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# MEDICAL SCIENCE

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No. 10.

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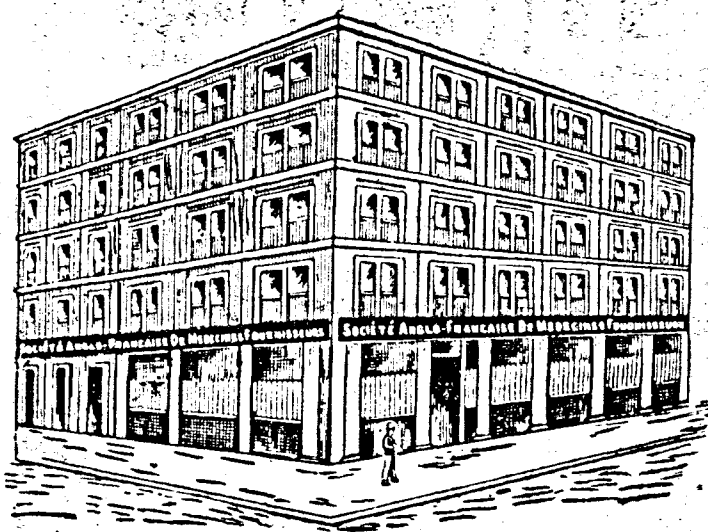
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*Hippocrates*  
FATHER OF MEDICINE

## FOREWORD



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# MEDICAL SCIENCE

**VOL. 1.**

**DECEMBER 1938.**

**No. 10.**

### Adrenal Extract Combats Cancer.

The accidental discovery of two San Francisco doctors that adrenal extract causes disintegration of dangerous and hopeless cancers may prove to be an important addition to weapons of medical science.

So important is this new development in the fight on cancer that the University of California's medical departments and the Hooper Foundation are mobilizing to aid Dr. Walter Bernard Coffey, chief surgeon of the Southern Pacific Hospital in San Francisco, and his assistant, Dr. John D. Humber, in further researches on the promising preparation.

An extract made from the endocrine gland, the adrenal cortex, of sheep was being used by Drs. Coffey and Humber to produce lowered blood pressure, and they noted that it had a disintegrating action upon a tumor in the same subject. In their preliminary report to the San Francisco Pathologic Society they told how they then used the gland extract in the treatment of three hopeless cases of human cancer, one of them cancer of the tonsil. Graduated doses of the extract were injected under the skin and necrosis was caused, to such an extent that the tumors sloughed and the patients were better temporarily.

The new extract is not yet ready for wide use and much more research must be done to discover its applications and limitations. The method of preparation of the extract has not yet been announced by Drs. Coffey and Humber and its composition is not yet known.

The work of Dr. Coffey and Dr. Humber is, in effect, a continuation of the line of research reported by Dr. Boris Sokoloff, of the Institute of Cancer Research, Columbia University, New York, who discovered and reported to the International Physiological Congress recently that cancer growths are killed in a few hours by a mixture of adrenal cortex extract, an iron salt and a chemical, pyrrol blue.

Dr. Sokoloff has recently been working at the Institute of Cancer Research at Columbia University and he formerly worked at the Rockefeller Institute for Medical Research.

No human beings have been treated by Dr. Sokoloff's methods, all research being done on animals. He emphasized in his reports that he had not developed a "cancer cure" and that the work was entirely in the experimental stage. When cancerous mice and rats were treated with his preparation the malignant tissue was reduced

### Liver Diet in Pernicious Anemia.

Schilling, in *Deutsche Med. Wochenschrift*, states that he has analyzed 80 cases of pernicious anemia treated with liver diet since February, 1928; in 14 of these, relapse had followed the discontinuance of liver treatment, but resumption of the treatment resulted in benefit. Six patients died, but two of these had only been under treatment for a few days; in the remainder death followed such complications as hydronephrosis and tabo-paralysis, and no post-mortem evidence was obtained of severe anemia. In a number of cases which did not respond to liver treatment promptly, adjustment of the dose and the substitution of whole liver extracts (on which Schilling lays great stress) usually brought rapid improvement. Only one patient in whom the anemia was complicated by menorrhagia became worse in spite of the treatment, though some senile patients were slow to respond. In two with degeneration of the spinal cord this condition was apparently checked, and the symptoms improved. Schilling concludes that liver diet has proved successful, practically without exception, in this large series of cases, provided that the dose was adapted to the individual, the apparent failures being all due to severe complications.—*The Medical Standard*.

## MEDICAL

### Eye Lens From Newt's Tail

American Discovery

The possibility of growing a new eye in an adult animal, by a grafting operation has been demonstrated by experiments just completed by an American scientist.

Dr. E. O. Schotte, of Amherst College, has succeeded in changing a piece of a newt's tail into a crystalline lens. The fact that the newt (lizard like animal) was an adult adds considerably to the achievement.

Newts possess the ability of growing new tails when the old ones are cut off. But they never grow new eyes.

Dr. Schotte removed the crystalline lens from the eye of a newt and replaced it with a piece of tissue from a newly growing tail.

This tissue continued to grow and developed into a well formed crystalline lens. The eyes of the newt contain an unidentified chemical that has the power of forming eyes from sufficiently young embryonic tissue, which could be transferred to the eye.

The same experiment was successfully completed with adult tadpoles, (trad or frog.) The chemical which can fashion an eye is known to exist in many animals, and the same process might be applied in cases of animal blindness.

## Brainwaves.

It is a good idea to try wearing your troubles out before they wear you out.

If a man can only find his feet, he has made the luckiest find of all.

Living within the income is living without the worry.

Two heads are better than one, but not in the same family.

To get through married life without a cross word would be a puzzle.

The most severe test of friendship is whether it will stand a loan.

Many a pensive girl turns out to be very expensive.

## Ignorance Nobliss

He who knows not, and knows not that he knows not, is a fool.

He who knows not and knows that he knows not, is ignorant—teach him.

He who knows, and knows not that he knows, is asleep—wake him.

He who knows, and knows that he knows is a wise man—follow him (Japanese Proverb)

He who knows, knows; and knows that he is a wise man—follow him (Japanese Proverb)

## THOUGHT FOR TO-DAY

It's good to be dogged, but you needn't cultivate a growl.

## SCIENCE

### Alexis Carrel on Prolongation of Life

Alexis Carrel, member of the Rockefeller Institute and Nobel Prize winner, gave a very interesting report of the problem of the prolongation of life at the annual convention of the Association of Life Insurance Presidents. As he pointed out, the problem of longevity is entering a new period of its history. So far, the increase in the average duration of life has resulted from the efforts of hygiene and medicine. But after the average length of our existence has reached the value predicted a few years ago, progress will become difficult. Any true prolongation of life will require, not only protection against disease, but improvement of the quality of tissues and blood.

Some years ago, Carrel made a study of the longevity of a population of 23,000 mice. Mice that had lived for many years divided into small groups in boxes were set free in the large pens of a greenhouse. The animals burrowed into the soil, multiplied freely, ran, and fought in a large open space. They became stronger. But the duration of their existence decreased. Free life was 34 per cent shorter than sheltered life. Such was the price of liberty.

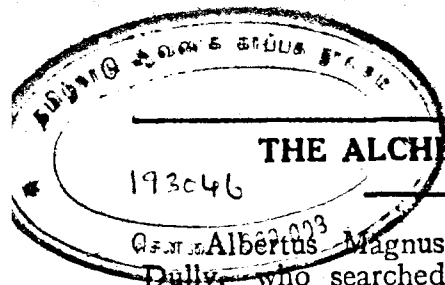
Two populations of mice were subjected to fasting for several generations. The expectation of life at weaning increased by 17 per cent. The mice became smaller and stronger. They were found also to be much more intelligent than the other groups. These experiments, and many others, demonstrate that longevity, although being a hereditary tendency, can be artificially modified in a measure. Therefore, we are not forbidden to hope that a wise handling of

environmental agencies may lead to lengthening of our existence.

Physiological age is different from chronological age. It consists of an organic and functional state, which varies at a certain rhythm. Even if blood serum is removed several times, it always regenerates with the characteristics corresponding to the age of the animal. At the same time as the blood does, tissues and organs undergo important alterations. The quality of the tissues and of the regulating mechanisms of the humors is responsible for longevity.

The importance of human life depends on its quality, as Carrel points out, and not on its length. If, for instance, our duration could be increased by a lowering of metabolism, as Loeb succeeded in doing with the fruit-fly, the existence thus obtained would not be worth living. To-day, the prolongation of life, for a great many people, would profit neither themselves nor society.

But, rightly or wrongly, humanity will never stop searching for the secret of eternal youth. In attempting to lengthen our existence, we may hope to find the means of improving its quality. There should be somewhere in the civilized world, Carrel said, an institute dedicated to the study of the process of aging. Strange to say, although men hold life to be the supreme good, there is no laboratory in America or in Europe where psycho-biological investigations of the mechanism of aging and of the means of lengthening life can be undertaken in an appropriate manner. We must remember that there is no example of a scientific research for truth which has not been rewarded.



## THE ALCHEMISTS.

Albertus Magnus and Raymond Dully, who searched so diligently for the Philosopher's Stone, by means of which their ingots of lustreless lead were to be turned into bars of ruddy gold, had little thought of atoms, molecules or ions, and yet the actual discoveries they and their fellow-seekers obtained in the field of chemical science formed a not negligible ground work on which latter-day workers were able to build up the still incomplete structure of chemical knowledge. Of the numerous alchemists who flourished during, and in the centuries succeeding, the Middle Ages, the Count de St. Germain was a notable figure. He was a distinguished and welcome habitue at the Court of Louis XV of France, where his claims to have discovered, among other things, the elixir of life were not entirely discredited. It seems to be an undisputed fact that he was in possession of a secret process for removing spots and flaws from diamonds, and that by utilising this knowledge he made a considerable fortune. Madame de Hausset relates that Louis XV had a stone containing a flaw, and that the diamond in that state was valued at six thousand livres. The King entrusted it to St. Germain for treatment, and when it came back flawless had it offered for sale to a jeweller, who knew nothing of its antecedents. The jeweller paid nine thousand six hundred livres for the stone—and Louis' respect for the Count increased in proportion!

## HOMERIC ECHOES.

Æsculapius, the "blameless physician" revered by the ancient Greeks as the god of healing, had two sons, Machaon and Podalirius, who were also proficient in medical art. They obtained

## MEDICAL

their tuition from their father, and from the Centaur Cheiron, who is called by Homer the "Sire of Pharmacy." During the Trojan war Machon and Podalirius acted as surgeons-in-chief to the Greek Army, and by their skill and knowledge saved the lives of many members of the investing force. The Iliad records how Machaon dressed the wounded foot of Philoctetes, and how he attended the Spartan King, Menelaus, when the latter was wounded by an arrow. After with drawing the arrowhead from the sufferer's arm Machaon applied a healing balm prepared by Cheiron, the master, thereby doubtless affording to the doubly-injured husband of Helen considerable relief and comfort. Fate ordained that an arrow loosed by Helen's abductor, Paris, should wound Machaon, though not fatally. He recovered, but before the end of the siege was killed by Eury-pylus, a fighter in the Trojan Army. The loss of his dearly-loved brother filled Podalirius with grief and rage, so that, forsaking for a while his first-aid station, he rushed among the foemen, killing and wounding, in his endeavour to avenge his brother's death. Machaon's bones were carried to the Island of Rhodes, and their resting place became a sanctuary to which the sick resorted in order to be made whole. Podalirius survived the siege of Troy, but on returning home was cast by a storm on the coast of Syros. There he settled and died, after practising his healing powers among the native Carians. The value in which the brothers were held by the Greek forces is evidenced by the remark of Idomeneus, when Machaon is wounded by Paris—

"A wise physician, skilled our wounds to heal is more than JL armies to the public weal."

## SCIENCE

# A Window in Her Chest!

## A Poland Medical Wonder.

An extraordinary case of a nine year-old girl is mystifying doctors in the town of Grudzonc, Poland. Her name is Maria Maliszevsky, but they call her the Child with a Heart of Gold, for doctors can watch her heart beating and it is valuable from a medical point of view.

A physician of the Municipal Hospital was one day walking along the main square of the little town when his attention was attracted by a crowd that had collected. Elbowing his way through, he saw in the centre of the crowd a shabbily-dressed man who was urging the spectators to view his daughter, a thin girl of nine years. The upper part of her body was unclad and she stood there shivering in the cold air.

"Anyone paying a nickel may come close and see how the heart works," he said, pointing to the child's chest.

The doctor stepped forward, paid his money and looked closely at the girl. To his amazement he found that her heart was just underneath the skin, protected only by the thin transparent layer of pericardium through which he could distinctly see the heart muscles working.

## A Wonder

"Why, this child is a medical wonder!" he exclaimed to the father. "You should have her examined by doctors." But the man, distrustful apparently of doctors, replied that he saw no reason why his child should be medically examined.

The doctor, his scientific interest now thoroughly aroused by the extraordinary case, changed his tactics. He told the man that he was an impresario looking for a new turn for a circus. Would the father bring the girl to his flat the next day for his partners to have a look at her, so as to decide whether she could figure on the programme of the circus. The doctor produced a banknote, and the father, thus bribed, promised to keep the appointment.

"It is just as if Maria had a window in her body through which you can watch her heart beating."

Thus it was that the child was examined by the doctors from the municipal Hospital. They found that the girl, slightly built but healthy, had some of her ribs missing. There were no bones or flesh enclosing the central area of her chest, but only a transparent layer of thin skin—through which the doctors peered as through a window and beheld her heart pumping blood, and working as regularly as if placed in its normal position.

## Father's Story

To the doctor's question Maliszevsky replied that the girl was his first and only child, born on May 20th, 1926, when he was thirty and his wife was twenty-five years of age. They were both healthy, normal people, who had never been ill in their lives. The girl was a gay, pleasure-loving little creature, equally fond of books and play. She liked to race other children, and ran about a lot, though on one or two occasions she had palpitations and fainted.

Maliszevsky obviously had no idea of the constant danger threatening his daughter's life. According to the doctors, it amounts almost to a miracle that the girl is still alive. In its abnormal position the heart may become feeble, and heart failure may set in at any moment. An accident which would result only in a slight bruise in normal people might be fatal to little Maria.

The child with the heart of gold has brought money to her parents, who once were very poor, for they are being paid so that Maria may be kept under scientific observation. But though their poverty is at an end, their anxiety for the child has increased. They wonder why the doctors and the scientists are watching Maria so closely. They don't like it. They are afraid.

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# Rebuilder of Bones

## "Miracles" Performed by Grafting With Living Portions

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During the war a stocky, energetic American surgeon sprang into international fame because he could mend a broken leg that had refused to heal, fasten together a fractured elbow, and perform "miracles" of bone surgery that saved the limbs and lives of many a wounded soldier.

After the war, he performed more than 2,000 operations, restoring the function of limbs to soldiers; giving them back the use of feet, hands, legs, hips, and arms where nature had failed.

He was Dr. Fred Houdlett Albee, to-day one of the foremost bone surgeons in the world. Doctor Albee reveals in the April *Scientific American*, how these miracles are performed.

The chief secret is to be a good mechanic; a combination of expert cabinetmaker, metal worker and prestidigitator. The difference is that these other experts work with inert materials. Doctor Albee and his colleagues work with living bone.

### Like Cabinetmaker

Like a cabinetmaker, however, the surgeon first decides on the nature of the necessary repair. If it is a broken thigh-bone that has refused to mend, it may be that a splicing piece must be inserted between the broken ends. This piece will be taken from the living bone of the shin, joined into the broken thigh-

bone ends with the accuracy of a mosaic, and fastened there.

The remaining section of shin-bone will soon regenerate the bone taken from it. Meanwhile, the new piece in the thigh will grow, knit up the parts of the old bone, and if the operation is successful, will finally produce a thigh as good as ever.

Of course, all this must be done with the cooperation of nature.

### Mysterious Processes

"The graft, having been applied in a way most likely to favour union with the host, is influenced by those mysterious processes by which the graft remakes its structure, alters its shape, and takes on added volume and strength, in order to accommodate itself to the demands of its new environment," says Doctor Albee.

"A graft of the general size of a lead pencil, and of any shaped cross-section, when implanted to take the place of a portion of the thigh-bone, will take on the characteristics of the thigh-bone shaft in every respect; that is, as to strength, size and shape of cross-section, external contour, and internal structure—it will even develop a marrow cavity."

When he began, Doctor Albee first studied the principles of plant grafting; a process in which a living bud from

one plant is made to grow from the stem of another. The principles of plant grafting, he decided, were fundamental to the transplantation of any kind of living tissues, including bone.

"There are three inviolable rules in plant grafting," he relates. "Though tissues must be applied like to like, the contact must be most intimate, and they must be immobilized in that position."

"These principles are important in bone grafting. Moreover, in the more highly specialized animal tissue, it is desirable, if not essential, that the graft be autogenous; that is, come from the same individual."

### Precision Tools

In addition, the surgeon, must be uncannily skilful, and he finds electrically-driven precision tools of great value. Doctor Albee has designed a set of such tools, which he refers to as a "bone mill." It can be thoroughly and easily sterilized, and will almost instantly cut bone into any kind of shape for use in this hurried, living "carpentry."

"To perform work like this the surgeon must possess the mechanic's sure instincts for close, accurate work," wrote the editor of *The Scientific American*, after witnessing a bone operation on a tubercular knee joint.

"With such speed that it seemed like opening a 'zipper,' he related, 'the joint was completely exposed and the damaged bone sawed away from the under side of the knee cap and the joint itself."

"Loss of articulation then made necessary the rigid union of the upper and lower parts of the leg, and, to accomplish this, two bone dowels were inserted, reaching through the top of the tibia and into the bottom of the femur.

## Sensitive Stomach

Like many another medical specialist, Dr. Walter Clement Alvarez of the Mayo Clinic suffers from the disease he cures in other people. In Dr. Alvarez' case the ailment is stomach ulcers.

At a recent meeting Dr. Alvarez: speaking from his personal experiences, told stomach specialists to beware of foods which harm their patients in strange ways. "Since I found that I was abnormally sensitive to chicken and stopped eating it," said he, "life has been much easier."

One of his patients was a businessman who became abnormally drowsy at 11 o'clock every morning, fell asleep at conference and while driving his automobile. Dr. Alvarez said, I had him test, one by one, things he ate customarily at breakfast, and eventually we found that it was the cream in his coffee. Eliminating the cream ended the trouble. It is absolutely startling to see how food influences the brain.

One responsible businessman had been in the hands of psychiatrists for eight or nine years. I put him on an elimination diet for the hives, and to my great astonishment had cured him of what was actually insanity.

"Another case was a young college student. He suddenly developed abnormal pains and a mental attitude that made his studies impossible. We really were convinced after a time that it was a mental case. Another doctor began testing him on food reactions. Two days later he called me over and showed me that the dull and apathetic boy was eager and bright again. The trouble was that he was sensitive to eggs. At school he had been eating three or four of them every morning and it was enough to knock him out."

# THE GREAT SCIENTIFIC DISCOVERY OF THE BERGERET LABORATORIES.

—(o)—

Progress in clinical medicine is available to thousands. Moreover, the dependent on progress in the ancillary sciences, physiology, pharmacology, etc., new discoveries in pure science are the stuff on which clinical progress feeds. But between the discovery in pure science and its application to medicine, there must be an investigator. He may be a physician, a chemist, a bacteriologist; but, whoever or whatever he is, he must see the necessity of applying scientifically-established facts to human needs.

When a clinical application has been found for a scientific discovery, the work has just begun. A method must be worked out by which a chemical process or a biological technique employed in the experimental laboratory can be applied in production operations. And a practical method of clinical administration must be worked out, for an effective remedy cannot be reserved for a few selected patients—it must be made

available to thousands. Moreover, the first crude product, perhaps eagerly sought because of the imperative need for it, must be improved and refined so that its efficacy may be increased and its field of usefulness broadened.

## The Discovery of Endophon.

The year 1931 saw the discovery of **ENDOPHON**. It was made possible only by preceding research. Dr. Gustave LeClerc, a chemist on the consulting staff was the first to discover the activity of certain glands. Dr. Louis Perrancourt, also on the consulting staff, was likewise working on the problem. He completed his work shortly after Le Clerc's discovery, and assigned to the preparation its correct formula.

The discovery of **ENDOPHON** marked a new era in Glandular Therapy. Recently, a new Gland Extract has been discovered and embodied in **ENDOPHON**, greatly increasing its curative efficacy.

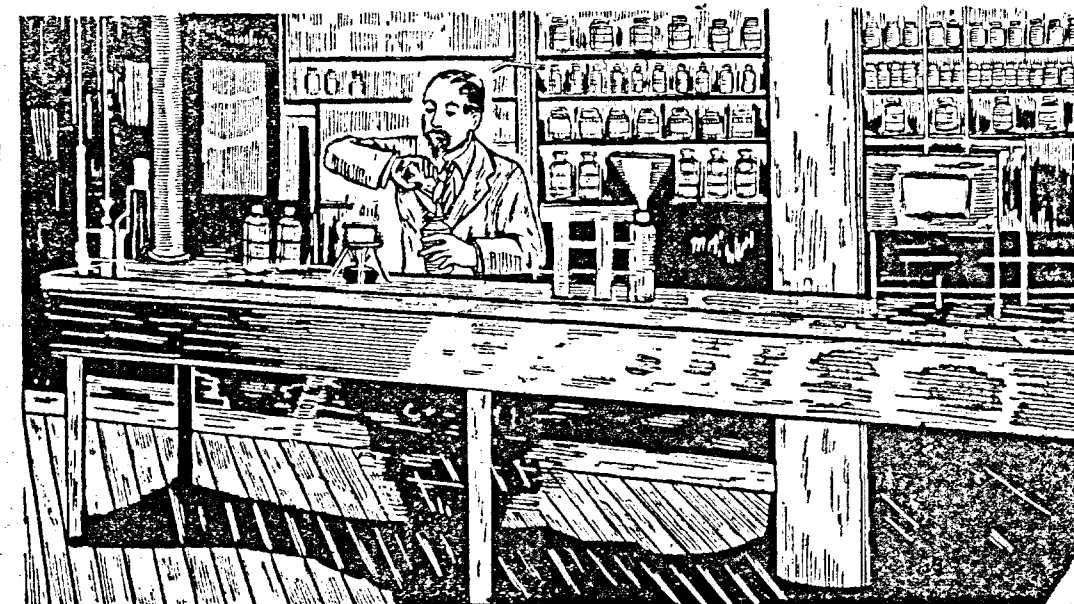
## Reported in Eighteen Medical Papers.

A striking example of the achievements of the Bergeret Laboratories is illustrated in the work which led to the discovery of **ENDOPHON**. The course of this work was reported in eighteen medical papers.

## Policy of the Bergeret Laboratories.

It has always been the policy of the Bergeret Laboratories never to offer a

product to the world until it has been first subjected to the most exhaustive tests. Therefore; you may be sure that not only has a Bergeret Product been standardised, and made to conform to the highest degree of purity, and that the utmost demands of science have been utilized in its manufacture, but also that its therapeutic value has been demonstrated beyond any question of doubt.



Chemist at work at the Bergeret Laboratories.

## The Great Criterion.

**ENDOPHON** is made in Capsule form—the great criterion in curative power, as the freshness and potency of the vital gland substances is preserved. There is no deterioration. Available in two kinds, No. 1 for Partial Impotence and No. 2 for Complete Impotence and Sterility.

Sole Agents:—THE ANGLO—FRENCH MEDICAL AGENCY.

# The Great Adventure of Healing

## "Grandmother's Cure"

Centuries ago, in China, a "grandmother's cure" for burns was strong tea. Then the world forgot. In 1924, a young doctor, called Davidson, working as a surgeon in Detroit, was horrified at the awful toll of burning and the agonies it inflicted. He thought and read and studied, and discussed the subject with a colleague, Dr. E. C. Mason, who gave him his maturer advice. Gradually he got on to the track of something and behind his locked door, he experimented with rabbits, white rats, and tannic acid, the staining chemical found in strong tea.

On the morning of May 5th, 1924, when he was thirty, a disastrous explosion in Detroit resulted in seven suffering men being brought to his hospital. From that moment rabbits and rats were no more; he was done with faltering and secret experimenting. His shocked emotions made him take a desperate stride.

On the left side of one of the worst-burned victims he applied his tannic acid solution, and on the right he used the old method of wet boric acid compresses. Two days later, when he changed the dressings, there was the usual agony under the boric acid. But when his tannic acid bandages were removed no pain was felt, there was scarcely any swelling, and a protective acid-skin covered the wounds.

The six other men were then similarly treated. They all recovered—and, more remarkable still, there was no scarring.

Yet Davidson was laughed at in the beginning. So were the Curies, who gave us radium and its curative powers; Pasteur, who revealed the microbic origin of diseases and set medicine triumphantly along a new path; Lister, whose carbolic spray was jeeringly referred to as "Lister's bag and bellows," but who banished the widespread tragedy of septic operations by his experiments with antiseptics; James Young Simpson, who dispelled the terror of the knife by supplying the healing sleep of chloroform.

They were all regarded as the Clowns of medicine; to-day they are idols.

It is not so many years ago—comparatively speaking when we are dealing with a subject which embraces Ambrose Pare and his sixteenth century foundations of modern surgery, and William Harvey, the Elizabethan benefactor who first mapped the course of the blood's flow in our bodies—it is not so many years ago that a clever young surgeon named W. A. Lane, F. R. C. S., gathered together an immense knowledge of bone surgery and decided that the accepted methods of setting fractures were crude and in many cases useless.

He experimented for long, and ultimately devised silver plants to hold the fractured bone together and so prevent shrinkage and consequent lameness.

Was he thanked? Not at first; he was ridiculed. But he had faith, and to-day he is happily still with us as Sir William Arbuthnot Lane, honoured in every continent. Dr. Sherman, chief surgeon of the Carnegie Steel Corporation of Pittsburg, once declared that out of 2,500 cases treated in the Lane manner, only two deaths occurred.

The discoveries of cures have invariably been thrilling. Just the other week a crate of venomous snakes was delivered to a famous London clinical laboratory where doctors are now extracting from the fangs of the reptiles the poison which kills. From it they are evolving a curative serum which will counteract the bite of the snake itself, prove an antidote to other poisons, and possibly cure, after further research, some of the most perplexing human diseases, such as cancer. An important announcement concerning this line of research is to be made in a week or two.

As proof of the possibilities of this line of research there is the claim of Dr. Hariz, of the Pasteur Institute of Paris, that he is healing internal growths with cobra poison.

# New Wonder Drug

## To Save Mothers

**Deadly Microbe Wiped Out**  
**DYING PATIENTS CURED**  
**BY A LITTLE PILL.**

**FRENCH CHEMIST'S DISCOVERY THAT HAS**  
**INTRIGUED MEDICAL WORLD**

A report will shortly be issued by Queen Charlotte's Hospital—world-famous London centre of maternity treatment—giving results of 18 month's experimental work on a new drug which may conquer one of the chief causes of maternal mortality.

The new drug may:—

Wipe out the heavy child-birth death rate caused by puerperal infection.

Cure a wide range of blood-poisoning cases.

Effectively cure septic throats and inflamed tonsils.

Conquer erysipelas and scarlet fever.

The drug is called para-aminobenzene-sulphenamide, but doctors have given it the handier name of sulphonamide.

It is administered in the form of a small white pill which is swallowed by the patient.

The story of the drug starts in the I. G. Farbenindustrie, Germany's great chemical works, where research director, Professor Heinrich Horlein started experiments to find a killer for the streptococci—microbes which cause many forms of blood poisoning.

After months of research the professor and his assistants devised a new chemical compound called prontosil—which was essentially a red dye.

(Continued on next Column.)

## TESTS WITH MICE

Mice were given lethal doses of streptococci and later given injections of the new red dye. They lived.

Soon the red dye injections were given to a few hospital patients dying from severe streptococci infection. They recovered.

Medical men throughout the world were immediately interested. The German professor was snowed under with requests for samples of the red dye.

Then they applied the treatment to patients who were gravely ill with haemolytic streptococci—the puerperal infection which once claimed the lives of one out of every 5 mothers.

Out of 64 infected cases so treated the percentage of deaths was 4.7 as compared with the 1935 rate of 24.4 per cent. before the drug had been discovered.

Then in France a chemist named Trefouel discovered a simpler form of prontosil. It can be made in any chemical laboratory and its name is paraaminobenzenesulphonamide—sulphonamide for short.

At Queen Charlotte's Hospital the long-named drug is now being used in the form of small white pills.

# To Lengthen Span

## Of Life

**FRUITS AND VEGETABLES**

"Simple re-distribution of the present expenditures for food and this without omitting any article of food to which any consumer is accustomed—but merely by easy shifting of relative proportions, can undoubtedly contribute greatly to the advancement of the standard of health and vitality in the coming years," says Dr Henry Clapp Sherman, nutrition expert of Columbia University.

Plenty of milk, green vegetables and fruits, he further adds, will lengthen the human span of life to at least seven to ten years.

## MEDICAL

### Harmony of Body And Mind

Quite Essential For Health

Health means harmony and unless there is harmony between the body and the mind, health is impossible of attainment, writes *Health* editorially.

While it is possible to diagnose bodily diseases and cure them by timely medical aid, it is very hard to probe into the mind and treat its malady.

It may be said without fear of contradiction, that most bodily ailments are due to mental causes. Irregular habits in thinking, losing of temper, lack of self-control, fears and prejudices lead to mental ill-health and disorder.

For example, worry and depression of spirits may cause loss of appetite and dyspepsia. Rage may bring on heart failure or apoplexy.

Our ancients have laid great stress on the proper cultivation of the mind. Their methods were self-control, right thought and calmness. Self-control confers strength, right thought mastery and calmness, power.

## NOTICE.

The remedies listed herein have been carefully chosen from different manufacturers in France and England by our **Pharmaceutical Expert, Dr. J. F. De Vaux. (Paris)** prior to our acceptance of the Agency, and represent in their perfection the accumulated experience of many years of Scientific Research and Experiment.

Considerable care and attention has been devoted by our Expert in the testing and selection of them. Thus, all remedies for which we are the Agents can be relied upon as Absolutely Genuine. Our Slogan "**The Choice of the Expert**" was earned by this careful selection of remedies.

Furthermore, their remarkable curative excellence is in a great measure due to **FRESHNESS**, as fresh stocks are received every month from our Head Office. The majority of pharmaceutical preparations sold in this country are **Old Stock**, and consequently, of no curative value.

If other remedies have been disappointing; do not condemn these as worthless. A trial order is only needed to prove our claim.

Our aim is to give satisfaction to our customers—realising that our product and our service form our best advertisement, and to this end, we spare no efforts to provide Genuine Remedies.

**The Anglo-French Medical Agency.**

**EVERYTHING THAT CONTRIBUTES TO CURATIVE POWER  
IS EMBODIED IN THESE SCIENTIFIC REMEDIES.**

## SCIENCE

### "THE CHOICE OF THE EXPERT" REMEDIES OF PROVED RELIABILITY.

#### Are you Suffering from Corns?



Get rid of them by using **Eugene Sargisson's Corn Solvent**. A few applications, and the pain and tenderness disappears, then the Corn dries up, and can be pulled out painlessly. Sold in phials. Three are sufficient to cure.  
Per phial Rs. 1-8. Three Rs. 4.

#### Du Huit's Obesity Tablets.

This remedy gradually and safely removes superfluous fat. No exercises necessary. No dieting. Does not weaken the heart. Guaranteed to remove pounds of fat a week, without harmful results.

1 bot. Rs. 2-8 3 Bots. Rs. 7.

#### Lepelletier's Ointment.

For Ringworm, Scrofula, Psoriasis, Dhobies Itch, and all other Skin diseases.

1 lb. Jars. Rs. 3-8, per Jar

### REEVE'S HAIR RESTORER

Not a Dye.

Safe & Sure

Not a Dye.

A few applications and greyness vanishes—your hair becomes its natural colour, with a glossy softness to be admired. It cleanses the scalp and invigorates the roots. It prevents Dandruff and stops the hair from falling out. It cures partial baldness permanently.

**Reeve's Hair Restorer** is absolutely safe to use and is unequalled for imparting a healthy and natural colour to the hair. **A British Product—Made by Henri J. Reeve. London.** Get a bottle and look years younger!

1 bot. Rs. 2-8-0.

3 bots. Rs. 7-0-0.

3 bottles Rs. 12-0-0.

### REXOL

Anti-Sensitive Solution.

Recommended for use with **Endophon No. 1**. Prevents Premature ejaculation by removing excessive sensitiveness. It is not drastic, so harmful to this delicate part, but gentle and sure in its action.

**A BRITISH PRODUCT**

1 bottle Rs. 2-8-0

3 bottles Rs. 7-0-0

6 bottles Rs. 12-0-0

**Special Quotations to Doctors & Chemists.**

We are Agents for the products of

**DE GROOT'S LABORATORIES**

Grenoble. France.

Also Oils, Essences, and Colours, Manufactured by

**OEHME & BAIER,**

**Leipzig. (Germany).**

**Price List forwarded on application**

We stock Organotherapeutic, Biological and Chemico-Pharmaceutical preparations, also all kinds of Drugs and Surgical Goods. Special quotations on application.

Our Vast Organisation has been built-up through

**Service — Satisfaction — and the Goodwill of our Customers.**

MEDICAL

"THE CHOICE OF THE EXPERT"

# GALAXIN

THE GENUINE BLOOD CLEANSER

BEFORE  
TREATMENT



PIMPLES



FRECKLES  
COPPER PATCHES



ECZEMA



SORES

POWERFUL

Have you Pimples? Sores? Ulcers?

Let GALAXIN rid you of them for ever! It will do this for you, no matter how chronic your case. Its powerful, searching action CANNOT be resisted.

GALAXIN is not a mere Blood Cleanser, but a scientific combination of Tonic Properties. (which your body must have to be perfectly healthy) in conjunction with powerful germ-killing medicaments, to clear away the waste matter that clogs your system, and poisons your blood, causing Pimples, Eczema, Sores, etc.,

Relieved of all waste matter, your system is soon restored to a healthy condition; Clean fresh blood courses through your veins; and Pimples Sores: etc; disappear, giving place to a fresh clear complexion and the radiant glow of perfect health.

Try three bottles to-day. You'll be astonished at the results. Remember, it's a genuine remedy.

The Ultra-Penetrating Cleansing Properties of GALAXIN are especially good for those symptoms of "Hereditary Impurities" in the blood.

*Galaxin*  
BLOOD  
CLEANSER

PENETRATING

AFTER  
TREATMENT



ALL REMOVED



CLEAR, HEALTHY  
SKIN



CURED



BANISHED

PERSISTENT

**GUARANTEED TO CURE:**—Pimples, Freckles, Copper Patches, Blotches, Sores, Boils, Ulcers, Dhobies Itch, Psoriasis, Eczema, Lepa, Herpes Progenitalis, Glandular Swellings, Ulcerated throat, nose or ears, Syphilitic Eruptions, Acne, Abscesses, Rashes, Scrofulous Affections, Elephantitis, Lumbago, Gout, and all diseases, due to an impure state of the blood.

Prices: 1 bot. Rs. 3-8. 3 bots. Rs. 9. 6 bots. Rs. 17.

DEAL WITH A FIRM OF REPUTATION and get value for every rupee spent.

SCIENCE

"THE CHOICE OF THE EXPERT"

## READ THESE TESTIMONIALS.

(They are genuine and unsolicited; and are only a few of the many hundreds received during the past five years.)

Mr. E. Gibson. 3, Bath Island Road, Karachi. (writes) "My face, neck and ears was covered with Pimples. I had tried ointments, balms, lotions, and other remedies too numerous to mention, without more than temporary benefit. A friend advised me to try **Galaxin** and I am glad I followed his advice. My pimples have all disappeared now."

Arthur Humphreys, Esq. 28, Anderson St. Calcutta. (writes) "I suffered for many years from Chronic Eczema and had almost given up hope of being cured when I came across your catalogue. I have altogether taken 15 bottles of your famous remedy "**Galaxin**" and take pleasure to inform you that I am now completely cured. You may use this letter as you like, for I would like others to get the benefit of this excellent preparation as I have....."

By Permission.

## AN OPEN LETTER TO THE PUBLIC

Dear Sir / Madam,

What can be more disappointing than a worthless product—apart from the monetary loss?

The products for which we are Sole Agents are **GENUINE**—selected from different manufacturers—and represent the **BEST** that Medical Science have produced. This, we feel confident in stating, as before accepting each Agency, we have obtained from the manufacturers authentic evidence of the curative efficacy of each product—numerous testimonials and published opinions by Doctors. Moreover, we have used each product on many cases with convincing success.

The reputation and good-will of a firm is based on the goods it sells. We have complete confidence in the goods we advertise, as our business maxim is **not** to stock anything that is unsatisfactory in the slightest degree. We reject agencies for products that do not come up to our high standard of efficacy.

If you should require anything Medical, obtain it from us—it's **GUARANTEED**—and will give you the satisfaction you naturally expect.

Sincerely yours,  
The Anglo-French Medical Agency.

PERSONAL EUROPEAN ATTENTION—BEST SERVICE—SATISFACTION  
AND BRITISH FAIR PLAY IS ALWAYS OBTAINED.

MEDICAL

THE CHOICE OF THE EXPERT

505 EXPERIMENT

CURES - GONORRHOEA

A TRIUMPH OF FRENCH SCIENTIFIC RESEARCH

CURES QUICKER THAN ANY OTHER REMEDY

QUICKLY & PERMANENTLY

THE SEARCHLIGHT OF SCIENCE HAS DISPERSED THE MIST OF UNCERTAINTY COVERING A RADICAL CURE FOR "G" BY CAREFUL SCIENTIFIC RESEARCH AND NUMEROUS EXPERIMENTS.

"505"—the renowned treatment for 'G' is the ultimate result of *five hundred and five experiments* on patients suffering from the disease, hence its name.

"505" is a perfect, highly-efficacious treatment for 'G' and **never fails to cure the most chronic case.** It is used by many doctors, and in Government Hospitals in France, Belgium and Austria, a proof of its remarkable curative efficacy.

Don't be persuaded to try other inferior, abortive remedies, which instead of effecting a cure, only aggravate the disease, leaving a troublesome 'Gleet' behind,—but start treatment with "505" (Mixture & Injection) to-day. This **time-tried** remedy will quickly stop the discharge, remove all pain and irritation and totally eradicate the disease from the system.

"505" annihilates the demon *Gonococcus* permanently, leaving you clean and healthy, and after marriage or at any time, the disease will not re-appear. This, no other treatment can do. They only temporarily suppress the disease.

THE TREATMENT COMPRISES.

|                                                    |                           |                     |
|----------------------------------------------------|---------------------------|---------------------|
| "505" MIXTURE.                                     | Male or female Syringe    | "505" INJECTION     |
| 1 bottle Rs. 4 8 0.                                | (For Injection) Rs. 1 8 0 | 1 bottle Rs. 4 8 0. |
| 3 bottles of each "505" Mixture and Injection..... | Rs. 24 0 0                | Tel. Code "Zabin"   |
| 6 bottles of each "505" Mixture and Injection..... | Rs. 45 0 0                | Tel. Code "Zabif"   |

BUY A 'HAND PICKED' REMEDY—THE CHOICE OF OUR EXPERT.

SCIENCE

THE CHOICE OF THE EXPERT

Your Deadly Enemy  
is  
Gonorrhea

Destroy it with the  
finest treatment evolved  
by Science — "505"  
Mixture and Injection.

Medical Science is truly marvellous, but in no way is it more evident than in "505" Mixture and Injection. Its phenomenal success has astonished members of the Medical Profession when tried on many cases that were considered practically incurable.



Dr. Henri St Just.

A LETTER FROM A FRENCH DOCTOR.

Dr. Henri St Just. St. Just Nursing Home. 143, Rue Bonnard, Paris. (France.)

"I used "505" remedy on those of my patients suffering from Gonorrhea, and am glad to inform you that the result was more than satisfactory, so much so, that about 20 patients have been discharged as cured, and the remainder are progressing very well. I strongly recommend the use of "505" as a permanent cure for Gonorrhea."

READ WHAT CURED PATIENTS SAY.

(The names and addresses are not given for obvious reasons.)

Mr. ——— (writes). "Shortly after writing my last letter, the pain in the—stopped and everything assumed normal conditions. I thank you once again for your very kind attention and advice and service....."

Mr. ——— (writes). "Six bottles of "505" Mixture and Injection cured me of 'G' I am sorry that I did not get your treatment earlier, as then I would have saved a lot of money that I wasted on other so-called remedies which did me more harm than good....."

Mr. ——— (writes). "I had an attack of 'G' and swallowed a wagon load of medicines, but without success. I may as well try your "505" as I have tried so many others, so please send me the full course....."

AFTER THREE MONTHS.

"Your "505" has proved successful. My sincere thanks....."  
(Gon. Cure No. 1098).

EXTRACT FROM A LETTER OF PRAISE RECEIVED FROM A DOCTOR.

THE ANGLO-FRENCH MEDICAL AGENCY;

GENTLEMEN: It is with great pleasure that I take this opportunity to express my appreciation of the fine products you stock. I have used many of them with remarkable success. In these days, it is indeed hard to choose a good product from the numbers with which the market is cluttered"—

Dr. S. C. Elliott. (Rangoon.)

These remedies represent careful scientific research—numerous experiments and practical tests on actual cases.

5L  
Lm211, 11/22/15  
321

MEDICAL

"THE CHOICE OF THE EXPERT"

# ENDOPHON

**Glandular Extract**



DEALS  
**5**  
HAMMER BLOWS  
AT  
**IMPOTENCE**

## TWO KINDS

(Capsule form.)

**ENDOPHON No. 1.**  
For Partial Impotence  
(Premature Ejaculation)  
(Feeble Erection.)

**ENDOPHON No. 2.**  
For Complete Impotence  
& Sterility

1 bot. Rs. 7-8-0  
3 bots. Rs. 21-0-0  
6 bots. Rs. 40-0-0

Tele. Codes:

3 bots. No. 1 'Entrax'  
3 bots. No. 2 'Enjex'  
6 bots. No. 1 'Entron'  
6 bots. No. 2 'Enjexor'

1. IT RENEWS  
WASTED TISSUES.

2. IT PROMOTES  
DEVELOPMENT.

3. IT INCREASES  
VIRILITY.

4. IT IMPROVES  
RETENTIVE POWER.

5. IT RESTORES  
NORMAL GLAND  
ACTIVITY.

ENDOPHON is a true physiological restorative in lowered virility of functional organ, being prepared from fresh Glandular Substances, obtained from the glands of healthy bulls. It supplies the enfeebled, worn-out glands of the sexual organ with those essential restorative Substances, with the result that Impotence is soon replaced with Perfect Virility.

ENDOPHON changes a Weak Impotent man, lacking Manly Power and Competence, into a Virile Man, with full sexual Vigour and ability.

Those men who are sexually weak and cannot have a proper union, should take ENDOPHON. It is 'different' to other preparations for Impotence, as it does not give mere temporary benefit, but cures permanently, by its direct restorative action on the sexual organ. **PREMATURE EJACULATION** gives place to perfect *normal* union with ejaculation occurring *after-not before* full indulgence. **FEEBLE PARTIAL ERECTION** is replaced with erection, full and regular and **COMPLETE IMPOTENCE** is replaced with natural "feeling" and full ability. ENDOPHON creates a healthy, sexual system.

## Conclusive EVIDENCE.

- (1) The Faculty of Medicine of Paris, after clinical trials has pronounced ENDOPHON to be the only efficacious Glandular preparation.
- (2) Numerous letters have been received from the Medical Profession, testifying to its marvellous curative efficacy.
- (3) It is regularly used by many Doctors, and in the Curtius Clinic for Private Diseases. (Hamburgh)
- (4) It has obtained three Gold Medals for Purity and Curative Excellence. Paris (1922) Brussels (1924) and Rome (1926).

These are your assurances that ENDOPHON is a genuine remedy. A trial three bottles will afford convincing proof of its efficacy, by the benefit received.

WE STOCK ONLY GENUINE REMEDIES

SCIENCE

"THE CHOICE OF THE EXPERT"

## READ WHAT CURED PATIENTS SAY.

**Lt. — (Karachi).** writes:—"Sincere thanks for your glandular treatment. It has proved entirely successful."

**Mr. — (Rangoon)** writes:—"The Endophon treatment has cured me completely of Partial Impotence that I was suffering from for the last three years."

**Mr. — (Allahabad).** writes:—"Nine bottles of Endophon No. 1. cured me of Partial Impotence."

Endophon is not similar to Dr. M. Stopes Prescriptions for Impotence, but entirely different, and now recognised by

- (1) *Gazette Medical of France.*
- (2) *Institute of Scientific Research and Development. (Berlin).*
- (3) *Journal of Medicine. Paris.*

as the most efficacious remedy for the cure of Impotence, of functional origin. Moreover, it is now manufactured in **CAPSULE FORM**—the best method to preserve full curative efficacy.

## CAUTION.

Because of the success of Endophon, many imitations are now been advertised, under various trade names.

Avoid them all. Endophon has stood the *test of time*, and is guaranteed to cure permanently.

Manufactured by **THE BERGERET LABORATORIES, FRANCE**, by special methods, and correctly balanced, Endophon is of inestimable value in Sexual Weakness. Only 100 % fresh Gland Extracts are used, which directly after manufacture, are sealed in tasteless gelatine capsules.

These capsules are the only effective means for preserving the efficacy of the Gland Extracts. There is no deterioration.

We have such faith in the Curative Efficacy of Endophon, that we guarantee it to cure you permanently.

A complete course of **Endophon No. 1.** for Partial Impotence, ie, (Premature Ejaculation-Feeble Erection) is four months, comprising 20 bottles, and the cost, if ordered at a time is Rs. 120/-only. A reduction of Rs. 14/-is obtained.

A complete course of **Endophon No. 2.** (for Complete Impotence and Sterility) is six months, comprising 30 bottles, and the cost is Rs. 175/-only.

If, after taking treatment for the complete course, a cure is not effected, we will refund your money in full. This guarantee is bona-fide.

ORDER TO-DAY A COMPLETE COURSE

— AND OBTAIN A PERMANENT CURE. —

NOT WORTHLESS 'QUACKS'

MEDICAL

"THE CHOICE OF THE EXPERT"  
CONQUER THAT DISEASE PERMANENTLY!

"G"

"505"

(CONCENTRATED)

Mixture and Injection.

THE WORLD FAMOUS REMEDY FOR 'G'  
WILL CURE YOU.

No matter how chronic your case may be.

To conquer permanently the relentless hold of "G" there is nothing better than "505" (Mixture and Injection). This treatment does not give mere temporary relief, but cures perfectly and permanently, removing **every** trace of the disease, by thoroughly disinfecting and healing the diseased internal tissues and destroying all the Gonococci germs.

Start treatment with "505" (Mixture and Injection) to-day. They will almost instantly soothe and relieve all pain and irritation; easily stop further discharges; immediately arrest the progress of the disease; and finally heal the diseased internal tissues and promote a thorough cure. Moreover, they cause no vomiting or purging, but are pleasant and simple to use.

"505" is a remarkable genito-urinary remedy, having a disinfectant and antiseptic action upon the diseased tissues, hence it is the most rational and effective treatment for "G"

Therefore, if you are determined to be cured permanently, try "505" (Mixture and Injection). There is nothing else that will cure you so easily, smoothly and permanently—a fact that is corroborated by thousands who have been cured perfectly.



'505' Mixture and Injection is recognised the world over as the finest and most effective remedy for "G"

In numerous instances "505" has succeeded where others had failed. These results clearly proved its remarkable excellence and wonderful Soothing, Healing and Antiseptic power.

There is, by far, considerably more REAL curative potency in one bottle of '505' than in a score of any 'make believe' remedy.

#### HOW THE TREATMENT CURES.

"505" Mixture. (Taken internally). Is excreted through the kidneys, flows from the healthy tissue downward over the infected portions, cleansing the organism from the inflamed anterior portion of the genito-urinary tract.

"505" Injection. (Self — injected). Through the meatus (mouth of the penis) into the urethra and heals the discharging sore and diseased membranes.

(Testimonial. Gon. Cure No. 2054.)

Sgt. C. R. writes:—"Your treatment for 'G' is wonderful. The discharge has stopped completely and the Doctor here says I'm cured."

#### THE TREATMENT COMPRISES.

"505" MIXTURE.

Male or Female Syringe  
(For Injection) Rs. 1-8-0.

"505" INJECTION.

1 bottle Rs. 4-8-0  
3 bottles of each "505" Mixture and Injection. Rs. 24-0-0.....Tele. Code. "Zabin"  
6 bottles of each "505" Mixture and Injection. Rs. 45-0-0.....Tels. Code. "Zabin"

They are in no sense 'doubtful remedies' but 100% effective.

SCIENCE

"THE CHOICE OF THE EXPERT"

# RENOCAL PILLS

THE WISE WOMAN'S  
FRIEND-IN-NEED



NEVER FAILS  
TO CORRECT ALL  
IRREGULARITIES



GUARANTEES SUCCESS-NOT FAILURE

Renocal Pills is the ideal corrective for female irregularities. Their wonderful smooth action assures that quick "relief" so much desired. No other pills or tablets are just as good.

Wise women always prefer Renocal Pills to others, be they ever so cheap. WHY? because they know that Renocal Pills unlike others, never fails—but does the needful in that marvellous smooth easy way, for which they are justly famous.

Be confident of the result by always taking Renocal Pills—and avoid Monetary Loss, and Days of Worry. Renocal Pills has stood the test of time and can be relied upon with full confidence.

#### TESTIMONIALS

Mrs. ——— writes:—

"Thanks for the bottle of Pills sent. It has done the needful....."

Mrs. ——— writes:—"Your Renocal Pills are wonderful. I am alright, though I have only finished half bottle....."

Mr. ——— writes:—"I am glad to say the Pills have done the necessary, so kindly cancel my order for the Mixture. Thanking you very much for your kind attention and the efficacious Pills sent....."

## RENOCAL PILLS. (Two Strengths.)

No. 1. For early cases. Price Rs. 7-8 per bottle. Tele: Code "Refto"  
No. 2. For obstinate cases. Price Rs. 12-8 per bottle. Tele: Code "Rexin"

Note:—It is advisable to give particulars, time over-due, age and physical condition to ensure receiving the right treatment, which will be supplied under our guarantee of success.

EVERY REMEDY STOCKED BY US IS 100% GENUINE—  
NOT WORTHLESS 'QUACKS'

STRICTLY PRIVATE.

MEDICAL

FRESH STOCKS  
RECEIVED

FINEST  
HIGH - CLASS

PROVED BY TEST



BRAND

WEEKLY BY  
AIR MAIL

RUBBER  
PREVENTATIVES

TO BE THE BEST

## WE STAND ALONE

As stockists of the finest quality Rubber Goods manufactured, and supply them perfectly fresh from stock not more than one week old.

### Reasons Why you Should Deal with Us.

1. Your letters are treated as Strictly Private and Confidential.
2. All goods, before despatch, are carefully tested by our 'Never-Fail' Testing Machine' and microscopically examined.
3. Old Stock or punctured goods are never supplied.
4. We replace free any goods lost or damaged during transit.
5. We guarantee Complete Satisfaction, or will refund your money in full.

### Some Opinions of those who have Dealt with us.

Mr. W. F. C. writes: "The goods supplied have given me entire satisfaction. It is indeed a great relief to know where to purchase really reliable preventatives"

Mr. R. J. writes: "The rubber goods sent are very fine. I have not bought such quality before."

### CAUTION.

Many firms allow rubber goods to be handled by dirty Indian packers. These goods are filthy and full of dangerous germs.

ENSURE SAFETY by dealing with us. Goods are tested and examined by an European, wearing surgical gloves. They are supplied fresh and clean, and absolutely free from germs.



## Genuine Italian "NEVERRIPS" NATURAL COLOUR

"HATU BRAND"

Finest Quality—Skin-Like Texture—Silk Finished—Seamless

These Preventatives are famous for their fine texture, elasticity and strength. They are specially noted for their wonderful keeping qualities in any weather. A trial order will convince you of their perfect quality.

Prices:—1 doz. Rs. 10. ½ doz. Rs. 5-8. ¼ doz. Rs. 3.

Tele: Code. 1 doz. 'Nefto' ½ doz. 'Nefin'

OUR CONSTANT AIM IS YOUR COMPLETE SATISFACTION.

Impregnable'  
Brand Goods  
Ensure  
YOUR Safety



SCIENCE

## CAMILLE

PREVENTATIVES.

[Snow White]

[Snow White]

Beautifully Soft and Skin-Like—Unnoticed in use.

Preventatives  
De Luxe



"CAMILLE" Silk Finish Preventatives are of the highest standard of quality. They are famous for their wonderful skin-like texture, extraordinary strength, and fine elasticity. They are practically transparent, and so marvellously thin that they are not felt when used.

We guarantee, once "Camille" Preventatives are used, no other kind will be wanted, for no other make could give that complete satisfaction found in "Camille" Preventatives. (with teat-end or plain).

Prices:—1 doz. Rs. 16. ½ doz. Rs. 8-8. ¼ doz. Rs. 4-8.  
Tele Code. 1 doz. "Exel", ½ doz. "Excelled"

### TESTIMONIALS.

Mr. (Poona). writes:—"Camille" Preventatives are marvellous. I did not know I had one on....."

Mr. (Karachi). writes:—"I like Camille immensely. It is so soft and cobwebby and thin as gossamer, I find it most delightful to use....."

As Thin as Tissue  
Yet Strong as Silk

Thinnest  
Quality

### AMERICAN TIPS.

Skin-Like  
Texture

The American Tip has been specially made to suit the requirements of those who desire natural union, with full protection. It is quite different to the ordinary preventative, as it covers only the G. P. (tip of the private)

These American Tips are much superior to any other kind, as being very thin and smaller in size, they fit the G. P. like a Glove, and make sexual relationship perfectly natural. (Also obtainable, milk-white, extra thin, non-washable).



### Four Points Worth Your Consideration.

- (1) They are WASHABLE and can be used again and again.
- (2) They will not split in use nor slip off during the withdrawal.
- (3) They do not perish quickly, and can be kept for months.
- (4) Fits with comfort and security, as they are made to normal size.

### A Sure Method of Birth Control.

PRICES:—1 doz Rs. 18.

½ doz Rs. 9-8. ¼ doz Rs. 5.

Tele: Code. 1 doz. 'Tip' ½ doz Tipper

## FRENCH TICKLERS

Superior Quality-Satin Finish-New Design.

These Preventatives are greatly appreciated for the 'feeling' they give during use, caused by the rubber 'feelers' or 'ticklers' attached at the closed end. They induce passion in Frigidity and effect a proper adjustment in unequal sex relations. Warranted not hurtful.

Prices:—1 doz. Rs. 18. ½ doz. Rs. 9-8. ¼ doz. Rs. 5.

## UNIQUE PASSIONETTE MUTUAL DESIGN Preventatives EFFECT

These Preventatives have small, round disc-like protusions near the closed end, and should be used after the application of vaseline over the closed end. Recommended to remove frigidity and for mutual satisfaction. Promotes a proper adjustment.

Prices:—1 doz. Rs. 18. ½ doz. Rs. 9-8. ¼ doz. Rs. 5.

## The "CROCODILE" (WASHABLE) Preventatives.



These Preventatives are made with slight corrugated protusions and ridges, resembling crocodile skin, which give that unique effect during use, for which they are famous. We supply the best quality, extra-stout, and strong, and highly elastic. They are Washable, and can be used for months. Recommended to remove frigidity and for mutual satisfaction.

Prices:— 1 doz. Rs. 18.

½ doz. Rs. 9-8.

¼ doz. Rs. 5.

We believe that a Satisfied Customer is the best Advertisement.

# MEDICAL

Most Natural in Use  
Non-Ripping Quality  
Warranted Reliable.

## TRANSPARENT VESTA SKINS

SKIN COLOUR.

(Washable.)

These Preventatives are just like human skin in appearance and texture. They are consequently, most natural in use, and give that 'feel' that is so much desired. They are made of the purest para rubber solution by a special new process and are Seamless and Silk-finished throughout. (Teat end or plain.)  
Price:—1 doz. Rs. 14. 1/2 doz. Rs. 7-8. 1/4 doz. Rs. 4. Tele. Code, 1 doz. "Vest" 1/2 doz. "Vestal"

Skin-Like Texture

The Silk "NINON"

Ivory White

## THE NEW LIQUID LATEX PREVENTATIVES.

Highest Quality

5 Times as Strong as Ordinary Rubber

Liquid Latex of which "NINON" Preventatives are made, represent a great improvement upon ordinary, seamless goods as no chemicals are used in its manufacture and the natural strength and resiliency is left unimpaired. Being very light and exceptionally strong, they are a boon to persons suffering from nervous disorders, as sexual relationship is rendered quite natural. Prices: 1 doz. Rs. 15. 1/2 doz. Rs. 8. 1/4 doz. Rs. 4-8.  
Tele. Code: 1 doz. "Fine" 1/2 doz. "Finest"

PREMIER  
QUALITY

## "ENDURANCE" (Washable) SHEATH.

To use the "Endurance" Sheath is to use the finest Sheath, for it gives absolute satisfaction on all points being made from pure para rubber by a special process which gives it that extraordinary elasticity, and quality for which it is noted.

The "Endurance" Sheath will not burst in use, like other cheap makes. It is four times thicker than an ordinary preventative, and is guaranteed to last for one year. The best Sheath obtainable.  
Price: 1 sheath Rs. 5. Three Rs. 12. Three sizes, 1, 2, 3.

## The "FRIVOLA" Preventative.

Resembles a Glove at the closed end. Very Unique.

Absolutely different to all others.

Recommended for frigidity and for effecting a proper adjustment in unequal sex relations. Satisfaction guaranteed.

1 doz. Rs. 18. 1/2 doz. Rs. 9-8. 1/4 doz. Rs. 5.

For Ladies! "YVONNE" For Ladies!  
RUBBER PESSARY.

## THE SAFEST METHOD OF BIRTH CONTROL.

This is the latest and most improved Pessary.



Its unique design gives full comfort and eliminates all risk of leakage.

The best Rubber pessary manufactured.

Made of fine soft para rubber. Three sizes 1, 2, 3. Air or Solid rim.

Prevention is made certain if used with Renard's Soluble Pessaries. Price Rs. 5 only. Three Rs. 12.

## LA FLORETTE (PINK)

Specially selected quality. Very thin and silk finished. (Teat end only).  
1 doz. Rs. 14. 1/2 doz. Rs. 7-8. 1/4 doz. Rs. 4.

THAIS: Excellent quality. Exquisite silk finish. A thoroughly dependable preventative.  
Prices: 1 doz. Rs. 14. 1/2 doz. Rs. 7-8. 1/4 doz. Rs. 4.

Excellent Goods—Best Service—and British Fair Play is always obtained by dealing with us.

## SAMPLE PACKET No. 1.

12 CONTAINING DIFFERENT TYPES OF PREVENTATIVES 12

FOR

Rs. 10/- Only.

AS FOLLOWS:—

- |                             |               |
|-----------------------------|---------------|
| 1 Camille                   | 1 Ninon       |
| 1 La Florette               | 1 Vesta Skin  |
| 1 Neverrip                  | 1 Thais       |
| 1 American Tip (Washable)   | 1 Crocodile   |
| 1 American Tip (Milk-white) | 1 Passionette |
| 1 French Tickler            | 1 Frivola     |

FREE:—1 Packet Preservative Powder.

## SAMPLE PACKET No. 2.

CONTAINING FOUR SUPERFINE PREVENTATIVES

AS FOLLOWS:—

- |               |                  |
|---------------|------------------|
| 1 Passionette | 1 French Tickler |
| 1 Crocodile   | 1 Frivola        |

RS. 5 PER PACKET

Packed in Cellophane to Ensure Freshness on Receipt

## SAMPLE PACKET No. 3.

CONTAINING SIX SUPERFINE PREVENTATIVES

AS FOLLOWS:—

- |               |                           |
|---------------|---------------------------|
| 1 Camille     | 1 Vesta Skin              |
| 1 La Florette | 1 Neverrip (Hata Brand)   |
| 1 Ninon       | 1 American Tip (Washable) |

RS. 5 PER PACKET

A Packet of Preservative Powder is supplied free with each packet.

# SCIENCE

## "THE CHOICE OF THE EXPERT"

### WHIRLING SPRAYS.



(British Make).

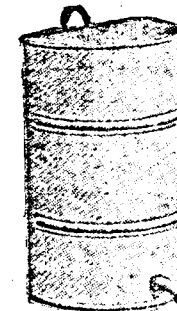
An excellent vaginal flushing-out apparatus for Ladies with forward and reverse current. Simple to use. Guaranteed to last for two years. Price Rs. 6 Each.

### CALOMEL OINTMENT.

For prevention of venereal disease. Recommended for use with rubber preventatives.

1 bot. Rs. 2.

3 bots. Rs. 5.



### DOUCHE SETS.

Best quality. All metal. 3 pints. Complete with rubber tubing, stop cock, rectum and vagina pipe to plug on.

Price Rs. 6-8 each.

(Postage Extra)

### The Wife's Friend "RENNARD'S" Double Strength

Chinosol Soluble Pessaries.

An Excellent method of Birth Control.

Price per box (12 Pessaries) Rs. 2-8. 3 boxes. Rs. 7

### LA PAREE

### A Powerful

### Can be used safely

### OIL.

### Aphrodisiac.

### as a temporary measure.

Applied on the 'part', it immediately produces strong 'feeling' and desire. It gives intense power to the 'part'. Warranted harmless. Made to a special formula by E. Rollet et Cie, Marseilles, France. Price per bottle of 4 ozs. Rs. 15-0-0 only.

### LAURENT EMBROCATION.

Develops and Strengthens Under-sized, weak or strained 'Parts'

This remedy should be used when that 'part' has become weak, strained or is undeveloped. It tones the cells and nerves, and increases the size, removing strain and causes development of the testes and also enlargement of the erectile tissue, if necessary.

Laurent Embrocation owes its remarkable efficacy to its original formula. It contains special 'absorbable' gland secretions and other wonderful medicaments, especially good for under-sized, shrunken or weak 'parts' Three to six months use is guaranteed to produce full results in every case. Avoid worthless imitations!

Manufactured by W. Abbott & Sons, Ltd. London, according to the original formula of Dr. Henri Laurent, formerly first physician of the Fouquet Hospital. Paris. (France).

1 bot. Rs. 3-8 3 bots. Rs. 9-0 6 bots. Rs. 17-0

### Testimonial.

Mr. ——— writes:—"Your Laurent Embrocation is very good. The 'part' is now normal in size. I used only eight bottles."

### De Vecin Capsules.

### A Powerful, Safe Aphrodisiac

### Acts in a few hours.

Those who require a safe Aphrodisiac, as a temporary measure, will find these Capsules highly satisfactory. They act in a few hours, and create desire and full ability. Can be taken by either sex.

(Strong). Rs. 5-8 per bottle.

(Extra Strong). Rs. 9-8 per bottle.

This is thrice as strong as the ordinary strength and is recommended for use where immediate effect is desired.

### OBRACON-Aphrodisiac Tablets. (Special Strength).

These tablets are very powerful, and have an almost instantaneous effect. They enable a completely impotent man to have satisfactory union. Warranted perfectly safe, as a temporary measure. More powerful than De Vecin Capsul

### A British Product.

Made by Robert Ferber, Ltd. (London).

Sold in phials.

Rs. 12-8 a phial.

WE STOCK ONLY GENUINE REMEDIES.

MEDICAL

"THE CHOICE OF THE EXPERT"



## CHANCE PLAYS NO PART IN THE ACTION OF RENNARD'S MIXTURE

Scientifically prepared to the formula of **Dr. Emile Rennard**, it assures quick relief always, without injurious effects.

Let your choice be **Rennard's Mixture**. It is **MORE** effective than others, and will do the needful in a few days.

There is nothing else to equal **Rennard's Mixture**. Many imitations are now sold, but there are important differences.

**Rennard's Mixture** is **QUITE SAFE** to take. Furthermore, it is Non-Purgative. Nor does it cause Nausea or impair appetite.

**NOTE:**—The latest time that **Rennard's Mixture** can be taken with Success is two months over-due. After this time, it should not be taken as success is doubtful. If taken in time, it **CANNOT FAIL**.

### THE NEW FRENCH PREPARATION FOR IRREGULARITIES.

Price  
Per Bottle  
Rs. 30.

Tel: Code.  
"ROYAL"

The price of **Rennard's Mixture** is due to the high Customs Duty on French medicines, besides the very costly drugs used in its manufacture. However, it is infallible, if taken in time.

### READ THIS CAREFULLY.

The treatment is fully guaranteed and if ineffective, the full cost will be refunded.

Mr. — writes:—Please send immediately a bottle of **Rennard's Female Mixture**.....  
Later.....

"All's well. But send me another bottle as a standby....."

Mr. — writes:—Kindly supply a bottle of **Dr. Rennard's Female Mixture** and I trust it will be as you claim....."

Later.....  
'Everything O. K. My sincere thanks....."

DEAL WITH A FIRM OF REPUTATION

SCIENCE

"THE CHOICE OF THE EXPERT"

Since the introduction and sale of **Rennard's Female Mixture** in this country, hundreds of testimonials have been received from grateful customers. We publish below a few of them. The names and addresses are not given for obvious reasons.

### Gave Relief After Four Days.

Mrs. — (Delhi). "Your famous Mixture gave me relief after only four days treatment. You may rely on my orders in future"

### Had Desired Effect Within a Week.

Mrs. — (Simla). "Rennard's Mixture had the desired effect within a week"

### Acted Marvellously.

Mrs. — (Darjeeling). "Rennard's Female Mixture acted marvellously"

### Wonderfully Efficacious.

Mr. — (Ceylon). writes:—"The Mixture was wonderfully efficacious and I obtained the desired effect"

### Doubt Turned Into Joy and Relief

Mrs. — (Ambala). writes:—"It was with little faith that I decided to try a bottle of **Rennard's Mixture**. I thought it was one of those doubtful preparations which more often than not are ineffective, that I know to my cost. It was with joy and relief that I noticed its action this morning. I am now quite all right, and you may rest assured that I will place all future orders with you"

### BEWARE OF IMITATIONS.

The advent of **Rennard's Female Mixture** and its immediate and amazing success have made it vulnerable to the onslaughts of imitators and substitute makers whose sole object is to steal the merit of an original, efficacious product.

# Proved Best BY Every Test

### URGENT, FAR-ADVANCED CASES.

The following treatment should be taken for Far-advanced cases:— One bottle of **Rennard's Female Mixture** in conjunction with two bottles of **Renocal Pills No. 2**, as directed. This is the Combined Treatment and is infallible. The telegraphic code word is "Combined".

AND GET VALUE FOR EVERY RUPEE SPENT.



## MEDICAL HUMOUR

PASSED BY THE MEDICAL BOARD OF NON-SENSERS!

"Laughter is a most healthful exertion: it is one of the greatest helps to digestion and the custom prevalent among our forefathers, of exciting it at table by jesters and buffoons, was founded on true medical principles."

### Needed Her Sleep

Mistress: "Mary, has the druggist sent that sleeping powder yet?"

Maid: "No ma'am."

"Then ring him up and ask him if he expects me to keep awake all night waiting for it."—*Druggist Circular.*

### Cheap at Any Price

A man took his wife to the doctor. He was a simple fellow, and had lived in the country all his life. The doctor placed a thermometer in the wife's mouth. Just before he removed it the man, who had watched spellbound, being unused to such silence on the part of his better half, blurted out: "Doctor, what will you take for that thing you put in her mouth?"

### To Purify the Atmosphere

Down in New York a one-act play has been seen and heard over the radio. Well, when we tune in on a New York play on our new television radio set we're going to have it fixed so that the air-waves pass through several inches of chlorate of lime, charcoal, and formaldehyde. We don't want the people next door to us at our hotel to think we are saying those things.—

### One On the Doctor

Doctor: "D.d you tell that young man of yours what I thought of him?"

His Daughter: "Yes, and he said you were wrong in your diagnosis, as usual."

## OR The Doctor's Funnybone

### What's in a Name?

Dr. Coffin is a famous physician in America.

Mr. Henpeck is a medical student; it may take some more time for him to pass his examination and become a regular henpeck.

Dr. Duff is not duff but a famous ear-specialist.

Dr. A. Puls is a dentist in Philadelphia.

Dr. Cutter is a surgeon.

Mr. I Strain had no trouble with his eyes.

Dr. Longman is only 4 ft 6 in height.

Dr. Toothacher is a dentist in Burlington.

Deadman is an undertaker in Cincinnati.

Miss Patient is not at all a patient, but a nurse in the hospital.

Dr. Paine is not suffering from any pain, but is a physician in the hospital.

### A Doctor's Litany

From patients who will not sit still,  
From those who want a kidney pill,  
From those who never pay a bill—Ye Gods! Preserve us!!

From women who just talk and talk,  
From fat men who will never walk,  
From these who at our treatment balk—Ye Gods! Preserve us!!

From her who says: "Please help me out,"  
From patients who our motives doubt,  
From groaning toppers with the gout—Ye gods! Preserve us!!

From agents who are selling oil,  
From detail men who make us boil,  
From salesmen who pronounce "girl" "goil"—Ye Gods! Preserve us!!

## Gonorrhea—The Best Treatment

By A DOCTOR.

Gonorrhea is on the increase. In fact, the latest world statistics suggest that four out of five persons in capitals, like London and New York are stricken with the disease.

The common fallacy that it is no worse than a bad cold is exploded. It is now recognised by clinical and pathological evidence as a dangerous disease with serious complications. Therefore, it should never be neglected.

Gonorrhea is an infective process due to the action of a specific micro-organism known as *Gonococcus*. It is characterized by a discharge of pus through the urethra. The primary lesion is an acute catarrhal inflammation of the anterior portion of the urethra. It quickly runs to suppuration, and if neglected, it attacks the bladder and weakens it, causing bladder trouble, then the prostate gland, and passing through the sub-acute and acute stages, penetrates the circulation and organic parenchymata, producing complications like stricture, epididymitis, gonorrhoeal rheumatism, vesiculitis, prostatitis, orchitis (swollen testicles) pyelitis, etc.: and sometimes causes Impotence.

The symptoms of the disease usually start within 5 to 10 days after infection.

The patient may get some slight itching of the meatus and a burning

sensation while passing urine. The lips of the meatus are congested and swollen. Gradually a serious discharge appears which though thin and mucoid in the beginning, soon becomes thick and yellow. There is sometimes a dragging pain in the back and some slight constitutional disturbances such as fever.

Occasionally the swelling inside the urethra is so great, that there is an hindrance in the flow of urine and on exertion haemorrhage occurs. The first attack is always more troublesome than the subsequent ones, though it responds easier to treatment. When this disease reaches the chronic stage it needs prolonged treatment.

The best treatment in all cases of Gonorrhea and Gleet (Chronic 'G') is "505" Mixture and Injection. It is endorsed by the medical profession and widely used in hospitals and private clinics in France. The Injection soothes and heals the inflammation of the anterior portion of the urethra, and stops the discharge within a week. The Mixture, taken internally, removes symptoms such as pain, burning sensation after urination and eradicates the *Gonococcus* (Gonorrhea germs) from the system. The cure is complete and permanent.

## Growing Popularity of Glandular Extracts.

Dr. Voronoff's Direct Transplantation a Myth

By B. X. BARRY.

Actual statistics anent the commercial traffic in animal gland substances for use in the treatment of sex weaknesses and various other human ills is now available and are passed on to the readers with the idea of correcting the popular impression that monkey gland operations are a potent factor in the correction of such ailments.

Sometime ago, it was stated that the Chicago Union Stock Yards Company as producers of gland substances from various animals had completely stilled the thunder of Dr. Voronoff of Paris, the originator of the monkey gland theory. It was stated that nature rebelled against such operations by building up a hardened tissue-substance which completely cut off and isolated the transplanted gland after a short period. On the other hand it was shown that nature took kindly to the administration of animal glandular substances both ovaries and testes and that such substances were found to be highly efficacious in the cure of sex weakness.

Other glands are found beneficial to ailments not of a sex nature and progress in the study of the bodily glands and the treatment of human ills by the administration by mouth of glandular substances has made greater and more successful progress than the public has been able to realise without accurate statistics at hand. Now the statistics are finally available and they are startlingly interesting in their scope.

At present there are 40,652 separate concerns—producers, distributors, manufacturers, wholesalers and retailers—engaged in the commercial traffic in glands. Their trade is among the millions of physicians in all parts of the world. The materials are used in the treatment of diabetes, change-of-life conditions in women, impotence in men, sterility in both men and women, barrenness in women, irregular, painful and profuse menstrual conditions in girls and young women, seminal losses, atrophied condition, arrested development and many other human ills.

**The statistics prove that absorption of glandular substances taken as medicine by the mouth is a proven remedy and the treatment is flourishing and successful,** while Dr. Voronoff's surgical methods are lagging and are generally regarded as an absolute and proven failure.

Because Dr. Voronoff has his headquarters and all of what practice remains to him in Europe, the writer has taken a European firm as a basis for discussion. The statistics furnished by this concern are just half those of the largest American concern.

Maurice Van Gerder, executive vice-president of the firms of G. Van Gerder & Co., Amsterdam, Holland, says:

"I am in charge of purchasing raw glandular substances for our firm which

is the largest in Europe. I visit the United States at least once every year to buy raw materials.

"Our firm started as dealers in oils, fats and other by-products of the slaughter of animals. One day about ten years ago a London chemist ordered from us the thyroid gland of a sheep. From that day our business grew and grew until glandular substances have eclipsed all other by-products of the slaughter of animals in our trade. Of course the demand for oils and fats in the manufacture of soaps, glycerine and other products still flourishes but it is the glands that bring us our biggest profits".

"Our first business naturally was with the research scientists who were experimenting in the use of glandular substances. These experiments proved successful beyond the fondest hopes of the most cheerful scientists and now you can get an idea of the extent of the trade by a few figures from our books."

Van Gerder thumbed a batch of papers and continued: "Every month last year our firm sold 200 pounds of pituitary gland at \$ 10 a pound, and we sold considerably more than that of parathyroids, but this is only an item. Our biggest traffic and the deals which brought us

the most profit were in pancreases. This is the substance which furnishes Insulin for the treatment of diabetes. Of these glands we handled and sold 300 tons. Some of these was obtained in Europe, some in America and in Australia.

"We find a wide market for liver, thyroid, suprarenal, adrenal and the specific sex glands."

How about monkey glands." he was asked.

"We don't keep them," he replied "they are a joke."

The field of research in glands, really and positively has only been scratched. The subject of glands has yielded knowledge of inestimable value to mankind but the intensive research into this subject goes on constantly night and day and some scientists are visionary enough to believe that endocrinology (study of the glands) will some day reveal the secrets of life and death. Already they have practically established the actual existence of a fountain of youth. At least, by slow and sure means treatment of debilities by the absorption of glandular substances has taken years off the human organs. It has prolonged the period of potency in men and fertility in women.

### NOTE.

**ENDOPHON**—a product of the great Bergeret Laboratories, France, is the finest Gland preparation on the market. It is made in **Capsule form** and in two different kinds, No. 1 for Partial Impotence, and No. 2 for Complete Impotence and Sterility. It is a permanent cure for all cases of Impotence.

**Sole Agents:—THE ANGLO-FRENCH MEDICAL AGENCY.**

COPY OF  
CERTIFICATE OF MERIT.

*Awarded for ENDOPHON by the Institute of Science, Paris, France.*

THE  
INSTITUTE OF SCIENCE.

This is to Certify  
That Endophon Glandular Extract  
- a product of Bergeret Laboratories,  
has been carefully tested and found  
to possess remarkable curative efficacy  
in the treatment of  
**IMPOTENCE**

We strongly recommend it from a firm  
conviction that it is the best remedy  
and  
from a sense of duty to the  
Profession and Public.

Paris.

2nd April 1937

Pierre De Sartines.  
Director.

LATEST  
TESTIMONIALS

Mr. ——— writes:—

"It was with a lot of doubt that I decided to take a course of Endophon No. 2. having tried so many remedies, without benefit. I have just completed the course and I am now quite all right. I can hardly realise it. My only regret is not knowing of this excellent product earlier....."

Mr. ——— writes:—

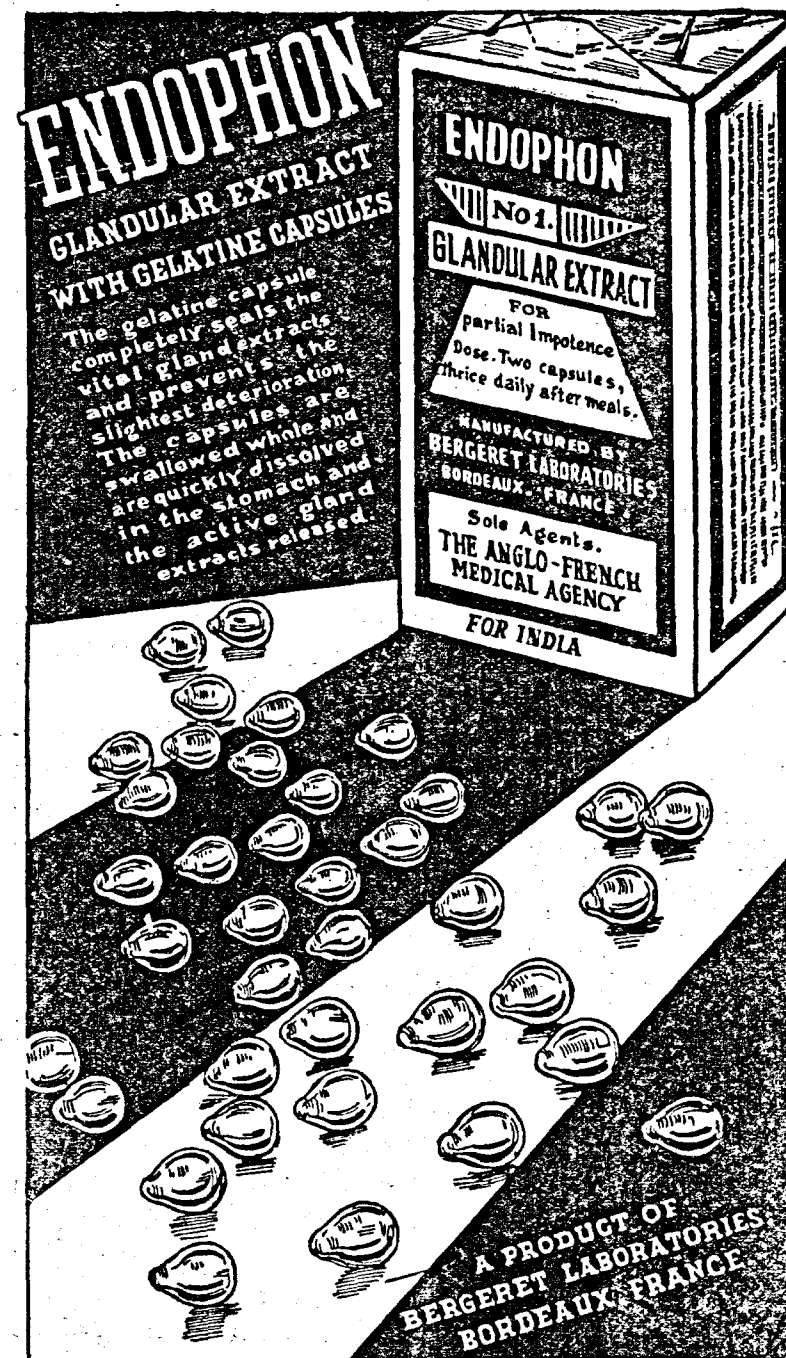
"Your Endophon No. 1. is a great remedy. I am now perfectly normal. I must confess that I hardly expected this result and in three months, after experiencing so much disappointment in the past....."

Mr. ——— writes:—

"I deeply regret that for many years I have committed — with the result that I am now suffering from Partial Impotence. A friend advises your Endophon No. 1. and I would like to give it a trial. Please send....."

After Four Months.

'Endophon No. 1. is very good. It has cured me completely. Thanks.'



SOLD IN TWO KINDS.

Endophon No. 1. For Partial Impotence. (Premature Ejaculation—Feeble Erection.)  
Endophon No. 2. For Complete Impotence and Sterility.

Prices: 1 bottle Rs. 7-8-0. 3 bottles Rs. 21. 6 bottles Rs. 40.  
Telegraphic Code. 3 bots. Endophon No. 1. 'Entrax' 6 bots. Endophon No. 1 'Entron'  
Code. 3 bots. Endophon No. 2. 'Enjex' 6 bots. Endophon No. 2 'Enjexor'

# REST & FATIGUE

By Sir W. Arbuthnot Lane

—o—

One of the penalties we are paying for the complexities of our present-day civilization, it seems, is a great increase in the incidence of nervous disorders. Indeed, to describe our age as neurotic is by no means an exaggeration. Multitudes of people today are finding life on the mental plane distressingly difficult. The machinery of civilization has certainly facilitated our material existence, but the maintenance of this machinery has imposed nervous strains which many are ill-equipped to withstand. Consequently on all sides, we hear of people who are victims of "nervous exhaustion," a disease which, in the majority of cases, might be more accurately described as chronic fatigue.

There can be no doubt that the social life of a great city tends to "race" the human machine. Work and play are carried out at high pressure and, though we are endowed by Nature with a wide margin of reserve energy, capable of being called upon in emergencies, the "intense living" of to day causes this margin to be narrowed to a perilous degree. Insidiously we get worn down. The artificial exhilaration of new pleasures may sustain us for a time, but our minds and bodies are not to be so cheated. The reckoning will come with mathematical certainty. A feeling of tiredness is the body's call for rest, a call

which if neglected, becomes the harbinger of exhaustion and break-down.

These comments may appear rather alarming, but no competent observer will deny that they are applicable to vast numbers of those who dwell within the turmoil of our modern cities. Chronic fatigue holds millions of people in its toils and reflects most adversely on their happiness and working efficiency. Adequate rest, the simplest and most easily attained of all the elemental requirements of health, is the one most neglected in these hectic times. Somehow, its very obviousness causes it to be regarded by many as a factor of little importance in their lives, and yet sinning against the law of rest can be most devastating in its effects upon the human mind and body. We can tolerate bad food, we can deprive ourselves of fresh air, sunshine and exercise for a very much longer period of time than we can do without sufficient rest. Inobservance of the need for rest can do irreparable harm to our systems in a remarkably short time. Rest is an elemental condition for the efficient functioning of the human organism.

Briefly, I will describe the physiology of rest. In any person, physical and mental activity, if sufficiently prolonged, will end in a state where their

muscular and intellectual power is diminished. Such a condition is associated with a conscious sense of weariness, and is known as fatigue. In so far as all our activities require expenditure of energy, the original source of which is our food, these activities are limited by the available energy supply. Also, the release of energy by the tissues is accompanied by the formation of waste products which are of the nature of poisons and which create the characteristic feeling of fatigue or tiredness. This symptom is the body's warning that check must be placed upon the output of energy, in order to permit the harmful waste substance to be got rid of and the full energy complement restored. In other words, it is the signal for rest, a cessation of all non-essential activities to enable the tissues to undergo repairs and to re-establish their vitality.

Fortunately, the effects of fatigue are quickly dispelled in healthy persons provided the rest pauses are adequate, but therein lies the difficulty. In these times, a great many people are consumed with a restless activity; in some way their lives are unsatisfactory and they are constantly in pursuit of exciting distractions. There are others, of course, who are compelled by economic circumstances to over work, and in both types there is a grave danger of their suffering from the cumulative effects of lack of rest. These are the people who incessantly are on the verge of an attack of nervous exhaustion and who are apt ultimately to swell the ranks of the mentally unfit.

OBSERVE how the symptoms of chronic fatigue reveal themselves. Those who do not obey the impulse to rest quickly find that their mental efficiency is impaired. The power of attention is weakened, memory is diminished and all thinking is difficult. There is a failure in judgment, as a rule easily apparent in business activities, and emotional control is lessened as shown by irritability of temper. A feeling of heaviness or of lightness in the head, giddiness, palpitation and indigestion are frequently experienced.

At this stage all will be well if the obvious remedy, rest, is applied, but such is human frailty that the obvious is all too often ignored. All work, mental or physical, becomes impossible or can only be carried out at the expense of a disagreeable and painful effort and even then is but half done. There is a loss of control of the muscles for fine movements. Digestion is gravely impaired and the bodily organs show evidence of faulty functioning. The persistent lack of rest has set all the bodily and mental mechanisms out of alignment—a dangerous state of affairs, for recuperation is inevitably slow and in such a lowered condition of vitality, the body is an easy prey to disease germs, notably those of tuberculosis, and dire consequences may ensue.

(P. T. O.)

## MEDICAL

Before going on to describe the nature of a "rest cure" which is indicated in those cases of exhaustion from chronic fatigue. I will describe the essential features of the hygiene of rest. In order to obtain the maximum health advantage from rest, it must be of sufficient quantity and regular in its occurrence. People vary quite considerably in the matter of energy display and rest. Some nervous systems run steadily, regularly but not very intensely, while others run by fits and starts—short bursts of energy followed by short pauses. It is worth while to fully realize the kind of energy pattern you possess for then you can run your body machine much more efficiently.

Generally speaking, however periods of relaxation are essential during and between the working hours. Neither mind nor muscle can maintain concentrated effort for an indefinite length of time without the work produced suffering in quality. In the industrial world, the importance of interpolating frequent rest pauses especially during the carrying out of monotonous work has now been fully appreciated. An unbroken spell of four or more hours of work has been found to be an unsound economic proposition and experience has shown that the systematic introduction of rest pauses leads to a very considerable increase in productivity. Industrialists are now finding that the practical psychologist can be of extreme value to him in finding out

the most favorable rest pauses, in other words, pause in which the various factors so operate as to produce a maximum amount of work after that pause.

It is sleep, of course, which is the body's chief mechanism for producing periodic rest and as such is a health factor of supreme importance; it is now well known that want of sleep is more damaging than want of food. The sleep problem is one of the most difficult which long flight airmen have to combat. Natural sleep is a state of partial or complete insensibility which recurs in every twenty-four hours and occupies about one-third of that time. This is no place to enter into the many theories concerning the cause of sleep and we will regard it simply as a stage in the rhythmical activities of the brain cells acting as a defensive process against fatigue and exhaustion: it ensures rest for the vital organs, particularly the brain; it is a rhythmical pause in the body's activities for repair and growth.

A CORRECT hygiene of sleep is essential for all and must be carefully sustained during a rest cure. This method of treatment of cases of nervous exhaustion is simple and effective, provided it is rigorously carried out. The fundamental principle is complete *rest in bed* with entire absence of all mental and physical exercise for at least a month. This treatment can only be satisfactorily carried out in a hospital or nursing home, for all visits from friends must be prohibited and the patient must neither write nor receive letters.

## SCIENCE



**Drop by drop  
Will wear away a stone  
Not by force  
But by constancy alone**

Spermatorrhea (Seminal Emissions) gradually saps the life from the sufferer and kills him inch by inch.

Don't abandon hope of being cured, if other remedies have been useless—but try **SALIX PILLS**.

**SALIX PILLS** is scientifically and scrupulously prepared to cure this devastating disease. There is no remedy under the sun that cures so easily, so effectively, and permanently as this marvellous preparation. It has a salutary effect from the very first dose.

Medical Men acknowledge **SALIX PILLS** as a genuine cure for Spermatorrhea. A trial will show you that it is no worthless remedy.—**A British Product.**

1 bot. Rs. 3-8-0

3 bots. Rs. 9-0-0

6 bots. Rs 17-0-0

### Extracts from Commendatory Letters Received from the Medical Profession.



Dr. F. C. Perrier.

**Dr. F. C. Perrier.** 24, Rue Canabiere. Marseilles. France.

"Salix Pills is a perfect remedy for Spermatorrhea. I have treated many cases, and have not known it to fail in a single instance."



Dr. J. Hilton Brown.

**Dr. J. Hilton Brown.** 59, Maberley Road, Upper Norwood. London. England.

"I endorse Salix Pills as a most efficacious remedy".

### READ WHAT A CURED PATIENT SAYS.

Mr. ——— writes:—"For eight months I suffered from Spermatorrhea. Emissions took place four to six times a day. I lost weight, became thin and weak, and was unable to do much work. In fact, I was a perfect wreck. Six bottles of Salix Pills cured me. No emissions have occurred for three weeks, and I have gained 20 lbs. in weight." (Spermatorrhea Cure No. 392.)

**WE STOCK ONLY GENUINE REMEDIES.**

## MEDICAL

### Leprosy Being Conquered

Leprosy, the most horror-inspiring of human diseases ever since Bible times, is being knocked out by a combination of botanical and chemical research. Speaking before the Academy, Dr. Roger Adams told how chaulmoogra oil, brought to the western world by botanical explorers in the Orient, is being improved on by the synthetic chemist. The oil itself is not the thing that is deadly to the leprosy germ, it was found, but rather two natural acids which developed from it. Chemical examination of these acids showed that each was built of a five-cornered ring of carbon and hydrogen atoms, with a chain of other atoms sticking out at one side like a tail. By piling extra atoms on this tail at a certain point, brand-new kinds of acid, that had never existed anywhere before, could be created. And it was found that these new acids were far more effective as leprosy germ killers than the natural acids—some of them as much as fifty or a hundred times as strong as the natural product.

### 5 Years Old—50 Operations!

One of the most cruel sentences that fate can inflict on a man or woman has been pronounced on eight-year-old Wayne Roszman, of Ohio.

In five years, he has had no fewer than seventy operations to save him starving to death. As a child of three, he found a tin of poison and swallowed some of it burning his inside so badly that his food passage was partially closed unless frequent operations to keep it open are carried out.

So more or less regularly the boy has to be operated on.

Poor Wayne will probably have to be endure these ordeals for the rest of his life.

### Olive Oil in Feeding of Infants and Small Children

According to Reuss (*Med. Klin.*, Berlin), olive oil is as valuable as butter in the feeding of infants. He enumerates the good results that have been obtained by other investigators and then he describes how olive oil may be used in preparing foods for infants and children. He asserts that foods which were prepared with olive oil were taken by children just as rapidly as foods that were prepared with butter. Disturbances in the gastro-intestinal tract or other harmful effects were not noted.—*J.A.M.A.*

### Iodine Milk

Experiments on Mrs. Ruth Hanna McCormick's Rock River Farms at Byrn, Illinois, have shown that by feeding powdered seaweed to cows they can be made to produce milk containing iodine, says a special to the *New York Times*. A sufficient amount of iodine was found in the milk to encourage the hope that a way might be found to prevent and possibly to cure cases of common goitre. The tests have been made in the heart of the goitre belt, where thousands suffer from the disease. The chemical analyses were made by Prof. George W. Cavanaugh of Cornell University. Food and health specialists have been following the tests with interest. It is said that the seaweed diet leaves the flavour and quality of milk unaffected.—*Med. Journ. & Record*.

### The Above Experiment Carried Further

Cows were fed seaweed on an Illinois farm on the theory that the milk they'd give would cure goiter. Why not give them an aspirin tablet every day? So no one who drinks milk ever would be bothered with headaches. . . . The trouble is that it isn't the people who drink milk who get headaches. . . . The experiment might be carried further. A man might buy a cow these days; mix up a few political speeches with the animal's hay, take a drink of milk and go to bed disgusted, saving time and the expense of a radio. . . . Sufferers with insomnia might find relief by buying a cow and feeding it on grand opera selections. . . . If this experiment is a success, however, the bootleggers all will go into the dairy business, feed the bovines corn mash and sell milk at \$12 the quart.—*Tonic & Sedatives in J.A.M.A.*

## SCIENCE

### DID YOU KNOW THAT—

Shakespeare had 26 different ways of spelling his name?

Coffee was first used as a beverage in Abyssinia?

Daydawn is the name of an Australian township?

The broad walk at Hampton Court cost £7,000 when first laid out?

The Great Pyramid of Egypt is 130 feet higher than St. Pauls and covers an area of 13 1/2 acres?

Britain is China's oldest friend among European nations?

Hockey is a product of the old Irish game of hurling?

The so-called growing pains in children are not normal or natural but in most cases a local manifestation of rheumatism?

A trust fund of £4,000 has been set aside for the purpose of burying a Cleveland (U.S.A.) millionaire and his wife on the moon as soon as rocket trips are practical?

Perfectly balanced dice have never yet been produced? The weight or lack of weight resulting from the different number of spots on each face of the cube requires compensation of a precision beyond the skill of dice manufacturers?

Mexico has 80 days of general holiday every year? The Mahomedans have 62, the Belgians 13, and poor old England only seven.

### HOME TRUTH FOR MUSSO

Mussolini is fond of going about country incognito, and it is concerning one of these excursions—to a cinema—that the best story of the Dictator is told.

In the dark of this cinema he was not recognised. At the end of the programme when his own picture was thrown on the screen, every one stood up and gave the Fascist salute—every one except Mussolini.

A man next to him leaned over and whispered "Get up"

"Why?" asked Il Duce.

"Everybody does."

"So it seems, but why?"

"I don't know. There are many of us who would like to do what you are doing, but it's better for our health to get up and salute the blighter!"

### IT'S A QUEER WORLD

#### Quadruplets.

Two boys and two girls—have been born to Xenia Malaeva, wife of a Moscow railway porter. Each child weights between 7 lb. and 8 lb., and all are healthy.

A chemist of Leskovatz, Jugoslavia' is being sued for grievous bodily injuries by a local dentist. The dentist alleges that at a painful moment in the dentist's chair the chemist bit his finger, as the result of which it had to be amputated. The plaintiff created a sensation in court by displaying the finger in a bottle of alcohol.

#### Goat-Man

When physicians operated on a forty-seven-year-old laborer of Trieste, Italy, to cure his chronic stomach ache, they found thirteen keys, one can opener, three cigar holders, thirteen pencils, five fountain pens, one spoon, two pencil holders, four penknives, one safety razor holder, a few needles, a piece of glass and five coins.

## MEDICAL

### ENDOPHON

Glandular Extract (No. 1 & No. 2)

Made by Bergeret Laboratories

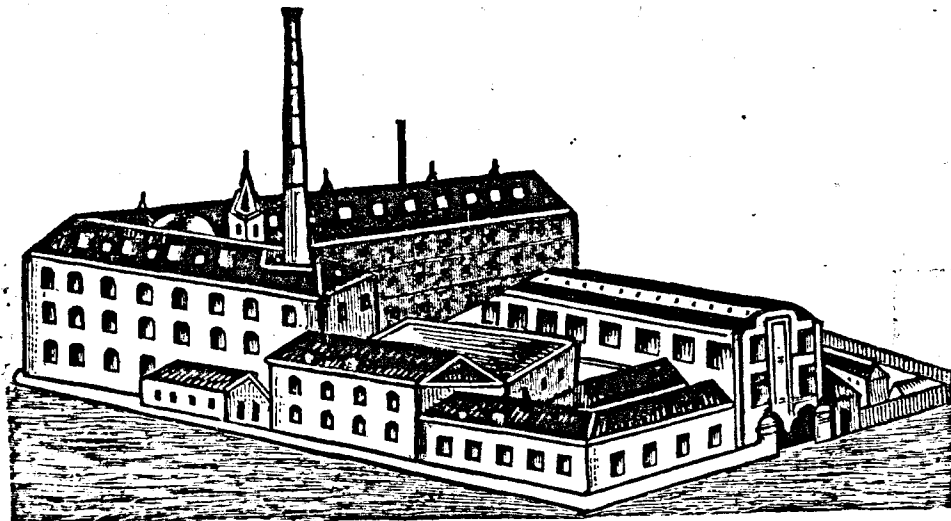
There is a saying: *A chain is no stronger than its weakest link.* Whether in the construction of a mouse trap or the manufacture of a pharmaceutical product, perfection can only be attained and maintained by zealous care and attention to every detail.

The chain of manufacture of the famous preparation "ENDOPHON" is perfect, one of the most important links being the careful selection of gland extracts that in quality and freshness equal the highest standard. This Great Scientific Remedy has met with astonishing success in the cure of sexual weakness.

"ENDOPHON" No. 1 is indicated in cases of Partial Impotence (Premature Ejaculation—Feeble Erection) and ENDOPHON No. 2 in Complete Impotence and Sterility.

#### WHERE ENDOPHON IS MANUFACTURED

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Bordeaux. France. (Front view above)

The Gland Extracts used in the manufacture of ENDOPHON are absolutely Pure, Fresh and Standardised, all contaminating matter being removed.

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ENDOPHON is a complete and perfect gland preparation and supplies the vital restorative substances necessary to rehabilitate the worn-out, enfeebled sexual system. It must not be confused with other gland preparations, to which it is far superior.

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## SCIENCE

### Extract from commendatory article by Dr. Louis De Rochefort, published in the Journal of the French Medical Association. Jan. 1938.

".....The gland preparation, Endophon, a product of the famous Bergeret Laboratories, is in my opinion a really genuine remedy and a positive cure for sexual weakness. It deserves full approbation and wider support....."

#### Extracts from commendatory letters received from the Medical Profession.



Dr. J. S. Vaucolles.

Dr. J. S. Vaucolles. 51, Rue Aristide-Briand, Levallois, Seine. Paris. France. "....I take pleasure in certifying that Endophon is the finest remedy for Impotence and Sterility....."



Dr. E. P. Maurillard.

Dr. E. P. Maurillard. 24, Rue des Fosses St Jacques. Bordeaux. France. "....As a remedy for sexual weakness Endophon has no equal....."



Prof. W. Curtius.

Prof. W. Curtius. Curtius Clinic. 38, Boulevard Haussman. Hamburg. Germany. "....I have used Endophon on patients in my Clinic with great success. I further add, that it is immensely superior to similar preparations, having the vital gland substances in a concentrated form....."



Dr. G. Beaupre.

Dr. G. Beaupre. 4, Rue Marechal Foch. Brussels. Belgium. "....Science has taken a step forward in the discovery of Endophon....."

WE STOCK ONLY GENUINE REMEDIES.

## A New Cure For Threadworm

### Quinine As A Remedy

Dr. Edward A. McAnalley, writes in the *Lancet* :—

Two or three years ago I was attending a rather elderly patient of mine for threadworms, which had for some long time caused him a great deal of inconvenience, but my efforts to remove them proved of no avail. Some months later when attending him for an entirely different complaint, I casually asked whether he was still troubled by the worms and to my surprise he replied that they had completely disappeared. When I asked him the reason, he said that the only thing he could think of was after taking ammoniated tincture of quinine for a cold he had seen no more of them. As a result of this I thought that I would try the effect of quinine on other patients with the same disease, and I found to my pleasure that a few doses of the drug in all cases and in sufferers of all ages completely got rid of the worms. I have looked up the uses of quinine in a good many books and find no mention of this particular one.

### HAD 1000 GRAND CHILDREN

Centenarians seem to pile up some fairly impressive figures, particularly now-a-days.

Li Chang Yun, who recently died aged 256, outlived 23 wives! His claims to such a great age were remarkably convincing.

Present claimant is the title of W.O.M. in ancient Turk Badik Agha who says he was born six years before the French revolution and is therefore 150. Badik has had 122 wives and 112 children—plus 1000 grandchildren in varying degrees of "greatness."

## Behind Closed Doors

Two Harley Street specialists are daily flirting with death by experimenting on each other to discover the perfect anaesthetic. Their aim is to put people to sleep before they are aware that they are "going under"—and these two men do not know when they, as researchers, will never waken again.

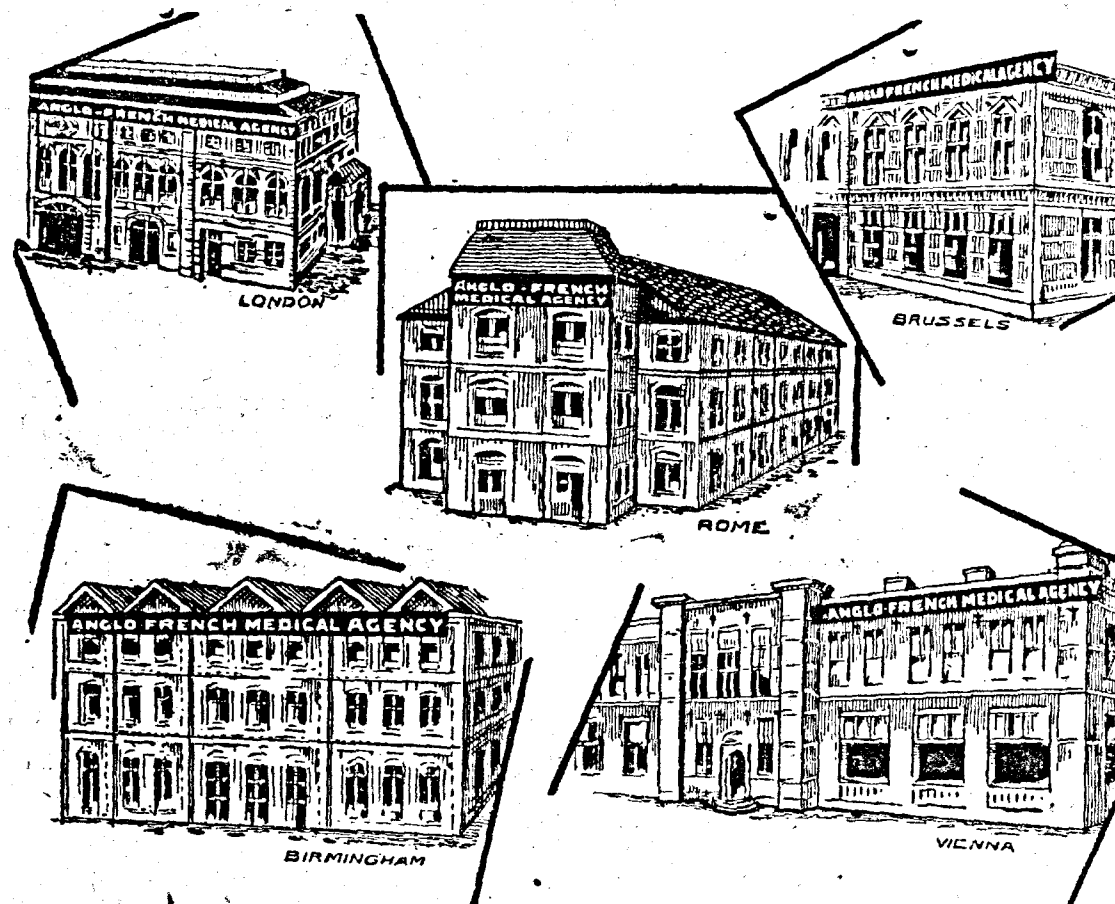
It is only now and again that we are told of the romantic adventuring behind closed doors and in the tense atmosphere of secret laboratories. The recent London Medical Exhibition, revealed some of the fruits of those hidden workers, one of the most important being the latest machines for radiodiathermy treatment.

Some years ago, a party of men working near the aerial of a short-wave broadcasting transmitter complained of sickness and general discomfort. When they were medically examined it was found that their internal temperatures were raised for some unaccountable reason.

That reason was soon explained by research. The "heating thought" power of wireless short-wave had been revealed. Experiments are now producing fresh miracles at the Marconi Company's laboratory at Chelmsford, Essex, the diathermy pioneering centre in that country. A radio operating instrument can now by the use of short waves, cut painlessly and bloodlessly. "The knife" is a blunt tool energized by wireless emanations from a diathermy-machine. When held over the flesh it incises clearly and instantly and seals the veins as it passes through. It can also produce curative fevers internally.

This new health from radio is another milestone in the march of medical progress. To-morrow it will be a commonplace like anaesthetics—but none the less wonderful.

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**BREAKAGES,** any goods broken damaged or received in a defective condition are replaced free of all charges.

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### MEDICAL ADVICE FREE.

If you are suffering from any complaint or disease, write to our Specialist with full particulars of your case, also state age, physical condition, and how long standing.

Our Specialist has had twenty five years experience in the treatment of private diseases.

Full advice, with correct treatment will be given and a permanent cure guaranteed.

*Write to day*

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