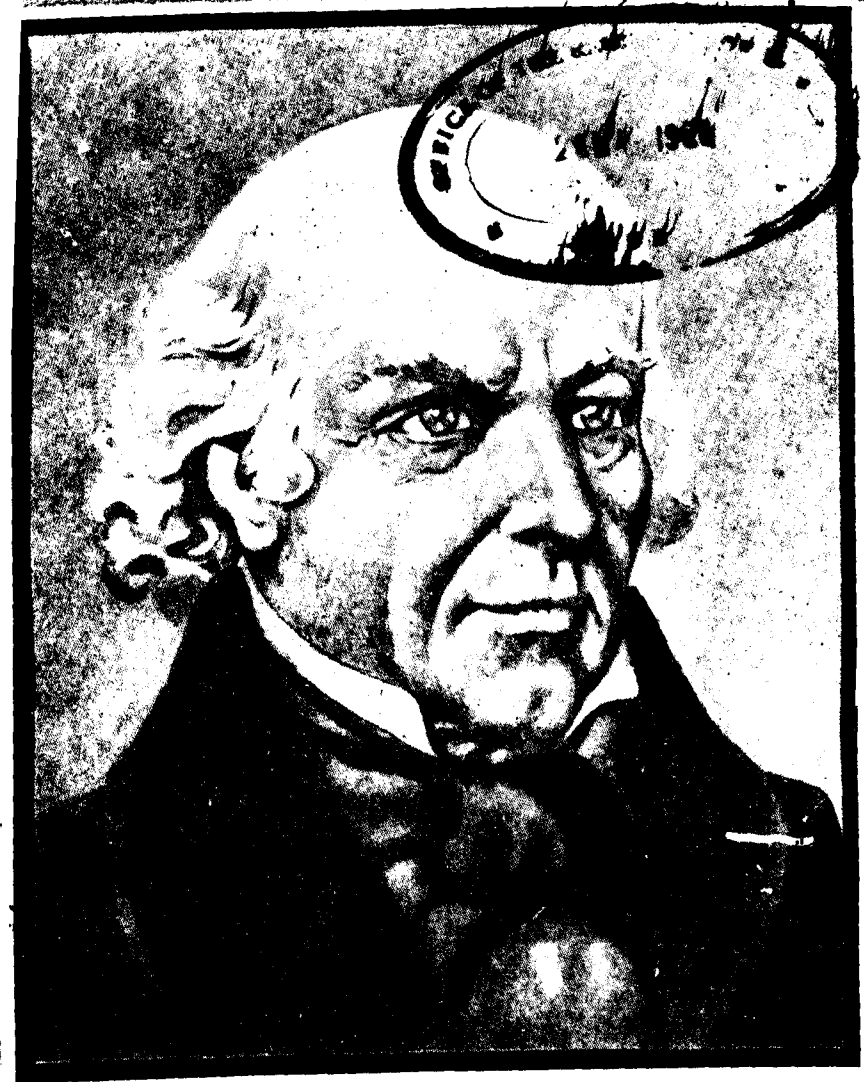


HOMOEOPATHY

APRIL 1960



DR. SAMUEL HAHNEMANN

BORN ON 10th APRIL 1755 IN MESSEIN, GERMANY

JOURNAL OF THE
INDIAN INSTITUTE OF HOMOEOPATHS

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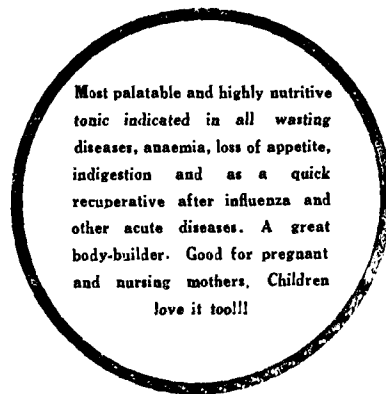
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THE HOMOEOPATHY

Managing Editor: Dr. V. R. MURTY

APRIL

1960

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The HOMOEOPATHY

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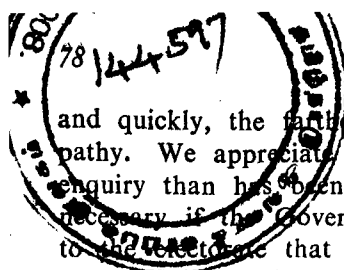
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WHAT WE STAND FOR

Dr. Samuel Hahnemann, the medical genius who gave us Homoeopathy, was born on 10th April 1755 in Messein, Germany. Rightly, on the 10th of this month, Homoeopaths the world over, as well as in India, will be celebrating the two hundred and fifth anniversary. This day is not merely a day of rejoicing for us. Homoeopaths should make this an occasion to do a bit of heart-searching and find out for themselves how truly they have been following the spirit of adventure and scientific investigation, the single-pointed energy with which in his inordinate love for suffering humanity, he pursued the bent of his mind, until in the fulness of his life a new approach to therapeutics and the enunciation of the Law of Similars gave us Homoeopathy.

April dawns for us, Homoeopaths in South India, with a press announcement dated March 9th that “the report of the three man official committee constituted by Government (of Madras) to formulate proposals for implementing the decision to recognise Homoeopathic system of medicine has submitted its report to Government.”

May we be allowed to point out to Government that this is the proper time when the whole profession ought to be consulted, i. e. before the Government commits itself to any line of action or formulation of principles. We have often re-iterated that the intention of the Government should not be merely to register and control Homoeopathic practitioners. Government should make a thorough enquiry and be satisfied that, at the present time, the only system of medicine that is, in all respects, best-fitted to expand the medical services so as to reach, effectively



Homoeopathy

and quickly, the farthestmost villages in the State, is Homoeopathy. We appreciate that this will mean a more detailed enquiry than has been provided for. But, this is absolutely necessary if the Government desires to implement its promise to the effect that within the Plan periods, every village, however distant from the nearest railway or road, will have its medical centre. If the Welfare State is to have any meaning, it is high time that this problem is faced squarely, without allowing the cobwebs of vested interests and officialdom to confuse the issues.

As long ago as April 1956, in our special *Hahnemann Number*, we said:—

“Committees of Inquiry are appointed with a view to study any problem in all its various aspects against the background of the country's needs and limitations and then to suggest practical ways of solving the problems which such a study discloses.

“In the medical world of India what is our actual problem? It is not whether such and such a system is more scientific, or more popular, or more well-established or even deserves more encouragement. The chief problem is the dearth of medical attention in thousands of villages where the majority of our population dwells, the inaccessibility of most of the villages from the towns where congregate all the medical hopefuls whom we are able to produce, our sheer inability in any foreseeable future to produce enough doctors of the correct blue-blood type to man all our requirements (largely due to want of finance and qualified teaching personnel) and to induce them to settle in villages, and the frustration caused in consequence. No well-wisher of India denies the existence of these facts.”

Four years after, the position has not in any way changed for the better. The *crux* of the problem is whether vested medical interests should have the say in the counsels of the Government, or should the interests of the population have the predominating voice.

If we come down to this basic realism, it will at once be seen why we insist

April '60

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(i) that an impartial and urgent enquiry is essential into the comparative merits and adaptability of each system of medicine to suit the specific needs of our villages :

(ii) that the Homoeopathic profession should be consulted *before* the basic principles are formulated, and not after the Government has drafted a bill :

(iii) And that, if there is substance in our claim that Homoeopathy is already doing yeoman service amongst, the villages of South India, that it is widely accepted as an efficient, cheap and easily taught system of medicine, and that it has even now the nucleus of personnel in sufficient numbers to man an expanded medical service, the Government should not be satisfied with merely introducing a registering and controlling Act, but should make provision for the development of Homoeopathy on lines useful to the body politique.

II

It is a familiar phenomenon that with the first shower of rain, frogs start croaking, insects that hitherto lay underground come out to the surface, some of them even growing wings, like locusts. They are an unavoidable nuisance, but we all know that theirs is essentially an evanescent glory, fading away pretty fast.

It is amusing, were it not so tragic, that with the submission of their report by the Homoeopathic Departmental Committee, many forces, some hitherto unheard of, some that had so far put on saintly robes, are all coming out in their true colours. The tragedy comes in, in that the spate of activities these people indulge in may mislead the public and the Government, if they are not alert, into believing that apparently there is chaotic and confused thinking in the ranks of Homoeopaths. This is really far from the case.

We learn from the press that the Madras Presidency Homoeopathic Association has recently led a deputation to the Hon'ble the Health Minister. Frankly selfish and crude in its approach, all that the Association wants now is that the doubtful two-years course it is adumbrating, the Homoeopathic Colleg

which is still in its imagination, and the part-time practitioners, of whom perhaps not even one per cent has actual day-to-day experience of Homoeopathic treatment—charitable, profitable or otherwise—should all get the *imprimatur* of Governmental approval and funds without any scrutiny as to their antecedents. And, as regards the thousands who during the last twenty years have been *de facto* studying and practising Homoeopathy for varying numbers of years, with more or less success, in all the districts of this State, the Association has only to close its eyes, like the proverbial cat, and lo! they do not exist. According to the Association, they are magnanimously included in the category “others”. A wag once said, “The world consists of me and the rest”!

The trouble with the intellectuals is, said a wise man, that throughout the ages they have overestimated their own importance compared to the manual workers and the peasants. That is how communism was born.

Does the Association seriously believe that the Hon'ble Health Minister and the Government of Madras are gullible enough to be misled by their extravagant claims to speak on behalf of Homoeopathy or to start a Homoeopathic College?

III

While the “Madras Presidency” Association, in the name of Homoeopathy, wants Government to do everything through themselves only, some persons have risen up recently, with doubtful motives, blowing hot and cold at the same time, and dumping leaflets on all and sundry. And they think that they are the only saviours of Homoeopathy and that Government should listen to them with bated breath. Poor Madras Government, how many self-appointed advisers on Homoeopathy to deal with! Poor Homoeopathy—it never knew that it had so many poor relations to maintain!!

According to these people, there is no need for registration or control or development. Let any and every one who desires to practise be allowed to do so, with Government's blessings, of course—in short, a state of anarchy! Probably they try to fish in troubled waters!

IV

In the midst of such company, we blush to speak of our credentials. During the last 20 years we have been personally responsible for training about 18,000 students, a large majority of whom are successfully practising as Homoeopathic practitioners in the rural areas of all the districts of this state. There are two or three other Institutes who between them could muster, we believe, more than 12,000 such practitioners. That all of them have been and are doing useful service in near and far-off villages where no other medical help is available, is undeniable. That this system of medicine is harmless has been accepted by everyone. That these Homoeopaths are practising with more or less success, not any the whit less than the more officially and formally trained folk, will be apparent from the amount of Homoeopathic medicines used in the State and the popularity Homoeopaths enjoy in their neighbourhood. This could not have been possible unless their percentage of successful treatment has been satisfactory. Thus much about the rural aspect.

The Homoeopathic Enquiry Committee of 1949 appointed by the Central Government has acknowledged that the educated intelligentsia are in favour of Homoeopathy.

As such, what objection could the “amiable gentlemen” of Madras have against allowing such Homoeopathic practitioners to continue to do so? It should be remembered that these practitioners have adopted Homoeopathy as their profession and several thousands of them have been registered by the District Collectors as *Registered Homoeopathic Medical Practitioners*. Only these registered Homoeopaths are entitled to keep and use in their practice Homoeopathic tinctures and dilutions.

Because of unseemly attacks on their existence, these Registered Homoeopaths organised themselves into Associations: and about thirty such Associations representing nearly all the districts, have come together in a Federation, which has been joined by the Institutes and manufacturing laboratories—thus, the Federation is representative of the entire profession of Homoeopathy in the State. Not only that, but there is no one else who can speak with such an authoritative voice on behalf of Homoeopathy.

V

What do we think about the future of Homœopathy in this State, and on what lines should legislation be drawn?

(i) In the interests of the people, the State and Homœopathy, all Homœopaths who can prove that they are *de facto* practising on the date the new legislation comes into force should be automatically registered and those who have more than three years' experience should be accepted as qualified for employment in Government or semi-Government hospitals and dispensaries.

(ii) As regards future entrants, a minimum qualification of S. S. L. C. may be insisted upon; tuition both in English and Tamil should be permitted; a Homœopathic Board should be appointed with powers to fix syllabus, hold examinations and issue diplomas. As the Government is not apparently ready to start Homœopathic diploma-courses themselves, students should be allowed to study privately or in private-owned institutions and appear for the examinations. The Board might be granted powers to set standards for teaching personnel and inspect teaching institutions and grant certificates of competency.

(iii) At least one Homoeopathic Medical College and Hospital of a high standard should be established in this State, to include Surgery and other specialised subjects. This can be done by Government only.

(iv) As many Homoeopathic dispensaries as possible should be opened in the State. Especially, those dispensaries that have had to be closed for want of doctors may immediately be re-opened as Homoeopathic dispensaries. Further, in Taluk and District General Hospitals, one Homoeopathic Section should be opened, with at least one ward in its charge.

(v) Private teaching institutions for diploma-courses may be encouraged to open attached Homoeopathic Hospitals of recognised standards, and financial help offered for this purpose.

KALI BICHROMICUM

KAVIRAJ PT. R. S. NAVALAR, A. M. I. H., M. SC. H., M. D. H.

Medicines indicated in several diseases generally act on all of them; but they bring complete cure only in certain cases. Physicians should know the real action and vitality of medicines through unfailing experience. Homœopathic system of medicine is well-founded and decidedly expressed. Physicians have only to differentiate the symptoms from one another and to know the various actions of medicines on diseases. I shall give here an example.

KALI BIC. is indicated in affections of organs such as mucus membranes, eyes, nose, mouth, bronchi etc. I have tried this medicine in some diseases and found some particularities in it. One of my friends had a severe chest-pain on account of which he could neither talk nor hear others talk. He could do scarcely any physical work. He was going worse day by day in general health. He was so fatigued that he felt like a wet piece of cloth. He even feared that he would perhaps meet unexpected death.

After his trials in allopathic system of medicine I administered several medicines in Sidha vaidya system which resulted in an incomplete cure. Though I

have passed some examinations in Homœopathy, I really say I was not sure of that system and thought that Homœopathic medicine could only cure children's diseases. So, half-heartedly I tried *Kali Bic.* on my patient and to my astonishment I saw his troubles completely cured in three days. He is now very healthy and strong and he doesn't even dream of death.

I give here, for readers' information, the mode which I followed in administering *Kali Bic.* I took six drops of *Kali Bic.* 30 and diluted with 6 oz. of distilled water. Then, I diluted one ounce of this mixture again with 5 oz. of distilled water. I advised my patient to take in one ounce of this last mixture every two hours during the day. I followed this course for 3 days and on the 4th day there was no trace of pain in or on the chest. We should understand that the patient took in only one drop of the medicine, 30th potency every day and got cured. Be sure that the mixture is well agitated every time.

KALI BIC. is a good remedy for itches, sensation of vomiting and dyspepsia amongst several other illnesses.

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- SODHARI** acts quickly, decisively and promptly in Amenorrhoea, Dysmenorrhoea, Metrorrhagia, and Menorrhoea, Leucorrhoea, etc.; not only tones up the female reproductive organs but also increases the general health and metabolism and improves appetite. 3—00
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IN HOMŒOPATHIC DOSES

(M. N. R.)

Poison is in everything and nothing is without poison. The dosage makes it either a poison or a remedy.

★ ★

It has been proved that if a man spent twelve hours in a hot-bed of malaria and lived the next twelve hours where the ozone is pretty well developed, the quantity of ozone inhaled into the lungs would be sufficient to neutralise the malaria taken into the system.

★ ★

Women with early toxemia, given extra salt, show improvement.

★ ★

If a person has a well-marked mental symptom of a drug and a well-marked absolute symptom of other drugs, the drug with the mental symptom takes precedence over the others.

★ ★

Ignatia is a strange, rare and peculiar medicine, not merely a remedy for hysteria.

★ ★

Milk should be *sipped* slowly in order to obtain the full value.

★ ★

Those who suffer from acidity, rheumatism and sluggish bowels may try a teaspoonful of raw molasses dissolved in a tumbler of hot water.

★ ★

Tea should be weak. Fruit and vegetable juices should be taken *diluted* to give the best results.

★ ★

The Homœopath, although he sees clearly the scientific soundness of Homœopathy, does not regard it as excluding all other medical knowledge.

★ ★

Do not use the deepest acting constitutional remedies for minor complaints and injuries, as the medicines might bring out symptoms you are unable to control. Avoid particularly Aurum Met, Calc. Carb, Graphites, Lycopodium, Sepia, Silica, Sulphur, Thuja, Medorrhinum, Psorinum and the nosodes, especially in higher potencies, unless you are sure of the totality of symptoms.

BETTER BUY BAHOLA
FOR ANY BODILY TROUBLE

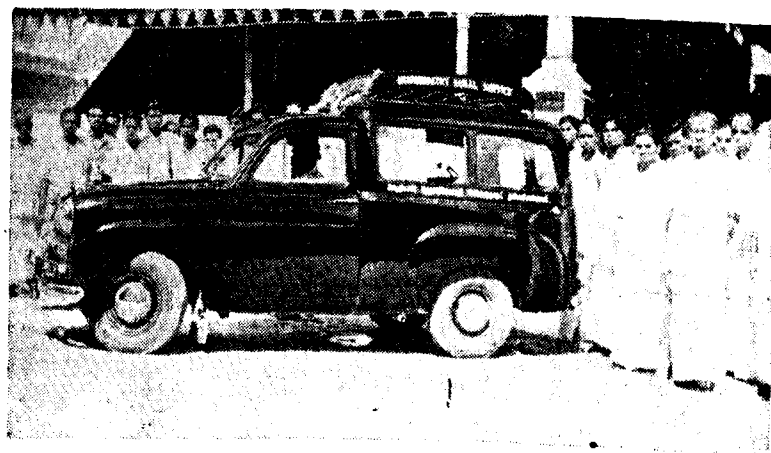
NEWS AND NOTES



Homoeopathic Rural Service Van, in charge of Dr. S. Narayanaswamy, Indian Institute of Homoeopaths, was given a hearty send-off from Kumbakonam on 5th March. After brief halts at Tanjore, Vallam and Tiruchirappalli, it reached Madurai on the 7th instant.

From there, the van proceeded to Cumbum via Theni, Uthamapalayam and Chinnamanur.

Dr. M. S. Alagu Pillai of Sri Murugan Homeo Vaidyasalai had meantime announced the arrival of the Van by tom-tom. A large gathering had assembled



at the Vaidyasala, including the leading persons of the town.

The sick people were treated free and medicines also given free.

From Cumbum Dr. Narayanaswamy with the Van reached Tinnevely on the 9th instant and toured the entire district covering Saithunganallur, Sri-vaikuntam, Nazareth, Tuticorin, Mukhani, Authoor, Arumuganeri, Tiruchendur, Eral, Parapadi, Seranmahadevi, Gopalsamudram, Veeravanallore, Kallidaikuruchi, Ambasamudram, Vickramasingapuram, Sethupattu, Makkudal, Sankarancoil, Tenkasi, Shencottah, Nagercoil, Kanyakumari etc. The tour lasted till the 18th March.

Wherever the Van visited, it was received with great ovation both by the general public and the Homoeopathic practitioners.

It is intended next to cover Madurai and Ramnad districts.

* *

Madurai: A special meeting of the United Regd. Homoeopathic Medical Practitioners' Association was held on 13-3-60. Dr. R. Balaraman, the President, was in the chair.

The minutes of the previous meeting presented by the Secretary, Dr. K. Subba Rao, was unanimously approved. The President in his opening speech, requested all the members to take interest in the monthly meetings. Dr. M. Gopalakrishnan requested the members

to contribute liberally for celebrating Hahnemann's Birthday on April 10th in a grand manner.

Dr. N. C. Kesavalu, D. H. M., Andhra read a paper on "Skin Diseases and Homoeo treatment". Dr. Santharaj of Batalagundu supplemented the same.

Dr. P. Sankar of Madurai gave a lecture on the correlation of Siddha method of pulse

"What a relief!"
said the patient.
He felt so light and
buoyant.

"What a relief!"
said the bowels.
No strain at all.

"What a relief!"
said the Doctor.
"My remedy will now
act".

Thanks to COMLAX!

This safe, prompt and gentle laxative taken at bedtime gives early morning result.

Available in packets of 2
or tins of 40

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reading with Homœopathic system according to his experience.

Dr. P. A. Subbaiah Nadar of Sivakasi spoke on Bone Fracture and Homeo treatment.

Acknowledgements: A pamphlet entitled "Homœopathy, Malaria" issued by Sri Kumara-

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guru Santhinikutam, Tiruvottiyur, Madras. (distributed free)

Dr. N. Jaisoorya, the veteran doctor of Hyderabad, whose interests and activities on behalf of Homœopathy are well-known has completed sixty years of age. To mark the occasion an influential committee of Homœopaths of the Andhra State has been formed to celebrate his Shashti-yabdapurti in a fitting manner. Rightly they have decided to hold a representative Homœopathic Convention to be held on 10th and 11th instant to synchronise with Dr. Hahnemann's birthday.

We take this opportunity of offering our heartiest felicitations to Dr. N. M. Jaisoorya.

Tambaram: At a general body meeting of the Association of Homœopathic Practitioners and Research Centre held at Tambaram on 20th March, the following resolution was unanimously passed.

The Association resolves that the Homœopaths practising as on the date the legislation comes into effect should be automatically registered under the new Act.

Ceylon Homœopathic Practitioners Federation: Dr. D. Kamal Wijeyasinghe, the Hony. General Secretary of this Federation, who is on a study tour in India, called on us recently and said that a Federation of this

kind was a crying need in that country. Although there were a number of bodies, associations and societies interested in Homœopathy, there has not so far been a single organisation to speak with one voice on behalf of Homœopathy.

It was in 1955 that the Government of Ceylon set up a Committee of Inquiry. This committee made certain recommen-

dations but due to several reasons, no action has yet been taken.

Mr. Wijeyasinghe said that this Federation will place before the Government only two requests, viz:—

(1) recognition of Homœopathy as a system of medicine in Ceylon and (ii) registration of Homœopathic practitioners.

HOMŒOPATHIC PREPARATION WITH VITAMIN-C

MAMMATONE—C

During pregnancy and lactation the mother has to supply all the materials and nourishing substances to the child. It is therefore important that she must be very healthy and strong. In weak mothers, we find excessive lassitude and a host of other complaints including abortions and premature delivery. An ample intake of Vitamin C and other minerals is therefore a matter of major importance during pregnancy and also during lactation for a woman.

"Mammatone—C" is a specific for all complaints during pregnancy and lactation. Continuous use of this highly efficient and harmless medicine wards off all common ailments of the mother during pregnancy and the child after its birth. Abortions are prevented. It helps healthy growth of a child and above all causes easy and natural delivery. This can be used till the time of delivery and during lactation.

As soon as labour pain starts, a tablet may be given once in 15 minutes or half an hour. Within 3 or 4 doses, delivery takes place in normal cases.

NOTE: "MAMMATONE—C" may be administered along with any other homœopathic treatment.

DOSE: One tablet three times a day after food, preferably with hot water.

In bottles of 50 tablets

BAHOLA PHARMACEUTICALS

9, BANADURAI SANNADHI KUMBAKONAM, S. INDIA.

A division of Indian Institute of Homœopaths

"The Lancet" on dearth of doctors in India: In an editorial dated 30th January 1960 (page 265), The Lancet writes:

"Not only has the supply of medical manpower to be considered, but also its distribution. This is extremely uneven, the larger centres over-doctored while the backward country side, where most of the real work is to be done, relies on such expedients as midwifery by the village barber's wife. There is nothing—apart from a sense of duty worthy of a saint—to attract doctors to the mofussil. Pay is execrable; no special facilities are granted for travelling or housing; no prospect is given for refresher courses or promotion; and professional and cultural isolation may be almost complete. Even in the cities pay is so poor that part-time private practice is essential, while young practitioners are attracted abroad by better prospects. Moreover a large proportion of Indian doctors still want to stay at home and live in the old way with all their relations under the same roof."

Planning Commission Member: Mr. Shriman Narayan, member of the Planning Commission, said at New Delhi on 23rd March that the Planning Commission was considering a proposal for starting short-term

course in medicine to meet the growing demand for doctors in the rural areas.

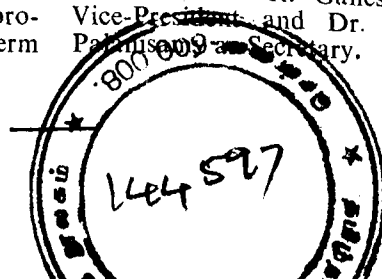
Mr. Narayan, who was speaking in the inaugural function of the Maulana Azad Medical College Union, said that India was a poor country and most of its people lived in villages. There was need, therefore, of a system of medicine which was cheap and easily available.

The Planning Commission he said, was also considering to evolve a synthesis of various systems of medicine so that composite dispensaries could be opened in villages.

Among the other proposals before the Planning Commission, he said was one for starting a herbal garden in every village to make available about 50 well-known herbs for different kinds of ailments. These gardens will be directly under the supervision of village panchayats, he added.

* *

Pondicherry: We are glad to know that the Homœopaths of Pondicherry have formed into The Homœopathic Medical Practitioners' Association of Kottakuppam, 24, Kamatchiammankoil Street. Dr. Martial (Muthialpet) has been elected as President; Dr. R. Ganesan as Vice-President and Dr. A. V. Patil as Secretary.



FEDERATION RESOLUTIONS

Resolutions passed unanimously at the General Body Meeting on 28-2-'60 of the Federation of Madras State Registered Homœopathic Medical Practitioners' Associations:

This Federation resolves to enrol a class of members known as Associated members from among the practising Homœopaths registered under the District Collectors with a fee of Rs. 11/- (eleven) for the first year and Rs. 6/- for every subsequent year. A certificate shall be issued for every Associate member on enrolment. The Executive Committee of the FMSRHMPA is authorised to implement this resolution.

2. This Federation resolves to bring out a souvenir on behalf of the Federation before the next general body meeting in July 1960. Sri Ramanuja Anandar of Trichy is elected as editor for the same. He is authorised to collect money, get advertisements and edit the same.

3. This Federation hereby ratifies the affiliation of all the Associations who have so far applied for same together with the affiliation fees. All future affiliations will be subject to scrutiny by the Executive Committee.

4. This Federation resolves that any Committee member who is absent for three Executive Committee meetings consecutively without proper reason, is liable to be removed. The Executive Committee is authorised either to restore him or co-opt any other member in his

stead for the remaining period. The Secretary is requested to write accordingly to such absentees.

5. This Federation resolves to request the Madras Government to open Homœopathic dispensaries in different places and also reopen all dispensaries closed for want of doctors and appoint Homœopathic practitioners in them.

6. This Federation feels that the ideal to be aimed at is to have one District association for each District and one Taluk Association for each Taluk, without frittering away energies in several similar associations; and requests all constituent associations to try their level best to achieve this desirable end.

7. Now that Homœopathy is a recognised system of medicine in all the states, in view of the fact that many Central and Provincial Government employees undergoing treatment under the Homœopathic Medical Practitioners, are put to much inconvenience and trouble and forced to get certificates from Allopathic doctors even though they did not have treatment under them, this Federation requests both Central and State Governments to issue necessary instructions to various departments to accept certificates issued

by Homoeopathic Medical Practitioners in cases treated by them.

8. Resolves to request all the District Associations organising a Conference to send all the resolutions beforehand to the General Secretary of the Federation and take suggestions so that there may be uniformity in all such activities.

9. This Federation requests the General Secretary to circulate the model flag to all the affiliated Associations and get their views in the matter of having a common flag for the Federation. It is felt that the design should be simple and bold and original, so that it can be adopted at once as a flag, an emblem and an

insignia capable of being used on letterheads, envelopes, seals and flags.

10. This Federation requests the Government of Madras to provide in the new legislation for Homoeopathy for the appointment of an Examination Board, who will frame the syllabuses and conduct examinations to which private candidates will be admitted, at least until such time as properly equipped and staffed Homoeopathic Colleges are opened.

11. This Federation resolves that all Homoeopaths practising as on the date the new legislation comes into effect should be automatically registered under the new Act.

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You cannot do better than choose from our famous range of proven TONICS—keep always in stock and build your practice!

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INDIAN INSTITUTE OF HOMOEOPATHS
KUMBAKONAM AND MADRAS-1

CALENDULA FOR CUT AND SCAR

for serious wound as well

By The REVD. S. P. VENABLES

Calendula Officinalis is a Homoeopathic remedy and is made from the flowers and leaves of the common Marigold. Its healing effect in wounds of all sorts is miraculous. It can be used with safety for the new born babe and up to old age. It can be applied by the unskilled, even by a child.

It is used as a Tincture (called Mother Tincture of Calendula) and is diluted to form a lotion. But more especially for most of my patients I use it in the form of Calendula Ointment (sold by Homoeopathic Chemists). An ounce of the Tincture and a jar of the Ointment should be in every household, in every school, in every holiday trunk.

The title of this article is "Calendula for cut and scar, for serious wound as well." Let me tell you a few of its successes.

For Scars

Raymond, aged 15, a grocer's errand boy, was standing in front of the shop when a tile from the high roof fell cutting his forehead. He was taken to hospital and received stitches. Six months afterwards there was a very noticeable scar some three inches long. I advised that Calendula Ointment be applied at bedtime for three months if necessary. As a result there is now no disfiguring scar.

Next let me tell you of large open wounds. I shall condense details so as to save space. You will notice my treatment was much the same for each, and that I used several drugs chiefly to neutralize the accidental shock suffered by the patients.

Crushed Finger

Miss N. M. G., aged 27, a farmer's daughter, helping to lift a churn of milk on to a lorry had her left hand pinned beneath the churn on the tail-board of the lorry. Her third finger was badly crushed, the first joint being split open. When she came to me two hours later she was in much pain.

By steeping her finger in a tepid lotion of Calendula I carefully removed the bandages. The whole of the side and the tip of the finger were raw. For a few minutes I let her soak her finger. During the space of a quarter of an hour I gave her the following medicines: Two pilules of *Arnica* 200, for shock. Five minutes later and as an anti-tetanus (i. e., to prevent lockjaw) two pilules of *Strychninum* 3. Five minutes later two pilules of *Hypericum* 6 to minimize pain in finger. By the time the quarter of an hour had gone I had dressed her finger by simply applying a liberal supply of Calendula Ointment and a small bandage. I gave her

instructions gently to remove the bandage once every two days, to bathe the wound in a little cold *Hypericum* lotion and to re-bandage using Calendula Ointment, she to take two pilules of *Hypericum* 6 three times a day for five days.

What was the result? Five days later was Sunday. Miss N. M. G. is Organist of our village Church. That morning she was unable to play. But at Evening Service she played the organ with one hand, and did this on the next Sunday morning and evening. On the third Sunday she was able to play with both hands. Within about ten days of the accident her hand was considerably better. Now, three years after, I have inspected her finger and there is no scar, no deformity, and she still plays the organ.

Compare. One year after her accident, a labourer on her farm similarly smashed his finger under a churn of milk. He was taken to hospital daily for 14 days, given stitches in the finger, and daily hot bathings which this hefty man described as excruciating, also penicillin injections. He lost a fortnight's work, and had his hand in a sling for a month. (Small wonder that in my heart I say, Thanks be to God for Calendula.)

Thumb Ripped Open

Micky, a farm labourer aged 50, is the stoker of our village Church. Last Christmas Eve I met him refuelling the furnace, but he needed the help of his

stalwart son. Micky's right hand was heavily bound up, his red face giving no indication of his sufferings. My enquiry revealed this: Earlier in the day he had been working in the loft of a barn moving boxes of apples and loading them on to a horse-drawn farm cart. He tripped over the hatchway and fell out of the loft and into the farmyard some eleven feet below, his head landing near the horse's hoofs. The horse was startled and kicked out, and Micky saved his face from damage by intercepting the end of the hoof-thrust with his thumb.

I brought Micky to the Vicarage and inspected his thumb, and saw the inner side of it was split badly in the shape of a six-point star. I let him steep his thumb in a cold water solution of Calendula (about ten drops in four tablespoons of water). This was also to help wash off his Iodine. Two pilules of *Arnica* 200 for shock. Five minutes later two pilules of *Strychninum* 3 to prevent lockjaw. But there was dirt in the large open wound, dirt off the horse's hoof, and the thumb was too raw to touch. Therefore two minutes later I gave Micky two tablets of *Gunpowder* 3x and two tablets of *Silica* 6x, in order to prevent blood poisoning and also to drive out the dirt. Five minutes later two pilules of *Hypericum* 6 to lessen the pain. By this time I had completed dressing his thumb, simply by spreading with a clean knife some Calendula Ointment over two or three Elastoplast bandages, which.

when fixed, held the torn thumb nicely in position.

We then wished each other a Happy Christmas and parted. Micky took *Gunpowder* 3x three times a day for five days, and removed the bandage once every four days so as to renew the Calendula Ointment. In two to three weeks his thumb was fine. He lost no time from his farm work.

Three months later: One Sunday evening in March—it was less than an hour before my Evening Service, a terribly inconvenient time for visitors—the Vicarage door bell rang. I hurried from the Study. Micky was on the door-step. "Can you spare a few minutes, Sir?" Of course I had to! Yesterday Micky had been grafting some apple trees, the grafting knife (very sharp) had slipped and had cut right to the bone of the same thumb at the same spot. It was now very painful. Micky's wife had urged him to go to hospital for stitches. Could I help? Yes, I did so. This time I used Calendula Ointment, a dose of *Arnica* 200, and of *Strychninum* 3, and a few Elastoplasts which were to be changed every three or four days. Then I had to get quickly over to the Church, but found myself in good time to take the Service. In ten days Micky's thumb needed no more Elastoplasts and Calendula.

Dog Bite

On a Saturday morning just before Whitsun Joan F. L. came to the Vicarage. She had just been bitten by their massive bull

terrier. As he flew at her he got his teeth fixed in the left side of Joan's face. There were several teeth marks and moderately deep holes high up on her cheek, also on her chin. But under the chin along the left side the dog had bitten right through and the white jawbone was laid bare for about an inch and a half. (I was struck by the fact that afterwards the animal-loving parents refused to have the dog destroyed.)

Joan's mother (a fully trained nurse) anxiously asked whether to take the child to hospital (five miles away) and have stitches. I said, no, such an ordeal would be distressing and painful, and I thought Calendula Ointment would do *everything*, including healing all the holes in the face and the gaping flesh wound under the jaw, and should leave no scars.

The little girl was very brave and tearless. Calendula cold lotion to sterilize and clean the wounds. *Arnica* 200 for shock. *Strychninum* 3 as anti-tetanus, Tablets of *Gunpowder* 3x and *Silica* 6x to act as cauterizing agents. (All these medicines being so pleasant to take, the child took them with relish and felt relief at once.) The rest of that Saturday morning Joan played in the garden with my children. Their exertions made the Elastoplasts keep slipping from under the jaw, therefore several times I renewed the plaster bandage with its Calendula Ointment, and each time I could see how very clean the jaw and bone were looking. Joan went home and slept all that

afternoon. On Monday morning she was back at school.

Calendula Ointment was used for a week. By this time all the holes in the cheeks and chin were healed. The inch and a half gash was well drawing together, and a week later this was excellent.

Now notice....three weeks from the day of the savage attack all scars had gone and the little girl's face was unblemished. So Calendula *did* everything as I had anticipated. (And I still say Thanks be to God.) Calendula for cut and scar, for serious wound as well.

— The Homœopathic News Review

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TRIPLICITY IN HOMOEOPATHY

By M. A. RAHMAN, Coimbatore.

The wonderful Triplicity in Homœopathy, remarkable for its manifestation of highly mischievous powers, which threatens the very existence of man by attacking the dynamic vital force within and which does great havoc in the human system by causing grave diseases of both mind and body is the trio of Dr. Hahnemann's miasms viz., psora, sycosis and syphilis. What is meant by miasm? The word miasm may be said to signify an unwholesome or unhealthy element inherent in the human system. These miasms are said to be the real cause of all diseases, I mean chronic diseases. Acute diseases seem to arise from external causes. These miasms have by nature an inherent tendency to continue in the system in some form or other. Let me describe briefly these three miasms.

What is called psora is a condition of the human system, having the susceptibility to disease; as such it enables diseases to develop. This psora, which is so very subtle in nature, goes to disturb the dynamic vital force in the organism and gives it the tendency for disease. All the different diseases are but external manifestations of the internal cause, psora. While psora is the primary cause of all diseases, the complications of psora lead to sycosis and syphilis which are also subtle in nature, engrafted in the human system.

The purpose of these miasms is to create and preserve diseases in man. But why should these promoters of diseases harass man at all? Who created all these miasms? There is the general contention that man himself is responsible for his diseases. According to Homœopathy, man gets diseases either by himself or by heredity. He not only suffers from these diseases but also sometimes transmits the same to his blood-relations. It is man's own perverted attitude in life that creates in the system the conditions of psora, sycosis and syphilis.

The condition of psora is brought on by evil thinking and evil willing. There is first disorder in the mind and then it is reflected in the body by way of diseases. Sycosis and syphilis which are but further developments of psora are brought on by evil action, while psora is the result of evil thinking. Sycosis and syphilis are the result of evil doing.

Psora is not itches as some think it to be but a condition of the human system arising from (I may say) internal itching of the mind and resulting in external itching or other diseases which are only suppressed in the organism. It is said that psora is there inherent in every man on the earth, whether manifested externally or not. Similarly, sycosis is not gonorrhoea,

but a condition of the system brought on by the suppression of gonorrhoea which manifests in different forms. Syphilis likewise is not chancre (Syphilitic ulcer) but a condition of the system arising out of the suppression of chancre which also manifests in different forms.

The cause of psora is from the mind to the body, from the mental itching to the physical itching, but the cause of sycosis is from the body to the mind, from the gonorrhoeal discharge to colic, rheumatism, insanity. The process of syphilis is also from the body to the mind from chancre to glandular enlargement, degenerations of internal organs, imbecility.

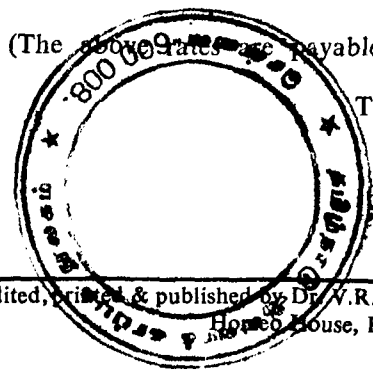
To mention certain characteristics of these miasms, one important characteristic of psora is that there is no structural degeneration though there may be functional disorders, whereas sycosis and syphilis have degeneration of the structures of the organs or parts of the body. So far as skin troubles are concerned, psora has itching while sycosis and syphilis do not have. As regards mental symptoms, psora is over-sensitive, sycosis is sensitive like a barometer (changing with the temperature) and syphilis is weaker in sensation. Again, psora is intelligent, sycosis mischievous and syphilis idiotic.

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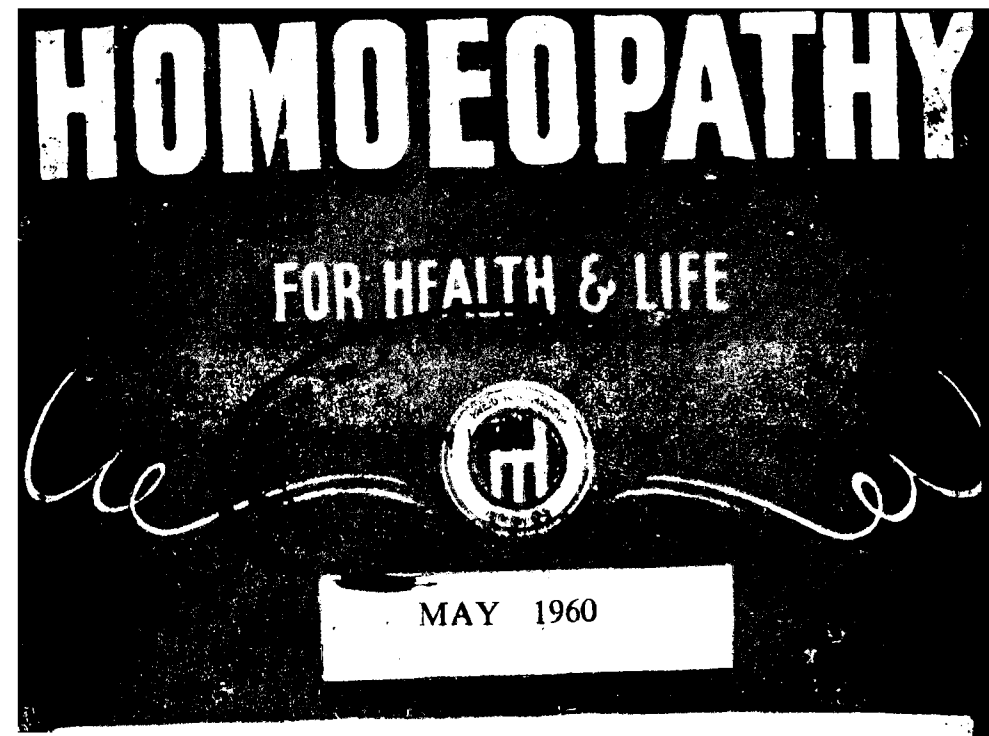
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THE HOMOEOPATHY

Managing Editor: Dr. V. R. MURTY

MAY

1960

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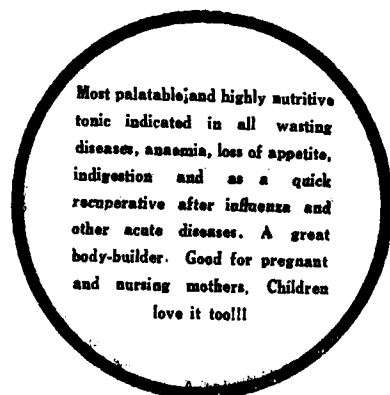
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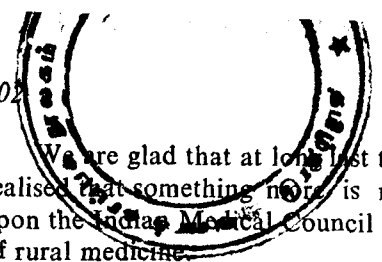
NEW MEDICAL COUNCIL

The ways of democracy may be slow and cumbersome but ultimately good sense prevails. For more than a year we have been insisting that the Indian Medical Council exists only to take care of the professional interests of its Allopathic members, to see that their numbers are not unduly enlarged and that, even in the remote future, other systems of medicine do not rise up to their level. What happens to the untold millions in the villages who suffer from want of elementary medical help is none of their business.

"It is perhaps true that the Government is not able to do immediately all that it wants to do to promote indigenous systems and Homoeopathy because of the all-too-powerful interests behind allopathic medicine." When we wrote this we had in view the Government of which Rajkumari Amrit Kaur was the Central Health Minister.

And then in our April 1959 issue we gave it as our deliberate view that

"Considering that the Medical Council of India, as at present constituted, consists solely of representatives of one system of medicine and has shown itself incapable of adjusting itself to the declared policy of the Government to promote indigenous systems and Homoeopathy; but is more or less acting as a trade union organisation to protect and promote only allopathic interests, we request the Government either to create separate all-India Medical Councils for each one of the Ayurvedic, Unani and Homoeopathic Systems of medicine or to make the present Medical Council more representative by law of the different systems of medicine."



We are glad that at long last the Government of India has realised that something more is necessary than merely relying upon the Indian Medical Council to solve effectively the problem of rural medicine.

We therefore, welcome the news that the Union Government is contemplating the creation of a Medical Council exclusively for non-allopaths.

We feel that the bunching together of Ayurveda, Unani, Siddha and Homoeopathy in one Medical Council may create other problems in the future for the Government, e. g. when the question of syllabus arises. Nevertheless, we agree that it is a great step forward that the Central Health Minister, Shri D. P. Karmarkar, has taken in shaking off the tentacles of the Indian Medical Council.

Out of the two cramping factors that have prevented the Government of India and the State Governments from doing justice to the requirements in medicine of rural India, this step has shelved one aside. The other factor still remains, viz., that the entire Medical Services in India are manned by devotees of allopathy, who can look at all problems of medicine only through allopathic eyes. It is not *their* fault, because by training and tradition they cannot be otherwise.

But, where such attitudes retard the progress of national wellbeing, alternative approaches have necessarily to be explored. One obvious solution is for all problems of medical policy to be scrutinised by a Parliamentary Committee. The other alternative of admitting into the Medical Services representatives of Ayurveda, Unani, Siddha and Homoeopathy systems so as to get over the stated handicap might not be feasible for quite a long time, unless on a small scale not sufficient to influence policies.

Nevertheless, it may pay Government to explore ways in which outstanding doctors of Homoeopathy and indigenous medicines are taken into the Medical Services on direct recruitment, even as the Kerala Government has done to man its Homoeopathic dispensaries at all district headquarters.

Meantime, we shall watch with interest what progress is made with regard to the establishment of a separate Medical Council for non-allopathic systems.

HOMŒOPATHY - PROPAGANDA - CUM-RURAL SERVICE VAN.

By. Dr. S. NARAYANASWAMY.

On the morning of 5th March 1960 at about 9 a. m. I received summons through the office boy that the Governing Director desired to see me. I went inside the room with a certain amount of expectation. As soon as he saw me, without any preamble, he said "Well, S. N. the Van is ready. I am placing in your hands as good a van as money can procure; there is also a good driver, Raj, to do your biddings. The first tour programme fixed for your work is Tirunelveli and Kanyakumari Districts. The auspicious time fixed is 3-00 p. m. Are you ready?" I just mumbled, 'Yes' and beat a hasty retreat to my seat, to prepare things necessary for the journey.

I hauled up in a box a few items of our patents, injections etc. as also one set of important Homœo remedies in the form of globules, and one Materia Medica for reference purposes. In another, I stuffed some of my clothes and personal things and got all of them stowed carefully at the back of the Van. We were ready, driver and myself.

Exactly at 3 p. m. G. D. came out of his room to wish us bon-voyage, and offer us his blessings. There was a short delay for photography and leave-taking and then we were off. The same evening we reached Tiruchy and halted there for the night. Next morning we started

early and reached Madurai, the city of *Goddess Meenakshi*, in the evening, covering on the way, Manaparai, Dindigul etc. where we have many practitioners and customers as well as stockists and dealers.

At Madurai a surprise awaited me. One of our old students, Dr. Alagapillai from Cumbum was awaiting my arrival. Having learnt from our journal that our Rural Service Van was on the road, he somehow guessed that he can contact the Van at Madurai and there he was. He saw me and insisted that I should visit Cumbum before proceeding further on. Although a visit to Cumbum was not included in the tour programme, I agreed to go so as not to disappoint Dr. Pillai. Dr. Pillai proceeded before us by the first available bus to make all the necessary arrangements there. Dr. M. Gopala-krishnan and Dr. Subba Rao, Secretaries of the Federation, kindly agreed to accompany me to Cumbum. We told Dr. Alaga Pillai that we would arrive exactly at 2 p. m. and that we could have a meeting at about 4 p. m. as also some free medical service to the poor, after the meeting. Dr. Alaga Pillai said that he would call for a gathering at his dispensary, of all prominent gentlemen of the place and also announce by tom-tom about our free medical service programme.

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The next morning, we left Madurai at about 9 a. m. On our way, I contacted many Homoeopathic practitioners at Theni, Chinnamanur, Uthamapalayam etc. At Theni, one Homoeopathic practitioner is having a very decent practice. His neat and tidy dispensary is situated on the main road. When we visited his clinic, there were nearly 15 patients waiting for their turn. The doctor, though very busy, was overjoyed to see us and offered us cool drinks. In his shelf, I saw neatly arranged many of our popular injections, tonics, Bio-chemic preparations etc. The doctor seeing me scanning the shelves, said, "Yes Sir, I mostly use your injections and medicines; they are wonderful and give the desired results. The only difficulty is to get your medicines quickly when required. We have either to run up to Madurai, or get them direct from Kumbakonam, which means delay". I thanked him for his kind remarks and assured him that efforts will be made to make all our preparations available at many important places of the Southern districts through several stockists.

When we reached Cumbum it was 1-30 p. m. and Dr. Alaga Pillai was waiting for us outside his dispensary. No sooner we got down than he took us to a separate hall where lunch was ready for us. After lunch we took some rest. As there was still 2 hours for the meeting, Dr. Gopalakrishnan proposed that we might as well visit the famous

Suruli falls nearby. Dr. Alaga Pillai readily agreed to this and made all arrangements. We reached Suruli falls and had an exhilarating bath at the perennial falls for about half an hour. We felt very much refreshed after the bath. We returned to Dr. Alagapillai's dispensary exactly at 4 p. m.

On arrival, we saw a crowd of nearly 150 people squatting all over the place, besides some of the prominent gentlemen of the town to whom the doctor had sent special invitations. On enquiry we learnt that all of them had come for treatment. All of us felt that this was not the time for any speech making or formal meeting, but began the work of attending to the sick immediately. One by one the patients were examined and the

remedies sufficient at least for 2 or 3 days were given, free, from my medicine chest. After some time when we saw more people coming we began to deal with the cases in three batches. Although it was tiring work, we never felt it. By the time the job was finished it was 8 P. M. All the prominent people who were present there at first remained till the last of the patients was treated. They thanked us profusely and praised the rural-service scheme inaugurated by the Indian Institute of Homoeopaths, Kumbakonam. After some slight refreshments, we started on our return journey to Madurai and barring some heavy rains in the ghat section of the road we reached Madurai at about 10 p. m.

(to be continued)

ANNOUNCEMENT

Our friends and well-wishers from Madurai, Ramnad and other Southern districts will be happy to learn that as from the 1st instant we have opened a new Branch Office at No. 4, Manjanakara Street, Madurai.

With a view to ensuring prompt and efficient service to all our patrons in this area, we are specially posting our senior officer, Dr. K. V. Swamy, as Manager of this Branch.

**INDIAN INSTITUTE OF HOMOEOPATHS
KUMBAKONAM**

Dr. HAHNEMANN DAY CELEBRATIONS

Madurai: The United Registered Homoeopaths Association of Madurai celebrated the 205th birth anniversary of Dr. Hahnemann, founder of Homoeopathy. Dr. V. R. Murti, President, Federation of Madras State Registered Homoeopathic Medical Practitioners Associations presided.

Dr. M. Gopalakrishnan, Secretary, welcomed the gathering.

Dr. Murti said that during the past fifty years homeopathy had made considerable progress and many Homeopaths were today serving in rural areas without any Government assistance. He welcomed the reported move for establishing an Indian Medical Council for non allopathic systems of medicine and opened such an institution would save medicine systems other than allopathy from discrimination from an allopathy-dominated Council. He stated that with over 15,000 Homeopaths registered in Madras State it should be Government's anxiety and not that of Homoeopaths to control the future of this system.

Dr. Murti suggested that all Homeopaths should join the Federation which could implement a code of conduct and ethics for them to improve the status of the system. He revealed that his resolution at the recent Convention of Homeopaths at Madras that Government should

provide each block under C. D. scheme with a Homeopathic doctor was under the consideration of the Union Deputy Minister for Community Development. He wanted that public recognition of Homoeopathy should be secured.

Dr. E. S. Govindan unveiled the portrait of Dr. Hahnemann and traced his life history.

Messrs. V. R. Subramanian, N. C. Kesavalu, Azees Khan, D. S. Santharaj, K. Subba Rao and G. Sankararajulu also spoke.

Dr. R. Balaraman proposed a vote of thanks.

Earlier, the Madras Provincial Homoeopathic Congress celebrated Dr. Hahnemann Day. Dr. S. V. Rajiah presided.

Dr. Shanmugam, secretary, welcomed the gathering. Drs. D. K. Venkatarama Iyer, K. V. Swamy and S. Pandithurai spoke.

Dr. Rajiah said that the homoeopathic system must be popularised among the public. When the public patronised this system Government recognition would come of its own accord.

Dr. Aabathsakayam proposed a vote of thanks.

Hyderabad: Dr. D. N. Chatterji, President of the all-India Homoeopathic Convention, which met at Hyderabad on April 11th deplored the lack of appreciation

on the part of the Government of homoeopathy.

Dr. Chatterji said that in India with five lakhs villages, having 80 per cent of the population, it would be impossible for Government to extend allopathy throughout the country. He thought that the successful and sustained application of Homoeopathy in the rural areas, especially in the community development centres would go a long way in providing medical relief.

Dr. Chatterji pleaded that trained and qualified Homoeopaths should be drafted in mines, tea gardens, factories, life insurance and railway. Unless and until Government took this branch of study seriously by prescribing a proper syllabus encouraging Homoeopathy in the rural areas, drafting qualified Homoeopaths into Government service, the prospect for homoeopathy in the country would indeed be bleak.

Dr. Chatterji commended the proposal of Dr. Jaisoorya that there should be a three-year diploma course.

Explaining the absence of enthusiasm towards Homoeopathy, Dr Chatterji said that it was due to the pusillanimity of Government in not giving proper recognition to Homoeopaths.

He was glad that this first all India convention was taking place at Hyderabad at a time when Dr Jaisoorya was celebrating his birthday. He paid tri-

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butes to Dr. Jaisoorya's contribution and suggested that his speeches should be published in a book form.

Mr. Abdul Salaam Sayeed, Chairman of the reception committee, welcomed the delegates.

Mr. S. Aravamudu Iyengar, inaugurating the convention.

said that the Homoeopathic system was very useful in that it was cheap and the poor could afford to pay for Homoeopathic services.

Dr. N. M. Jaisoorya introduced the prominent Homoeopath doctors who came to attend the function from other States and other important invitees.

Visakhapatnam: The Two Hundred and Fifth Birthday Celebration of Dr. Hahnemann, was conducted by the Visakhapatnam Homoeopathic Association on the 10th April 1960 at 5 p. m in the premises of the Visakha Tutorial College, under the Presidentship of Revered Swamy Avyaktananda of Lalitha Devasthanam, Lalithanagaram, Waltair R. S.

Homoeopathic physicians and other admirers of the system of Homoeopathy totalling about fifty members attended the function. After garlanding the photo of Hahnemann and the President of the occasion, the meeting commenced with Prayer by Rev. Swamiji. Doctors A.V.R. Murty, T. Venkata Rao, S. Ramavatharam, D. S. N. Moorthy, P. Mangayya, C. V. Yogi, and M. Gopalakrishna, spoke at length on various topics.

The office bearers of the Association while narrating the activities of the Association, exhorted the members to take more active part in the regular Sunday meetings of the Association.

Tambaram: The first Conference of the practising Homoeo-

paths of Saidapet Taluk, celebrated the birthday of Dr. Hahnemann. A Tea Party was held and a photograph was taken on the occasion. The President, Dr. Kumara Menon spoke on the life and works of Dr. Hahnemann. Occasion was taken to pass several resolutions, one of which reiterated the demand put forward by the F. M. S. R. H. M. P. A. that all Homoeopaths practising as on the date the new legislation comes into effect should be automatically registered under the new Act. The Conference was held under the auspices of the Association of Homoeopathic Practitioners and Research Centre, Tambaram.

Canara: Under the auspices of the Canara Homoeopath's Association (Regd.) the 205th Birthday anniversary of Dr. Samuel Hahnemann, the founder of Homoeopathy was celebrated at the Hall of St. George's Homoeopathic Clinic & Pharmacy, Mangalore—1, under the presidentship of Sri. K. Suryanarayana Adige, B. A., B. L., Advocate, Ex. Chairman, Mangalore Municipality.

After prayer, Dr. R. D. Sastry, B. A., L. T., welcomed the gathering. Then the president garlanded the photo of Dr. Samuel Hahnemann. Sri Cleetus C. Pedrine spoke on the Homoeopathic Philosophy and life of Hahnemann. The president in his speech paid an eloquent tribute to Homoeopathy and its Founder. Dr. Joseph Zacharias, the Hon. General Secretary, proposed a vote of thanks, and

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In accidents, Arnica 200 for shock; Strychninum 3 for lockjaw and as anti-tetanus; Hypericum 6 to minimise pain; Gunpowder 3x to prevent blood poisoning and Silicea 6x to drive out dirt.

For the severe skin lesions that come so often after penicillin, the old antipsoric, *Sulphur*, is effective antidote.

If you feed children a lot of salt when there is a polio epidemic abroad, they are much less likely to get it.

In case of stomach-disorders, it is often advisable to take the meals dry and drink only half an hour before or after the meals.

If a medicine aggravates the symptoms of a patient but does not cure him, the patient is incurable and would not be cured by any other medicine whatsoever.

When a person sleeps, he breathes more slowly and hence carbon-dioxide which normally would be thrown off accumulate in the blood stream. The amount accumulated in 8 to 10 hours is not harmful, but the increased amount when a person sleeps as much as 10 hours can be. It makes him more sleepy.

If some of the surgeons were only more conscientious, there would perhaps be less suffering. But many of them believe that a well-performed operation never hurt any one.

Why flattened rice or rice flakes is better than milled raw rice will be clear from the following:—

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Protein.	6.9%	6.6%
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Minerals.	0.5%	1.8%
Carbohydrates.	79.2%	78.2%
Calcium.	0.01%	0.02%
Phosphorus.	0.11%	0.22%
Iron.	1.00%	8.0%
Vitamin B.	0.0	210.0
Nicotinic acid.	1.2	4.0

The enema can is usually kept at a height of about 4 to 5 feet from the ground and the stop cock is kept fully open. This is justified in an emergency, where hard lumps of stools have to be loosened by directing a jet of hot water. But in cases of chronic constipation, the height should not exceed 2 or 3 feet.

Our food habits are all wrong. We cook our vegetables in ghee or oil and in doing so destroy all their aqueous vitamins. We eat fried food which are difficult to digest. A generous use of spices keeps the stomach and intestines in a constantly irritated condition. We eat too many sweets which upset our digestion.

NEWS AND NOTES

Sickness and Unfitness Certificates: Extract of D. O. No. F. J 4-1/60-HM dated 24th February received from the Private Secretary to the Minister of Health, Government of India, addressed to the President, All-India Part-Time Homoeopathic Practitioners Association, Jhansi, is given below:

It is understood that as far as U. P. is concerned, certificates of all Homoeopaths registered in Uttar Pradesh are accepted by other medical practitioners.

Medical Council for Non-Allopaths: The Union Government, it is learnt, is contemplating the creation of a Medical Council exclusively for non-allopaths.

The proposed Council for which necessary legislation is being outlined may be on the model of the existing Indian Medical Council.

The new Council will grant recognition to the products of non-allopathic systems of medicine, drawing up a common syllabus for all the institutions to ensure a common standard or training for them.

In Lok Sabha: Initiating a discussion on grants to the Health Ministry in the Lok Sabha on April 4th, Mr P. K. Kodiyan (Kerala) asked the Government to evolve a coordinated health system in the country which would make

available to the people all the systems of medicine in the country.

While agreeing with the Government that the modern allopathic system of medicine should form the basis for the country's health services, he was however, opposed to the "step-motherly" treatment meted out by the Government to homoeopathic, ayurvedic and other indigenous systems of medicine. Mr. Kodiyan said that the modern system was not within the easy reach of the common people and the Government could not expand the health services for want of trained medical personnel.

He asked the Government to build up a single coordinated pattern of health system bringing into it men from different medical systems in the country.

Homoeopathic Rural Service Van: During the first fortnight of April, Dr. S. Narayanaswamy toured the districts of Ramnad and Madurai along with the Rural Service Van which was hailed with enthusiasm in every village it visited.

Indian Institute of Homoeopaths, Kumbakonam: Information is to hand that the first session of the Practical Class has already started and that, as in other years, the admissions are so heavy that a second session is to take place on the 16th

instant. Attendance at this session is also expected to be equally crowded and the chances are that late-comers may have to be refused admission.

Acknowledgments: *The Torch of Homoeopathy*: (Quarterly) April 1960 issue: Published by the Rajasthan Homoeopathy Association (Regd), New Colony, Jaipur, Rajasthan.

Journal of Homoeopathic Medicine: Jan - March 1960 issue, edited by Dr. P. Sankaran, L. I. M., D. F. Hom (Lond). 13-A, Station Road, Santa Cruz (West), Bombay 23. (Single Copy, Re. 1.)

Bellary: Information is to hand that on 5th April, the free Homoeo Dispensary was opened in Sri Krishnamachari's compound. Sri B. N. Rudrappa, B. A., B. L., Civil Judge and District Magistrate, Bellary, presided over the function.

Homoeopathic Drug Centre: The proposal for setting up a Homoeopathic drug Centre was discussed by the Homoeopathic Advisory Committee which met at New Delhi on April 8th under the chairmanship of Mr. V.K.B. Pillai, Secretary, Minister of Health. The Committee decided to refer the proposal to a sub-committee to work out financial and other details.

Thiruvaiyaru: To commemorate the birthday celebrations of

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Dr. Samuel Hahnemann, a "Homoeo Vaidya Illum" was opened by Dr. D. Isaac M. I. H., at Vaniyar Sandu Street, Thiruvaiyaru, under the kind patronage of Rev. Fr. Thomas Rajaratnam, M. A., L. T., parish priest, on 10 April '60.

The occasion was graced by a few patrons and friends. Cool drinks and sweets were offered to children.

THE INSTITUTE OPENS BRANCH AT MADURAI

A large gathering of Homoeopaths from the districts of Madurai, Ramnad, Tirunelvely and leading citizens of Madurai assembled at No. 4, Manjana-kara Street, at 5 p. m. on 28th April, to witness the inauguration of the Madurai Branch Office of the Indian Institute of Homoeopaths, Kumbakonam.

practising in Madurai and the Southern districts. Many of them expressed the view that they keenly felt the need of a branch of the institute there in order to assure prompt availability of our medicines for prescription purposes. Further, the number of Homoeopathic medicines and patent products have



On the occasion of the opening of the Madurai Branch Office of the Indian Institute of Homoeopaths, President Sri C. M. V. Krishnamachari is delivering his opening Speech. To his left are seated Shri S. N. K. Sundaram, who inaugurated the function and Dr. V. R. Murty.

The function started with prayer by Mr. R. Srinivasan.

Dr. V. R. Murty, the Governing Director, in welcoming the audience, said that there were a large number of Homoeopaths

nowadays increased so much that it was not fair to expect any stockist to handle all of them. Homoeopaths here were using in their actual day-to-day practice quite a wide range of Homoeopathic drugs. In the

interests of Homoeopaths and the general public, it was thus a necessity to open a Branch here.

They were lucky in obtaining the consent of the well-known Banker, Sri S. N. K. Sundaram, to inaugurate this function. Shri C. M. V. Krishnamachari needed no introduction to a Madurai audience. It was our good fortune that, in spite of his multifarious activities as a prominent business magnate of this place, he readily agreed to preside over this function.

While delivering his inaugural speech, Shri S. N. K. Sundaram referred to Dr. Murty as a 'go-getter' of the American type. Mr. Sundaram while declaring the branch open wished God-speed to the Institute.

Shri Krishnamachari started his speech by saying that he knew very little about medicine and luckily had no necessity to know more for he had never

been sick. But, many of his friends have spoken highly of Homoeopathy. Considering that there was such a large number of practising Homoeopaths in Madurai, and he could guess how many more there would be in the outlying districts also, it was only right that the Institute had decided to open a Branch here.

He then referred to the case of a child of his friend in Bombay who, as a result of a serious fall some time ago, had gradually turned into an imbecile. Treatment under various systems were tried without any benefit. Homoeopathy came to the rescue and the child was now quite normal and healthy.

Dr. K. V. Swamy, the General Manager of the Institute, read the numerous messages received from friends on the occasion.

Mr. R. Jyotirmayam, Junior Partner, proposed the vote of thanks.

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Sitting 3rd from left:

V. R. Nair, Joint Secretary, 4. Dr. K. B. K. Nambiar, Secretary,
5. Dr. A. R. Menon, Ex. Health Minister of Kerala 6. Dr. V. R. Murty,
7. Dr. V. R. K. Warriar, President of the Association. 9. Sri M. Sivarama
Menon, Vice-President.

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KERALA LEADS THE WAY

The first Anniversary of the Palghat District Homœopathic Association was celebrated in Palghat (Kerala) on the 24th April 1960. Dr. V. R. Murty, the Governing Director of the Indian Institute of Homœopaths, Kumbakonam, presided over the function. The function was held at the P. S. V. Hall and was very largely attended both by the practitioners from all over the district and by a large section of the public.

The function started at about 5-30 p.m. After prayer, Dr. V. R. K. Warriar, the President of the Association welcomed the gathering. Dr. Warriar is not only the President of the Association but he is also the Honorary Medical Officer of the Government Homœopathic Dispensary at Palghat.

Dr. K. B. K. Nambiar, the Secretary and Treasurer, then read the annual report which said that they were holding one meeting each month of the working committee to transact routine business, and of the general body in which papers on various subjects were read.

Dr. V. R. Murty in his presidential address congratulated the Kerala Government for having recognised Homœopathy in the right sense of the word in a manner to encourage the healthy growth of this great system of medicine. The policy of the government in actively helping the starting of a College at Kottayam and in having started

one hospital in each of the district headquarters, and their recent reported orders asking every panchayat in Kerala to start a Homœopathic dispensary was really commendable and worthy of being followed by the other States in India—especially Madras, he said. He complimented Dr. A. R. Menon, M. L. A., and former Health Minister of Kerala, who was also present at the function, for having taken the bold step at the time he was the Health Minister of the State and he said he was also glad that the present successor government is also trying to implement the policy of the previous government. He then explained how difficult it was to be a practitioner of Homœopathy if one had to be successful and also explained how to give correct snap-shot prescriptions in urgent acute diseases. He complimented the Association on its good work and wanted them to carry on for the good of the people at large and the Homœopaths themselves.

Dr. A. R. Menon, (former Health Minister of Kerala) then spoke at length as to what made him to recognize Homœopathy. He said that at a meeting which he was attending as the Health Minister, a few ladies came to see him and said, "Sir, we know you are an allopathic doctor and yet as our representative, we wish you to consider our suggestions with an open mind. We find that we ladies and our children are greatly benefitted

by Homœopathic treatment. We want you to give us this treatment regardless of other considerations and with an open mind". Dr. Menon said, that in a democracy it is the will of the people that decides all issues and it was thus that he ordered at once the recognition of the system and the opening of so many Homœopathic dispensaries and hospitals. Dr. Menon also said that he had found Homœopathy really useful to the people but unfortunately the people who condemned it the most are those who did not know even the rudimentary principles of the system. He advised the Homœopaths to be united and carry on the good work.

Dr. Sivarama Menon then spoke in Malayalam on the principles and the greatness of the Homœopathic system of medicine.

There were some variety entertainments of dances and some of the nice, little girls (all daughters of Homœopathic practitioners) gave some fine pieces of Kathakali, Bharathanatyam and Manipuri dances. Later the local Railway Fine Arts Club put on boards the Malayalam drama entitled "Mrugam".

Dr. V. R. Nair the Joint Secretary proposed a vote of thanks.

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May '60

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with Jana Gana Mana the function ended.

Kotagiri: A meeting to celebrate the 205th Birth Anniversary of Dr. Samuel Hahnemann was held in the premises of the Nilgiri Homoeo Clinic, Kotagiri.

Shri. H. M. Kari Gowder, Planter, who presided over the function, garlanded a portrait of Dr. Samuel Hahnemann. Dr. T. K. Varma gave a brief sketch of the life and work of the founder of Homoeopathic Medical System. Dr. H. P. Subbiah spoke on "The Merits of Homoeopathy." Dr. H. N. Murthy proposed a vote of thanks.

Tiruchirapalli: Under the auspices of the All Tamil Nad Homoeopathic Medical Association, Dr. Samuel Hahnemann Day was celebrated on 10th April. A Tea Party was held in honor of the occasion at No. 34, Singarathope Street, presided over by Janab Ghulam Mohammed Badsha, I. A. S. District Collector, Tiruchirapalli.

Kumbakonam: The Kumbakonam Town and Taluk Registered Homoeopathic Medical Practitioners Association celebrated Dr. Hahnemann Day by holding a meeting at Homeo House at 6 P. M. on 10th April

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ful to get more information on modalities, peculiar and mental symptoms, you may also question his nearest relative or friend. Many experienced doctors have found that some quite casual observation of the patient, or his friend, has been the chief pointer to the similimum.

The materia medica of our polycrests are luckily so very vast and thorough that in most simple cases, only questioning on the chief symptom would be necessary to pick out the effective remedy. Thus, a sign of vomiting and nausea, whatever

the nature or name of the sickness is a conclusive pointer to *Ipecac*. Similarly, running to the latrine immediately after food indicates *Aloe*. Such symptoms are easy to get at from patients.

It would be impractical and unnecessary to study the symptoms head to foot in these cases. But, in the case of chronic diseases and long drawn-out acute illnesses that defy treatment, it is essential to make an elaborate and detailed study of all the symptoms.

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When the information thus gathered from the patient and from his friend or relative has been noted down, the Homoeopath will proceed to examine the patient himself and note all his observations.

While such a conscientious study of symptoms will not usually fail to be rewarded by the correct similimum it is just possible that in some cases the process of questioning may have to be done again in two or more sittings, in the hope that casual chat might point out the way to a correct remedy.

It is said that the Homoeopathic way of eliciting the disease history is as fine an art as cross-examination by an experienced lawyer. Extreme care should be taken that no leading or suggestive questions are asked. Never ask "Is the stool green in color"? but ask "what color of stool did you pass"? As an explanation, you may add "green, grey-colored, straw-colored, or black?"

Lastly, the Homoeopath will closely question the patient on his previous medical history. In many cases it has turned out that all the troubles started from an original fall, drenching in a thunderstorm, after vaccination or an attack of dysentery. Suppressive treatment of venereal or skin diseases has often been found to be the source of sickness.

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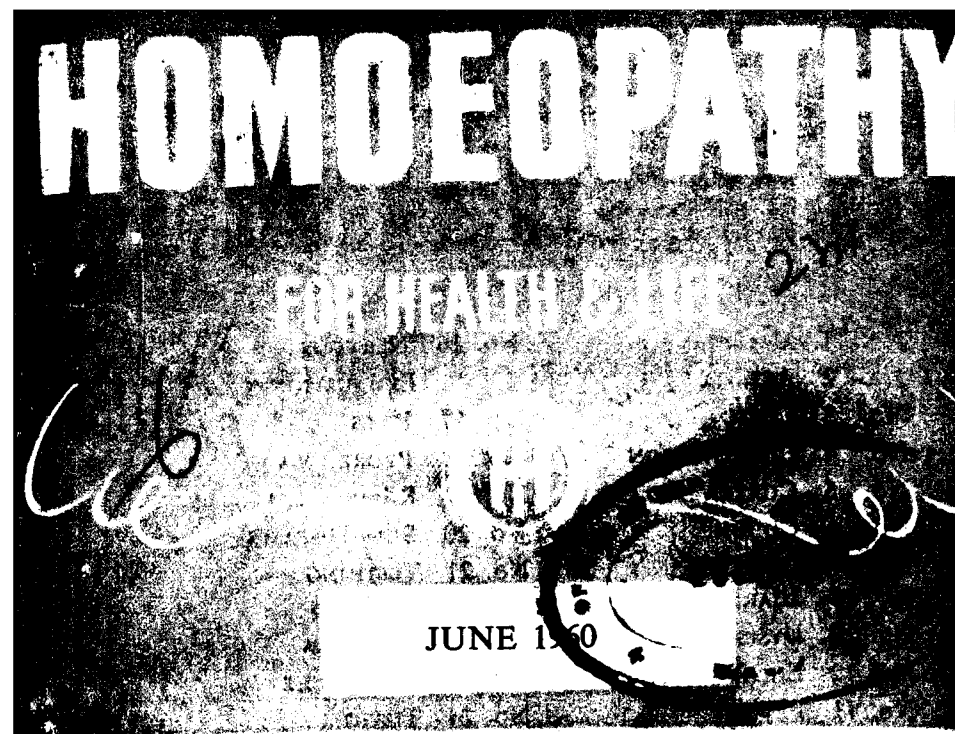
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Managing Editor: Dr. V. R. MURTY

JUNE

1960

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The HOMOEOPATHY

VOL. IX

JUNE 1960

Book 6

A CODE FOR HOMOEOPATHS

When the Executive Committee of the Federation meets next, one of the important items on the agenda is to discuss a Code of Conduct for Homœopaths.

The time is, therefore, ripe for us now to initiate an enquiry into this subject.

More than two years ago, we drafted out a provisional code and had called for remarks from the various associations. Perhaps, we were a bit too premature with our ideas. The Federation had not come into existence then nor had an imminent need for joint thought and action been so keenly felt then by the majority of Homœopathic Practitioners. The result was that the response was poor. If we remember right, only one association passed a resolution approving our approach to the subject.

From time immemorial the Hippocratic oath has been the accepted code of conduct for all medical men. The complicated conditions in which modern society exists have made it necessary that some modifications be made in this ancient code to make it more in tune with modern notions of justice and fair play.

Thus, one of the much cherished privileges of a doctor is that he should not be called upon to divulge medical and other information given to him, or elicited by him during the course of medical consultation. During recent times public opinion has veered round to the view that in the public interest it may be necessary to divulge such information. Nay, it is the doctor's duty to do so. For example, a doctor examining a driver of a public vehicle discovers that he is drunk and is unfit to drive.

Is he to rely on the Hippocratic oath and not give this information to the proper authorities?

Modern society's code of ethics insists that the doctor ~~shall~~ take all steps to see that the driver is separated from his vehicle so long as he thinks it necessary. A suitable amendment incorporating this view has been made to the Hippocratic oath.

As medical practitioners it is our bounden duty to subscribe to the medical ethics as recognised by doctors all the world over. Further, any points regarding questions of peculiar interest to Homœopathy as a system of medicine should also be included. One such point of vital importance in Homœopathic practice is that when a patient changes his doctors, the old doctor should on demand, give a copy of his prescription mentioning the medicines given, their potencies and the number of times each has been given. Whatever it may be in other systems, in Homœopathy, such knowledge is absolutely essential for a new doctor to take up an old case.

Considering all these factors, we have tried to draft below a specimen code of conduct for the Homœopathic profession.

(1) I shall always use the best of my knowledge, ability and experience to the benefit of the sick that come to me for consultation and treatment.

(2) I shall not solicit business by gaudy, or flowery language or excessive advertisement displays nor try to attract patients from my colleagues.

(3) For the services rendered I shall charge moderate fees according to the ability of the patients.

(4) I shall not make use of my medical knowledge knowingly to cause aggravations of diseases, or delays in cures or knowingly exaggerate conditions; nor shall I knowingly administer any harmful drug.

(5) Medical and other information confided in me by patients during the course of consultation shall be kept entirely confidential and shall not be divulged by me, unless their divulgement is necessary in public interest.

(6) When patients desire fresh consultation or change of doctors, I shall, on demand, make my prescriptions readily available to them.

(7) My personal conduct towards patients, will always be that of a gentleman and shall not do anything that is unworthy of such conduct.

(8) A spirit of brotherhood and camaraderie shall prevail between me and my colleagues.

We suggest that this matter should be thoroughly discussed by all the Associations and by the Committee of the Federation before a final draft is approved.

To enable the profession to come to right conclusions we republish on another page the "Principles of Medical Ethics" as adopted by the *Journal of American Medical Association*, which was published by us in July, 1958.

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June '60

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LYCOPODIUM*

Dr. C. C. Desai initiating the discussion described some cases of Lycopodium, he had come across.

The first was a boy of six years who suffered from sudden intermittent attacks of spasmodic pain in the abdomen before micturition. He used to press the penis and strike his head on the floor during the attack. X-ray showed no evidence of calculi. All investigations showed N. A. D. Cystoscopy was also done but no diagnosis could be made. The boy was found to be restless and crying. The first portion of the stool was hard. The boy would become hungry at night. He would not take milk unsweetened and the milk had to be hot. Arsenic prescribed first had no effect but Lyco. 200, given at intervals of one or two weeks gave complete relief within two months.

The second was a lady of 25 years who had intermittent rise of temperature, of one month's duration. The temperature would generally rise in the evening. It was suspected to be Malaria though the smear was negative. On various indications Pyrogen, Bacillinum etc. given produced no change but later Lyco. given on the indication of rise of temperature from 4 to 8 p.m. put her all right.

The third was a case of Pleurisy with effusion associated with respiratory and cardiac embarrassment. The fluid level was upto the second rib on the right side. Tapping was done and effusion upto 30 ozs. was removed. There was movement of alae nasi and there was rise of temperature particularly in the evenings. Other remedies given gave no relief but when Lyco. 200, was given in repeated doses, it brought the temperature down to normal within 48 hours. One week later screening of the chest showed no effusion.

Dr. Sankaran followed with some more cases. He described a case of allergy in which a patient developed severe gastrointestinal upset after taking cabbages. His physician diagnosed it as a case of gastroenteric allergy and advised him to avoid the particular item viz. the cabbages. Some time later, the patient developed allergy to potatoes and then to peas, cauliflower, onions and so on. Every time the physician advised him to avoid the offending food-stuff, but could not suggest any other treatment. As the list of offending items increased, the patient's anxiety also increased as also the physician's perplexity. Ultimately he came to homoeopathy. Far from confusing or causing worry the long list of allergens provided the easy clues, indicating Lyco. A few doses of

* Discussion held at the meeting of the Govt. Homoeopathic Hospital Clinical Society, Bombay, March 1959.

this drug set every thing right, so that he could again take all the items of the list with impunity.

Next was a case of Neurosis. An interior designer who was very high up in his profession developed a mental upset as a result of some domestic troubles. He had married a girl of whom his mother did not approve but all the three had to live under the same roof. So there was constant misunderstanding, friction, and unhappiness. As a result the patient developed a lack of memory, lack of concentration, want of confidence, dyspepsia and such other symptoms. A few doses of Lyco. put him right.

Next was a case of Psoriasis in which a boy of ten who had taken allopathic treatment for 7 years without improving came for homoeopathy. He was a chilly patient, getting deep cracks in the palms in winter and several other symptoms. Every dose of Lyco. produced a change for the better until the last dose of Lyco in DMM potency completely removed all the disorder of skin and he was well for a long time. But unfortunately after about two years there was a relapse and the parents did not continue the homoeopathic treatment. So the case could not be carried to logical conclusion.

Dr. Sankaran mentioned that out of the 100 or so typical cases of Lyco. he had seen so far, he had come across almost every characteristic symptom mentioned in books, in one patient or the other. The drug had a

very wide and deep range, producing lasting changes in the nervous, digestive, respiratory, circulatory and urogenital system.

Dr. Date described a case of insanity in which the patient was always lamenting and weeping, with a sense of despair, fear of death and timidity. He would repeatedly bemoan what would happen to him after death? What will happen to his children and his money "What shall I do? I have forgotten everything". Lyco. put him all right but the drug had to be repeated about once in a year.

To Dr. John Pereira's enquiry. Dr. Date replied that the patient had no history of head injury.

Dr. Bhanu Desai mentioned that though Lyco. was a right sided remedy, it affected the left lower limb. He asked whether Lyco. could be given first if indicated and if it could be repeated often.

Dr. Gurjar asked for an explanation of the movement of alae nasi.

The President (Dr. Sankaran) summing up mentioned that the Lyco. patients generally looked older than their age. It is often indicated in old people, and in young people who looked old. Very often the Lyco. patient was a very intelligent person who either due to overwork, over-ambition or worries underwent much wear and tear and therefore became older quickly, looked older and felt older (e.g.

developed loss of memory, weak concentration, poor digestion, loss of potency etc.) Or the patient may break down and become neurasthenic.

He could see no objection to give Lyco. straightway in a case if it was indicated clearly. The warning in the books probably referred to the probability that where Lyco seems indicated, it might be actually a case of Sulphur, since the two drugs were so similar. Further, if a deep-acting drug like Lyco. was given when not clearly indicated, it might complicate the case.

He also mentioned how often Lyco. worked out for cases of Calculi. Cases of both Renal and Biliary calculi so often exhibited constipation and flatulence, where aggravated by peas, potatoes etc. The renal cases were relieved by micturition. After Lyco. either the calculi were passed painlessly or subsequent X-rays merely showed their disappearance.

Replying to Dr. Bhanu Desai; he mentioned that Lyco. could be repeated just like any other remedy but it would be seen that Lyco is a deep-acting drug and acts much longer than many other drugs.

Regarding the movement of alae nasi, it is taken as a symptom of respiratory embarrassment. But he remembered having read somewhere that it is a better indication for Lyco. when the movement of the alae nasi is independent of respiration.

He thanked Dr. Desai and others for the discussion.

—Journal of Homoeopathic Medicine

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PRINCIPLES OF MEDICAL ETHICS

PREAMBLE: These principles are intended to aid physicians individually and collectively in maintaining a high level of ethical conduct. They are not laws but standards by which a physician may determine the propriety of his conduct in his relationship with patients, with colleagues, with members of allied professions and with the public.

SECTION 1: The principal objective of the medical profession is to render service to humanity with full respect for the dignity of man. Physicians should merit the confidence of patients entrusted to their care, rendering to each a full measure of service and devotion.

SECTION 2: Physicians should strive continually to improve medical knowledge and skill and should make available to their patients and colleagues the benefits of their professional attainments.

SECTION 3: A physician should practice a method of healing founded on a scientific basis; and he should not voluntarily associate professionally with anyone who violates this principle.

SECTION 4: The medical profession should safeguard the public and itself against physicians deficient in moral

character or professional competence. Physicians should observe all laws, uphold the dignity and honour of the profession and accept its self-imposed disciplines. They should expose, without hesitation, illegal or unethical conduct of fellow members of the profession.

SECTION 5: A physician may choose whom he will serve. In an emergency, however, he should render service to the best of his ability. Having undertaken the care of a patient, he may not neglect him; and unless he has been discharged he may discontinue his services only after giving adequate notice. He should not solicit patients.

SECTION 6: A physician should not dispose of his services under terms or conditions which tend to interfere with or impair the free and complete exercise of his medical judgement and skill or tend to cause a deterioration of the quality of medical care.

SECTION 7: In the practice of medicine a physician should limit the source of his professional income to medical services actually rendered by him, or under his supervision, to his patients. His fee should be commensurate with the services rendered and the patient's ability to pay. He should neither pay nor receive a commission for referral of patients. Drugs,



Photo taken on the occasion of a Tea party given on 8-5-60 by the Indian Institute of Homoeopaths, Kumbakonam, to their pupils who participated in their 1st Batch of Personal classes of 1960

remedies or appliances may be dispensed or supplied by the physician provided it is in the best interests of the patient.

SECTION 8: A physician should seek consultation upon request; in doubtful or difficult cases; or whenever it appears that quality of medical service may be enhanced thereby.

SECTION 9: A physician may not reveal the confidences entrusted to him in the course of medical attendance, or the deficiencies, he may observe in the character of patients, unless he is required to do so by law or

unless it becomes necessary in order to protect the welfare of the individual or of the community.

SECTION 10: The honoured ideals of the medical profession imply that the responsibilities of the physician extend not only to the individual, but also to society where these responsibilities deserve his interest and participation in activities which have the purpose of improving both the health and the well-being of the individual and the community. (Journal of American Medical Association 27-7-1957).

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Pallor is usually associated with illness; a lemon tint is typical of certain blood disorders; and an ivory-white hue may signal kidney inflammation. A dark reddish skin is a reliable clue to the presence of exophthalmic goitre. A bluish tint to the lips is characteristic of some heart patients.

The word "disease" means to a Homœopath "the signs and symptoms before organic disease has taken place." Thus, Kent says that "the Materia Medica is the expression of the initial stage, the functional phase, which preceded the organic aspect of disease."

Arndt's fundamental biological law states. Weak stimuli

kindle life activity, medium stimuli promote, strong impede it and the strongest stop it.

The best combination with proteins is green vegetables both cooked and raw, as salads. Tomatoes go well with proteins, as do citrus fruits but not sweet fruits. Cereal foods may be combined at the same meal with cream, butter, butter-milk or curds, sweet fruits or green vegetables. They should not be taken at the same meal with acid fruits, nor with concentrated protein foods, as meat and eggs.

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June '60

NEWS AND NOTES

Homoeopaths in Maharashtra and Gujerat States: Bombay Act No. XII of 1960 to consolidate and amend the law relating to the regulation of qualifications and registration of Homoeopathic and Bio-Chemic Practitioners in the erstwhile State of Bombay, applies automatically to the areas now covered by the States of Maharashtra and Gujerat.

Sub-section 6 of Section 21 lays down that any Homoeopathic practitioner who can prove that on 25th day of August 1959 he was regularly practising the Homoeopathic or the Bio-Chemic system of medicine in any part of the (erstwhile) State of Bombay can have his name entered in the list maintained by the Board of Homoeopathic and Bio-Chemic systems of Medicine, Bombay. He has to make an application to the Registrar in the prescribed form accompanied by a fee of Rs. 10/- and such documents as may be prescribed.

Madurai: The Monthly Meeting of the United Regd. Homoeo Medical Practitioners Association was held on 12-5-60. Dr. R. Balaraman, B. sc. presided. The Secretary, Dr. K. Subba Rao read the minutes of the previous meetings which was unanimously approved.

Then Dr. R. S. Govindan gave a detailed lecture on "SULPHUR" and its wonderful cure in various ailments.

Dr. R. Santhanapandian, B. sc. D. M. S. of Dindigul gave a lecture on "HOW HOMOEOPATHY IS LEB ON THE BEST SCIENTIFIC FOUNDATION."

K. G. F: The members of the Kolar District Homoeopathic Association celebrated the 205th Birthday of Dr. Samuel Hahnemann, the founder of Homoeopathy at New Krishna Bhavan Lodgings.

Dr. D. Abdul Rashid, M. L. A. presided Dr. K. Nagarathnam welcomed the gathering.

Dr. K. Venkatanarasiah unveiled the portrait of Dr. Samuel Hahnemann. Dr. H. S. N. Roye, the Principal of the Hahnemann College of Homoeopathic Medicine spoke on "HOW HOMOEOPATHY VIES WITH THE TRENDS OF MODERN MEDICINE IN DISEASES OF EMOTION PSYCHOLOGY AND PHYSIOLOGY".

Dr. D. Abdul Rashid, M. L. A. in his presidential address said that Dr. Samuel Hahnemann, a reformer of Medical science can be called the "double headed prodigy of genius and erudition", as being an allopathic doctor of reputed eminence he founded the system of Homoeopathic medicine.

As Newton discovered the law of gravitation, Dr. Hahnemann discovered the law of cure, which he enunciated in the memorable words "similia similibus curantur".

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"It is also my fervent hope that every practising Homoeopath will draw inspiration from the life and works of Dr Hahnemann and do all that is possible to advance the cause of Homoeopathy. Let his motto be 'to serve himself by serving humanity' he said.

Bombay: The 3rd Annual General Meeting of the Association was held at 162 'Vijaynagar', Dadar Road, Bombay-28, at 4-30 P. M. on the 10th of April, 1960 under the chairmanship of Dr. M. Nandi, M. A. B. L., Ph. D., who has been an ardent supporter of the Association and has been giving his valuable guidance in its various activities.

The Association was fortunate on this occasion in having in their midst two very important guests, viz. Dr. Rasiklal Thakkar, President of the Western India Homoeopaths Association, and Dr. Kohli, Secretary for Bombay Area of all India Homoeopathic Medical Association, Delhi.

After welcoming the chairman and the guests, the President Dr. V. V. Khasgiwale, outlined in detail the evolution of Homoeopathic art of healing in India and the imperative necessity for all Homoeopaths irrespective of any casteism or sectional division to get together and form a united front to solve their various problems. The President's appeal was well-received by all.

Acknowledgments: Homoeodoot (first number) a Marathi Quarterly edited and published by Dr. Keshav Vishnu Mule, Chandavarkar Road, Nasik.

The first South Kanara District Homoeopathic Conference was held under the auspices of the "Kanara Homoeopath's Association" (Regd.) Mangalore at South Kanara Co-operative Bank building at 4-30 p. m. on 1st May, Sri S. Mukund Rao, M. A. L. T., M. L. C. president and Sri Jinaraj Hegde B. sc., L. L. B. the president of the Association, welcomed the guests. Dr. D. Abdul Rashid, M. L. A. Kolar, inaugurated the Conference. In his inaugural address, he said that Homœopaths all over the country by their sincere efforts and sacrifices have established the fact that Homœopathy is a system of medicine which is much suited to the economic conditions of our country, and that homœopathy has come to stay in India.

The Government should lose no time to recognise that system statutorily and to provide all facilities for its scientific and systematic education, in order to raise its status to that of other recognised systems of medicine.

Sri S. Mukund Rao in his presidential address, said that it is high time that Government should recognise the system and pass the bill already introduced in the State legislature.

Three resolutions, were passed requesting the Government of

Mysore to provide facilities for systematic education and practice of this system, to register all the existing practitioners in homœopathy in this State, and to recognise all the existing private colleges, imparting education in Homœopathy and to encourage them with grants and aid.

Sriyuts. Cletus C. Pedrin (Kerala) Dr. K. A. Swayamprakas B. Sc. F. R. E. S., Lond., M. D. H., (Mangalore) Dr. K. Z. George B. A., D. M. S. Cal. (Kerala) and Dr. K. Nagarathanam (Kolar Gold Field) also spoke on the subject of Homœopathy.

Mangalore: The annual general body meeting of the CANARA HOMŒOPATH'S ASSOCIATION (regd.) MANGALORE-I was held on Sunday the 1st May 1960, in the hall of the South Kanara Central Co-operative Bank Ltd., Codialbail at 2-30 P. M. Sri K. B. Jinaraj Hegde, B. Sc., LL. B., President of the Association presided. The report of the work done by the association was read out by the General Secretary and the audited Statement of account approved and adopted by the meeting. The following were elected office bearers, for the next year: Sri K. B. Jinaraj Hegde, B. Sc., LL. B., as president. Dr. K. Sridhara Rao, L. R. C. P. & S. (Edin) L. M. & S. (Madras) and Dr. K. V. Kuvakodikar as Vice Presidents. Dr. Jozeph Zacharias as General Secretary.

Babrang: The Secretary, the Ayurved Research Council, Delhi, informs us that

Embelia (Babrang), berries of a climber commonly found in India, Ceylon and Singapore, has proved a positive cure for almost all the dental, oral and throat troubles except Pytalism and cancer of the lip.

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For the first time in the history of medicine, Embelia has been found effective in curing these ailments. It was generally used as an anthelmintic (vermifuge) for the past three thousand years.

Noted dental and general hospitals in different parts of the globe have been provided with the drug for further investigation. Such institutions include Bellove Hospital, New York, Saskatchewan Hospital Battleford and General Hospital, Madalay.

Dr. Sushila Nayar, former Health Minister Delhi State, is conducting further research on the drug.

This is the second distinguished discovery of the Ayurved Research Council of Delhi. The first one was Punarnava which proved panacea for eye-troubles and created sensation throughout the world by eliminating spectacles.

The German, U. K. and U. S. scientists busied themselves in making use of its curative properties.

During his sojourn in India, President Eisenhower carried Punarnava to White House.

Research scholars from abroad are calling upon the president of the Council, Kaviraj K. L. Khetal, to secure details of how Eastern preparations are going ahead of even the Western ones.

The Clinical Relationship of Homœopathic Remedies: Compiled by Dr. P. Sankaran, L.I.M., D.F. Hom (Lond) and published by the Homœopathic Medical Publishers, 13-A, Station Road, Santacruz, BOMBAY-23 (Second Edition, Price Rs 2-50): Just as each individual person differs from another in his characteristics and disease symptoms, so also in Homœopathy each medicine has its own likes and dislikes, friends and enemies, and individual vagaries in action. It is the duty of the efficient Homœopath to have at his finger's ends knowledge of the complements, Inimicals, and antidotes of most of our remedies. Thus, in case of necessity he knows what medicines follow well a particular remedy and what medicine should not be given immediately after. A knowledge of the approximate duration of action of most of our remedies is equally essential.

All this information has been gathered together in this booklet. The fact that a second edition has had to be issued so soon

(the first was published in 1956) is eloquent testimony to its popularity as a handy book of reference to Homœopathic Practitioners.

Federation: The General Secretary of the F. M. S. R. H. M. P. informs us that the Homœopathic Association, Nat-rampalli, North Arcot District, and the Nagapattinam Taluk Homœopathic Doctors Association, Nagapattinam, Tanjore District have applied for membership of the Federation.

Kumbakonam: At an ordinary meeting of the Kumbakonam Town and Taluk Registered Homœopathic Medical Practitioners Association held on Sunday the 29th May, Mr. E. Shahul Hameed spoke in Tamil on "HOW TO USE A REPERTORY". Several speakers took part in the discussion.

North Arcot: The first District Conference under the auspices of the North Arcot Registered Homœopathic Doctors' Association will be held at Gudiyattam on Sunday, the 5th instant, Dr. V. R. Murty presiding. Shri M. A. Manickavelu, the Health Minister, is expected to attend the Conference.

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INDIAN INSTITUTE OF HOMOEOPATHS,
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THE USE OF A REPERTORY

(M. N. R.)

I

The word *Repertory* comes from two Latin rootwords viz, *re*: again and *parere*, to bring forth. The dictionary meaning of *Repertory* is 'a place where things are kept to be brought forth again.'

To us, Homœopaths, a Repertory is a vital and essential book of reference, a counterpart to our *Materia Medica*. As our *Materia Medica* consists of at least 200 major, well-proven drugs and several hundreds of minor, part-proven drugs and each drug contains anywhere from three thousand to thirty proven symptoms, the task of the Homœopath who has to remember all of them can very well be imagined. The task is well-nigh impossible.

As the Homœopath has to proceed from known symptoms of human diseases to find out the correct remedies, an index or dictionary, call it what you will, has been devised in which human symptoms are arranged in alphabetical order in sections relating to the different parts and organs of the human body, as also certain well-known functions and characteristics. Against each such symptom are marked the drug or drugs that produce these symptoms on healthy bodies. This index or dictionary is the Repertory; and it is to be used in conjunction with the *Materia Medica*.

It will at once be seen that the task of compiling an ideal Repertory that will include all known symptoms of known drugs or the thousands of peculiar and strange symptoms that patients might complain of is a well-nigh impossible task. The effort required is stupendous and the result would be more stupendous still.

Such an effort is the Repertory by Dr. Kent, which is the most exhaustive reference book we have got. Unfortunately, a new print of it is not available and the cost of it is so prohibitive that it is not within the reach of most of the practitioners in India.

The only other book available in India now as a separate Repertory is the one by Dr. Lippe. But, here again the arrangement and printing of the book is such that a ready reference is not easily possible.

Dr. J. H. Clarke's *The Prescriber*, though compiled in the form of a dictionary of diseases, and not in the orthodox method of a Repertory, packs a fund of useful information within its compact pages and is quite a useful book for practising Homœopaths to possess.

At the moment, easily the best *Materia Medica* and Repertory combined in one book is the publication, *Pocket*

Manual by William Boericke. The Repertory therein compiled by Oscar E. Boericke is easily the best we have in existence, barring of course, Kent's Repertory.

The Repertory opens with sections relating to Mind and Head, and ends with Generalities and Modalities. In between, we have sections devoted to Eyes, Ears, Nose, Face, Mouth, Tongue Taste, Gums, Teeth, Throat, Stomach, Abdomen, Urinary System, Male Sexual System, Female Sexual System, Circulatory System,

Locomotor System, Respiratory System, Skin, Fever and Nervous System, on the lines of the scheme adopted by Dr. Hahnemann himself.

The headings and sub-headings and specific conditions or symptoms are arranged in alphabetical order. For example, under Mind, the headings read Awkward, Brain-Fag, Catalepsy, etc; the heading Delirium embraces its various phases in alphabetical order.

All headings of an extensive scope are given under detailed captions such as Cause, Type, Location, Character of Pain, Concomitants and Modalities. The remedies are arranged in alphabetical order and the italics indicate the more frequently verified *Clinical* remedy.

Lastly, as the compiler himself says "it is only by the persistent use of one repertory that its peculiar and intricate arrangements gradually crystallize itself in definite outline, in the mind of the student."

With a view to help the busy Homœopath in his arduous task of selecting the correct remedy from a series of known symptoms, the method of a Card Repertory has been developed and has been used with more or less success by some practitioners. In this system, cards arranged alphabetically according to symptoms and with punched holes to indicate requisite remedies are used. But, the chief feature is that all the thousands

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of symptoms human flesh is heir to, have been reduced to some 200 or 300 basic symptoms. It is almost a fine art and equally difficult, indefinite and pliable, to fit the patients' symptoms into this rather rigid frame work. But if this technique is mastered, it is almost a mechanical labour to pick out the correct similimum. Whether the resultant remedy is always the exact or approximate *similimum* is open to question as there seems to be considerable difference of opinion.

But one thing is sure, whether the remedies indicated are selected according to the orthodox repertory or by the card index method, the final decision must always be governed by the *Materia Medica* totality of symptoms. As such, the advocates of card repertory seem to think, any method that enables one to quickly arrive at the two or three approximate similimums should be a welcome addition to our equipment.

Anyhow, there is no doubt that for quite a long time in the future the orthodox repertory is bound to be used by most Homœopaths.

II

Now, let us study how to make use of the Repertory to the best advantage.

Firstly, as already indicated, it is necessary to select a good Repertory and having done so, to stick to it always. It is only by constant reference and thumbing of pages that one can

be familiar with the general scheme of the compiler and be able to make the best use of the Repertory.

Secondly, comes the golden rule "Never proceed to prescribe on one single symptom or only by reference to the Repertory." Although the Repertory may lead us to the more or less correct similimum, prescription must depend on the totality of symptoms as indicated in the *Materia Medica*. There is no exception to this rule.

Thirdly, having selected three or four characteristic symptoms of the patient, the remedy or remedies producing these symptoms may be isolated. Then a detailed study of their symptoms in the *Materia Medica* compared with all the other symptoms of the patient should indicate the nearest correct remedy.

It requires experience intuition, Homœopathic knowledge and knowledge of diseases and their behaviour to select the characteristic symptoms out of the large number of symptoms elicited by questioning a patient for one or two hours. It requires an intensive knowledge of the Repertory also to select the leading symptoms.

All eminent Homœopaths agree that when a disease is so far advanced as to have caused pathological changes in organs, such pathological and consequential symptoms are not of much use in selecting remedies. Why? Dr. Kent briefly and succinctly puts it thus:

If one has a dilated heart, that fact by itself cannot be a pointer to the correct remedy, nor even the consequential symptom of surface blueness caused by the slower circulation of blood in the capillaries. But, the likes and dislikes, habits, modalities, dietetic peculiarities, the fact that ten years ago had a fall and hurt his heart are all more important symptoms to concentrate upon.

Pyorrhœa starts with bleeding gums, pus-pockets, shaking teeth and receding gums. Gums that have receded cannot by any means be made to grow, but the other factors are controllable. Band patches can

rarely be helped; but we can prevent the other hair-follicles from decaying and thus *extending* the baldness. Thus in a nutshell, the *causative* symptoms are more important than *end* symptoms.

When this point is fully appreciated it will at once be seen why Mental symptoms, Peculiar symptoms, and Modalities are far more important as characteristic symptoms than other ordinary ones.

Having by this process selected the correct remedy, we have now to find out the best potency to use and the laws and practices in connection therewith.

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