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Editor: Yogi S. A. A. RAMAIAH, B. Sc. (Hons.)

Vol. III] PARLIAMENT SUPPLEMENT [1955



KRIYA BABAJI NAGARAJ

Aum ! Amen !! Amin !!!

Shanthi.



Founder :
Yogi S. A. A. RAMAIAH.



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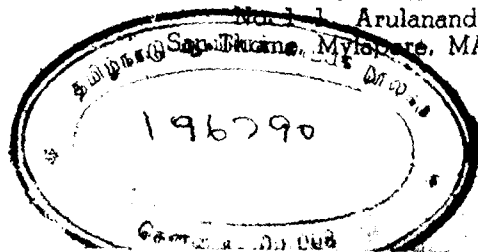
Yogi S. A. A. RAMAIAH,

Kriya Babaji Sangah,

Institute and Clinic of Yoga

No. 1 Arulananda Mudali Street,

Saptham, Mysore, MADRAS-4. (South India)



ॐ

Kriya Babaji Nama Aum.

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I. **Pranavananda Kriya Asana Prizes** for (i) Gents (over 10 years) (ii) Children (under 10 years) and Ladies—Before May 9th (at a place to be specified later) **every** year this FREE competition will be held separately for the above two groups and a panel of judges will choose the winners.

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The heads of educational institutions (Schools, Colleges etc.) of all denominations are requested to extend their full, hearty support to the Pranavananda Kriya Yoga Asana Scheme which transcends the narrow limitations of caste, creed and nationality and contribute to the integral health of their wards. Full publicity may be given to this scheme. Their physical instructors may be sent to the Vepery and San Thome Centres of Kriya Babaji Sangah (address given below) for training on Saturdays and Sundays only. If necessary, the Founder-President can visit different institutions once a month on any day in the week except Thursdays, Saturdays and Sundays to coach students with the aid of Male and Female Assistants.

All correspondence on the above subject may be addressed to Yogi S. A. A. Ramaiah, B. Sc. (Hons.) Founder-President, Kriya Babaji Sangah.

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கிரியா யோகாசனங்கள் எளிய ஆனால் சக்தி வாய்ந்த உடற் பயிற்சி. மோகின்ஜதாரோ காலம் முதல் பல நூற்றாண்டுகளாக இவை உருபெற்ற பாரதத்தின் தமிழ்நாட்டில் கண்ணிக்காது ஸ்தூல, சூக்தம், காரண தேக நோய்களை அகற்றி பூரண தேக ஆரோக்கியத்தோடு வாழ பயன்பட்டிருக்கின்றன. பாபாஜியின் கிரியா யோகம் ஜாதி, மத, தேச, பேதமற்றது. பிரபஞ்சத்தை உய்விக்கும் கிரியா யோக விஞ்ஞானத்தை வளர்க்கக் கிரியா பாபாஜி சங்கம் கீழ்க்கண்ட கிரியா யோகாசன திட்டத்தை வகுத்திருக்கிறது:—

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சென்ற 8—5—55ம் தேதி தென்னிந்திய பத்திரிகையாளர் சங்கத்தின் அதிபர் திரு. வி. கே. நரசிம்மன் முன்னிலையில் போலீஸ் கமிஷனர் திரு. எஸ். பார்த்தசாரதி ஐயங்கார் விலை உயர்ந்த பரிசுகளை வழங்கினார்:—

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II க. வீ. அன். மு. இராமநாதஞ் செட்டியார் மாணவர் ஆசன பரிசு:— மே மாதம் 9-ம் தேதிக்குள் இத்தனி போட்டியில் வெற்றிபெறுபவர்களுக்கு ரூ. 101/- உபகாரச சம்பளப் பரிசு

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7

அளிக்கப்படும். எல்லா கல்வி நிலையங்களைச் சேர்ந்த மாணவர் மாணவிகள் மட்டும் கலந்து கொள்ளலாம். பிரவேச கட்டணம் இல்லை. உபகாரச் சம்பளத் தொகை கல்வி நிலையத் தலைவரிடம் கொடுக்கப்படும். அதனை அவர் கல்வி நிலைய மாதச் சம்பளம், புத்தகங்கள், உபகரணங்கள் வாங்க பயன்படுத்தி பாக்கி தொகை இருப்பின் ரொக்கமாகக் கொடுப்பார். எல்லா விவகாரங்களிலும் ஸ்தாபகத் தலைவரின் தீர்ப்பு முடிவானது.

எல்லா ரகத்தைச் சேர்ந்த பள்ளி, கலாசாலை இன்னும் மற்ற கல்வி நிலையங்களின் தலைவர்கள் சர்வமத சமரசு சுத்த பிரணவா னந்த கிரியா யோகாசன திட்டத்திற்குத் தமது மனமார்த்த முழு ஆதரவை அளித்து பிள்ளைகளின் பல திறபட்டத் தேக ஆரோக கியத்தை வளர்க்க கோருகிறோம். இத்திட்டத்தைப் பலரும் அறியும்படி செய்யவேண்டும். ஞாயிறு, சனிக்கிழமைகளில் மட்டும் கீழ்க்கண்ட வேப்பேரி, செந்தோம் கிரியா பாபாஜி சங்க ஸ்தாப னங்களுக்கு உடற்பயிற்சி ஆசிரியர்களை அனுப்பிவைக்கலாம். அவசியம் இருப்பின் சனி, ஞாயிறு, வியாழன் நீங்கலாக மற்ற வாரத்தினங்களில் மாத மொருமுறை ஸ்தாபகத் தலைவர் பல்வேறு நிலையங்களுக்கு வந்து, கிரியா பாபாஜி சங்கத்தைச் சேர்ந்த பெண், ஆண் ஆசன யோகிகளின் ஒத்துழைப்போடு மேற்கண்ட பயிற்சி களைப் போதிக்கலாம்.

எல்லா விவரங்களுக்கும் கிரியா பாபாஜி சங்க ஸ்தாபகத் தலைவர் யோகி சா, அ. அ. ராமய்யா, எம். ஏ.க்கு எழுதவும்.

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செந்தோம், மைலாப்பூர், மதராஸ்-4
ஞாயிறு காலை 7-00 மணி

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வேலைகளும், ரூலிங், பைண்டிங்கும்
மேற்கொள்ளப்படும்.)
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 - (iii) All the papers that are entered for this competition-prize belong to the endowment and may be allowed to be published by the author after acknowledging as follows: "By courtesy of S.A.A. Ramaiah, Founder-Geologist, Kriya Babaji Geology Research Endowment, South India".
 - (iv) A panel of three judges including the Trustee and two other qualified geologists may be appointed to choose the best contribution by majority vote, if necessary.
 - (v) If no entry is found suitable the prize-amount may be carried over to next year.
 - (vi) Two copies of each paper or thesis or treatise (printed or typed or clearly hand-written) should be despatched before November 30th.
 - (vii) The decision of the trustee is final in all matters.
- Send your entries early to

S. A. A. RAMAIAH, B. Sc. (Hons).
Geologist & Geochemist.

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ஓம் கிரியா பாபாஜி நம ஓளம்

பிரானாயாம வகுப்பு

பிராணச் சக்தியுள்ள ஜீவராசிகள் பிராணிகள். உயிர் போய்விட்டால் பிராணன் போய்விட்டது என்று சொல்லுகிறோம். இந்தப் பிராணனைச் சேமிக்கவும் பிராண மயமான கடைவுள் அனுபவத்தைப் பெறவும் உதவும் ரகசிய கிரியா குண்டலினி பிரானாயாமச் சாதனத்தைத் தகுதியுடையவர்களுக்கு ஆறு வகுப்புகளில் போதிக்கிறோம். இச்சாதனை சுமார் 1700 ஆண்டுகளுக்கு முன்னர் தமிழ் சித்தர் மகாபிரகி பாபாஜி நாகராஜனால் இமயமலை குகையில் புதுப்பிக்கப் பட்டது.

உடனே உங்கள் பெயரைப் பதிவு செய்து உச்சிவேளை 12 மணிக்குள் கீழ்க்கண்ட விலாசத்தில் மற்ற விபரங்களைக் கேட்டு அறியவும்:—

போகி சா. அ. அ. ராமாய்யா, எம். ஏ.,

போக சிகிச்சா நிலையம் :

கிரியா பாபாஜி சங்கம்,

(கடற்கரைபோரம்) நம்பர் 1-1, அருளானந்த முதலி தெரு, செந்தேரம், மைலாப்பூர், சென்னை-4. (தென்னிந்தியா)

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* A Garland of Tributes *

I am very happy to learn about the good
work this Sangham is doing. It is popularising
Asanas as a means of physical and mental
Culture. It is followed by work and Bhajan.
It is very well managed and I wish the Sangham
all success.

—**K. Venkataswami Naidu**, M. L. A.

Former Minister for Religious Endowments

13-8-55

I was happy to be present at the inauguration of the Kriya Babaji Sangam's Asana classes. I was very much impressed by the sincere efforts which the Sangam is making for popularising Asanas. I am particularly happy that the Sangam which bears the name of a great saint is doing its work with a religious orientation. I wish the Sangam all success in its noble efforts.

— Thiru. **V. N. SUBBARAYAN**, B. A.,
Commissioner, Madras Corporation.

It was indeed a heartening feature for a Police Officer to visit this Sangam and take part in the Asan Day Celebrations in honour of the Saint that has inspired the founder and his associates.

Young boys and girls demonstrated asanas and I envied their suppleness and freedom from all the stiffnesses the joints increasingly exhibit in my aging frame.

As I said during my speech such institutions have preserved our valuable heritage and it is the duty of all citizens to see that more and more benefit by it and carry forward our traditional knowledge in the light of modern research.

I wish the Sangam and all its members the best of prosperity and happiness.

—Thiru. **S. Parthasarathy Iyengar**, Commissioner
of Police, Madras.

I associate myself with all the good things said about the Sangam by Sri Parthasarathy Iyengar.

I wish the Sangam all success in its noble endeavours.

—Thiru. **V. K. NARASIMHAN**, M. A.,
President, South Indian Journalists' Federation.

I am very much pleased to pay a visit to Kriya Babaji Sangah and take part in the proceedings this evening. The life-force of it seems to be Sri. Ramaiah who also demonstrated a few Asanas to the audience in a perfect manner. I wish more and more people become members of the Sangah and benefit by the knowledge imparted by it.

—Thiru. T. Chandrasekharan, M. A., Curator,
Government Oriental Manuscripts' Library,
Madras-5.



ॐ

Visited Kriya Babaji Press on Saturday [28—11—53]. The Press is meant to propagate Truth by running a monthly Journal, entitled "KRIYA". Human society will be spiritually benefited and the unity of the world established by the gospel, that will be published in "KRIYA". Blessings for the huge circulation of the Journal throughout the entire universe.

ॐ

—Paramahansa OMKARA Swami,
Founder, Inanodaya Manram,
Kodambakkam, Madras-26.



நடந்ததெல்லாம் பெரும் நன்மையே.
சந்தோஷம். அறிவாளிகளின் கடமை அப்போ
துக்கப்போதுள்ள சூழ்நிலை அனுசரித்து மேன்
பாட்டிற்குக் கொண்டுவரவேண்டியது. கடமை
செய்வதே மேல்நிலை யடைந்தோரின் நிலை.
சந்தோஷம்.

ஜோதி.

19-12-53

—Jnana Vallal Paranjyothi Mahan,
Founder, UNIVERSAL PEACE
SANCTUARY, MADRAS.

I had the privilege to come over to this
place to speak on 'Bhakti and Lord Chaitanya'
during the Bhajan Mantram Week. I was
very kindly asked to inaugurate it. I invoke
Lord's blessings for its success. The name of
Bhagawan will be broadcast throughout the
world.

I was shown round the press which will
gradually grow.

—H. H. Sri. Bhakti Vilasa Thirtha,
President Acharya of GAUDYA MATH,
West Bengal.

I have visited Kriya Babaji Sangah at Purasawalkam. The Revered President explained to me the aims and objects of the Sangah. In this time of spiritual development a Sangah like this is certainly awakening the spiritual fire in man. I hope this Sangah will serve humanity in their spiritual attainment.

—Pandit (Dr.) **G. Kanniah Naidu**,

Founder, Athma Yoga Inana Sabah, Madras.

ஓம் தேவி கம்.

அன்பும், பரிமளமும் புரிந்த சக்துரு ஸ்ரீ கிரியா பாபாஜி சங்க நிலையத்தையும் அச்சகத்தையும் இன்று வந்து தரிசித்தது நிகழும் சந்தோஷம். வித்து சக்தியான மகான் அருளினால் பிற்காலத்தில் அமையப்போகும் சௌபாக்கியத்திற்காக அன்பர்கள், பக்தர்கள், ஊழியர்கள் பாடுபட்டால் ஒழிய ஒருவரால் ஈடுபட்ட கடமை அபிவிருத்தியாவது மத்திய ஆயுள் போல் கண்டேன். அலசதி நிமித்தங்களை அகற்றி அன்பும் பரிமளித்த கூட்டுறவு திடசக்தியே ஒழியாமல் நடத்தி வந்தால் இச்சங்கம் நடைபெறுமென்று தோன்றப்பட்டது.

—**Yogi Prasannanda Guru**,
Hardikar Bagh, Hyderabad—Deccan.

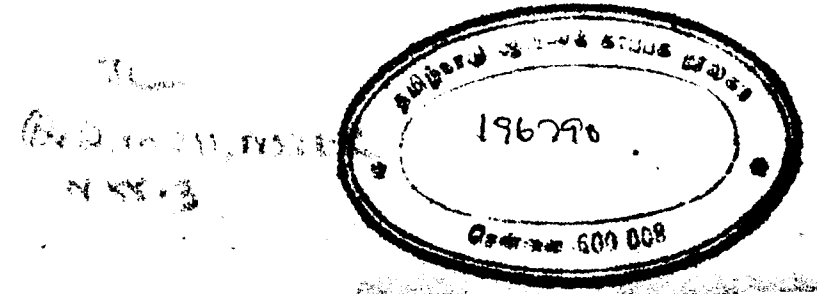
In an age of gross materialism, rarely do we come across spiritual activities, much less spiritual life led and it gives me joy to find such an institution as Kriya Babaji Sangah working for spiritual awakening with a press and publications. When the peace of not only India but of the whole world is at stake, there is no other way except moral and spiritual uplift. I hope with selfless and strenuous work the Sangah has a great future before it. With a peace-loving soul like Mr. Ramaiah, divine guidance would ever be there. Wish the Sangah progress, gradual and steady.

—Thiru. **P. Jagannatham Naidu**,
President, Agasthiya Ashram, Tiruvothiur.

It was a unique opportunity for me to come into contact with the living, bountiful and all-embracing grace of Sri Kriya Babaji Guru. In such a life full of turmoils of Samsara, here is a storehouse of knowledge and bliss, extending kind arms to receive and embrace any aspirant and enlighten him and provide him the key to the problems of Samsara. Only one should go to it. In other words, Kriya Babaji Sangah is trying to translate into practice and teach all the great truths embedded in the Upanishads and Yoga Sastras. May the grace of Kriya Babaji envelop the entire universe and restore back bliss, peace and heaven and may everyone liberate himself by the grace of Sri Kriya Babaji.

—Prof. **T. K. Venkateswaran**, B.A. (Hons.)
Head of the Dept. of Samskrit, Govt. Arts College.

Thiru. **T. K. SUBRAMANYAM**,
Presidency College.



Glorious Immortal Atman,

Om Namo Bagavathe Vasudevaya.
Salutations and adorations.

Thank you for your magazine "KRIYA". It is very instructive, illuminative and informative. I can definitely say that it is a book of all times. I am sure that the public will be much benefited in reading it.

May Lord shower His blessings on thee and bless you with sufficient strength to carry on the Divine work.

With regards, Prem & Om,

Thy Own Self,

(Swami) SIVANANDA
Founder, The Yoga Vedanta Forest University,
Rishikesh, Himalayas.

கிரியா பாபாஜி சங்கம் ஸ்தாபகத் தலைவர் பிறந்த தின விழாவை ஆசனத் தினமாகக் கொண்டாடும் செய்தி கேட்டு மிக்கச் சந்தோஷமடைகின்றேன். ஸ்தாபகரின் பிறந்தவிழாவில் ஆசனக்கலையை பரப்பும் பெரும் பணியை மேற்கொண்டுள்ளது ஆசனக்கலையின்மீது உங்களுக்குள்ள ஆர்வத்தை மிகத் தெளிவாக காட்டுகிறது. உங்கள் முயற்சிக்கு என் அன்புள்ள ஆசி உரியதாகுக!

யோகாசனக் கலை மேலும் மக்களிடையே வளர்ந்து மக்கள் நல்லதொரு ஆரோக்கிய நல்வாழ்வு பெற்று நலமுடன் வாழ எல்லாம் வல்ல இறைவனை இறைஞ்சுகின்றேன்.

—திருமதி சீதாலக்ஷ்மி குமாரஸ்வாமி,
ஸ்தாபகர்,
தென் இந்திய யோகாசன மத்திய ஸ்தாபனம்,
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Salutations to the Supreme. We are in receipt of KRIYA which contains inspiring and instructive materials more for those after the soul as a whole. The Editor, Sri. S. A. A. Ramiah is a devotee among journalists and a journalist among devotees. Interesting articles by Sri V. T. Neelakantan will, we hope, appear throughout. Sri Kriya Babaji Sangham has now an official organ and let other organisations follow the example of KBS, in the matter of bringing out their ideas and ideals. May God bless "KRIYA" success and may it become at least a weekly before long with the active co-operation of the sadhaks in particular and public in general.

—Thiru. Swami Venkateswarananda,
The Head of Arogya Asramam,
Madras.

My Beloved Ramaiah,

I was wrapped entirely in Bliss when I received KRIYA the official organ of KRIYA BABAJI SANGAH.....

I thank God for directing me to my Guru in whose SPIRIT I reside.....

I think it is the wish of BABAJI that you should send me "KRIYA" for I was blessed in a vision by Babaji. He was in the lotus posture. The brilliant dazzling light encircling him could not let me look at his face. He placed his hands on my head and urged me to carry on my task of spreading YOGIC Science.....

....West Africa is seeking light and KRIYA YOGA is the solution to World Peace as practised by Gandhi, Nehru and many others.

Please intercede for me before Holy Babaji and express my ardent desire to spread YOGIC science in Nigeria and help me draw many willing souls to KRIYA YOGA.

Aum! Peace! Aum! Amen! Pronam!!!

—Mr. **JOSEPH AKINOLA**
BABALOLA.

A BLISSFUL SAINT: By S.A.A. Ramaiah,
M. A., Price Rs. 3/—nett. Pages 84.

This book gives a brief but eminently readable sketch of the life and teachings of Paramahansa Omkara Swami of Inanodaya Alayam, Kodambakkam, near Madras and the author's experiences with the Mahatma.

KRIYA — a volume of 12 issues from June 1953 to May 1954 of an illustrated monthly magazine, edited by Sri. S. A. A. Ramaiah, claiming to propagate KRIYA YOGA. Price Rs. 12/—

KRIYA SURYA NAMASKAR—an illustrated chart by the same author showing the poses of the Namaskar. Price Re. 1/— [All these can be had from Sri. S. A. A. Ramaiah, No. 1-1, Arulanda Mudali Street, San Thome, Mylapore, Madras-4.]

— "THE VISION", Monthly, Anandashram Kanhangad.

.....My sincere wishes for a grand success of your function.

—Srimathi. **Jothi Vencatachellum**, M. L. C.
Former Minister of Madras.

Many thanks for your kindness in sending me a copy of the magazine.....I shall make good use of it.....".

—Swami Sadananda Saraswathi. Rishikesh.

"Your inspiring and instructive magazine, 'KRIYA'.....".

—Mr. B. R. Cooper, Secunderabad.

"I am keeping 'KRIYA' in my register for exchange of 'SARVODAYA'....."

—Thiru. N. Ramaswami, Tirupur.

".....the English monthly 'KRIYA'.....is very good.....".

—Dr. Jose' E. Rechany, Puerto Rico.

" KRIYA magazine.....is really a gem among divine and religious publications. I pray God will help you in your service to humanity".

—Thiru. R. Gurumurthy, D. COM.,
Coimbatore.

" It is an excellent journal "

—Thiru. S. V. Iyer, B.A., B.L., Secretary,
Sivananda Saraswathi Sevashram,
Chingleput.

"Received 'KRIYA'. Have expounded ancient cultural heritage. Very glad".

—Rasikamani T. K. Chidambaranatha Mudaliar,
Courtallam.

ॐ
Om Kriya Babaji Nama Om

1955 REPORT OF

KRIYA BABAJI SANGAH

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SIXTH of December, 1954—is a red letter day in the history of Kriya Yoga. The first Parliament of Religions named after the great Kriya Mulaguru was inaugurated by a French Vedanti followed by the Founder-President's brilliant address throwing fresh light on Yoga in the Mohenjo-Daro age. A galaxy of speakers held the audience spell-bound for two more days (Vide the Parliament Number of "Kriya" Annual for further details.) The curtain was rung down at about 9 p.m. on 8—12—54 and the premier religious convention was a success to the satisfaction of Kriya Dadaji Pranabananda Maharaj, Mathaji Nagalakshmi Devi and Kriya Gurudev Babaji Nagaraj who has promised to address the centenary Parliament of Religions in flesh and blood.

All the activities of Kriya Babaji Sangah were continued in the current year. Generally the Saturday and Sunday congregation lectures were preceded by Meditation and Bhajan followed by FREE Kriya Yoga Asana classes, the instructors being S. A. A. Ramaiah, Kasi Viswanathan and Prabhu

Lingayya for gents and R. Valli & Rm. Solachi for ladies. Yogi S. A. A. Ramaiah, B. Sc. (Hons.) occupied the chair whenever he was in Madras as per Master's orders. On 11-12-54 Sathguru Deva commented on the Parliament. Thiru. Kasi Viswanathan sang Thirupugal songs on 25-12-54. There was a talk on Mother Meera Alphonses of Sri Aurobindo Ashram with one more by the same lecturer on "Kriya Series: Saint Paul" and a brain wave on 'Secret Mantras' (18-12-54). Rama-

Parliament nanda read papers on "Kriya Mudras", **and After** "Acharya Madhva" and "Jesus Christ"

The F.-P.'s translation of 'Divine Brotherhood' & talks on 'Kriya Yoga: Uttiyana' (Sethurman demonstrated) and his recent "Tiruchendur Tapas" with technicolour film show was appreciated. The only other talk was on "Thiruneelakanta Nayanar" by K. S. Chettiar.

The English New year, 1955, saw the Founder-President expounding at the Adyar Arogya Ashram Thiruppaa in the light of Kriya Yoga which led to all-round integral perfection to produce **Poombavais** or golden maidens in the true sense of the term (sic. Ramakrishna Paramahansa's skin assuming a golden colour). A renunciate of the Ramakrishna order occupied the chair. The speaker's humour in suggesting the modification of the second line of the second Thiruppaa verse substituting the words, tea and coffee for ghee and milk—sattwic food so rare in the modern age!—was relished by the audience. This was the second lecture of the day the first being on "Thiruppalli Thiruppa" under the auspices of Kriya Babaji Sangah at Vepery where Thiruchendur Sangeetham Sankaranarayana Deekshidar followed it up with special Thirupugal Bhajan. Next day S. N. Chandramouli spoke on "Paavai Paattu" at San Thome with another lecture by V.T. Neelakantan

of KBS in the evening at the Adyar Conference. The journalist was trained as a public speaker at Kriya Babaji Sangah and when he repeated the Founder-President's humorous exposition of Thiruppaa verbatim it was applauded by V. T. N's lady devotees (or friends, as S. N. Chandramouli put it,) who had come specially for the meeting from a nearby dancing society. During the year he Thiruppaavai further spoke under the auspices of Thiruvemba- the Sangah on "Gauri Shanker Peetam" vai Movement "Saint Peter", "Saint Luke", "Saint Andrews", "Guru Droham", "Guru Arppanam", "Guru Kripa", "The Seven Rays", "Mathaji Nagalakshmi", "Spiritualism", "Mysticism", "Occultism" and "Ritualism".

When the Founder-President drafted and printed the usual monthly handbills of KBS for May '55 without previous intimation to the speakers Master had a time-bomb in store for egoistic souls. "What!", exclaimed V. T. N., stunned; regaining his power of speech after some time he went on, "How on earth did you pitch upon the subjects—Spiritualism, Mysticism & Occultism—exactly in the same order and same dates as I have already agreed to speak at the.....?" How the Founder-President did it true devotees of Kriya Mulaguru Babaji can easily guess though it is beyond the comprehension of a white-skinned widow who does not know anything about occultism and is the high priestess of an organisation which has degenerated to the level of a mere dancing society, as a longstanding member of the same rightly put it. "Why did you not include Ritualism?" asked the wondering journalist. "That is because the only other free Saturday in the month of May had to be allotted to another regular speaker", was the calm, serene reply. One cannot

pass off for an occultist by denouncing Yoga Asanas [which is the core of the divine art and sadhana of dancing sic. Nataraja Thandava]

Miracle and merely exposing one's white skin on the dancing stage to attract men of similar age for secret, dirty, Tantrik ritualism.

Thiru. Ramananda had an aptitude for Bhajan and was given full scope to develop along those lines and gradually learnt through Master's grace the art of singing devotional songs with fervour. He was encouraged to speak extempore and preferred to read scholarly papers on "Guru Nanak", "Guru Govind Singh", "Guru Arjun Singh", "Thayumanar", "Karma and Kriya", "Tibetan Yoga", "Practical Vedanta", "Yogi Milarepa", "Yoga Siddhi", "Yoga in the Vedas" and "Avatar of Rama".

Thiru. Kayappakkam Somasundaram Chettiar, a Tamil-Sanskrit Saivite scholar contributed to KBS Inana Yagna by speaking on 'Siva Aalaya Darishanam' and "Kanda Shasti" apart from continuing his lectures on Seykilar's 'Periya Puraanam' by expounding in fluent Tamil with characteristic humour the lives of the South Indian Saints like Iyarpakai Nayanar, Iyan-kudimara Nayanar, Meyyiporun Nayanar, Viranminda Nayanar, Appar (two lectures) Sambandar (three discourses), Sundaramurthi Swamigal (2), Thirumoolar, Amarneethi Nayanar and Maanakganjaara Nayanar.

Right through the year special Consecration Meetings were held on the 11th of every month at 6 p.m. as per Master's orders to dedicate ourselves to Kriya Babaji, Kriya Yoga and Kriya Sangah and to benefit by the flood of Sathguru's grace on these occasions all were advised to practise brahmacharya positively on Thursdays for 24 hours and observe

partial fasting with liquid diet till dusk. All these meetings were free and open to the public. Free Kriya Yoga Asana classes were a characteristic feature of the weekly meetings relished mainly though not solely, by the rising generation of young folk.

On 23-1-55 the long-awaited Pranayam classes were started in a solemn atmosphere at the San Thome Prayer Hall and all those who fulfilled the Sathguru's ancient injunctions were accepted as students. This was followed by Meditation classes

—a series of six each. Subsequently **Classes** further practical training in Kriya Yoga was continued for the enthusiastic students by a monthly class where powerful yogic techniques or Kriyas were taught with practical demonstration by the Founder-President. All those interested in this phase of the Neo-Kriya Mission may apply for free handbills on the subject.

Yogi S. A. A. Ramaiah, B. Sc. (Hons.) continued the series of talks on 'Nauli' and Kriya Yogic Poses like Bhujangasan, Thirikona Asana, Dhanurasan, Tirikona Januseershasan, Savasan, Macchasan, Komugasan and Mayurasan. On 6-2-55 after the classes at San Thome the F.P. led a delegation to the Inanodaya Alayam All Saints' Conference at Balaram Pillai Garden, Arcot Road, Kodambakkam, Madras-24 when there was a lecture on "Kriya Yoga Asanas" with demonstration by students of KBS. It was well received with the audience taking down notes for future use. Other subjects covered by S. A. A. Ramaiah were "Kriya Yoga and Magic", "Egyptian Yoga", "Vadalur Ramalingar", "Manicka Vasagar", "Solar Eclipse", "Five Sheaths", "Gita", "Kriya Siddhi: Rainfall" and "Kriya Yoga: Hypnotism". These were better attended.

When the F.-P. shifted to Hyderabad for special sadhana and Master's work the show at Madras was run by Thiru. Ramananda, the general secretary, assisted by Hamsaveni Selvaraj, V. T. N. and others. Some of those who evinced interest in the Sangah activities were B. E. Munuswamy, Kasi Viswanathan, Gangadhara Pillai, Dr. Ravaikannammal and other relatives of hers, S. M. Rm. S. Ramaswamy of Pallathur, K. Jeevan, J. Rathnam, Chengalvaroyan and other Perambur, devotees, the family of Selvaraj, Stainslauss, Rm. Solachi and Ethirajulu Naidu. It was always a pleasure to serve Babaji in the poor and the suffering. Free Yogic treatment is being given. Every month pice are being distributed to the poor flocking in hundreds and on special occasions clothes as well.

The Tamil New Year celebrations came off on 16-4-55 with poor-feeding at 12 noon (at San Thome) and at Vepery 4 p.m. Meditation followed by Asanas and three speeches on the Tamil New Year, 'Manmatha'. The special feature was Bhajan by Dr. P. S. C. Mony and party till 9 p. m. The chairman paid a tribute to the visitors for distributing Bhajan prasad and the divine electricity of ecstasy which was exhilarating unlike the deadening material (prasad or) food and dangerous electricity of modern science which was praised by the black and red shirt movements.

A special feature of the Year was the celebration of the birthdays of 5 important members of the Neo-Kriya Mission as directed by the great Himalayan Master. It was the master-stroke of a keen intellect which decided to place emphasis on different phases of Babaji's integral Kriya Yoga during these jayanthi celebrations of different sadhaks specialising

in different directions. On Sunday, May 8th, 1955 KBS celebrated the birth of its Founder-President as Asana Day. With meditation at 8 a. m. followed by Darithra Narayana Seva, recorded and Bhajan music by Swami Iyer and others, japa yagna etc. by the F-P, the Kriya Pranabananda Asana Day & Asana Competition was held at about Competition 3 p. m. with over 20 entries for the two groups. First time in the history of Yoga such a competition has been held and in the name of Kriya Dada Pranabanandaji Maharaj, the F-P's upaguru, two valuable prizes for each of the two groups were awarded. Consolation book gifts were also given to all participants by Thiru. S. Parthasarathy Iyengar who with great joy autographed the same. A panel of three judges chose the winners. At 4-30 p. m. the public meeting was held with prayer, address of welcome, reading of messages asana demonstration, prize distribution and humorous speech by the Commissioner of Police who confessed he avoided asanas all these years as it generally had a tendency to reduce the body. "A thin body is not suitable for a Police Officer who must command the respect of his stout subordinates!", he made the audience laugh with this sensible remark and went on to say, that he is now paying the penalty by suffering from Asthma which has not been cured by modern allopathic medicine till date and expressed a keen desire to try yogic treatment for a permanent cure. He was kind enough to introduce his friend, Thiru. V. K. Narashiman, M.A., as the President of the South Indian Journalists' Federation. This Assistant Editor of a leading newspaper in Madras spoke on "Indian Culture" emphasising the importance of Niskamya Karma. He has practised asanas as a youth. There was also an interesting talk on "Kriya Yoga and Asthma"

by Yogi S.A.A. Ramaiah, B.Sc. (Hons.) who explained at length how a self-styled Pandit and half-baked yogi in Madras was teaching his students a haphazard method of prana khumbak which will lead to chronic asthma cough which can never be cured by medicine. Kriya Kundalini Pranayan was harmless ideal and well-graded even for householders and can be adapted marvellously to cure all types of asthma along with diagnosis and diet control. The meeting ended with vote of thanks and homage to the Kriya Mulaguru.

On 26-6-55 KBS celebrated the Advent of Babaji and the birth of Kriya Mathaji Nagalakshmi Devi, the mother of all Kriya Yogis and the Shakti of Kriya Mulaguru Babaji Nagaraj at Gauri Shanker Peetam, Himalayas as LADIES DAY. This celebration was also at San Thome. At 8 a. m. after meditation

Thiru. K. S. Chettiar spoke on the Kriya "Glory of Women Saints" one each Mathaji Day from the four castes—the wives of Kunkalayakali Nayanar and Iyarpakai Nayanar, Mangayarukarasi and Karaikkal Ammaiyar. After the Kriya Yoga class for students, feasting, serving the poor, Japa Yagna, devotional songs by B. E. Munuswamy and other members with harmonium side accompaniment, there was a grand Bhajan concert by Thirumathi Sushila Achuthraman and party with violin, mridangam, dolak and cymbals. The songs on Kriya Matha were apt and doubly welcome. The Founder - President spoke on "Yoga & Women" with demonstration of Asanas by the mother of KBS, Sasi Kala, Surya Narayan and Munuswamy. In the unavoidable absence of Thirumathi Jyothi Venkatachalam, M.L.C., former Minister, the main speaker was Thiru. Chinna Annamalai, Editor, "Sanga Palakai" who entertained the audience

with his bubbling humour. He referred to the path of Yoga as a shortcut to God with his preference for Savasan! "This along with other poses and avoidance of hotel invasion, will eliminate all diseases", he emphasised and paid a tribute the youthful F.P. of KBS for reminding busy worldly people of yoga and the goal of human life like the bell of Mylapore Kapaleeswarar Temple melodiously chiming daily during the regular puja hours. With vote of thanks and homage the gathering dispersed.

From August 13th to 20th, 1955 the birthday of Rm. Solachi, the mother of KBS and another devotee was celebrated by placing emphasis on Bhajan and Mantra. After Bhajan by KBS members and the fervent chorus devotional songs by the Gaudiya Math bhaktas the F—P. spoke brilliantly introducing the smiling Acharya-President of the international Gaudya Mission, Sri. Swami Bhakti Vilasa Tirtha

who inaugurated the Bhajan—Mantra **Bhajan** Week with a brief speech on "Lord **Mantra** Chaitanya & Bhakti". A disciple of his **Week** spoke at length on Gauranga's Philosophy earlier. This was followed by the melodious bhajan by a large gathering of Sathguru Mother Rama Devi's devotees under the aegis of Lady Andal Venkatasubba Rao. Thiru. K. Venkataswami Naidu Garu, M. L. A., a former Minister of Religious Endowments graced the occasion with his presence and obliged the call for a speech defining true bhakti of which he was an embodiment. He hails from a family renowned for its devotion and interest in Asanas.

Next day at San Thome K. Somasundaram Chettiar sang and spoke on "Thevaram" at 8 a. m. After sadhu seva, Kriya Yoga class for students

Thiru. Swami Venkateswaranda, Founder, Arogya Ashram, spoke at great length on "MURUGA" for over two hours. It was a veritable spiritual feast followed by S. A. A. Ramaiah's talk on "Kriya Asanas and Bhakti" with demonstration of Yogic poses to the full satisfaction of the audience. Earlier there was special ecstatic thrilling bhajan by Thiru. T. K. Subramanian, Profs. T. K. Venkateswaran and T. S. swami Iyer and Thiru. T. Kulathu Iyer.

The Bhajan-Mantra Week ended on 20-8-55 at Vepery with a fine talk on "Yogic Therapeutics" by Prof. T. Krishnamachari of Mysore followed by a nice paper on "The other worlds" by Thiru. T. Chandrasekaran, M. A., L. T., Curator, G. O. M. Library in the distinguished presence of Thiru. P. Ramakrishna Iyer, then Chief Presidency Magistrate and now in the Sales Tax

Jnana Appellate Tribunal. The last talk of **Yagna** the day was by the F.—P. on "Kriya Tantra Yoga" with demonstration of Mayurasan series of Yogic poses. The finale was the bhajan by Thiru. Chengalvaroyan and Perambur Thirupugal Bhajan Mandali with side accompaniments. Through Master's grace the Bhajan-Mantra Week which opened with a special publication, "Babaji's BHAJAN (Kriya)" had an electrifying effect on the Kriya devotees who realising the paramount importance of Bhajan in Kriya Yoga have shed their inherent shyness and inferiority complex to take an active part in the chorus bhajan of the weekly congregations for individual and family gains.

The following Office-bearers were selected and elected for the year 1955-56 :—

Founder-President :

S. A. A. RAMAIAH

Mother :

Rm. SOLACHI

Secretaries :

HAMSAVENI SELVARAJ (General)

KASI VISWANATHAN (Vepery)

B. E. MUNUSWAMY (San Thome)

Committees :

Thiru. K. JEEVAN

Thiru. P. VISWANATHA IYER

Thiru. S. A. A. RAMAIAH

Thirumathi Rm. SOLACHI

Thirumathi HAMSAVENI SELVARAJ

Dr. P. S. RAVAIKANAMMAL

Associate Members :

Mrs. LILIAN W. CANADAY

Thiru. V. R. SELVARAJ

Thiru. C. KASI

Thirumathi C. VASANTHA

Sri. MAZUMDAR

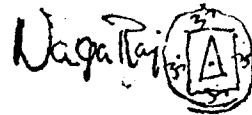
Thiru S. J. RATHNAM

Thiru CHENGALVAROYAN

Sri. PRABHU LINGAYYA

All are welcome to extend their moral and material support to Kriya Babaji Sangah of Madras without detriment to their connections with other organisations bearing in mind the great saying of the Kriya Mulaguru, "ALL MISSIONS ARE MY MISSION".

In this world of materialistic rationalism many a soul blinks in wonder whether it is ever possible for Kriya Babaji, the great reviver of Kriya Yoga, to have lived for over 1751 years **Historicity of Babaji** having been born in 203 A. D. at Porto Novo, Tamil Nad, South India. For such doubting Thomases Kriya Babaji who was named NAGARAJ by His parents, has allowed us to publish for the first time the following signature of His with a hieroglyphic symbol:



We are now on the eve of the last grand celebration of the year combining the anniversary of Kriya Babaji Sangah and the Jayanthi of the Kriya Mulaguru. To carry Master's Gospel of Kriya to the mofussil and promote inter-religious unity through YOGA Kriya Babaji Sangah of Madras will convene the second Kriya Babaji Parliament of Religions as directed by the great, living, Tamil Siddha-Yogi, Sathguru BABAJI Nagaraj of the Himalayas at **Thiruvannamalai**, "Rama Vilas", Near Shiva Temple & Sadhukkal Chathiram, South Arcot District, Madras State. During His birthday anniversary which coincides with Karthikai Deepam. All irrespective of caste, creed and nationality are cordially invited to attend this spiritual feast. There will be sadhu-feeding on a large scale. **ALL DELEGATES SHOULD MEET THEIR EXPENSES.** The full programme from November 23rd (Wednesday) to 29th (Tuesday) follows.

Jai Dadaji! Jai Mathaji!! Jai Tamil Muni
Pungava Babaji!!!

Aum! Shanthi! Amen! Amin!!

"BABAJI PUTRA"

Welcome !

ॐ
1955 KRIYA BABAJI

Free !!

Parliament of Religions

Kriya Babaji Sangah, "Rama Vilas", Near Shiva Temple and Karaikkudi Sadhukkal Choultry, Big Street, THIRUVANNAMALAI (Railway Station), South Arcot District, Madras State.

President: Yogi S. A. A. RAMAIAH, B.Sc. (Hons.)

ANNIVERSARY PROGRAMME

November 23rd, 1955—Wednesday

5 p. m.—Anniversary Celebrations of Kriya Babaji Sangah in the presence of Swami RAMANATH Head of the Eeshanya Math.

Prayer and Bhajan.

"Kriya Surya Namaskar " by Yogi S. A. A. Ramaiah, M.A.

"Sanskrit Kanda Puranam"—First of a series of five lectures by Thiru. Kayapakkam Soma-sundaram Chettiar. Thereafter till 27—11—55 daily there will be a discourse on the same subject preceded by free Kriya Yoga Asana classes and followed by Bhajan. Yogi Ramaiah will occupy the chair on all days.

SPECIAL NOTE

- (1) All speakers and reception committee members should be at their seats half an hour before commencement.
- (2) There will be Sadhu-Seva on November 28th, 1955.
- (3) All contributions in cash and kind will be received with thanks at the following address only:—

S. A. A. RAMAIAH

Founder, Kriya Babaji Press, "Palm Grove" No. 3, Dr. Alagappa Chettiar Road, Vepery, Madras-7, South India.

- (4) Kriya literature is available at a booth at the Parliament.

வருக !

இலவசம் !!

1955 கிரியா பாபாஜி

சர்வமத சமரஸ யோக மகாசபை

கிரியா பாபாஜி சங்கம், “ராம விலாஸ்,”

சிவன் கோவில், காரைக்குடி சாதுக்கள் சத்திரத்திற்கு
அருகாமையில், பெரிய தெரு, திருவண்ணாமலை
[ரமில் நிலையம்], தென் ஆற்காடு ஜில்லா, சென்னை ராஜ்யம்.
தலைவர் : யோகி சா. அ. அ. ராமய்யா, பி.எஸ்.ஸி. (ஆன்ஸ்)

ஆண்டு விழா நிகழ்ச்சி நிரல்

நவம்பர் 23உ, 1955 — புதன்கிழமை

மாலை 5-00 மணி—கிரியா பாபாஜி சங்க ஆண்டு விழா
ஈசாவிய மடாதிபதி சுவாமி இராமானந்தர் முன்னிலையில்

பிரார்த்தனை; பஜனை.

“கிரியா சூரிய நமஸ்காரம்” — யோகி சா. அ. அ.
ராமய்யா, எம்.ஏ.,

“சமஸ்கிருத கந்த புராணம்” — திரு. கயப்பாக்கம்
சோமசுந்தரன் செட்டியார், 27—11—55 வரை தினமும் கந்த
புராண விளக்கம் உண்டு. உபநியாசத்திற்கு முன் கிரியா யோகா
சன வகுப்பும், அதைத் தொடர்ந்து பஜனையும் உண்டு.

குறிப்பு

1. பிரசங்கிகளும் வரவேற்பு கமிட்டி அங்கத்தினரும் அரை மணி
நேரம் முன்னதாகவே குறிப்பிட்ட இடங்களுக்கு வரவேண்டும்.
2. 29—11—55 சாது சேவை உண்டு.
3. அன்னதானம் முதலியவற்றிற்கு நன்கொடை கீழ்க்கண்ட விலாசத்
தில் டீட்டும் ஏற்றுக்கொள்ளப்படும் :—

சா. அ. அ. ராமய்யா,

ஸ்தாபகர், கிரியா பாபாஜி அச்சகம்,
நம்பர் 1-1, அருளானந்த முதலி தெரு, செந்தோம்,
மைலாப்பூர், சென்னை-4.

4. கிரியா புத்தகங்கள் சர்வமத சமரஸ யோக சபையில் தனி இடத்தில்
கிடைக்கும்.

FIRST SESSION

November 28th, 1955—Monday Morning

8-00 a. m.—Meditation.

Bhajan by members of Kriya Babaji Sangah
Prayer by Sow. Rm. Valli and others.

Messages by Thirumathi Rm. Solachi, Mother of
Kriya Babaji Sangah.

Annual Report by Tirumathi. Hamsaveni Selvaraj,
General Secretary, Kriya Babaji Sangah.

“Yoga and Women”—Inaugural address by Tiru-
mathi Seethalakshmi Kumaraswamy, Founder, The
South Indian Central Yoga Asana Institute in the
distinguished presence of Mrs. Mary Somervelle and
Dr. T. H. Somervelle, M. D., F. R. C. S., who will speak
on “Bible and World Scriptures”.

“Kriya Yoga and Research” — Presidential
address by S. A. A. Ramaiah, with demonstration of
Asanas etc.

Vote of Thanks and Homage to Kriya Babaji.

Aum! Amen!! Amin!!!

N.B.:—The above provisional programme inclu-
ding the order of speakers is subject to
alteration.

முதல் கூட்டம்—திறப்பு விழா

நவம்பர் 28, 1955—திங்கட்கிழமை காலை

காலை 8-00 மணி—தீயானம்.

பஜனை—கிரியா பாபாஜி சங்க அங்கத்தினர்.

பிரார்த்தனை—சௌபாக்கியவதி ராம. வள்ளி முதலியோர்.

ஆசி செய்திகள்—திருமதி. ராம. சோலச்சி, அன்னை, கிரியா பாபாஜி சங்கம்.

ஆண்டு அறிக்கை—திருமதி. ஹம்ஸாவேணி செல்வராஜ், பொது காரியதரிசி, கிரியா பாபாஜி சங்கம்.

திறப்பாளர் : தென்னிந்திய மத்திய யோகாசன சங்க ஸ்தாபகர் திருமதி. சீதாலக்குமி குமாரசுவாமி "யோகமும் மாதரும்" என்ற பொருள் பற்றி பேசுவார்கள், மிஸஸ். மேரி சாமர்வேல், முன்னிலையில்.

"பைபிளும் உலகமறைகளும்"—டாக்டர் டி. எச். சாமர்வேல், M.D., F.R.C.S.

தலைவர் : சா. அ. அ. ராமய்யா, "கிரியா யோகமும் ஆராய்ச்சியும்"—என்ற ஆராய்ச்சி உரை நிகழ்த்துவார்.

நன்றிஉரை; கிரியா பாபாஜிக்கு அஞ்சலி.

ஓளம்!.

ஆமன்!!

எமின்!!!

குறிப்பு :— நிகழ்ச்சி நிரல் மாறுதலுக்குட்பட்டது.

SECOND SESSION

November 28th, 1955 — Monday Evening

Subject: "Yoga and World Scriptures"—Chairman : S. A. A. Ramaiah.

12 noon — Sadhu Seva.

2 p. m. — Sankirtan by Sri. K. Nagesh Hatwar Adarsha Hindi Premi Mandal.

Meditation.

Lectures :

"Yoga and World Scriptures" by Pandit M. L. Chaturvedi, B. A., Kayamganj, Uttar Pradesh.

"Yoga in Buddhism" by Nepalese Sadhu D. S. Dharmjyoti, Chiniya Lama's Monastery, Baudha, Kathmandu, Nepal.

"Hatha Yoga" by Thiru. K. L. V. Sastri, President, Madras Sanskrit Vishwa Parishad.

"Yoga in the Koran" by Janab S. M. Fossil, Young Men's Crescent Society.

"Sikhism and Yoga"—Presidential Address by Bombay Professor of Sikhism, Official delegate, Shiromani Gurdwara Prabhandhak Committee (S.G.P.C.) Amritsar.

N.B.: The above programme including the order of speakers is provisional and subject to alteration.

இரண்டாவது கூட்டம்

நவம்பர் 28உ, 1955—திங்கள் மாலை

“யோகமும் உலகமறைகளும்” —சபாநாயகர் :

சா. அ. அ. ராமையா.

உச்சிவேளை 12-00 மணி—சாது சேவை.

மாலை 2-00 மணி—சங்கீர்த்தனம்—ஆதர்ஸ் ஹிந்தி பிரேமி மந்தல் ஸ்ரீ. கே. நாகேஸ் ஹத்வார் முதலியோர்

தயானம்.

சொற்பொழிவுகள் :

“யோகமும் உலகமறைகளும்” — பண்டிதர் எம். எல். சதுர்வேதி, பி. எ., காயங்குடுக, ஐக்கிய மாகாணம்.

“பௌத்த யோகம்” — நோபாள் சாது டி. எஸ். தர்மஜோதி, சின்னியா லாமா மடம், பௌத்தர், காட்மண்டு, நேபாளம்.

“ஹடயோகம்” — திரு. கே. எல். வி. சாஸ்திரி, தலைவர், சென்னை சமஸ்கிருத விஸ்வ பரிசத்.

“கொரானில் யோகம்” — ஜனப் எஸ். எம். பாஸில், Young Men's Crescent Society.

“சீக்கிய மதமும் யோகமும்” — தலைமை உரை: பம்பாய் சீக்கிய மதப் பேராசிரியர், அங்கத்தினர், சிரோமணி குருத்வாரா பர்பந்தக் கமிட்டி, அம்ரிட்ஸார்.

குறிப்பு:— நிகழ்ச்சி நிரல் மாறுதலுக்குட்பட்டது.

FINAL SESSION

November 29th, 1955 — Tuesday Morning

Subject : "World Religions & Yoga" by Chairman: S. A. A. Ramaiah.

8-00 a. m. — Meditation.

Bhajan.

Lectures:

"Yoga and Samskrit" by Thiru. K. L. V. Sastri Sanskrit Scholar, Presidency College, Madras.

"Guru Nanak and Prem" by Sikh Professor, Khalsa College, Bombay.

"Yoga and Saivism" by Thiru. K. Somasundaram, Chettiar, Saivite Sanskrit-Tamil Scholar.

"Muslim Yoga Siddhas" by Janab S. M. Fossil, Muslim leader.

"Mahayana Buddhist Culture" by Sadhu D. S. Dharmjyoti, Samchalar, All NEPAL Vikrata Mahamandal.

Homage to the light of Kriya Yoga

Aum Tath Sath

N.B.:—The above provisional programme is Subject to alteration.

6-00 p. m. Festival of the Holy Beacon Light.

2-12-55 (Friday 5 a. m.)—Pranayam class.

கடைசி கூட்டம்

நவம்பர் 29உ, 1955 — செவ்வாய்க்கிழமை காலை

"உலக சமயங்களும் யோகமும்" — சபாநாயகர், சா.அ.அ. ராமய்யா.

காலை 8-00 மணி—தியானம்

பஜனை.

சொற்பொழிவுகள்:

"யோகமும் சமஸ்கிருதமும்"—திரு. கே. எல். வி. சாஷ்திரி, சமஸ்கிருத பண்டிதர், மாகாண கல்லூரி, சென்னை.

"குரு நானக்கும் பிரேமையும்" — சீக்கிய பேராசிரியர், கல்சா கலாசாலை, பம்பாய்.

"யோகமும் சைவமும்" — திரு. க. சோமசுந்தரன் செட்டியார், சைவ பெரியார்.

"இஸ்லாமிய யோக சித்தர்" — ஜனாப் எஸ். எம். பாஸில், முஸ்லீம் தலைவர்.

"மாகாண பௌத்த கலாசாரம்" — சாது டி. எஸ். தர்மஜோதி, சமசலக், அகில நேபாள விக்ரத மகாமண்டல்.

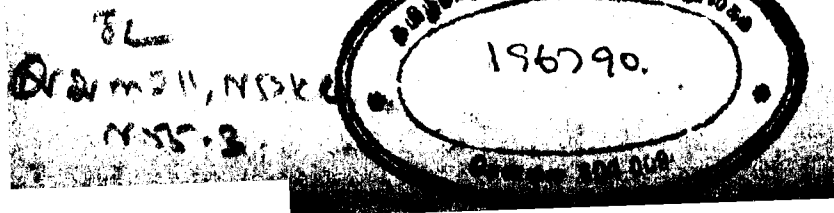
கிரியா யோக ஜோதிக்கு: அஞ்சலி

ஒளம் தத் சத்

மாலை 6-00—திருவண்ணாமலை தீபதரிசனம்.

2—12—55 (வெள்ளிக்கிழமை காலை 5—00) பிராணயாம வகுப்பு.

குறிப்பு:—மேற்கண்ட நிகழ்ச்சிகள் மாற்றத்திற்குட்பட்டது.



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1955

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Aum

Tath

Sath