily with lower potencies. That is why Homœopathy does not give its remedies in material doses as the other systems usually do. A homœopath believes and relies

on minutest and infinitesimal doses, because, according to homœopathic science, *the real disease is not the symptoms we see in the body*. They are only the *effects of the disease* which affects or originates from the *inner self or the inner man* or let it be "*அந்தராத்மா*" as we say. We all know man is a complex being, composed as he is of visible and invisible elements, both of which go to make up his life, growth, and development and hence his disease processes cannot be seen by mortal eyes or be measured or valued by even with the aid of chemical tests microscope or X-rays. It is not possible to cure radically a patient from the physical stand point, because a man is more than his body. He has also mind and soul which can exert their influence over the body in the cure of disease. The inner self or *அந்தராத்மா* or mind or soul what ever be its name, is invisible, most delicate and not material. The disease assumed to have originated from such a quarter also must be of the *same form*. In fact it is so. The disease which originates from that far remote place, spreads out and exhibits its condition *in terms of the so called symptoms*. The drug which can cure such a disease must also be in *such a delicate, infinitesimal form* to reach the very root of the disease which lies with the *innerman*. The crude or material form of a drug however much it is powerful or active, cannot reach *thus far* and act on the *real disease*, hence comes the necessity of

potentisation and this potentisation imparts the drug the suitable form and dynamic power for action.

Next comes the selection of proper drug, for the cure of the disease. Here homœopathy insists and depends upon the *Complete agreement* of the symptom picture of the disease and that of the drug to be administered. Now accomplished and ready stock of such symptom pictures of the drugs are available in Homœopathic materia medica, *a record of the results of drug provings by master minds of Homœopathy*, in a method known to Homœopathic system only. The repertory serves as a key to that Materia Medica. A Homœopathic doctor by his particular method of case-taking totals up the symptoms of the disease and picture them completely on his mental screen. When an expert homœopath can, so to say, *smell the right drug*, as pertinently put by Dr. Kent.

Now let us go in for the therapeutical and Pharmacodynamic actions of this Natrum Muriaticum. They have been collected by so called drug proving method, well discussed and recorded in the Homœopathic Materia Medica by great authorities in that great science

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Nat Mur. tones up this system in the patients who are exhausted anaemic, emaciated from loss of vital fluid such as profuse menstrual bleeding or seminal losses due to sexual excesses, diabetes or mental affections.

The striking symptoms are, great emaciation and loss of flesh while living well. [Abrotanon, Iodium] Throat and neck of children are seen markedly lean and fleshless than their lower limbs which may look plummy and round. Great liability to take cold. Irritability, child cross, when spoken to. Crying from slightest cause. Gets into a passion about trifles, especially when consold. Awkward. Hasty. Drops things from nervous weakness. [Apis Bor.] Marked disposition to weep, sad weeping mood without cause [Puls]. But consolation from others aggravates her troubles.

A great remedy for certain forms of intermittent fevers, anæmia, chlorosis and many disturbances of alimentary tract and skin. Great debility felt in the morning in bed. Dryness of mucous membranes. Discharge there from, watery or white like

the white of egg. Over sensitive-ness in all sorts of influences.

Headache of school girls [cal. phos.] Headache from sunrise to sunset, more often left sided, with pain of all sorts and severity, as if bursting with red face, with nausea and vomiting, before, during and after menses as though a thousand little hammers were knocking in the brain, during fever, not relieved by sweating. Headache beginning with blindness, [Iris, Kali B.] with zigzag dazzling like lightning in eyes, ushering in a throbbing headache from eye strain.

Lachrymation, tears stream down the face whenever he coughs [Euph]. Hay fever, squirming sensation in the nostril as if a small worm, brought on by exposure to hot sun or intense summer heat.

Sensation as if a hair on the tongue [Sil]. Tongue mapped with insular patches like ringworm on sides [Ars, Lach, Merc, Nit. Ac, Tarax] Heavy, difficult speech, Late walking in children.

Constipation, sensation of constriction of anus, torn, bleeding, smarting after stool. Stool dry, hard, difficult, crumbling, stitches in rection, [Nit Ac]. Involuntary stool, knows not whether flatus or faeces escape] Aloe, Iod, Mur. Ac: Olean, Pod].

— (To be continued)

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MAN "FEARFULLY AND WONDERFULLY MADE"

(H. J. HOXIE, M. D.)

(Continued from July Issue)

Mental Activity

When something goes wrong in the body, as when there is a serious malfunctioning of an organ, the stimuli imparted to the sensory nerves are heightened so that they break through to consciousness and are carried to the brain as sensations ranging from vague discomfort to acute pain. The brain is in contact with every tissue of the body by means of sensory nerves. Besides the receptors in the viscera, there are special fibers in the muscles, tendons, joints, ligaments, and inner ear which supply the brain with information about the position of the body and its parts. There are also the organs of special senses—vision, touch, temperature, hearing, smell, and taste—which inform the brain of conditions outside the body.

The brain receives all these data, evaluates them, sorts them out into classifications, associates some data with others, draws conclusions, makes decisions, and sends out impulses over the motor nerves to carry out appropriate actions. Each such action of the brain in response to stimuli leaves a permanent change in the interrelations of the brain nerve cells. These changes constitute memory and influence future reactions.

The brain of man is by far the most highly developed organic tissue in the world. Each cell of its estimated sixty million is connected by tiny nerve fibers to many other cells. The brain is connected to every part of the body by both sensory and motor fibers. It is the seat of the reason and the will. It is the chief physical instrument of the intellect and the spirit. Despite its exalted role, however, it is a piece of physical tissue subject to all the environmental influences to which all other tissues are subject. Its highly specialized function and intricate structure make the brain more susceptible to injurious conditions than most other tissues. In addition to its connection with all other parts of the body through the nervous system, it is connected with them also through the blood and the lymph. It draws its nutriment from and discharges its waste into the same circulating fluids as every other body tissue, regardless of location or function. The blood and lymph inextricably bind the welfare of the brain to the general health of the body. The difference between fresh air and foul, by reason of its effect on the quality of the blood, can make the difference between an alert and a sluggish mind. Prolonged fatigue, chronic infection, or nutritional deficiency can impair the reasoning faculties, dull the

fine edge of moral discrimination, and induce even moral serious mental disease.

Emotion

When the brain responds to sensory, or outside, stimuli, it has at its disposal the voluntary nervous system, which controls the voluntary muscles. Accompanying every voluntary muscle action is some activity of the autonomic nervous system for the purpose of preparing the tissues such as muscle and nerve to support the muscle activity. This autonomic activity is organized into patterns by the groups of nerve cells in the hypothalamus. A situation that is recognized by the brain to be one of importance to the welfare of the person is likely to be accompanied by a strong reaction in the organs of the body. The recognition of the situation and the sensations arising in the body as a result of the reaction carried out by the autonomic nervous system comprise what we call *emotion*. If appropriate action is taken by the voluntary muscles to meet or to escape from the threatening situation, the body functions as a unit, mobilized energy is effectively expended, and the body can return to its resting state.

Situations producing reactions of fear or anger produce the strongest internal bodily reaction. In a world motivated by self-interest there are so many real and imagined threats to man's welfare—so much loss, disappointment, uncertainty, and insecurity—that fear and anger or their

protracted counterparts, anxiety and resentment, are extremely common feeling states. When, as so often happens, appropriate voluntary muscle action cannot be taken, either because the better judgement prevents or because the mind cannot decide what to do, the autonomic activity continues. These physical, or mental, impacts on the body can be just as real and damaging as physical impacts.

Mental and emotional stress can produce constriction of the blood vessels, causing high blood pressure; constriction of the bronchi, causing asthma; swelling of the membranes of the nose, producing obstruction to breathing and headache; swelling and ulceration of the membranes of gastro-intestinal tract, causing discomfort in the abdomen; motor disturbances of the intestines, leading to either diarrhoea or constipation; spasm of the bladder, causing frequency of urination; irregularity and consciousness of the heartbeat; increased respiration, producing tight sensation in the chest and numbness of hands and feet; imbalance of control of the smaller blood vessels, causing skin blanching, flushing, sweating, and sense of dizziness; and other disturbances of function too numerous to mention here. If these changes in function persist, structural changes are likely to result.

An honest concern for the welfare of others and a sense of being the recipient of the solicitude of others produces a pleasant emotion called love, or

happiness. This feeling state is conducive to the most efficient working together of the organs. Because there is no threat to personal welfare, the structures and activities of the human being can function as they seem to have been intended to function in harmony for mutual benefit.

Social and Spiritual Activity

The lower animals have organs that function much like the organs of man. But no other animal has a brain as large, sensitive, intricate, and responsive as that of man. This is the organ that enables man to adapt himself to many complex situations and to change things to conform with his will. This is the organ that makes man the most valuable thing in the world.

It is his brain that enables man to organize and record his intellectual and social activities into what we call our culture. Our culture is our intellectual heredity, because we are dependent upon other human beings for our intellectual as well as our physical propagation. Long ago our forebears learned that certain attitudes and performance in our relations to one another were most beneficial to everyone concerned. This knowledge has been summarized in rules of ethical conduct. There is a close relationship between good ethical conduct and good physical and mental health.

Most of what we do to each other is done without conscious-

ness that a duty to God is involved. God, who made us and the world we live in, is sovereign, but we are responsible. Our highest duty is to learn from Holy Scripture the true rules of mental, moral, and spiritual health, and then to comply with these rules and encourage others to follow our example. If we do this, we can expect increased health and happiness in this life eternal in the hereafter.

There is no summarization for this discussion of the nature of man; the subject deserves expansion. It is hoped that we have stimulated your interest in your own nature. In both physical and intellectual activities you have remarkable powers of adaptability and resourcefulness, but at the same time you are dependent. If conditions are not too adverse, by the use of your will and intellect you can comply with the laws that apply to your physical, intellectual, social, and spiritual activities and thus obtain more abundant life. Of yourself you cannot create anything. But by accepting the provisions of an all-wise Creator in the form of natural foods, fresh air, sunshine, proper clothing, exercise, rest, and recreation, you can go far toward obtaining physical health. By accepting and living by the moral code and the spiritual teachings set forth in Holy Scripture, you can become the dwelling place of the Spirit of God.

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The *Sulphur* patient is lean and stoop shouldered, quick, wiry, nervous and active. The *Calcarea* patient is constitutionally fat, or strongly inclined to obesity. *Graphites* also is obese, but it is accompanied by the peculiar skin troubles.

* *

* *

A rapid method of reducing weight is to adopt an exclusive fruit dietary, taking no other food whatever, and no drink. This may be arranged by making a breakfast of oranges, luncheon of apples and bananas, tea of oranges, dinner of apples, tomatoes and bananas. The amount of fruit taken for a meal will depend on the individual patient.

We must not prescribe for *Psora* (which is only a name after all) without indications. Study the symptoms and prescribe.

* *

Isn't it curious how some physicians will hoot at a potency and fly like a frightened crow from a bacillus varying in size from 0.004 millimeters to 0.006 millimeters.

* *

* *

The chronic miasms act in a direction from without inward. This is evident in Syphilis, Sycosis and in *Psora*. In order to cure a chronic disease, therefore, it is necessary to find remedies whose action is from within outward.

Natrum Mur patient is very hungry, yet he loses flesh while eating well. *Iodine* has this canine hunger with emaciation; but after eating *Natrum Mur* patient feels weary and sleepy, while the *Iodine* feels better.

* *

* *

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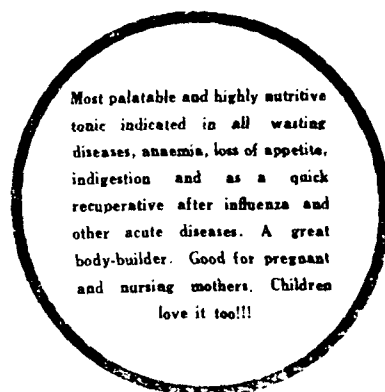
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Dr. V. R. MURTY FELICITATED AT MADURAI

(From our Correspondent)

—Madurai, July 31

Addressing a meeting of the local Homœopathic Practitioners here on July 30, Dr. V. R. Murty, President, Madras State Federation of Homœopaths and Governing Director of Indian Institute of Homœopaths, Kumbakonam said, that Homœopathic System had been recognised in all States except Madras where the Government was now considering for recognising this system. Government of Madras, he added, was prepared to encourage Homœopathy and would give financial aid if anybody would start a Homœopathy College.

Dr. Murty was replying at a reception which was accorded to him by the Madurai Homœopathic Institute where the meeting was held.

Dr. U. Pakkianathan, Director of Madurai Homœopathic Institute welcomed the chief guest and paid tributes to the excellent manner in which Dr. Murty is propagating Homœopathic system in South India and manufacturing homœo medicines. Dr. M. R. Shunmugasundaranar and Dr. V. P. John also spoke on the occasion, stressing the need of unity among Homœopaths and expressing appreciation to the eminent service of Indian Institute of Homœopaths, Kumbakonam and Dr. V. R. Murty.

Dr. Murty said that Homœopathic System had become unavoidable and indispensable nowadays in Madras State too due to its cheap cost and effectively curing aspect. He said about 400 to 500 doctors in allopathy system would come out from Medical Colleges every year and their service alone would not sufficient to cope up the great demand of growing population of our country in the matter of medical service. As such, the Federation President added, homœopaths had a great role to play especially in rural medical service.

Referring to the postal tuition of Homœopathy which was being conducted by his own Institute at Kumbakonam and some other institutions Dr. Murty said it helped candidates to acquire some basic knowledge about Homœopathy and that they had to develop themselves to attain the status of perfect Homœo Doctors through constant and sincere efforts and practice. He said that his Institute had imparted education in Homœopathy to over 20,000 candidates so far since 1939 when it was started and statistics revealed that about 10 per cent of them had taken up Homœopathy as their profession. Dr. U. Pakkianathan, the Speaker said, was one among a few homœopathic doctors who were really interes-

ted in development of Homœopathy in proper lines.

Proceeding, Dr. Murty wished that Homœopaths in South India should visit Homœo medicine manufacturing centres in North India and in Kumbakonam and have a glance of the homœo medicines produced there. He suggested Madurai Homœopathic Institute to arrange such a tour with about 40 Homœopaths and said that Indian Institute of Homœopaths

would bear 25 per cent of the total expenditure in this regard. In conclusion, Dr. Murty advised Homœopathic Practitioners not to mix allopathy or any other system of medicines in their practice and they should, in their own interest, make use of homœopathic medicines exclusively. Honest and sincere service alone would help homœopaths in all respects, he added.

Dr. R. S. V. Sivaramakrishnan proposed a vote of thanks.

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FEDERATION MEETS

The first annual General Body Meeting of the Federation of the Registered Homœopathic Medical Practitioners' Associations was held at Tiruvanaikaval, Tiruchi, on Sunday, the 31st July, 1960 at 10-30 A. M. Dr. V. R. Murty presided, and almost all the member Associations, Institutes and Manufacturies were represented by representatives.

After prayer, Dr. Ramanuja Anandar, the Vice-President of the Federation and the President of the All-Tamil Nad Homœopathic Association, Trichy, welcomed the gathering and outlined in brief the programme.

Dr. V. Subba Rao, the Assistant Secretary read the minutes of the last meeting and Dr. M. Gopalakrishnan gave an outline of the various activities of the Federation during the past one year and also read the statement of Accounts and expenditure, which were passed unanimously.

Then the President addressed the members. He dealt with about the various tasks that lie ahead, for the Federation to do, and also stressed the need for building up adequate funds for the Federation to carry out its programme. He suggested various means for augmenting the finance for the Federation and asked the General Body to consider the proposals put forward by him and come to decisions.

Various members then spoke on different topics of interest to Homœopathic practitioners.

Dr. S. Srinivasan spoke about the need for giving some practical clinical training to students, in Homœopathic Hospitals.

In the after-noon session election of office bearers came foremost. It was the general opinion that the existing team, should continue in office for one more year to carry on the various programme of the Federation effectively. Almost all the members were re-elected unanimously. As it was felt that representations for a few more member associations should be given, the number of executive Committee Members was increased from 12 to 16. For this purpose, the Rule (3) of the articles of the Federation was suitably amended with the unanimous approval of the General Body.

The newly elected Executive Committee personal is as below:

President:

Dr. V. R. MURTY

Vice President:

**Dr. S. Srinivasan,
Dr. Ramanuja Anandar,
Dr. V. R. Subramaniam**

General Secretary:

Dr. M. Gopalakrishnan

Assistant Secretary:

Dr. V. Subba Rao

Treasurer :

Dr. V. Mahadevan

Members :

Dr. V. S. Subramaniam, Madras
 Dr. K. Damodaram, Coimbatore
 Dr. E. Abdul Jabbar, Trichy
 Dr. B. R. Chandran,

Tirunelvelly

Dr. B. Mahaboob, Srivilliputtur
 Dr. B. A. Kanikaraj, Nilgiris
 Dr. E. P. M. Swamy,

Tiruchengodu

Dr. V. J. Rao, Nellikuppam
 Dr. K. Ramaswamy, Pudukottai
 Dr. R. A. Mookkappa Chettiar,
 Sular (Palladam)

Dr. K. N. M. Choudry,
 Gudiyattam

Dr. K. M. A. Wahab,
 Tindivanam

Dr. T. K. Rayaloo, Madurai
 Dr. H. Selvaraj, Trichy
 Dr. Kanniah Raj, Krishnagiri
 Dr. H. M. Javeri, Trichy.

The general body of the federation passed the following resolution unanimously:

This General Body of the Federation requests the Madras Government to permit Homœopathic Practitioners to possess and prescribe Homœopathic tonic preparations containing only a small percentage of alcohol other than Homœopathic dilutions, upto one pound.

After vote of thanks by the Assistant Secretary of the Federation Dr. Subba Rao of Madurai and Dr. G. A. B. Char, Vice President of the All Tamilnad Homœopathic Association, there was a group photo and tea.

The All Tamilnad Homœopathic Association deserves to be complimented for playing the part of a perfect host this time also. Lunch tea, and other arrangements were excellently arranged by them for the delegates and visitors.

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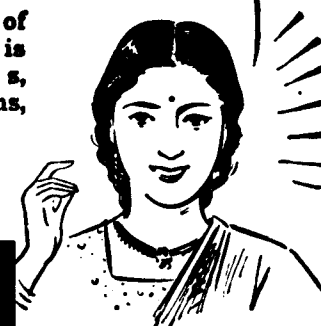
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THE HOMOEOPATHY

Managing Editor: Dr. V. R. MURTY

SEPTEMBER

1960

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The HOMOEOPATHY

VOL. IX

SEPTEMBER 1960

Book 9 .

THE TWENTY SECOND YEAR

(INDIAN INSTITUTE OF HOMOEOPATHS)

We have entered the 22nd year of our service to Homœopathy and through it to the people of our country. It was on the morning of the 1st September, 1939 that the birth of the Indian Institute of Homœopaths took place and, during all these 21 years, the Institute has grown steadily, little by little, and, today when we have just entered into the 22nd year, we feel like being an young adult, full of vigour and energy, ready to serve the country with all that one can command. In the early years we have, of course, had to contend with so many setbacks and so many difficulties, and, in spite of so many odds, we have been able to carry on and reach the position we are in today.

The first and the foremost difficulty that the Institute had to face was the declaration of the Second World War exactly on the 3rd day of the inauguration of the Institute. The war in its train, brought all difficulties to every one and we too were not spared. But, by the Grace of Almighty and the great support that we have been systematically receiving from our friends in India and abroad, we have been able to overcome all difficulties.

We said the Institute has grown from year to year in a very steady manner and we are now glad to say that it has grown to such enormous proportions with all strength and might exactly like an young soldier of 22 years. Even to-day, due to various causes beyond our control, we have got to contend with fresh difficulties allround. But yet undaunted, we have extended every



OUR GOVERNING DIRECTOR
DR. V. R. MURTY

one of our activities and today the INDIAN INSTITUTE OF HOMŒOPATHS has become a world-wide organisation, with branches and agencies spread through out, not only in Tamil-Nad, not only in India, but also in places overseas such as Ceylon and Malaya. The activities of the Institute now cover not only its postal and personal and regular tuitions. We manufacture almost all Homœopathic and other medicines ourselves in our own uptodate laboratory manned by highly qualified technical staff and with most modern equipments. Our hospital is fully equipped to treat patients from far and near and thousands of patients are being treated by us annually. Above all, our journal "HOMŒOPATHY" is serving the practitioners, the students and the public. All these have been possible only by the uniform and good support extended to us by our friends and the general public, and we take this opportunity of thanking one and all of them. On this day we again pledge our-selves to the cause of the upliftment of Homœopathy and its Practitioners and for the services that we shall render to the people through this. We, therefore, request the uniform and usual support to us from every one in the future in a greater measure.

In spite of our 22nd year's service, and, in spite of Homœopathy, having become so popular in our country, and in spite of its being so very useful especially to the population in the rural areas where no other medical aid is easily available, we are still in the stage of requesting the Government to properly recognise the Homœopathic system of medicine and to give it the maximum encouragement and support as is being done to the other systems of medicine. The Government, no doubt, wishes to do that but their hands also are too full and their purse too slender. Again, due to various factors it may not be easy for the Government to take up and give the same amount of support and help to Homœopathy. But one thing can be said at once. It is today Homœopathy that is giving the much needed medical aid to the rural population in a large measure and hence, it has a better right to ask the Government to deal with it sympathetically.

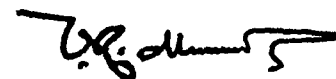
The Federation of the Homœopathic Associations of Madras State has been functioning for more than the last one year and it has rendered already very useful service in the cause of

Homœopathic Practitioners and we hope that in the years which lie ahead, the Federation would be able to achieve all that is desirable in the interests of Homœopathy and its Practitioners in the country.

It is a sign of great strength to find that almost all professional associations in the State have got themselves affiliated to the Federation, thus, making the organisation, the real representative of Homœopathy in the State.

Let us hope, that in the years to come, Homœopathy will hold its head high and serve the people as it should.

In this, no doubt, the Indian Institute of Homœopaths, and the "HOMŒOPATHY" would play their part fairly and well.



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Reception To Dr. V. R. Murty At Jaffna—Ceylon

As announced in our previous issue, our Governing Director accompanied by Mrs. Lakshmi Murty has left for Colombo (Ceylon) on 2nd September, 1960 from Madras by plane.

His programme of engagements at Jaffna is as follows:—

Sri M. Veluppillai, Municipal Office, Jaffna, Ceylon, writes:

1. We will be receiving Mrs. & Dr. Murty on Monday the 5th of September 1960 at the Jaffna Railway station.

2. At 4 P. M. on Tuesday the 6th a reception and tea-party will be accorded to Doctor Murty and Mrs. Murty at "Palm Court" where accommodation has been arranged, by the Homoeopaths of the Jaffna District and students and customers of the Indian Institute of Homoeopaths. Some distinguished citizens of Jaffna are expected to be present.

Dr. Murty is expected to address the gathering in both English and Tamil on some aspects of Homoeopathy.

3. On the 7th of September 1960 the hours between 8 A. M. and 11 A. M. have been allotted to Homoeopaths, students and customers of the Indian Institute of Homoeopaths to personally meet Dr. Murty on matters concerning their practice and business, etc.

4. On the afternoon of the 7th September 1960 Dr. Murty and Mrs. Murty will be accompanied to see places of importance in Jaffna and back to "Palm Court".

5. Send off to Dr. Murty and Mrs. Murty on the 8th September 1960.

We hope to make Dr. Murty and Mrs. Murty feel at home, during their short stay in Jaffna.

CHAMOMILLA

(V. R. M.)

In this article we try to bring out the characteristics of one of our important most remedies, namely *Chamomilla*.

For an experienced Homoeopathic Physician it will not be very difficult to find out the patient needing *Chamomilla* immediately he is before the patient. The main characteristic of this remedy is the great irritability and snappy mood. Therefore, our masters have mentioned, more than once, that where the mental condition of the patient is calm, *Chamomilla* will not be needed. We will find that all the complaints of this patient will be relieved by heat and hot applications. But strangely enough if the patient has got a tooth-ache it will be relieved only by cold applications and not by warm applications. As regards the headaches of the *Chamomilla* patient, they are generally on both sides on the temporal regions and the pains are described as stitching. These pains would be relieved when the patient is inside the room. That means the warmth of the room gives relief to the headache where as if the patient gets out of the room in cold air it gets aggravated.

Chamomilla is one of our very important remedies for ear-ache coming in paroxysms in children. If the child is too young to express its troubles, it will at least place its tiny hand on the affected ear. Here again the pains are relieved

by hot applications. *Chamomilla* is a very good remedy for vomiting in gastric troubles and there is a lot of retching. Generally we find that after the administration of Morphine there will be vomiting, and if the vomiting is due to morphine injections *Chamomilla* is the remedy to set it right, and in fact *Chamomilla* is also an antidote for Morphine poisoning. But if the vomiting is as a result of the administration of Chloroform, the Homoeopathic medicine for this condition is Phosphorus. In respect of the stools, *Chamomilla* has grassy-green stools. The stools will look exactly like chopped grass and in some cases there may be admixture of yellow mucous and the stools are dysenteric in character and there may be a lot of straining.

Chamomilla being a remedy with a lot of symptoms in the nervous system it is an important remedy for women during pregnancy. You know that all the nerves get irritated during this period and naturally it brings about a lot of symptoms. By the way, pregnancy is about the best time for the treatment of many chronic diseases because it is said that Psora, which may be dormant at other times, becomes active during pregnancy.

Chamomilla may also be needed at the time of delivery, if you find the pains are not normal. It can also be needed when there are false pains. You

will find the *Chamomilla* mental condition immediately you go before the patient. A patient, who has been all along on very good terms with the Doctor and has a lot of regards for him snaps out as soon as she sees the Doctor. "Well, Doctor, I don't want you here. You may get out. I don't want your treatment". Naturally the Doctor feels offended! He may go away without treating the patient. But a good Homœopathic Doctor does not do that, because he knows what the patient needs. All that she needs now is a dose of *Chamomilla* and that will calm her nerves and temper to such an extent to make her repent for her attitude towards the Doctor and ask for his forgiveness. The pains, if they are of real labour pains may become effective to bring about delivery quickly. But if the pains happen to be false labour pains it may be relieved and the patient becomes comfortable.

Chamomilla being a remedy for pains is also useful for painful menstruation. It is also indicated for membranous dysmenorrhœa with a lot of pain and with the *Chamomilla* temperament.

As in Sulphur, in *Chamomilla* also there is burning in the soles of the feet and the patient puts the feet out of the cover in order to get relief from the burning. Sometimes *Pulsatilla* also is a remedy for this condition. As regards the cough of *Chamomilla* it is worse at night and some times the patients may cough during the sleep and they

may not know that they were coughing in sleep.

As to the modalities of this remedy, the complaints are worse in the evening and night; at least during the forepart of the night till mid-night. After mid-night the patient may feel comfortable and sleep.

These are the most important symptoms of this wonderful remedy and many good results have been obtained by practitioners by using this remedy at the right time.

HOMOEOPATHIC GEMS

1. "Each science can only be judged within its own department; it is folly to expect from one science information upon matters belonging to other sciences." [Hahnemann in *Materia Medica Pura*.]

2. "Every medicine must be observed as to its velocity, as to its pace, as to its periodicity, as to its motion and its wave. We get that by looking at the symptoms." (Kent.)

3. "Every medicine has a sphere of action, a peculiar nature whereby it differs from all other medicines and hence it becomes suitable to complaints of one class and not suitable to those of another. It is like the nature of human beings as they differ from each other, and also like the nature of diseases, which differ from each other in character."

(Kent)

ON QUACKS AND QUACKERY

(By AMAN)

It was in the month of June, 1942 that Mrs. L. M. was really sick. She was 32 then and was carrying her fourth child. She had two children living, the first having died at the age of 18 months in the year, 1933.

As said Mrs. L. M. was pregnant, 4th para, 8 months. She was quite alright till one day she developed high temperature 103°F. and vague abdominal pains. Her husband, a supposed unqualified, medical practitioner, gave a few Homœopathic powders, which seemed to give her some relief. The next day; however, the fever returned with redoubled force. This time it was 104°F. and there were abdominal pains also with one or two vomittings of bile and food. The husband did not venture to treat the wife, especially as she was in an advanced state of pregnancy, with his medicines. So a regular doctor was called in to treat her. The doctor called was an M. B. B. S. with about ten years practice to his credit. He came, saw and OPINED that it must be a case of Malaria- but considered it unsafe to give her quinine in view of the pregnancy. So some diaphoretics were prescribed. The fever was of an intermittent type and there was hyperpyrexia some times say upto 106°F for short intervals. There were also apyrexial periods daily. This continued for about a week and severe

abdominal pains set in. It was feared that premature delivery is setting in. A trained midwife was called and this good lady after examining P. V. said that the pains were not real labour pains. The pains, fever and great discomfort of the patient continued for about a fortnight with occasional breaks and during this time the patient's strength dwindled. Fearing complications, an expert in gynecology-one supposed at that time to be one of the top men was called in for consultation. The verdict of this great personage was "Septicaemia" due to infection, probably brought about by the midwife who examined the patient". He suggested some antiseptic treatment and injections. Although this theory of contagion by the midwife was not considered right in view of the patient's condition even before the examination by the midwife, for want of anything better the expert's treatment was carried out, with naturally no benefit. This state of affairs continued for more or less 40 days and finally at a time when her temperature was 104°F, a healthy female child was born, on the 12th August, 1942.

It was thought that at least after the delivery, the whole trouble would end. It appeared so for two or three days, but again the intermittent abdominal pains and the intermittent hyperpyrexia made their appearance, still more weakening the patient.

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It is at this stage an old and veteran allopathic doctor with considerable experience, who was all along absent away on a holiday was called in to treat the patient. He made an independent study of the case and treated her for about a week with apparently no benefit. Finally becoming desperate, he tried a purgative, which produced a lot of loose motions in which a lot of mucous shreds were brought out something like long, thick mucous casts from the Colon. This continued for two or three days, making the patient weaker and later brought on dysenteric stools with a lot of tenesmus. The stools were examined for amoeba and found nil. By this time the patient's general condition deteriorated completely, the heart was threatening every minute and at one time she was actually given up for lost. However she slowly recovered and in about a couple of months, she was able to move about. In any case her general health continued to be below par with slight abdominal pains off and on but not of a very acute nature.

PART — II

In 1944, that is two years later, she was pregnant again and delivered another girl. The pregnancy and delivery were uneventful. But in another 3 or 4 months after delivery she developed acute and paroxysmal pain in the region of the liver both in front and the back. One doctor said, that the pain

PART — III

Thereafter, the patient had not been, however, keeping excellent health. She periodically suffered from Anaemia and had to be pulled up by various tonics etc. Some sort of vague pains in the abdomen were also there now and then. This continued till 1950:

During the middle of 1950 when she suddenly got up from the squatting posture one day, she felt like something giving way inside the tummy, and a severe pain started. Thereafter a kind of excruciating pain started in the abdomen. The pains will start any time and gradually increase considerably with severe spasms in the bowels with great abdominal tension. *Colocynthis* in the homœopathic potency at first relieved the pain and spasms to a certain extent but later on refused to give even slight relief. Various other medicines were tried without effect. Then an experienced allopathic physician and surgeon was consulted. He wanted the faeces to be examined for amoebiasis and also Xrays taken with barium meals. His diagnosis was colitis and Visceropsosis. Treatment was started with various drugs, and the patient was kept on strict liquid diet for some time. Emetine injections were also given. The second emetine injection started a very severe type of Urticaria which continued to give trouble for quite a long time thereafter. The result of the treatment and diet restrictions weakened the

appeared to be typically, Gallstone-colic. She was first treated with *Chelidonium* and *Cardus Marianus* (Homœopathic drugs) which appeared to give her some relief for the pains-but the pains recurred again and again and every time the pain appeared in the same spots and very severe. She was placed under the treatment of two eminent and experienced allopathic doctors. All they could do was to give her some pain killers, if she had acute pain. Xray of the gall bladder was suggested. A series of Xrays were taken of the gall bladder etc. On examination of the Xrays, the senior doctor who was treating her said it was 'Gall Stones' and recommended surgical operation. Some other doctors who examined the Xrays and the patient, said they did not find anything wrong in the filling and emptying of the gall bladder. Therefore, one faced the "two doctors not agreeing with each other". However, the husband of the patient was not prepared to submit his wife for such an operation and so he took her to a new doctor, an experienced, famous and elderly one who, by the way also happened to be a family friend of the patient. He did not look at the Xrays but simply examined the patient superficially, advised liver extracts and tonics and asked her to go home and come to him after 3 months. The going home she did, but did not return to him after the 3 months, since by that time the pains gradually ceased to appear. This was in the beginning of 1945.

patient considerably but the abdominal pain and spasms continued to visit at least once or twice a day and lasted from half to one hour at a time. Unless some drugs like, Novalgin, Neurotrasentine and such other anti-spasmodics were administered every time, the pain could not be controlled.

Finding that so much treatment with so many drugs and the strict diet restrictions could not cure the complaint, it was thought useless and unnecessary to starve her any more and so

her diet was liberalised and in fact her usual diet was given which included Sambar and rasams, which she relished and digested. Her general condition improved but the daily occurrence of the abdominal pain and spasms continued and were controlled only by anti-spasmodics and hypnotics and other pain killing remedies.

It was thought the consultation with experts at Madras would be the proper thing now. The patient was taken to Madras and the advice of the so called experts and senior men of the profession were sought. The result was a series of Xrays and clinical examinations. But nobody was able to say what the trouble was nor were they able to relieve the suffering of the patient except temporarily by hypnotics etc.

The patient also sought the advice of an eminent doctor who was a great physician and who had leanings towards the Indian systems also. He saw the patient and advised her to take an Ayurvedic Kashayam. By now the medical cupboard of the patient contained not less than forty different pills and tablets etc., not to mention the various Kashayams, mixtures etc. all partly used bottles.

The abdominal pain and spasms continued their regular visits daily at least once if not twice and she had suffered like this for more than 8 months.

(To be Concluded in next issue)

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WHAT IS SYCOSIS ?

THE EFFECTS OF OPERATIONS

By FRANK WATT

Two of the greatest causes of sycosis, that is, apart from gonorrhœal infection, are operations and vaccination.

Vaccination causes all the race to become sycotic and is the parent of a multitude of skin diseases, such as erysipelas, impetigo, psoriasis, morbelliform rashes, some forms of gangrene, erythemas, roseola, papular and pustular eruptions of various forms, urticaria, eczema, dermatitis, herpetiformis, pemphigus of one form, lupus vulgaris and many others. It will be observed that these skin diseases are of a specific inflammatory nature and also have tubercle as a basic feature. Indeed it is difficult, nowadays, to find diseases that are in a sycotic grouping that have not that deep combination, sycosis on a tubercular basis and, that is why they are so difficult to cure.

After operations we often have the sudden development of pneumonia, so severe as to take away the life of the patient. Of course pneumonia is blamed for this because it is not perceived that actually the pneumonia was caused by the suppression of sycosis by operative methods. When we suppress sycosis we are also suppressing a tubercular background and, we know that tubercle affects the motions of the blood and sycosis the substance of the blood, the blood

cells and so forth, so that when it is suppressed it attacks that great area of blood circulation, the lungs. Indeed, suppress anything of a sycotic inflammatory nature, such as chilblains and the like, and sooner or later, in the lifetime of the patient there will appear pneumonia or tuberculosis. Yes, from such a simple looking affection as that, because a chilblain has all the power of sycotic poison behind it.

After the suppression of leucorrhœa, or, after an operation on some of the pelvic organs that were affected by sycosis, peritonitis makes its appearance.

The closing up of a sinus, such as a fistula or burrowing abscess that is freely discharging purulent matter, will develop into some severe stasis of the original disease; that disease which nature had been trying so hard to expel. Cut off the retreat from the inner organism and the disease has to remain inside the body eventually developing into some severe sycotubercular manifestation, cysts, pus pockets or fibromas, either within the organs or on their outer surface.

Sycosis which has been latent for years has been stirred into activity by the repair of a lacerated cervix, lessening the drainage of the uterus. After curette-

ment or the use of other surgical instruments, in a vain attempt to stop the sycotic discharges from the mucous surfaces of the pelvic organs a chronic hypertrophy of the uterus follows and the ovaries and tubes become involved, and later on and when this condition within the pelvis has passed to great chronicity, reflex throat troubles will begin to manifest themselves. Child birth and its after effects will frequently stir into activity this old latent sycotic difficulty. The specific character of this disease, sycosis, is so very liable to become active at this critical period, child birth. For the sake of the mother and especially the newly born child these cases should be treated before child-birth in fact where the trouble is suspected, before conception.

Operations on the rectum, the removal of haemorrhoids by salves and medicated suppositories and rectal injections are all modes of suppression and should not be employed, since many cases of haemorrhoids, proctitis and other diseased conditions of the rectum are due to a sycotic stasis. More especially is this true of itching piles, so frequently met with in men and which are sometimes so severe as to almost drive the patient frantic. A slight oozing from the rectum of a fishy odour is a not uncommon feature in haemorrhoids due to sycosis. Rectal pockets and blind pouches are often present, although there is not that tendency to

burrowing or the formation of fistules, *they* really belong to the tubercular or syphilitic diathesis.

After the suppression of sycosis, and after it has passed to the tertiary stage, possibly the only relief to the system either by natural action or by correct homoeopathic treatment, is to have a warty eruption appear on the outer surface of the body. In due course and under the action of the life forces assisted by the remedy, the warty eruptions will be acted upon by the blood and will drop off, or disappear, and with this disappearance the elimination of the sycotic poison; but, the removal of any of these verrucous expressions of sycosis by local measures, potash, strong acids, actual cautery or electrolysis, is a fruitful source of suppression out of which may arise malignancies.

There is another field of activity in which the suppression of sycosis is rather common. This is in the respiratory sphere. The cough of sycosis, is, as a rule rather prolonged and teasing and there is very little expectoration with it; this expectoration is usually of clear mucus, occasionally it is ropy and may also be of a cottony nature. A great deal of coughing is often required to raise it. It does not require much imagination to realise the effects of the suppression of this scanty discharge, on the respiratory sphere.

—Homoeopathic World

THE HOMOEOPATHIC INTEREST IN COMMON SALT

DR. THANAPPA PILLAI, L. M. P. (IND)

(Continued from August issue)

Urine, involuntary, when walking, coughing, laughing (*Caut, puls, scill*). Has to wait a long while for urine to pass, especially if others are present (*Hep, Mur. Ac*). Cutting pain in urethra after (*Sars*). Seminal emission, soon after coition with increased desire, weakness of organ with retarded emission. Emission during embrace. Impotency, spinal irritation. Paralysis after sexual excesses. Pressing sensation as if pushing towards genitals, every morning, must sit down to prevent prolapsus (*Sep*).

Fluttering of heart with a weak, faint feeling better on lying down (*Lach*). Heart pulsation shakes the body. (*Spig*) Fall of hair on touch in nursing mothers (*Sep*). Face oily, shining as if greased (*Plumb, Thuja*).

Bad effects of anger, caused by acid food, bread, Quinine, excessive use of salt, of cauterization with silver nitrate, of grief, fright, vexation, mortification, or reserved displeasure (*Staph*).

Hand nails, skin around the nails dry and cracking (*Graph, Pet.*). Herpes about annus and on borders of hair at nape of neck, in bends of knee (*Hep, Graph.*) warts on hands and soles.

Dreams of robbers in the house and on waking will not believe to the contrary until search is made (*Ber*). Burning thirst.

Fever with blisters like pearls, about the lips; lips dry, sore, and cracked, ulcerated (*Nit. Ac*).

Exzema, raw, red, inflamed, especially on edges of hair, worse on eating too much salt, at sea shore or from sea voyage. Urticaria after violent exercise (*Apis, Cal., Hep.*) (*Sanic, Urt*).

Intermittent paroxysm at 10 or 11 A. M. Old, chronic, badly treated cases of Malaria, especially after suppression by quinine, headache with unconsciousness during chill and heat, sweating does not relieve pain.

RELATIONS:—

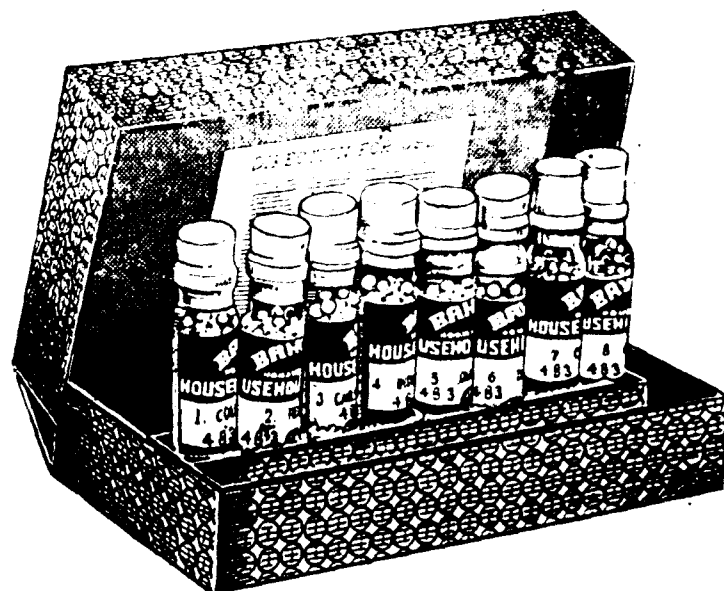
(1) *Nat. Mur.* is complimentary to *Apis*, acts well before and after *Apis*.

(2) *Nat. Mur.* is the chronic of *Ignatia*, which is its vegetable analogue.

(3) Well followed by *Sepia* and *Thuja*.

(4) Cannot often be repeated in chronic cases without an inter-current, called for by the symptoms.

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(5) Should never be given during fever paroxysm

(6) If vertigo and headache be very persistent, or prostration be prolonged after Nat. Mur., Nux Vomica will relieve.

(7) Ars., Phos., are considered to be antidotes to Nat. Mur.

AGGRAVATION:—

At 10 or 11 A. M., at sea shore, or from Sea air, heat of sun or stove, mental exertion talking, writing, reading, lying down.

AMELIORATION:—

In open air, (Apis, Puls) cold bathing, going without regular meals, lying on right side (Painful side) (Bry, Ign, Puls).

DOSE:—

12x to 30x and higher potencies yield most brilliant results. Some advocates only higher potencies (200x and above).

Lastly I am tempted to add some important and interesting points I have gathered from books like Dr. Kent's. They all say Nat. Mur. is long acting, deep acting remedy. Its symptoms continue for years. It conforms to slowcoming, long acting, long-lasting, deep-seated symptoms. It takes a long time to bring a patient under its influence even when moderately sensitive.

In intermittents the chill at 10-30 A. M. with definite per-

iodicity. During the entire attack, thirst for cold water, only cold drinks, even in that coldness, no heat, no covering can bring relief. This is a red line symptom for Nat. Mur. Naturally any person freezing to death would want warm things, but our Nat. Mur. man cannot bear them. Best remedy for inhabitants of malarial swamps saturated with Malarial atmosphere.

Nat. Mur changes the character of the sickness. Mixed up cases or badly treated ones are cured by this drug. By wrong application of Homoeo remedies cases are often become masked or mixed up, Nat. Mur. turns them into order so that they easily respond to treatment afterwards. Here an Homoeopath must realise a case and turn it into order so that it can then be cured. Acne (Malarial) cases often come in masked conditions, partly developed or symptoms not being all out due to faulty Homoeo remedies. Here Nat. Mur. turns them into order first and cure them (SEPIA); corrects the ill effects caused by wrong drugs. Masked cases with head congestion, backache and nausea, are turned into order by (IPEC). The aim is, the cure must be permanent and chill should never return. Nat. Mur can do this if other symptoms agree. It reduces the tendency to intermittent, restores health, takes away the susceptibility to cold and to periodicity. Children born in malarial places are likely to go into what is called MARASMUS with voracious

appetite eating much but all the tissues emaciating. Nat. Mur. cures it.

Tendency to wasting particularly the upper part of the body. In women, wasting of mammary glands, dryness of vagina, pain during coition, leucorrhoea white first, then green, sensation of fish bone, jagging in the throat, causing difficult swallowing (Hep. Nat. Ac., Argent Nit., Alum., Nat. Mur.) But other symptoms and constitutional set up help to choose the right one from the above four.

Every remedy has its own pace, its order of succession, and the prescriber should know that—longest acting may act in acute cases but short acting cannot act long in chronic diseases. Get the pace, the periodicity of remedies. One has continued fever, other a remittent and a third an intermittent fever. Acon, Bell and Bry. each has its own pace, own motion and own velocity. So in Sulphur Graph, Nat. Mur, Carb Veg., a different form, a different development. Some give BELL. in continued fever (with Complaints coming on in great haste, with great violence) but have nothing in their nature like a continued fever (typhoid). Acon. and Bell have no manifestations of typhoid even if the symptoms are present. Here Dr. Kent Says "Be sure that the remedy has not only the group of symptoms, but also the nature of the case". Typhoid has a

likeness in Bry., or Rhus, but not in Bell.

In the puerperium if the mother does not progress well, feeble, excitable, with prolonged lochial discharge without change of colour, with hair falling out from head and genitals, scanty milk, or child does not thrive on it, Sub-involution of uterus, sensitive to noise, craving for salt, Nat. Mur. gives amazing results.

Nat. Mur. has a long chain of mental symptoms. Dr. Kent says "This remedy belongs to hysterical girls". Perverted love May fall for a married man or even a coach man, know that is wrong but cannot help. Nat. Mur. cures such a mind. (lg) But Nat. Mur. can go deeper select on constitutional state. In nervous tension Nat. Carb., also has identical form but it is chilly and Nat. Mur. hot blooded.

In dropsy after Malaria, Nat. Mur. when it acts curatively generally brings back the original chill. The sign of cure should be from above down, from within out, and in the reverse order of coming. When it is otherwise there is only improvement, not cure. "When the symptoms return there is hope; that is the road to cure and there is no other" says Dr. Kent, the master mind in Homoeopathy.

So far I have given some most important symptoms of a Nat. Mur. man. There are ever

so many other drugs which can exhibit similar symptoms. Of course, the right selection, depends to go more or less on complete agreement of symptoms of the disease. Homoeopathy expects initial aggravation of symptoms for a short period, when the right remedy is given that is a sign of cure. Then all the troubles vanish step by step.

and the cure will be complete and permanent. In my experience, I have cured a case of chronic ulceration of parotid gland looking like cancerous growth discharging water like pure fluid, with this famous remedy. The patient is none other than my own aunt. That took place some twenty years back.

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mistakes and failures of the ordinary doctor in the everyday performance of his duties to the sick and infirm. Once we realize the truth of this statement, much of the "glamour" which at present enshrouds the surgeon and the operating-table will fall from them. But the films and novels of to-day vie with each other in glorifying the work of the surgeon—the last-minute rush to the hospital with the victim in an ambulance; a hurrying and bustling of silent figures in white, all intent on saving the life of the patient; and, finally, the advent of the "great man" himself, with his sure hand and keen eye, working swiftly and masterfully to save the life of one dear to family relatives, and friends, who, if the surgeon had not stepped in at the crucial moment, would have been inevitably in his grave within a matter of hours.

This "building up" of surgeons and surgery goes on all the time, not only through the channels just mentioned, but in the Press too. There are always items to be found in the papers relating to wonderful operations that have saved lives otherwise doomed to speedy termination; and no one seems to regard the matter in any other light than as highly commendable all round.

It does not seem to occur to people who should be able to think for themselves that something must be radically wrong if things should get to such a pitch that last minute operations are necessary to save the life of the

patient. What has the patient's medical adviser been doing all the time? And in what condition will the patient be after the operation, even if his life has been saved in this dramatic manner?

Surely there is here food for much thought for the intelligent person? But no such thought seems to be forthcoming on the part of the vast majority of people. Surgery is accepted as something which has to be, and ought to be, in the world and conditions in which we live, and that is all there is to it. The surgeon builds up a reputation for skill, in the majority of cases far beyond his deserts, and after each operation medical science is credited with yet another piece of masterly activity on behalf of suffering mankind.

An Admission

To have to submit to an operation, therefore, is in admission that not only has the individual treated his body wrongly through the preceding years, but that the medical treatment has been wrong too (more than likely having exacerbated the morbid condition in question and hastened the need for surgical interference). When the position is once seen in this light, the individual begins to appreciate what an enormous amount of ignorance-medical as well as lay-goes into spreading the idea that operations are aids to health and life, and that the surgeon is "the friend of man". He may be, if things have been allowed to progress to the pitch depicted in our short sketch of a last-minute

operation, when all that we are concerned with is the saving of the life of the patient at all costs. Generally, however, we can say that operations do more harm than good, because they come at the end of a long period of disobedience to natural law on the part of the patient aided and abetted by his medical adviser, or advisers, in the course he has been pursuing, and by the drugs and other forms of medical treatment they have administered)

The patient will be "patched up" by means of the operation; no doubt many will feel considerably better for a time after being on the operating-table, through the temporary enforced rest in bed, light diet, and the removal of superficial symptoms. But, in the vast majority of cases, it is only half-or quarter-health that is the lot of the victim of the surgeon's knife, because he or she is trying to function with a body that has had some portion of its inner machinery filched from it. Could a self-respecting motor car function efficiently with one of its parts missing? How, then, should an equally self-respecting body be expected to do so?

From time to time we read in the medical journals that such and such an operation is being pushed too far by surgeons and medical men; has become "a craze" in short, as, for instance, the removal of tonsils and appendices. But the general public are still led to believe from medical sources that all

operations are essential, and that the surgeon is the benefactor of man! Any fault finding is naturally kept strictly within the medical "family circle!"

All Too Easy

It is all too easy to have an operation and then be sorry for it afterwards, as many have learnt to their cost. Once the patient has been brought to the pitch where he is led to believe an operation is the only thing that can help him, who is there to tell him the step he is about to take is unwise? On the contrary, all his relatives and friends will urge him to go forward with the project, and if it should turn out a failure or partial failure, *well, that will be too bad*, but who could help it? Then again, no matter how negligent or faulty a surgeon might be in any individual case, there is no one who can know that form the lay side, and the surgeon is always covered by the fact that the relatives of the patient have signed before-hand an acceptance of full responsibility. So that, all in all, quite a pretty situation is revealed as we probe further into the subject!

It was Sinclair Lewis, the American novelist, who said that "Men were given tonsils by the Almighty so as to provide operating surgeons with motor cars!" There is much truth in the statement, as any one who has read *The Citadel*, by A. J. Cronin, will readily perceive.

The only way to curb the power and importance of the

operating surgeon is to make more people realize that surgery is merely an admission of the failure of orthodox medical science to cure disease (as we have been attempting to show in the present article), and that if health is to be won by the sufferer from disease, it can be only through the insistence that the chief causes of disease lie *within ourselves* (through wrong habits of living); only by a radical revision of those faulty habits of living can the body be enabled to return to the condition of normal functioning that is *health*.

No doubt the process of re-educating the public will take a very long time to achieve; the surgeon is destined to play an ever-more important part in medical life as things are tending at present. We, of the Nature Cure faith and *Homœopaths* can only attempt to make an individual here and there, aware of the true facts involved, and thereby seek to disengage one more mind from the hypnotic trance in which it has been held by the medical pundits from the time it could first begin to think. But let us stress again that there will always be a limited and legitimate scope for surgery in dealing with the results of accident or injury, and as a last-pitch attempt to save the patient from the mistakes and ignorance of orthodox treatment. Beyond that, the less reverence paid to surgery and the surgeon better for the mental (as well as the physical) health of the community!

(*Health for All*)

HOMŒOPATHIC SUCCESS AGAINST INFANTILE PARALYSIS

(Dr. A. H. GRIMMER)

PROBABLY no disease carries so much terror for the parents of children as poliomyelitis does: hence the so-called medical drive against this disease enables the professional propagandists to cash in large dividends garnered from a sympathetic and interested public.

So-called medical science has spent vast sums of money and slaughtered millions of animals, monkeys, guinea pigs and rats in an antiquated form of research chasing the delusion of finding a specific remedy and prophylactic for the disease.

If they would follow homœopathic technique and experiment on healthy humans, they would find some very illuminating facts.

First, they would note the harm done to the human economy by material doses of serums and vaccines.

Second, they would become aware of the improbability of finding a specific remedy for a disease, because of the difference in individual susceptibilities and reactions to drugs and stimuli and even infections of all kinds.

Third, the truth of the Law of Similars would flash before their materialistic minds as they behold the fact that only those drugs are capable of curing

which can produce similar symptoms on the healthy to the pathogenesis of the disease conditions to be cured.

Fourth, they would soon learn by the Law's application to the sick that the same dosage of a drug used to produce symptoms on the healthy would prove harmful and even dangerous, even when indicated, if given to the sick.

In other words they might be impressed with the vastly increased sensitivity of the sick over the healthy organism to the action of drugs, serums, vaccines, etc.

For over a hundred years homœopathic treatment has cured thousands of cases of the various forms of paralysis and neuroses afflicting humanity. However, it is only in the comparatively recent times, twenty-five to thirty years, that epidemics of infantile paralysis have been more recognized and studied, likely because of its increasing frequency and virulency, and that in spite of the efforts of the so-called medical science which so loudly advertizes its wares by way of the public press while interdicting from the same forum all other schools or methods which have not the orthodox stamp.

In the armamentarium of Homœopathy there are many

remedies having the power to produce and cure states and symptoms found in the pathogenetic picture of poliomyelitis. Clinical application over a period of years enable the keen prescriber to rely on a comparatively small group of remedies that are most frequently and completely indicated in such conditions of disease. The group of fifty remedies which follow are by no means the only ones that may be needed but they are more frequently found indicated for paralytic states in general: *Aconite, Agar, Alum, Arg. n., Ars., Art. v., Bapt., Bar. c., Bell., Bry., Bufo, Calc., Calc. Sulph., Caust., Cic., Chin., Cocc., Colch., Con., Croc. c., Croc. h., Cupr., Cur., Dros., Dulc., Gels., Kali c., Kali p., Kalm., LATH. SAT., Lach., Naja, Nat. m., Nit. ac., Nux v., Oind., op., Phos., Plb., Rhus t., Ruta, Sep., Sil., Stram., Sulph., Tarent., Verat., Zinc.*

For the acute infective and toxic forms of paralysis including infantile, a much narrower group of remedies is sufficient (Twenty-two): *Acon., Agar, Ars., Bell., Caust., Cocc., Cur., Dulc., Gels., Kali p., Kalm., LATH. SAT., Lach., Naja, Nat. m., Nux v., Op., Phos., Plb., Rhus t., Stram., Zinc.*

For cases that have passed the acute stage and culminated in chronic paralysis, thirteen remedies need to be studied: *Alum., Bar. c., Calc., Sulph., Caust., Gels., Cupr., Kali p., Nat. m., Phos., Plb., Sil., Sulph., Zinc.*

Some years ago a case was submitted from another doctor, where there was complete and total paralysis with unconsciousness; only common symptoms presented. A remedy was selected over the patient's blood which was not in any of the afore-mentioned groups and in whose provings no paralysis has been observed; that remedy, *Nat. ars.* 45m, single dose, was given with a rapid and complete cure, no atrophy or impaired motion or function resulting.

The *Nat. ars* case is cited to show with what certainty, alacrity and completeness the perfectly attuned remedy acts; also to remind us that a remedy never heard of in relation to a certain case or condition may nevertheless be the one curative drug needed to effect the cure.

The one remedy of our materia medica, presenting the most striking picture to typical cases of infantile paralysis, symptomatically, pathologically and clinically is *Lathyrus sativa* and for that reason, we are justified in presuming it to be a most effective prophylaxis against this disease. Clinical application as a prophylaxis in many thousands of cases over a period of thirty years in many epidemics, registered 100 per cent good.

It is in this phase of disease (preventive) that Homoeopathy has its most golden opportunity to compel recognition, both from the public and the medical profession in general.

If every homoeopathic doctor who reads this will try immunizing the children under his care with a dose of the remedy in the 30th or 200th potency given about once every three weeks during an epidemic, he will have no cases of paralysis among

those so immunized. Also let them pass it on to their "Old School" doctor friends, and soon the world will hear more about Homoeopathy and its benign power to heal.

— British Homoeopathic Journal.

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September '60

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THE BABY IS CRYING!

J. DE WITT FOX, M. D.

The evening had promised to be a quiet one. Father had come home early. Supper was over; the dishes were cleared. He had wiggled his toes snugly into a pair of woolly slippers and picked up the evening paper. Then, settling back in his favorite easy chair, he sighed to himself, 'This is the life!'

Meantime mother was hastily drying the last few supper dishes and anticipating an evening of tranquil relaxation.

But no sooner had father settled into that big easy chair than his ears were pierced by an all-too-familiar howl from the bedroom. Peering from behind his newspaper, he sarcastically bellowed, "Mother, the baby's crying! Come to something!"

Mother dropped towel and dish to rush to the crib of the new baby. It was easy enough for father to tell he was crying, but it was mother's herculean task to stop him. Baby's pathetic "Wah, wah" soon diverted father from the evening paper. He too, hustled to the bedside to hover and coo, giving moral support, if not actual assistance.

Should this sound strangely familiar, perhaps a review of some things which make babies cry will aid in the quieting process.

Whenever baby cries it is for a good reason. His cry is the only

signal at his disposal for telling someone he's uncomfortable, in distress or just uneasy and on edge. Don't be afraid of spoiling the baby by responding to his cry. If this is your first baby you will, more than likely, be a bit over anxious about his every little whimper. That is meant to be so. It is your nature to want to comfort him, soothe his hurt feelings. With so much talk about babies making slaves of parents, you would think the little fellows were culprits out to put the "screws" on mother's and father's thumbs. Such is not the case. Your baby is born a reasonable, friendly little being. Treat him nice. Don't be afraid to respond to his needs. Babies need love as much as vitamins; smiles, sweet talk, play, and fondling as much as milk and fresh air.

First, let us consider things on the outside of baby's body which make him uncomfortable and send him calling for relief. Baby's skin is sensitive, as all the baby powder and baby oil and baby soap manufacturers have so luridly told you, with technicolor ads. and samples. This sensitivity is especially keen to changes in temperature and to minor irritation. And he'll not mince words telling you if things are not as they should be.

Wet Diapers:—After a baby has wet his diapers the evaporation of moisture from them

rapidly chills his skin. To notify you that a change is in order he sends that short-wave message—**WAH.** Some babies do not rebel against cold wet diapers. Most do. Diapers should be changed frequently in order to prevent skin irritation about the buttocks caused by moisture and irritants in the urine.

Open Safety Pin:— This is truly a rare cause of crying. However, it has been so highly publicized that New Mother first looks for an open safety pin. It does happen—once in a thousand diaper changes—so take a peep. See that all safety pins are snapped. A hint for New Mother about putting in safety pins. Always place a finger between the baby's skin and the diaper. Let the point of the pin strike your finger. This ensures against pricking the baby; saves your ears too.

Skin Rashes:— Principal skin rashes of concern to mothers will be heat rash, diaper rash,

and infantile eczema, or allergy rash. Any of these will make your baby fretful. Heat rash, most common in the summer when the baby sweats a great deal, can also occur in the winter if the baby is kept too warm and over-clothed to the point of sweating. It takes the form of little pimples around the body where perspiration may collect.

Treatment: Expose the baby's skin to the air. During the summer use a minimum of clothing. This encourages evaporation of perspiration, thus preventing irritation by substances in the sweat. Keep baby's skin dry. A bland, absorbent talcum powder will aid in keeping the baby's skin dry. Never oil the baby when he is perspiring profusely. This will plug up the little sweat pores and only aggravate the condition.

Diaper rash occurring about the buttocks is usually due to leaving wet diapers on the baby too long or to inadequate clean-

sing of the diapers. As urine evaporates, bacteria present in the diapers convert certain substances into irritating ammonia like products, which provoke a skin eruption—ammoniacal rash.

Treatment: Don't let wet diapers remain on the baby. Boil diapers frequently and rinse several times, rinsing for the last time in a saturated solution of boric acid. This sterilizes the diapers of bacteria. Thus ammonia formation is prevented.

Infantile eczema, or allergy rash, appears as a red, pimply eruption over the face, neck, and in the creases of the elbows and back of the knees. It is caused by foods to which the baby is allergic, the most common offenders being eggs, wheat, milk, and citrus fruits.

This condition is best treated by a homœopathist who has had ample experience in children's treatment. Do not attempt to treat such an eruption yourself.

If simple measures fail to alleviate these minor skin disorders such as heat rash and diaper rash, see your family physician promptly.

Hot or cold?— Most young mothers are so afraid the baby will catch cold that they smother him with heavy clothing, on top of which wool blankets are wrapped. This brings on the very thing they hope to avoid—a cold. The overclothed baby sweats. He is more susceptible to chilling when a cool breeze or

draft strikes him than he would if were not perspiring. Therefore, don't overclothe your baby. If he is too hot, you will feel perspiration around his neck by placing your hand inside his nightie or shirt. Keep the sleeping room at a comfortable moderate temperature. Give the baby plenty of fresh air. If he cries because he is cold, it is a simple matter to put another blanket over his little pink toes.

Items mentioned are those which mother can quickly remedy by simply looking on the outside of the baby. However, some of the more severe and more subtle complaints stem from discomfort internally.

Hunger:— The most common and most frequent of these, of course, is hunger

The hunger cry is different from that of other disorders. Baby doesn't get hungry all at once, but gradually works up to his high pitch. A crescendo ensues, climaxed by shrill shrieks for milk or food to satisfy the little gourmet's voracious appetite.

If your baby has been on a formula he has probably finished every bottle for the past few days and looked about for more. He begins to awaken earlier each day, cries just *before* his feeding. It does not hurt a baby to get hungry a little early occasionally. It will not spoil him to feed him half an hour or an hour early. However, if this occurs regularly, he needs more to eat. Increase

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the strength of the formula according to the doctor's prescription. Would that all crying was as easily and completely lulled as the hunger cry.

A somewhat new idea on bottle feeding has become popular in medical circles—*ad lip* feeding. If this plan meets with your doctor's approval, it may answer a need in your own baby's feeding problem.

Ad lip feeding simply means letting the baby drink the amount of milk he desires; letting him determine his own needs. If, for example, he wants eight ounces at one feeding and but two ounces the next, we allow him that prerogative, the one stipulation being that during a twenty-four-hour period the baby must drink the full quantity of formula prescribed, just as though he were taking the same amount at each feeding. This method has been criticized by some on the grounds that the baby does not know his own requirements; it borders on pampering, spoiling the baby. Other observers, finding that the baby

takes even more milk on this newer method, gains faster, and remains healthy, praise it highly. They say that a baby's appetite is a good barometer of his bodily needs. A baby should maintain a consistent weight gain at all times, regardless of the feeding method preferred.

Indigestion:— A slight attack of indigestion may bring out an irritable cry soon *after* a meal. This is in contrast to the hunger cry always *before* the meal. Mild indigestion is probably due to an air bubble which the baby swallowed during the feeding. In giving the bottle, always hold it so that no air may enter the nipple as the baby sucks. That is, keep the nipple always filled with milk, never part milk and part air. "Burp" the baby by placing him over your shoulder and softly patting his back. The gentle pressure of your shoulder against his "tummy" will ease the bubble upward, and with a soft belch, his stomach will relax his crying cease. This procedure should be routine during and after each feeding.

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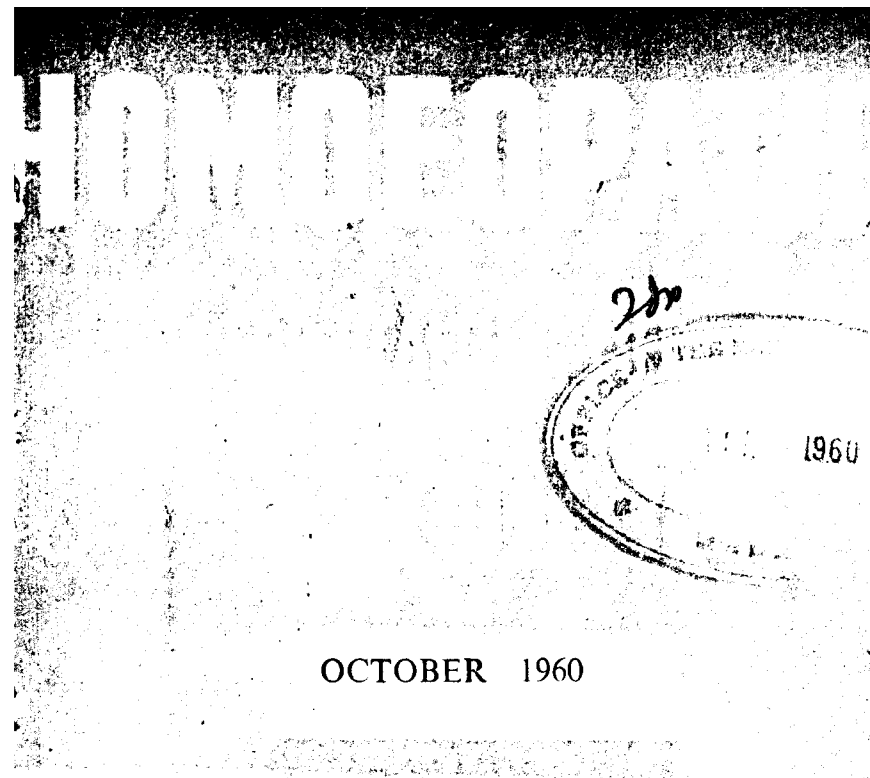
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THE HOMOEOPATHY

Managing Editor: Dr. V. R. MURTY

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The HOMOEOPATHY

VOL. IX

OCTOBER 1960

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HEARTY THANKS TO OUR WORTHY HOSTS

Myself and my wife are glad to express our heartfelt thanks to our Ceylon hosts who have over-whelmed us with their courtesies and kindness, during our short stay in their homeland. Everything possible was done by them to make us feel at home. We had the honour of being their guests for about a fortnight.

In spite of their repeated requests that I should pay a visit to Ceylon, I was so far unable to accept their kind invitation. Nevertheless, I had always wished to visit that beautiful Island as soon as possible.

What was there in that country that attracted me so? The beautiful and natural sceneries of Ceylon, its historic and pilgrimage places of importance and interest, of course, did invoke in me a desire to visit that country. This is one reason and certainly not the only reason that induced me to visit Ceylon. Indeed, I did not tour the island with a mere sight-seeing motive. I had a very important object in view as to the real reason for my visit.

I have an inborn interest in my students wherever they live. As a matter of fact, our students have spread out not only in all the parts of India, but also in places abroad like Ceylon, Singapore, Malaya and the Middle East. I consider them as my own children, my own sons and daughters. As far as possible, I always wish to meet them in person often so as to encourage them in every respect in regard to their profession.

You

I know how pleased they would be to welcome me in their own places. This enthusiasm of mine is the main reason for our flying visit to Ceylon. We thank Almighty for having fulfilled our desire.

On Friday the Second of September last, at about 1 p. m. we arrived at Ratnamala Aerodrome in Colombo and we were surprised to see a large gathering there to give us a warm and hearty welcome. Very soon we found ourselves very familiar with them. The warmth of welcome that was presented to us at the airport did not at all diminish; but grew all the way, and day by day, and it followed us like shadows wherever we went in Ceylon.

We must gratefully confess that we never expected such a royal reception to us. Our friends in Ceylon have really made us feel astonished at the manner they have welcomed us and looked to our comforts. We are proud of their friendship, of their acquaintance and of their patronage. We feel grateful and thankful to them all for ever.

My thanks are due specially to Sri A. P. Jaisooriya, the Health Minister of Ceylon, for having kindly granted me an interview on the morning of the 8th September, 1960 for discussion on the problems in respect of Homoeopathy in Ceylon.

My special thanks are also due to the authorities of Radio Ceylon for having given me an opportunity to give my impressions on Homoeopathy to the people by the three interviews—one in English and two in Tamil—in the National and Commercial Services of Radio Ceylon.

I must also thank the press of Ceylon for giving coverage to almost all my engagements during my stay in that country.

Friends! we have now returned to India but we carry happy memories of our stay in your beautiful Island. I am glad to note that the goodwill and co-operation that existed between you and the Indian Institute of Homoeopaths, are deep-rooted and they

are now further strengthened by our visit to Ceylon. We shall ever remember with gratitude, the happy faces and gayful incidents that we have witnessed during our tour of the Island.

We thank one and all of those who have extended their heartfelt welcome to us, and for the honour they have done to us.

May God bless us all !

20-9-60

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THE DIARY OF THE ENGAGEMENTS OF DR. V. R. MURTY

IN CEYLON DURING THE FIRST FORTNIGHT OF
SEPTEMBER, '60.

2-9-1960: Dr. V. R. MURTY and Mrs. Murty arrived at Ratnamala Aerodrome in Colombo by the Indian Air Lines Viscount at 13.05 hours. A number of Homœopaths and friends from Colombo were present to receive Dr. and Mrs. Murty. Prominent among them were Dr. Mudaliar Abul Cassim Marakayar, Mr. Arunachalam, Dr. Satyalayam and others. After the usual greetings, the party motored to Greenlands Hotel and arrived there at about 3 P. M.

4-30 P. M.:— Dr. Murty and party went round Colombo and visited a few friends including Mr. and Mrs. Shivaji Durai and Mr. and Mrs. Namasivayam and others.

3-9-1960: 9-30 A. M.: Visited the Ceylon Government Health office and then reached Radio Ceylon. Interview at Radio Ceylon to Mr. Gafoor for their National Service.

6-30 P. M.: Public reception to Dr. Murty at the Vivekananda Hall, Colombo. Sir Rasik Fareed, Kt., presided. This reception was arranged by a committee headed by Dr. Satyalayam. Besides, Sir Rasik and Dr. Satyalayam, Mr. S. T. Sivanayagam (Editor, Swatan-tiran) Mr. Livy. R. Wijayamanna

and Dr. Mudaliar N. M. Abul Cassim Marakayar welcomed Dr. and Mrs. Murty. The function came to a close at 9 P. M. after Dr. Murty replied suitably. The visitors were entertained at dinner by Dr. (Miss) A. Ganesal of Colombo.

4-9-1960:— 9 A. M. to 12 noon:— Friends, Homœopaths, and others called on Dr. Murty at the hotel, and had conversations with him.

2-15 P. M.:— Reception at 211, Sea Street, Colombo, by the students of the Indian Institute of Homœopaths. An address of welcome was read and presented to Dr. Murty.

3-30 P. M.:— Visited the University Tutorial Institute at Mardana to inaugurate the Homœopathic Tutorial Classes. An address of welcome was presented to Dr. Murty. The function concluded with Tea.

6-30 P. M.:— Visited the Saraswathy Hall and witnessed a Tamil Drama enacted by the Colombo Arts Association. A reception was accorded to Dr. Murty by the members of the Amateur Art Association and Dr. Murty replied suitably.

5-9-1960: 6-A. M.:— Left Colombo by "YAL DEVI" for

Jaffna. ("YAL DEVI" is one of the fastest trains in Colombo). Arrived Jaffna at 1-45 P. M. and were received at the Jaffna Railway Station by Mr. K. Kanagaratnam and his family, Mr. S. Velupillai, Mr. Ariyanayagam Doctors Gnanaprakasam, Krishnaswamy and others. And the party were taken to "Palm Court" where suitable accommodation for their stay had been arranged.

While travelling from Colombo to Jaffna, Dr. S. S. A. Rahman met Dr. Murty and party at MAHO Railway station, and offered refreshments.

In the afternoon Dr. Murty and party visited a number of places of interest in and around Jaffna including the famous Keerimalai Wells, Ramanathan College etc. At the Ramanathan College Dr. Murty had lively discussions on various topics with Mr. and Mrs. Natesan. Mr. Natesan is an Ex. Minister of the Government of Ceylon, and this philanthropic couple are running this big college for girls in Jaffna. On return to "Palm Court" a number of friends and visitors called on Dr. Murty.

6-9-1960: On the morning Dr. Murty and party visited the local Municipality and had discussions with the Mayor Mr. Kasipillai, the Commissioner, and other senior officers of the Municipality. Later they went round the Municipal buildings including the Public Library. They also visited the famous Nallur Kandaswamy Temple

and visited also some of the islands around Jaffna, by boats.

4-30 P. M.: The Homœopaths of Jaffna under the head of Mr. K. Kanagaratnam had arranged a public reception in "Palm Court". After a number of speakers had welcomed Dr. Murty, he replied suitably. An association named as the "North Ceylon Homœopathic Association" was inaugurated there by Dr. Murty.

8 P. M.:—A Number of friends called on Dr. Murty and had discussions with him.

7-9-1960:—At the request of friends Dr. Murty gave free consultations to a number of patients between 8 and 11-30 A. M.

1-15 P. M.:—Left Jaffna by Air Ceylon Plane to Colombo and arrived Colombo at 2-30 P. M.

Evening: Discussions with friends.

8-9-60: 10 A. M. to 12 noon: Interview with Mr. A. P. Jaisooriya, Health Minister, Government of Ceylon at the Secretariat.

2 P. M.:—Left Colombo by car to Kandy. From Kandy went to Matale and had tea with friends. At Kandy the party stayed with Mr. P. S. Menon, Visa Officer, Government of India.

9-9-1960: Morning Dr. Murty went to Gampola to visit some ailing patients.

2-30 P. M.:—Visited a few Homœopathic Dispensaries in Kandy.

6-30 P. M.:—Public reception at the Vinayagar Temple. A number of speakers welcomed Dr. Murty and he replied suitably. At Kandy Dr. and Mrs. Murty were the guests of Mr. P. S. Menon.

10-9-1960: Left Kandy and arrived Nuwera-Eliya. Visited the ancient Sita Temple, Asokavana and Haggala Gardens and reached the Rest House at Badulla at 2-30 P. M. Dr. Subramaniam, Dr. Selliah and others welcomed him there.

6-P. M.:—Public reception at Badulla. The Uva Province Homœopathic Association was inaugurated there. Till about 10-P. M., a number of friends called on Dr. Murty and discussed with him various topics in respect of Homœopathy.

11-9-1960: Left Badulla at 7-30 A. M. and arrived Kadirkama at 11-30 A. M. After performing pujas etc., there, had lunch at the Ramakrishna Mission Ashramam and after a little rest, left Kadirkama. Arrived Colombo at 6 P. M.

12-9-1960: This day was spent mostly in visiting old friends in Colombo.

13-9-1960: Visited a number of places, had lunch with Dr. Satyalayam, and in the night dinner was at Mr. Shivaji Durai's place.

14-9-1960: 10-P. M.:—Interview at Radio Ceylon in the National Programme both in English and Tamil.

12 noon:—Had lunch with Mr. & Mrs. G.G. Ponnambalam.

4 P. M.:—Tea at Dr. Meeran Sahib's place.

6-30 P. M.:—Farewell Party under the auspices of the All-Ceylon Homœopathic Practitioners' Association at the Vivekananda Hall. A number of silver articles were presented to him there, as mementos.

8 P. M.:—Dinner with Mr. & Mrs. Namasivayam.

15-9-1960: 8 to 12 Noon:—There was a stream of friends visiting Dr. Murty. Everybody felt sorry that it is already 15 days since Dr. arrived there although it did not appear to be so.

1 P. M.:—Departure from the aerodrome and Dr. and Mrs. Murty emplaned for India by Indian Air Lines Viscount at 2-30 P. M. and arrived Madras at 4-15 P. M.

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ON QUACKS AND QUACKERY

(By AMAN)

(Continued from Page 203, September, 1960) Issue

PART IV

Now again there was another pilgrimage to Madras and the advise of an old friend, an M. B. B. S. Doctor, was sought. He was requested to advise what best could be done for the case. He suggested that the patient could consult a lady doctor immediately and recommended a famous lady doctor (M. B. B. S. D. G. O., etc., Madras). This was done. This lady doctor examined the patient, called the husband of the patient and said:

access to the parts to which the lady doctor had, but other doctors had not. According to the patient's husband, "if there is one system in his wife's anatomy which was perfect, it was the gynecological". But here is the opinion of a qualified lady doctor! This was a great disappointment to the doctor friend who recommended the lady doctor. How many opinions he should have previously got from this doctor in respect of his patients!

PART V.

"What have you been doing all along? Her whole uterus has gone. I am glad you came to me at least now. You will have to admit her in the hospital and she will have to be given a series of Penicillin injections. If you want, I can give you a bed in such and such hospital in which I attend etc." and so on.

Now during all these years the husband become very learned. He had studied all textbooks and literature in a critical and elaborate manner in so far as the complaints of his wife at least are concerned. He came to certain definite conclusions.

When the husband of the patient heard this, he was very sorry for the Doctor. Patients are referred to lady doctors for examination of the organs to which men doctors have no access and it is expected that the lady doctor would give correct information here. Here is a case where the lady doctor says that the whole uterus of a certain lady is gone. It is said to the husband, who is also a doctor (may be unqualified) who had

(1) The complaint of his wife is not constitutional, since she improved in general health by regular food. She assimilated her food alright. The only trouble was the Pain.

(2) There must be something wrong in the abdomen which nobody so far has understood.

(3) Even after his elaborate study of literature connected with the troubles he is not able to know what exactly is wrong.

inside the tummy. He, therefore, thought that the only way by which his wife can be given relief is to find out exactly what is wrong inside the abdomen by opening the abdomen and looking inside. The general condition of the patient was fairly good and it was considered that she could withstand such an operation. Now how is this to be done?

He took her to a famous surgeon and explained the entire case to him and requested him to open the abdomen and remove the appendix (because that was the only way by which we could know the condition of internal organs) since it was suspected that the appendix might be the cause of the whole trouble. She was operated upon for appendix, and at the time of operation the entire abdominal viscera were explored. It appeared that there was something wrong with the appendix but to the great surprise of the surgeon it was found that the cecum was very loose and had got detached from the muscles. So the cecum was fixed. The patient recovered uneventfully. However the appendix which was cut out was sent to the clinical laboratory for a Pathological Examination and the report said "healing, sub-acute, appendix".

After this operation, the patient recovered completely and the original pains had not at all recurred, for about 5 years thereafter and even upto this date.

PART VI

Now our friend, the husband of the patient has come to certain conclusions in respect of this case. The very first pain and fever the patient had in 1942 must have been due to an acute attack of appendicitis when she was pregnant and none of the doctors who treated her then doubted that there was anything wrong with the appendix! But we find in textbooks that *acute appendicitis in pregnancy is a serious condition*. (Vide page 296 Saville's system of Clinical medicine) So much so, it was good that they did not doubt it was acute appendicitis! because, their prognosis then would have been "Grave". However, eminent doctors treated the patient without knowing what her actual trouble was! The pains which started for the second time in 1944 (Vide Part II) must be pain due to the sub-acute appendicitis. But the pain was not located in the region of the appendix but was located higher above. Our friend considers that the pain, the patient had then, which was doubted to be pain in the Gall Bladder, must be due to reflex causes, and therefore although there was nothing wrong with the Gall Bladder either then or now, qualified doctors doubted only the Gall Bladder and not the actual complaint! They wanted to operate upon the Gall bladder. A number of qualified doctors have seen Xrays a number of times but none of them were able to say what it was exactly the matter with the patient! However

the only thing that was able to settle the complaint was the opening of the abdomen and actually seeing what was wrong. The whole trouble would appear to have been due to acute appendicitis in 1942 and the detachment of the cecum from the muscles, due to constant pain and suffering.

Now, when a system of medicine which claims all knowledge to medicine should fail miserably in this fashion, what right is there for one to call others "Quacks"?

The correct meaning of the word "Quack" appears to be

"one who boasts of medical knowledge which he does not possess". Now if we have to apply this to the case just mentioned, does it not appear that every one of the doctors who treated this patient from 1942 right upto 1950 comes under this definition?

It is not my intention by this to cast aspersions on anybody or on any system of medicine. Far from it. But when some people call others "Quacks", we can only laugh at their own ignorance. What do you think, my reader?

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WELCOME ADDRESS

To Dr. & Mrs. MURTY

At Jaffna on 6-9-1960 at the Reception Accorded by the Homoeopathic Practitioners of the Jaffna District and Students of the Indian Institute of Homoeopaths.

Dr. Murty, Practitioners and Friends,

I thank the Homoeopathic practitioners of the Jaffna District, particularly the students of the Indian Institute of Homoeopaths for the great privilege accorded to me to preside over this reception to Dr. & Mrs. Murty who have come to us from India as friends and promoters of the Homoeopathic system of medicine.

My first contact with Dr. Murty is of special significance. In March 1955, the Minister for Health appointed a committee to examine and report on the extent to which Homoeopathy is practised in Ceylon and whether Homoeopathy should be recognised by the state. I was appointed to this committee on the strength of a report which I had previously made on the History of Ayurveda in Ceylon as a Member of the Board of Indigenous Medicine. As a member of the Homoeopathic committee, I had the opportunity to study the Homoeopathic system of Medicine, its history and principles and the extent to which it is practised in various countries.

In the course of our inquiry, many practitioners of Homoeo-

pathy gave evidence and although they produced their degrees, diplomas and certificates of no less than 96 varieties, yet the bulk of them produced certificates issued by the Indian Institute of Homoeopaths of which Dr. Murty is the Managing Director. Frankly, I assigned the same merit to all the certificates, in the absence of personal knowledge of any of the organisations which issued them but I was curious to learn more of the Indian Institute of Homoeopaths Kumbakonam as those who produced the certificates from this institute appeared to me of a superior type from the evidence given by them. After the report was signed, I requested the Ministry of Health to arrange for me to visit this Institute. Accordingly, I went to Kumbakonam in July, 1955 and was cordially received by Dr. Murty and shown round the various sections including the laboratory where he manufactures medicines on the lines laid down by the founder of Homoeopathy. I was a disillusioned man when I inspected the institution. I had gone there with a prejudice to see only a manufactory of certificates without any organised effort for training and imparting of knowledge but I saw a virile and

lively institution organised on best modern and scientific lines, the like of which I have not seen even in a Government Medical Institution. This institute commenced to impart education in Homoeopathy in 1939 and it has the proud distinction of claiming over 20,000 candidates from various parts of India and Ceylon receiving instruction by postal tuition. His office organisation is one which is seldom seen even in a well organised Government Department. He maintains a file for each candidate and his certificates are issued only after a complete satisfaction that the student has disclosed in his answers sufficient knowledge of the system of medicine to enable him to practise his profession.

I have since learnt that he had organised a Federation of the Registered Homoeopathic Medical Practitioners' Associations of the entire Madras State and this federation celebrated its first anniversary on the 31st of July this year. This federation also checks the indiscriminate growth of mushroom Institutions of doubtful reputation and prescribes high standards for the practitioners in order to raise the level and the dignity of the practitioners. In recognition of the great services rendered by Dr. Murty, he had been re-elected President of the Federation for the ensuing year.

It is therefore a matter of the greatest pleasure to us to have Dr. Murty in our midst and I believe this is his first visit to

Ceylon. One special feature in this great protagonist of Homoeopathy is his close contact with those of his students who have shown a desire to study Homoeopathy even after they have obtained their certificates and many of his students have told me of the valuable advice and guidance they receive by post even today, free of charge and given with a missionary zeal to propagate this system of medicine. It is this desire to help his students that has brought Dr. Murty to see them in person and do whatever to help them to advance their knowledge. May I in this connection make an appeal to Dr. Murty to establish a centre in Ceylon which he can visit periodically. He can also organise periodical courses in practical training on the same lines as he has organised at Kumbakonam. To enable him to do this, the practitioners in Ceylon should first form themselves into an association.

In this connection I might state that there were 295 practitioners in Ceylon at the time the committee sat in 1955 of which only 120 were full time practitioners of Homoeopathy. According to the latest pronouncement of the Minister of Health at a meeting of the Ceylon Homoeopathic society there is every possibility of Homoeopathy being recognised by government and legislation introduced to control the practice and regulate the teaching of Homoeopathy in Ceylon. The visit of Dr. Murty at this juncture

ture is a happy augury for us and I have no doubt that he will help us with his valuable advice and experience when government starts the project.

To you, Mrs. Murty we offer a hearty welcome to our country and particularly to Jaffna which is the ancient home of the Tamils who came from your own district of Tanjore and Kumbakonam. We have many points of civilisation and customs in common and we trust you will persuade your husband to bring you here more frequently and keep alive our contact. Incidentally I might state here that Dr. & Mrs. Murty are the promoters of our ancient culture Dance and Music and one of his daughters, Indubala, gave recently in Colombo an exquisite performance of Bharata Natiya as a member of the Padmini and Ragini Troupe.

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HOMOEOPATHY IN ACUTE AND CHRONIC CASES

By Dr. P. SANKARAN, L. I. M., D. F. Hom. (Lond.)

Hon. Physician, Govt. Homoeopathic Hospital, Bombay. Chief Editor,
Journal of Homoeopathic Medicine, Bombay.

Diseases can be classified under two broad headings viz., (1) Acute and (2) Chronic.

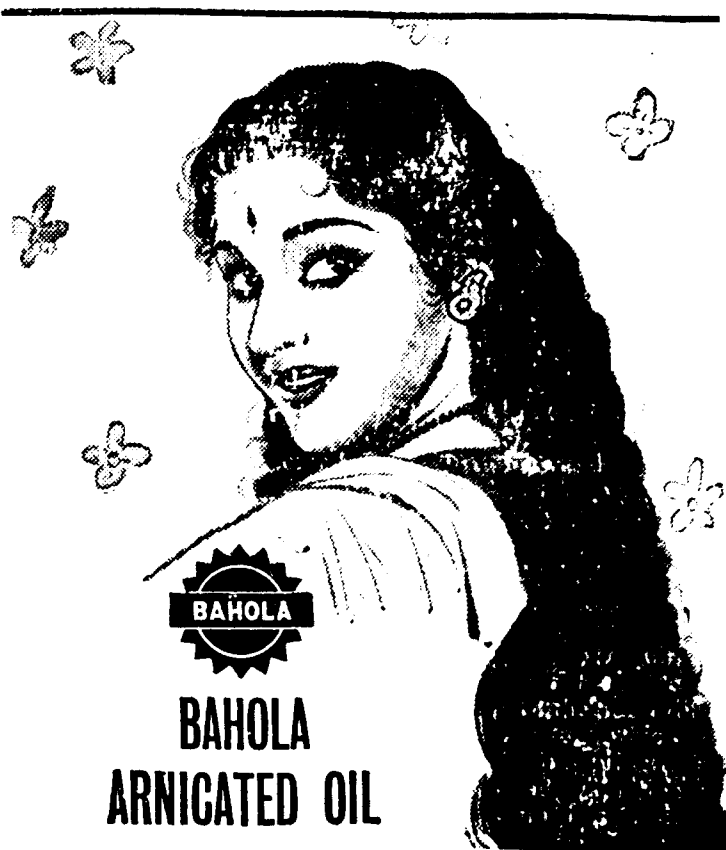
By acute cases we refer to those diseases which run a particular course and have a tendency to end spontaneously, either in recovery or in death, depending upon whether the disease force or the resistance of the body gains the ascendancy. By chronic cases we refer those diseases which show no tendency towards recovery and tend to advance generally steadily, sometimes with periods of exacerbations and remissions.

If a cross section is done and an analysis made of the cases handled by the majority of homoeopathic physicians, it will be noticed that the proportion of chronic cases is extremely high. It will be worthwhile analysing the reasons for this situation.

Modern allopathic Medicine has such a predominant influence on the public mind that when any person is ill, the first tendency is to approach to the allopathic physician. The relief provided by the allopathic medicines is often dramatic, though it may be transient and quite often such treatment

merely succeeds in converting an acute into a sub-acute or chronic condition. It may also fail to prevent further recurrent attacks of the same syndrome as for example, attacks of tonsillitis, asthma, migraine, styes etc. In the villages the tendency is to approach traditional vaidyas. Neither in the cities nor in the villages the people are straightaway able to put faith and confidence in the minute homoeopathic pills. It is only when the homoeopathic physician has been able to show successes repeatedly in the family that the family prefers to take homoeopathic aid first or always. So the usual case is that the patients try allopathy or ayurveda repeatedly and when they discover that by these medicines their disease has neither been cured nor prevented, they look round finally for alternate methods of treatment and then try homoeopathy. This is the situation existing.

The homoeopathic methods, treating the patient as a whole and not merely the superficial, painful or predominating symptoms of the patient, provide successes in numerous such chronic cases. And so we earn the gratitude of the patient. Therefore, it can be said that the



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fame of homoeopathy is mostly
founded on chronic diseases.

But the strange thing is that
the chronic diseases are more
difficult to tackle than the acute
ones. In chronic diseases, the
patients have lived so long with
the symptoms that the latter
have practically become an
integral part of the patient and
it is often with surprise that the
patients realise that these sym-
ptoms are abnormal, and that
they are not natural phenomena.
Further in chronic diseases, the
origins of the trouble, which
are so important in the eyes of
the homoeopaths, are often so
remote that they are forgotten.
So much has to be enquired
into the past history, family
history, past treatment etc., that
the case-taking becomes a time-
consuming job requiring much
patience. There are several
symptoms present, difficult to
the delineate, which tend to
confuse to prescriber. The
analysis and evaluation of symp-
toms is no less arduous and
requires great patience and
insight, for a slight degree of
difference in emphasis, may
change the prescription. Even
when the drug has been properly
chosen and there is marked
relief to the patient, often in
these chronic cases, the symptom
picture tends to relapse again
and again so that ultimately the
patient believes that the disease
is not under control. The treat-
ment, sometimes very prolonged,
exhausts the patience of the
patient. Ultimately the original
sense of relief and gratitude
which the patients experienced

in the very beginning of treat-
ment becomes diluted and it is
with a sigh of relief that they
stop the treatment.

As compared with the diffi-
culties mentioned above the
results of the treatment of acute
cases are refreshingly good.
Since the patient has become
recently ill, the differences in the
state of health (symptoms) are
clearly marked and the picture
thrown on the screen is very
clear. The more acute or
intense the suffering and more
serious the case, the clearer the
symptom picture is with the
result that any good prescriber
is able to select the remedy
quickly and easily. When the
prescription is made the result-
ing relief is also quick and pro-
found. The psychological in-

fluence on the family is also
good for the patient has been
apparently snatched from death.
Therefore, it is the physician
who handles acute cases and
produces dramatic relief that
earns more the gratitude of his
patient.

Considering these factors
homoeopathic physicians should
not avoid handling acute cases.
They will earn more confidence
by handling more such cases.
Otherwise there is a possibility
that homoeopathy may be
gradually relegated to the realm
of chronic diseases only, with
the result that the brilliant
weapons of homoeopathy appli-
cable to acute diseases and
capable of many uses, would
remain unused and wasted.

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RADIO—CEYLON INTERVIEW

WITH DR. V. R. MURTY

on the 13th September, 1960 Which was Broadcasted by
the Commercial Service of Radio Ceylon
at 6-15 p.m. 18-9-1960

The Interview was with Mr. Perera

Interviewer: Welcome to you, Dr. Murty. Very glad to have you here, and how long have you been in Ceylon, sir?

Dr. V. R. Murty: I have been here for the last about 12 days.

I: Have you enjoyed your stay here, sir? Have you enjoyed seeing the practice of Homœopathy in this country?

Dr.: I have just gone round and I have seen what Homœopaths are doing here and how Homœopathy is practised in Ceylon. I just have some idea.

I: You didn't travel widely enough in these 12 days in Ceylon?

Dr.: Yes, I travelled widely enough and I met a number of Homœopaths and saw them practising.

I: Have you got any idea as to how many Homœopaths there are in this country practising Homœopathy?

Dr.: I don't know exactly; there might be 200 to 300 Homœopaths; but many of

them may not be wholetime practitioners. I see many of them are practising in spare hours, about 25% of them are already practitioners of other systems of medicine who are practising Homœopathy also.

I: I see! Eclectic as they call them?

Dr.: Probably.

I: Well Dr. Murty, people here do not quite understand the Hahnemann's principles of *Similia Similibus Curantur*. We would like to know what they are exactly.

Dr.: *Similia Similibus Curantur* is the basis on which the Homœopathy system is practised and that is also called the law of "Similars". Supposing a healthy person takes any medicinal substance in sufficient quantities to produce toxic symptoms, such medicinal substances produce certain symptoms. Those symptoms are recorded and that is the basis of our Materia Medica and this is what is called 'Drug Proving' in Homœopathy. And therefore the toxic symptoms produced by Drugs on healthy individuals are the basis

of our *Materia Medica*. If we find any disease similar to those produced by a drug on healthy individuals that drug becomes the medicine indicated for the disease. The second law is that such medicine is given in very minute doses. And when I say *minute* I actually mean *dynamic* doses. In potencies we may not find any of the drugs by any process of physical or chemical examination but still it works.

I.: It does.

As such you are not interested in diseases as such but only in symptoms?

Dr.: No. I am not interested in symptoms; that will not be putting it correctly. I am inter-

ested in the '*totality of Symptoms*' that is the 'sum total' and Homoeopathy is not symptomatic treatment.

I.: And how far do you think this science has progressed in our country.

Dr.: You know there is a lot to be done here. I cannot say it has properly developed here. There are only a few practitioners who are doing it very well here. There are a number of other practitioners who are doing it along with other systems of medicine; that is in cases in which they are not able to correctly handle the cases with the other systems they are making use of this. For example they may be treating a certain case and they

may not be able to cure or give relief by their medicines in their system. Then they take to Homoeopathy and there are a number of practitioners who do that way. And there are some people who have got other work; they go and work somewhere during the day and have taken up Homoeopathy as a hobby. I know of a few such people who are doing very good work in their spare hours. Such people give absolutely free treatment.

I.: And can you tell us how India has faced this problem in such a vast place like the Indian Republic?

Dr.: It is a colossal problem in India. There, Homoeopathy is being practised for the last fifty—sixty years and you know there have not been any recognition by the Government. Homoeopathy being a harmless system, Government simply allow anybody to practise. Recently the Government has taken up this matter and they have given recognition to Homoeopathy. The Central Govt. has recognised Homoeopathy as a system of medicine capable of doing good to the people and the State Governments have taken up developing it. And, as a matter of fact, in Bengal there were some colleges already and now the Govt. has recognised them and has allotted some funds for the development of Homoeopathy in the Second Five Year Plan, and a Homoeopathic College which is functioning in Calcutta for a number of years has been up-graded and

there they are now giving tuitions for 4 years, and a degree is awarded. In Andhra there is a college which has been functioning for some years now and now it has been recognised both by the State Govt. and the Central Govt. and aided by them. In Kerala the Govt. has taken it up in right earnest and I would consider the recognition given by the Kerala Govt. and the action taken by them are the right approaches. At first what they did was to open Homoeopathic Dispensaries in each district Head quarters and Doctors who have been practising there for some years have been appointed as Honorary Medical Officers for running the hospitals and they have now helped a certain Society to start a Homoeopathic College and these hospitals will be training grounds for the students trained in the college. And recently I hear that the Kerala Govt. has given instructions to all the Panchayats to open Homoeopathic dispensaries in all the villages where there are no dispensaries all along. That is one way by which they hope to solve the rural medical problem. In Madras, the Health Minister has already promised to give all help to start a Homoeopathic Medical College and I am now trying to do that.

I.: You are practising in Madras?

Dr.: I am practising in Kumbakonam and I have got a consulting office in Madras also. And in Kumbakonam I have got a Laboratory to manufacture all the Homoeopathic medicines.

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MADURA-1 :: KUMBAKONAM :: MADRAS-1

I.: In India you manufacture Homoeopathic medicines?

Dr.: Yes. We manufacture all Homoeopathic medicines and in fact we import only a very small portion of our needs. And as a matter of fact that is coming down year by year and we save a lot of foreign exchange on this.

I.: That is true. I think that is one of our major problems. Don't you think so?

Dr.: That is correct, and that is the problem for every one of us. In India originally we were importing a bulk of Homoeopathic medicines, a major portion of it from America and we are now importing probably only about one tenth of what we were importing about 10 years ago.

I.: Oh! That is wonderful. Do you think that we would be able to make strides like that here in Ceylon. Can you tell me that from what you have seen here?

Dr.: The first thing for the Ceylon Government to do I think, is to recognise Homoeopathy and start or help somebody to start a Homoeopathic college and hospital. They may ask some society or association to start such a college and help them to run it. And also they can help some people to start a Homoeopathic Pharmacy for manufacture of Homoeopathic medicines also. As a matter of fact I am supplying Homoeopathic medicines to Ceylon.

I.: Do You?

Dr.: Yes. As a matter of fact I now find it difficult to supply medicine to Ceylon due to various formalities such as Exchange Control, Customs etc.

I.: Various regulations of different countries?

Dr.: And in case somebody can take up the manufacture in Ceylon it would be a very good thing.

I.: Is it a costly undertaking Sir?

Dr.: I don't think it is very costly. A few lakhs of rupees must be sufficient to manufacture Homoeopathic medicines and probably your country has abundance of raw products, fresh plants etc. During my tour I found in your country a lot of forests and mountains which must be rich in all medicinal plants etc. And therefore I have been thinking myself as to why somebody does not start a Homoeopathic Manufacturing Pharmacy here. It would be a very good thing.

I.: Do you practise any other system of medicine?

Dr.: No. I am practising pure Homoeopathy.

I.: You are absolutely a pure Homoeopath. Is Sir James Weir, the Queen's physician a pure Homoeopath Sir?

Dr.: I think he started as an Allopathic Physician and then he switched over to pure Homoeopathy.

I.: And so Royalty in London has recognised Homoeopathy?

Dr.: Yes. Probably you know that there is a very big hospital in London; I mean the "Royal London Homoeopathic Hospital" with more than 1,000 beds and I think Homoeopathy is recognised in England for the National health service also along with Allopathic treatment anybody who wants to take Homoeopathic treatment can say so and have it.

I.: In India who are the National Leaders who have taken to the Homoeopathic treatment?

Dr.: Our revered President Dr. Rajendra Prasad has got a Homoeopathic Physician on attendance on him.

I.: That is wonderful. Do you think that Homoeopathic treatment can exclude all other systems of medicine?

Dr.: No. I don't think that way. As a matter of fact I feel that Homoeopathy must co-exist with other systems of medicine.

I.: Peaceful Co-existence!

Dr.: Our health problem is a colossal one and there are quite a number of conditions in which

Homoeopathy will give immediate relief and there are others in which it may take some time to give relief, and in certain conditions something is required to be done immediately to give immediate relief to the patient. Probably in some difficult cases it will take some time for us to hunt out the symptoms and find the correct similimum and it may not be possible to wait. For such cases some palliative may be immediately necessary, to save the life of the patient and to stay immediate crisis. There would be times in which we may not be able to wait. That way other systems are also useful along with Homoeopathy and I have never thought that Homoeopathy would replace all the systems of medicine.

I.: So you are prepared to join with anybody for the conquest of disease.

Dr.: That is it.

I.: We are very very proud indeed to have you in our midst Dr. Murty. Thank you very much indeed and wish you all success, in your tremendous struggle in making people happier and healthier all the world over.

I.: Thank you very much for this opportunity.

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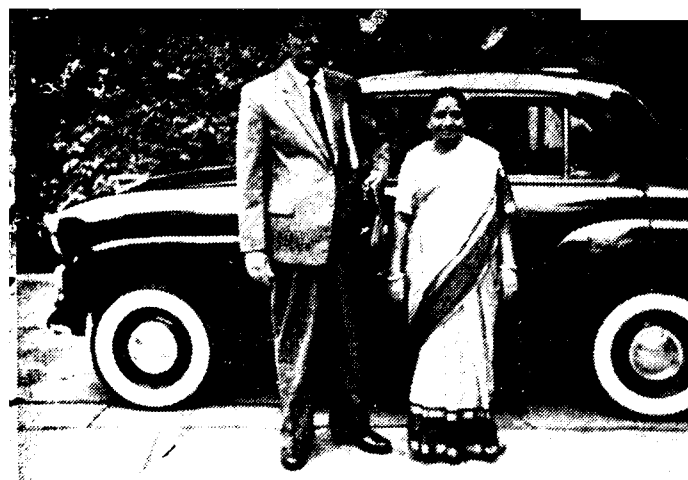
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**Dr. Murty
Ceylon Tour**
(in Pictures)

Dr. and Mrs. Murty start
from their home in Madras
on 2-9-60.



The plane has landed in Ratnamala Aerodrome (Colombo.)



Dr. Satyalayam (right)
treme right)
Mudaliar Abul
sim Marakar (ne
and Kumari Gan
(third from left)
the first to go
and welcome th
near the plane in
the Runway
Ratnamala.



With another group of friends at the Ceylon Airport.



Sir Rasik Fareed, delivering his presidential welcome address at the function. (3-9-1960)



With yet another group of friends at the Airport.



Dr. Satyalayam speaks.

The Reception at Vivekananda Hall, Colombo (3-9-60) Dr. Satyalayam is seen garlanding the Doctor.



Dr. V. B. Murthy replies to the Chairman.

Mudaliar Abulcassim
akar speaking at the
tion (3-9-60)



ction of the audience
attended the Commem
ption (3-9-60)



Dr. V. R. Murty at the Commem
reception (3-9-1960). Seated
left to right are Sir Hasid
Farid who presided, Mr.
C. R. Vijayananda, Asst.
Director, Radio Ceylon,
Miss. Ganesa, Mrs. Murty,
Dr. V. R. Murty, and Dr.
Mudaliar Abu Cassim.

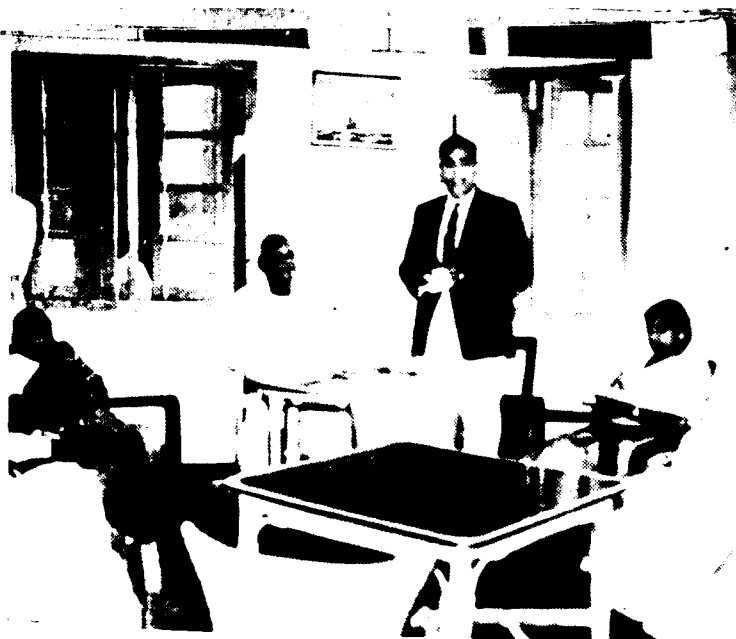


Jaffna Railway Station (5-9-1960)
Dr. & Mrs. Murty are being welcomed at the Jaffna Railway Station by
Mr. K. Kanagaratnam and family and Homoeopaths of Jaffna.



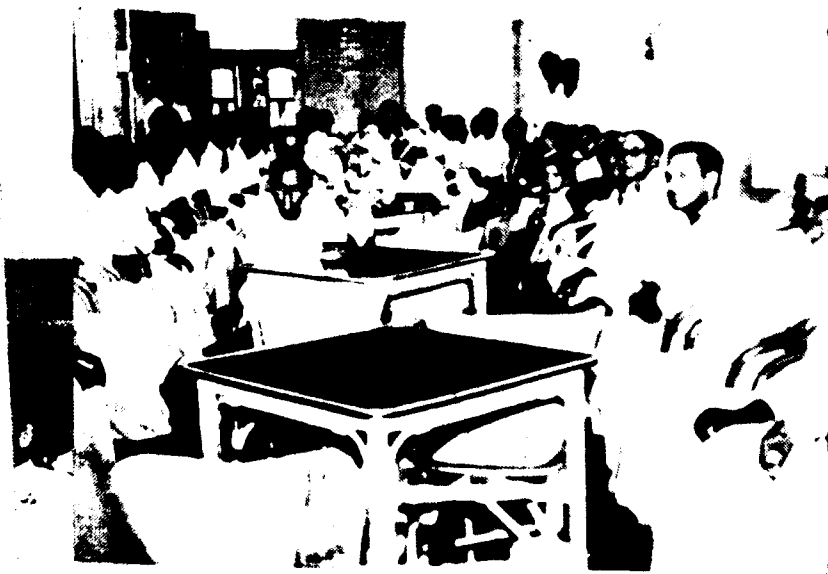
Dr. V. R. Murty in the Dispensary of Dr. A. Krishnaswamy at
Jaffna 6-9-1960,
(Left to Right Dr. V. R. Murty, Dr. Krishnaswamy, Mr.
M. Veluppillai, and Mr. S. R. Arumainayagam)

Mudaliar
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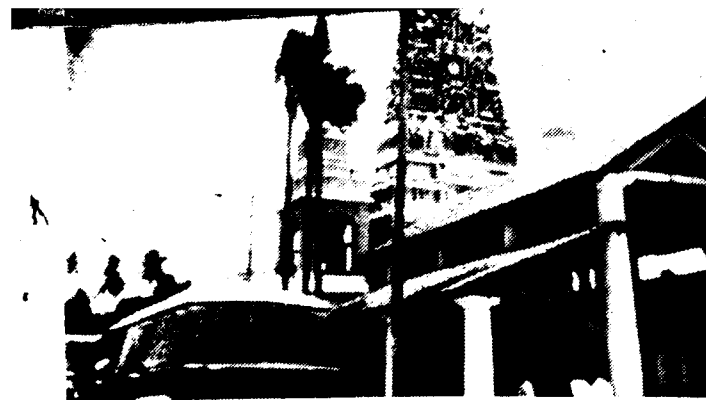


Dr. Murty speaking at the Reception in the Palm Court, Jaffna 9-9-1960

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The people assembled at the Palm Court Reception on 6-9-1960.



Nallur Kandaswamy
Temple, Jaffna.

Mrs. Murty with the
family of Mr. P. S. Menon,
Visa Officer, Government
of India, Kandy. On the
extreme right is Mrs.
Narayanaswamy, Proprie-
trix of the Pinnagolla
Estate 9-9-1960.



With friend
Matala on 8-9.

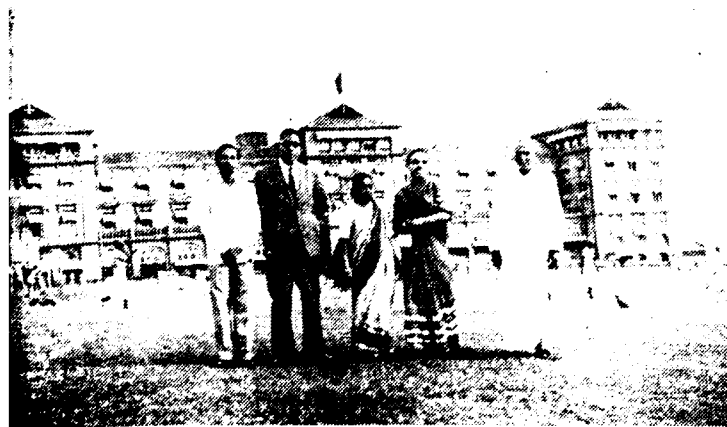
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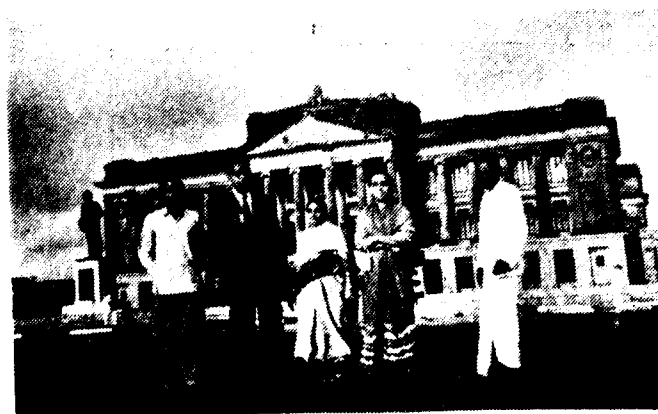
A beautiful scenery
in the Great Road
over which the
party traveled from
Natalia to Katinga.
See the
water falls in the
background and
Dr. & Mrs. Murty.

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ption

The Katingama
Murugan Temple



The Party with
Galle Face Green
lands Hotel
Colombo, in the
back ground.



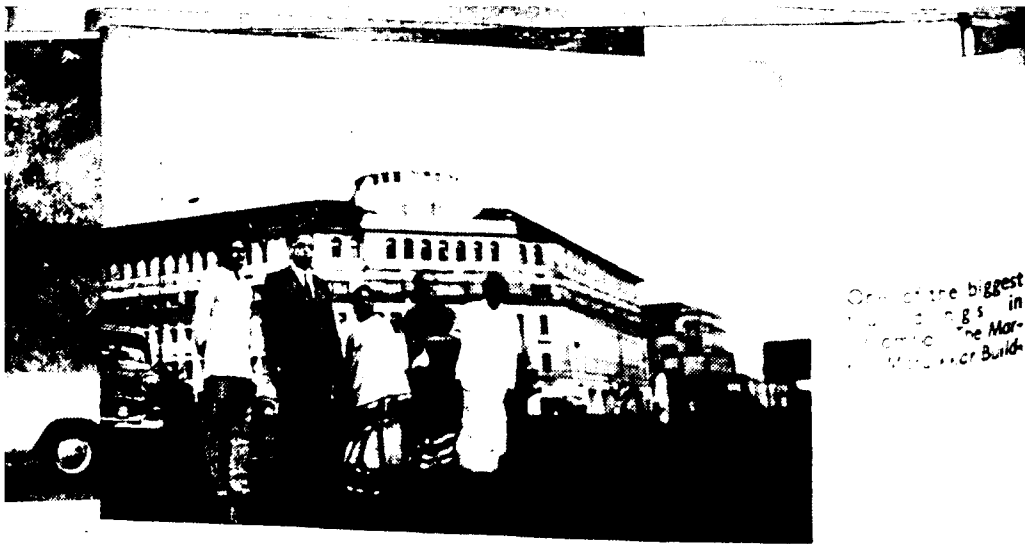
The party with the Ceylon Parliament Buildings in the
back ground.



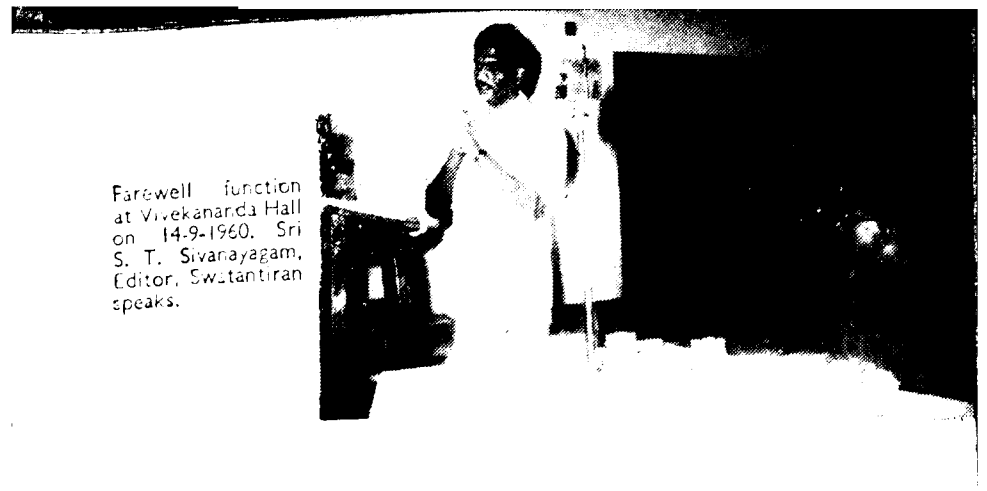
The Latest Austin Cambridge Car
in which Dr. & Mrs. Murty
toured Ceylon. They covered
about a thousand miles in this
tour. The Chauffeur who drove
car is seen standing by the side
of the car.

At Galle
Face,
Colombo

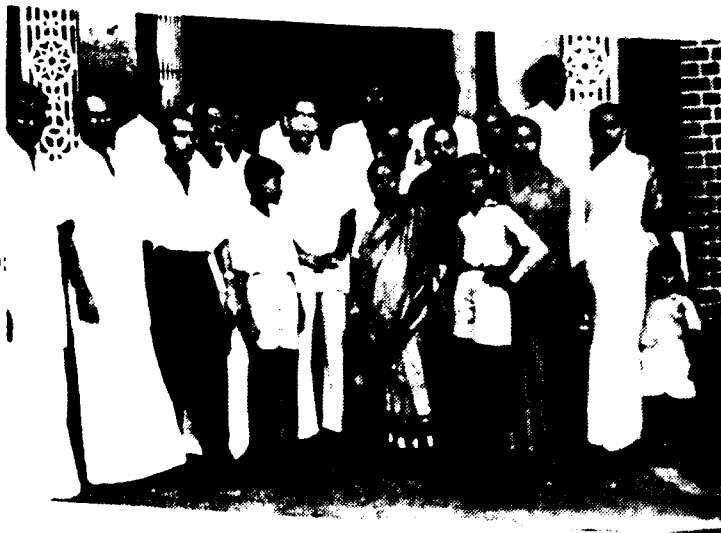




One of the biggest
buildings in
Colombo. The Mar-
riott Hotel is under Build-



Farewell function
at Vivekananda Hall
on 14-9-1960. Sri
S. T. Sivanayagam,
Editor, Swatantratan
speaks.



The
Murugan

A batch of 100-000
patients of Ceylon
with Dr. & Mrs.
Murthy at Green-
lands Hotel.



Mr. Sivanayagam presents Souvenirs to Dr. Murthy.



Another batch of
Homoeopaths of
Ceylon with Dr. &
Mrs. Murthy at
Greenlands Hotel.



With the family of Mr.
Arunachalam in Colombo.
Mr. & Mrs. Arunachalam
are the parents of Miss.
Ganesal.

Miss. A. Ganesal, the representative of the Indian Institute of Homoeopathy at Ceylon. She acted as the Secretary to Dr. Murty during his tour of Ceylon.



Home-coming. Here you see Dr. & Mrs. Murty, after arriving at Kumbakonam Aerodrome on the afternoon of the 15-9-1960.

Photos by: Sri K. Rajappan, Press Photographer, Colombo.

HOME-COMING OF Dr. V. R. MURTY

GRAND RECEPTION AT KUMBAKONAM

Dr. V. R. Murty, Governing Director, Indian Institute of Homoeopaths, Kumbakonam, after arriving at Madras from his Ceylon tour returned to Kumbakonam on the morning of the 17th September, 1960. The Staff of the Institute, members of the Kumbakonam Town and Taluk Registered Homoeopathic Medical Practitioners' Association, friends and well-wishers assembled at the Railway Station early in the morning and received Dr. V. R. Murty and garlanded him.

In the evening a grand reception was held at "Homeo House" to felicitate Dr. V. R. Murty. Sri T. S. Rajagopala Iyengar, Municipal Chairman, Kumbakonam, presided. The elite of the town and members of the Kumbakonam Town and Taluk Homoeopathic Practitioners' Association were present. Addresses of welcome were read in verse and

prose by the staff of the Indian Institute of Homoeopaths, The Homoeopathy Press and the Bahola Pharmaceuticals and by the members of the Kumbakonam Town and Taluk Homoeopathic Medical Practitioners' Association.

Dr. Murty explained in detail the aims and achievements of his tour in Ceylon. He also expressed his heartfelt thanks to all for the honour done to him. During his speech, Recordings of a talk Dr. Murty had with the Radio Ceylon Commentator on various topics relating to Homoeopathy, came on the air at 6-30 p.m. and as this coincided very appropriately with the occasion, two Radios were switched on to the programme and the audience heard with rapt attention.

The guests were entertained to tea earlier.

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The Homoeopathic Conference at Trichy.

TRICHY, September, 19: The 11th and 12th Conference of the All Tamilnad Homoeopathic Medical Association was held at Trichy on the 18th September, 1960. Dr. M. N. Jaisooriya, M.D., (Berlin) presided. Nearly 500 Homoeopaths from various parts of the State attended the Conference.

Dr. E. A. Jabbar hoisted the Homoeopathic Flag.

Janab Ghulam Mohammed Basha, I. A. S., Collector of Tiruchirappalli inaugurated the function. Dr. G. A. B. Char welcomed the guests. Dr. E. P. Mathuram, M. L. A. and Dr. S. Srinivasan unveiled the portraits

of Dr. Hahnemann and Dr. Schuessler respectively.

At the invitation of Dr. Ramanuja Anandar, B. A., B. L., Dr. M. N. Jaisooriya, M. D., took the chair and delivered his presidential address.

Drs. M. P. Muthuramayer, M. Copalakrishnan, K. Subba Rao, E. P. M. Swamy, Kanikaraj, Kanniah Raj, H. N. Javeri, K. Rangasamy Iyengar, N. Narayanan and others spoke. Resolutions were passed unanimously.

Dr. V. Mahadevan, Secretary, proposed a vote of thanks.

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THE DANGER OF ANTIBIOTICS

(BY F. J. WHEELER)

From time to time we read of the wonderful effects of antibiotics sulpha drugs such as "M. & B." But that is only one side of the story.

It is a sad mistake that these new drugs should be written up in such a manner that the public are led to believe that they are "cure-alls". There is a certain amount of danger connected with their use.

Two years ago or so a woman came to me with her body and extremities covered with an eczematous rash. Fourteen days before that she had been bitten by a dog and was taken to a local hospital where the wound was treated with penicillin, hence the rash which appeared a week later.

The hospital was said to have admitted that the trouble was due to an overdose of penicillin. It took me six months to get the woman right again. Now with homoeopathic treatment, CALENDULA lotion externally and LEDUM given internally, the wound would have healed without the added discomfort of a rash. Penicillin is not without its drawbacks, and this is borne out by the following quotations from a lecture given by a skin specialist at one of the London hospitals: "Dermatitis due to penicillin following the external application of it in the treatment of skin disease is becoming increasingly common".

The lecturer then pointed out that the medical profession does not realise that penicillin is a powerful skin sensitising agent and this condition may prevent the subsequent use of the drug as a life saving measure in a serious systemic infection. What could happen in such an instance would be a sudden flare up of a previous skin condition caused by penicillin.

CURES BY HOMŒOPATHY

Probably you have come across friends who say: "Isn't your doctor giving you penicillin and so on?" When next you meet such acquaintances you can point out to them that apart from the dangers of the restricted use of the new tools, homœopathy has no need to use them.

Take for example, impetigo, that unpleasant mess of yellowish scabs often seen on the faces of children and occasionally in adults. Homœopathy can and does clear up such cases with ANTIMONIUM TART. Or ANTIM. CRUD. or other indicated remedies without leaving any serious result.

Compare homœopathic treatment with an account given by that same lecturer of what could happen in a case of impetigo treated with penicillin. Here is what he describes as a typical case of penicillin dermatitis.

"The patient is usually a man and he may have sustained a trivial cut whilst shaving. The small wound has become infected, and with subsequent shaving, we will assume there has been some spread of this infection. After a day or two he reports to his doctor with a fairly typical impetigo.

"His doctor prescribes penicillin cream, which our hypothetical patient dutifully applies twice daily and at first the rash begins to clear. However, after the fifth day or so, his face begins to itch and he notices that the rash has extended a little.

"Next day the irritation is more intense and there has been further spread of the rash. He deals with it by applying the penicillin more and more often and more of it. Why not? Isn't it the magic drug that he has read and heard so much about, and is it not quite harmless?

"Vesicles now make their appearance and some bullae are to be seen. His eyelids have now become swollen, and he re-visits his doctor.

"His doctor misinterprets what he sees and gives him an intramuscular injection of several hundred thousand units of penicillin, which is followed soon after by an 'explosive' eruption involving the face, hands, feet and perhaps the groins...He is then sent to hospital where he may stay for weeks or months."

STREPTOMYCIN DANGER

Which treatment would you prefer, the known safe homoeopathic or the unknown and

dangerous one? Remember it is not only penicillin, for, streptomycin can cause more skin trouble than either penicillin, or the sulphonamides. Some cases have been known to take months to recover and deaths have been recorded.

Do not be led away by wonderful tales. Your doctor who has, or should have, enough knowledge of homoeopathy to cure his patients can do so without recourse to these new drugs.

All remedies in the homoeopathic pharmacopoeia have been proved, that is, we have a record of all the symptoms arising from the provings and in any case of illness where the symptoms match those of the provings of any particular remedy we have a certain cure. The orthodox school knows nothing of such method of proving their remedies and therefore, have no definite rule or Law to guide them in their use of the new drugs.

Dr. Blackie remarked some years ago that a well-known ophthalmic surgeon stated that "most of the eye cases he was seeing today were suffering from penicillin. Styes and mild conjunctivitis, were all being given penicillin applications, often with resulting eczemas."

Dr. McAusland commented in a lecture on varicose ulceration: "I would warn you against the wicked harm of applying penicillin cream or even penicillin indiscriminately to ulcers—I have seen many resulting cases of raging dermatitis."

— "Homoeopathy" London

Edited, printed & published by Dr. V.R. MURTY, at the Homoeopathy Press
Homeo House, Kumbakonam.

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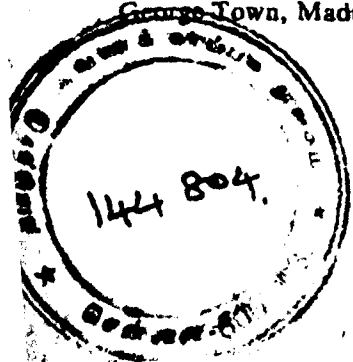
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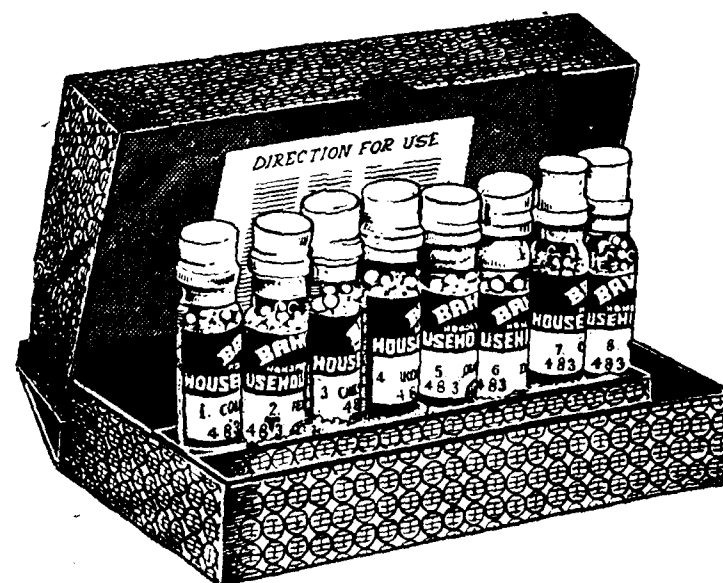
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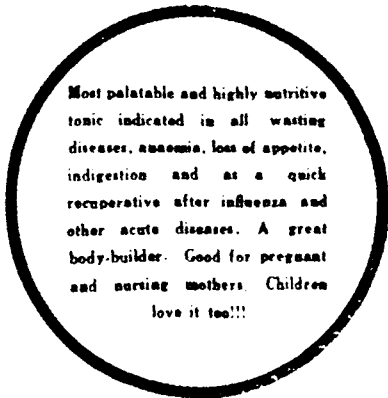
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